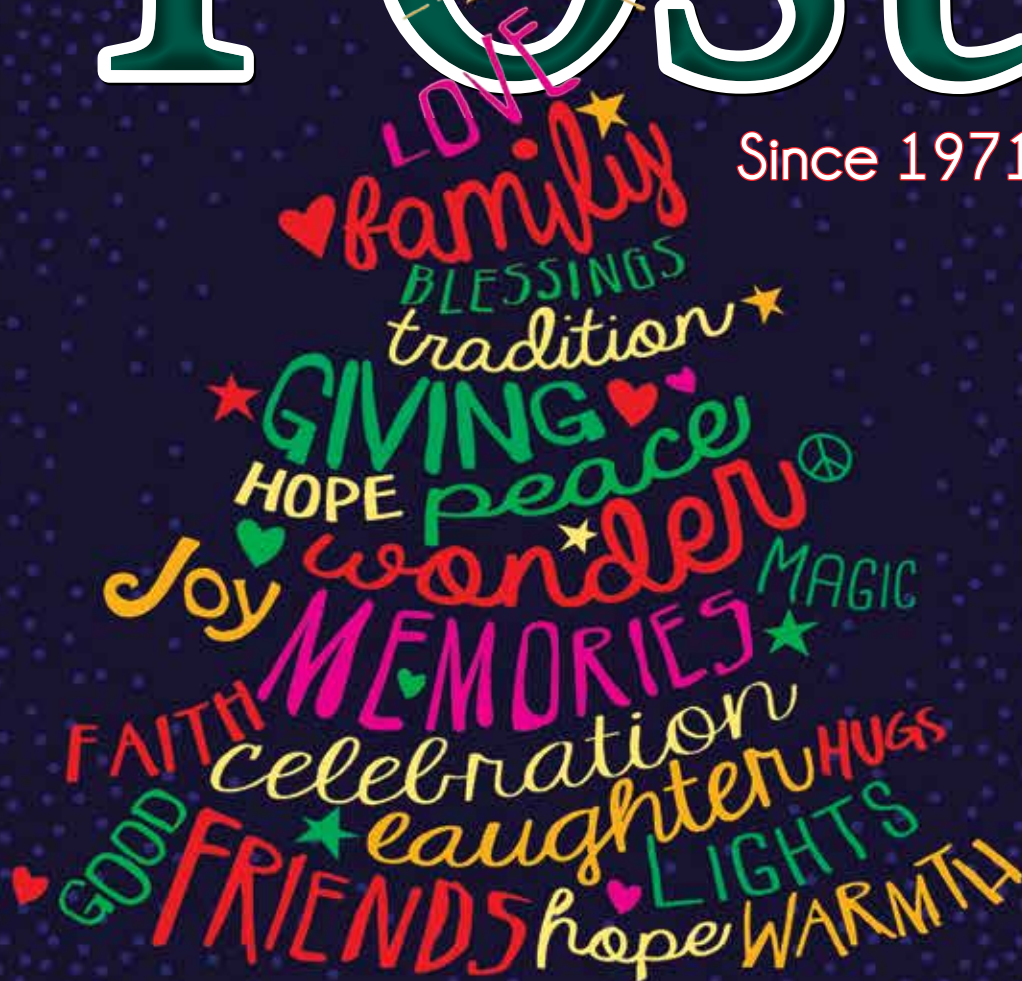


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The Pender Post

December 2018

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PenderPost.org
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DECEMBER MOVIES

movie tickets \$5, doors open 30min before movie starts

Sun Dec 2	Gremlins	4:00pm
Fri Dec 7	Mission Impossible: Fallout	7:30pm
Wed Dec 12	Bookclub	7:30pm
Fri Dec 14	Scrooged	7:30pm
Wed Dec 19	Miracle on 34th Street	7:30pm
Fri Dec 21	National Lampoon's Christmas Vacation	7:30pm
Sun Dec 23	White Christmas	2:00pm
Sun Dec 23	Die Hard	7:30pm

December Events

Sat	Dec 1	Christmas Pop-Up Shop unique goods, crafts, and stocking stuffers	12:00 - 6:00pm
Wed	Dec 5	Ukulele Strum-a-long, Ptarmigan Arts	4:00 - 5:00pm
Thurs	Dec 6	Concert - Oscar Kempe	7:00pm
Sat	Dec 8	Carol, Tim, Charlie & Rick Holiday Concert	7:00pm
Sat	Dec 15	Santa Ship at Hope Bay	12:30pm
Fri	Dec 28	National Card Playing Day	11:00am - 3:00pm
Sat	Dec 29	Harry Potter & The Chamber of Secrets special event co-hosted with Pender Chocolates	4:00pm

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Anglican Church of Canada

Parish of Pender and Saturna Islands • 4703 Canal Road

December 2	10:00 am	St. Peter's	Holy Eucharist
December 9	10:00 am	St. Peter's	Circle
December 16	10:00 am	St. Peter's	Circle
December 23	10:00 am	St. Peter's	Lessons and Carols
December 24	10:30 pm	St. Peter's	Christmas Eve Holy Eucharist
December 30	10:00 am	St. Peter's	Holy Eucharist

Ellen Willingham, 629-6700

Church Office: 629-3634 - **Parish e-mail:** stpeterstchristopher@gmail.com

Bookings for the Parish Hall:
stpeterstchristopher@gmail.com

Pender Island United Community Church (PIUCC)

4405 Bedwell Harbour Road - We are an inter-denominational church, all are welcome!

December 2	10:45 am	Judy Neil	Communion Service
December 9	10:45 am	George Hodgson	Worship Service
December 9	2:30 pm	Hymn Sing	Everyone Welcome
December 16	10:45 am	Bobby Cooper	Worship Service
December 23	10:45 am	Denis Dion	Worship Service
December 24	7:00 pm		Christmas Eve Family Service. Everyone welcome
December 30	10:45 am	Greg Ouillette	Worship Service

- Bible Study - Tuesdays at 1:30 pm. For more information, call Michael Plumb, 629-6806
- If you have any questions or requests, please contact Helen Allison, 629-3527

St. Teresa's Chapel - Roman Catholic Services

4705 Buccaneers Road

December 2	9:00 am	Liturgy of the Word and Communion with a lay presider
December 9	4:00 pm	Mass with Father Scott
December 16	9:00 am	Liturgy of the Word and Communion with a lay presider
December 23	4:00 pm	Mass with Father Scott
December 25	10:00 am	Christmas Day Mass with Father Keith
December 30	9:00 am	Liturgy of the Word and Communion with a lay presider

- For more information, contact Mary Adele Mulligan, 629-3141 or Michael Doyle, 629-3862 - email stteresachapel@gmail.com

The Bahá'í Community of Canada (<https://ca.bahai.org>)

The Bahá'í Group of Pender Island

December 11	7:00 pm	Feast of Questions
December 30	7:00 pm	Feast of Honour

- For the locations on Pender Island, please contact Andrea Cribb at 629-9945 or Bev Peden at 250-412-2524.
- From the writings of the Bahá'í Faith:

"Blessed and happy is he that ariseth to promote the best interests of the peoples and kindreds of the earth. The earth is but one country, and mankind its citizens." ~ Bahá'u'lláh

The Church at Hope Bay

Meets at the Hope Bay Bible Camp, 4302 Bedwell Harbour Road (Entrance on Hooson Road)

- Sundays at 10:30am: Worship Service. Potluck Meal to follow on first and third Sundays.
- We are a diverse group of people who meet regularly to worship Christ and to encourage each other. Our family-friendly service includes contemporary music, sharing, teaching, and praying together. Our potlucks (twice monthly) bring us together for fellowship, food, and friendship. All are welcome!

The Pender Post

The Pender Post is published once a month as a non-profit service to the community. Those who buy an annual subscription to *The Pender Post* and are residents here, are automatically members of the Pender Post Society. The board meets monthly and is comprised of representatives from the various non-profit clubs and societies. To send a new representative, please contact Annie Smith at annie-smith@shaw.ca.

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Reminder
Early Deadline for December
All submissions and advertising must be received
prior to 9 am on December 18.

COVER STORY

Christmas Giving that doesn't cost a dime!

'Tis the season. Whether you call it "the holidays," Hanukkah, Christmas, or by any other name, the season is now. Our December cover artwork cleverly sets the tone and now it is up to you. Take in a school concert, decorate the house, enjoy the annual Pender Island Community Choir concert, share, get together with friends and neighbours, hoist a few, spend quality time with the family, and help those less fortunate. In other words, participate, enjoy, and spread the joy.

To read more about Mike Wiley's vision of Christmas, go to www.penderpost.org.

PENDER POST NOTES

Early Deadline for December

As we all get ready for that one big day, with all the cooking, baking, shopping, and wrapping, please add one more thing to your list if you're a contributor to *The Pender Post*. Move our deadline up by two days and have everything submitted to us by 9 am on December 18 please. That way *The Pender Post* elves can still get your January issue to our readers right on time. Thank you. All the best of the season to you all.

Vicki Dutton, President

Subscriptions

Once again my thanks to all those who have already renewed their subscription for 2019. If you haven't renewed please do so now. I need to hear from you before December 15, 2018 in order for you to receive the January 2019 issue. For our on-island readers, a 12-month subscription remains at \$24. Subscriptions within Canada will remain at \$30. For the United States and overseas delivery, contact Dianne

Allison at subscriptions@penderpost.org for delivery options. To keep costs as low as we can, we do not send any reminders.

We have three methods available for you to subscribe to *The Pender Post*: e-Transfer, the tried-and-true method of writing a cheque and filling out an application from our website or from **page 57** of this issue, and we have a PayPal link on our website.

If paying by e-Transfer please send to subscriptions@penderpost.org.

You can contact Dianne at the same email for instructions if needed. If paying by cheque, please make your cheque payable to The Pender Post Society and leave it in *The Pender Post* box at the Dockside Realty office at the Driftwood Centre, or mail it to Pender Post Subscriptions, attention Dianne Allison, PO Box 4, Pender Island, BC, V0N 2M0



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To welcome our new subscribers who have sent in their payments already, we are mailing a complimentary December issue as a special thank-you.

Dianne Allison

CHRISTMAS MESSAGE

From the Anglican Parish

With the season of Peace, Joy, Hope, and Love rapidly approaching, how do we deal with the turmoil that the world finds itself in today? Frantic shopping is not the answer! Most of us will be preoccupied with shopping for gifts in hope of changing or deferring what seems to be looming instead of focusing on love and sharing. Some populist politicians deny climate change and urge us to think only of our short-term economic and fiscal gains and not of the greater and common good of all. If we believed in the 'end times,' we might feel that it's on its way. All the apocalyptic descriptives abound: wars, floods, fires, loss of life and ecosystems, starvation, migrations, political turmoil...

Are we living with end-of-world scenarios? The latest drastic warning is that we only have 12 years left to turn global climate change around. Do we want our children and grandchildren to have clean air to breathe and water and food to eat? Do we care enough about our loved ones now, our descendants in the near future, and this beautiful planet that we live on to really act to prevent such a drastic outcome? A challenge indeed!

Ah, we do love a challenge, do we not? There are other ways to see and interact with humanity, the environment, and all of creation. We are part of a majestic web of life on this planet. We can build communities of trust, hope, true justice, and love. We can be part of communities that care for and nurture all the inhabitants of Creation. If we want the world to be a more gentle, kind, and compassionate place, we need to carry this within ourselves and share it with others.

Life can be transformed when we escape stereotypes and rediscover our Common Humanity. Mary had the courage to listen to a voice inviting her to be a bearer of a new humanity, Emmanuel - God with us. We can also hear that same voice invit-

ing us to nurture the Divine seed within us, bring it to birth and reveal our own potential for compassion, gentleness, and kindness on Earth. Today, let us think about how we can say Yes to the Love and Spirit within All of us.

All are most welcome to attend two joyous celebrations that will take place at St. Peter's Church this Holy Season: "Lessons and Carols" on December 23 at 10 am, and "Christmas Eve Holy Eucharist Service" on December 24 at 10:30 am.

Wishing you all the blessings of Peace, Love, and Compassionate Justice during this Holy Season.

The Reverend Ellen Willingham

SPECIAL NOTICES

Santa's Sac

I can't believe that it is already December and Santa's Sac is in full operational mode. Folks are baking cookies for the Senior's visits and thanks to our wonderful sponsors at the Nu-To-Yu, the Lion's Club, the Legion, Magic Lake Property Owners, Pender Island Pharmacy, PAWS who contributes pet gift cards, and especially Tru Value's Spirit Board, we will be able to care for our neighbours on Pender Island again this year. Last year we supported a total of 134 Penderites, 47 of whom were children. Tru Value Foods gift cards for \$80 are given to individuals, \$120 to doubles and food for a week including a turkey (provided by Jo's Place for 2018) or ham, and gifts ordered by the children to the value of \$50 per child. We have a budget of \$10,000 per year.

How can I help, you may think? This year we offering several options: Dockside Realty is hosting the "be an Elf" option where you can choose a gift tag from the tree at their Driftwood office, purchase the gift and return it by December 5 for distribution (suggested value per gift of \$25) or you can make a financial contribution. If you want a tax receipt, make cheques payable to "Parish of Pender and Saturna Islands, 4405 Bedwell Harbour Road, Pender Island, V0N 2M1" with your email included. Or you can call Bev Aitken

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at 629-3635 to offer to help with baking for the Seniors and you can continue to donate your 1% to #10 on the Spirit Board at Tru Value Foods.

If you know of anyone who could use a little help or if you could use the support yourself, please contact Barb MacPherson at 629-6052 (I promise that I never reveal my sources). Thank you to everyone who supports this wonderful outreach to our fellow Penderites at this very special time of year. Best of the Season to all!

Barb MacPherson

ZOO-isLANDER

Fashion show 2019



Photo by J.D Ferguson

It is the season...Team ZOO-isLANDER is getting set for another fashion extravaganza! Take a catwalk on the Pender wildside Saturday, February 16, 2019 at the community hall. Experience the unexpected with more one-of-a-kind, must-see outfits by returning designers and new couturiers too! Riel Hahn joins us again as MC to keep the show rolling and the audience roaring. Join in and dare to wear ZOO-isLANDER garb! Or if you are more the behind-the-scenes type, we are looking for assistance in all aspects of the production. Be a part of

the show, contact us via @zooislander or penderzooislander@gmail.com.

Watch for more details in the January issue of *The Pender Post*. Tickets on sale mid-January.

Madelin Emery

IN APPRECIATION

Thank you

It is a privilege and an honour to have been elected on October 20 as a trustee for South Pender Island. I want to thank all those who entrusted me with their vote, and I want you to know that I commit to always undertaking my responsibilities in the best interest of our special island.

For those who supported an alternative candidate I want to thank you for participating in the democratic process and to likewise know that I intend to respectfully dialogue with, and represent, all property owners and residents of South Pender Island.

Finally, I want to thank the other two trustee candidates who put their names forward in this election; I congratulate Steve Wright and Richard Friesen for running good campaigns and for bringing forward ideas and visions for consideration.

I greatly look forward to engaging with the community and with our other new trustee, Steve Wright, as we consider the challenges, opportunities, and choices that lie ahead. I will always bring thoughtfulness, diligence, and creativity in my quest to preserve and enhance South Pender Island.

Cameron Thorn

Thank you

We wish to express our sincere gratitude to our family, friends, and the wonderful Pender Island people for their support and uplifting good wishes during our stay in Vancouver for David's lung transplant operation. We would especially like to thank Keith and Bea Valentine. The operation was a complete success and we are so thrilled to be back home where we belong.

Dave and Karen Watson

Thank you

Thank you so much to everyone who was so kind with cards, caring wishes, and food after my recent hospital stay. It's so comforting to know you're not alone during these hard times.

Tania Schissler

Operation Christmas Child

In Cooperation with Samaritan's Purse

Thank you Pender Island. Once again you played a part in our Operation Christmas Child project. Thirty-seven shoe boxes filled with gifts for needy children in Central and South America were collected and sent off to Samaritan's Purse for distribution. These along with several cheques will aid in helping children experience joy and relief in their poverty. Sincerest thanks to everyone in our community who participated in this project. Also a big "Thank You" to Christine at the Pharmacy for being our "Pick-Up and Drop-off" location.

Marge Lacey



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Pender Island Art Society



The Pender Island Art Society has been very busy this fall, with lots of different activities going on, and November has been no different. Sarah Gayle did a fabulous follow-up session on watercolour travel journals. In October she had shared her quick method for getting a watercolour scene painted; the November session focused on how to put together interesting pages in the journals and Sarah demonstrated several different styles of pages to use. She demonstrated a number of layouts, lettering and frames to help make travel journals special. It was a perfect follow-up to painting the scenes in watercolour and I can see how beautifully the watercolour and layout skills go together. I, for one, am going to give her method a go while we're in the Dutch Caribbean this winter!

Unfortunately a lot was going on after the writing of this article, so Lil's "Three

Ring Circus," which focused on creating abstract acrylics, will have to be written up next month. I'm sure there will be tons of information in this session as Lil is constantly attending classes in art and honing her skills. The "Petit Salon Art Show" will have to be reported on next month also as it happened November 23 - 25. December will be relatively quiet, as most of us have a lot going on with Christmas travel and/or visitors, so we have only one session planned. It's a follow-up with Lil on acrylic abstract.

In October, the executive met to discuss survey results on our summer show. The summer show has not been as well attended as the November show and visitor numbers continue to decline. There are a number of reasons for this and of the membership that responded to the survey, they clearly suggested a change in dates was in order. So the *big change* is that we will try moving the August show to the May long weekend! The name of this new show is yet to be determined; please stay tuned as we move forward and figure out what it will be. For now, hopefully members will know that the "Spring Art Show and Sale" is our warm season

show and it will be held in conjunction with the May long weekend; there will *not* be an August show!

We will kick off 2019 with Malcolm leading a session of "Copying the Masters," so using a bit of time over December to think about that is a good idea. Find an artist who "speaks to you" and select a work of theirs that you love. Malcolm suggests not picking too complex a piece as it will take up too much time. There are many benefits to tackling this exercise. Certainly you will gain insight into a skilled artist's technique, will develop colour matching skills, and will deepen your appreciation of their work and composition. Laura will be sending out detailed information on how to prepare for this project and I'll put more information into the January write up too.

As the year draws to a close I find myself reflecting on what is going on in my life and how blessed I am. I have to say that this group plays a role in that. It pushes me to continue to create and learn. I've met so many wonderful people and it has helped me to transition into being a "lady of leisure" from a career that often consumed my life. This past year has seen growth in the group with quite a few new members, which brings freshness to our sessions as well as new skills. Turnout for activities has been awesome and we've been having a lot of fun. Heartfelt thanks to you all and may you have a joyful yet relaxing holiday season!

Brenda Sledzinski, Secretary



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Pender Island Celtic Music Society



Larry Dempster



November being the month of Remembrance Day, it is always special for the Pender Highlanders. The ceremonies began on the afternoon of Thursday, November 8, when a circle of pipers and drummers participated in the Doug Pirie Memorial Candlelight Service at the cemetery. While the band played tunes such as *Highland Cathedral*, *Amazing Grace*, and *When the Pipers Play*, school children from Pender and Saturna Islands placed candles on veterans' headstones. After dark on Saturday, the eve of Remembrance Day, the haunting sound of a lone piper could be heard wafting up the gentle slope of softly flickering candlelights. Several pipers played in turn, while visitors quietly came and went.

Sunday morning, stepping off at 10:45 am, the band led the Parade to the Cenotaph, playing the traditional *Scotland the Brave*. Following the two-minute remembrance in silence, Piper Sue Foote, standing at the Cenotaph, played the Lament in honour of all lives lost in

combat. At the close of the ceremony, the Highlanders marched off to the tune of *Green Hills-Battle's O'er*.

This year was a landmark for Larry Dempster, being his first Remembrance Day performance as pipe major. When Larry joined the fledgling Pipe Band back in 1996, the possibility of becoming the man in charge was far from his mind. He joined to learn piping and to be part of this little marching band under the directorship of Pipe Major Jim Dunlop. This experience of learning while performing in an atmosphere of camaraderie gave Larry much satisfaction over the years. Then, Jim's stamina began slipping due to health problems and the leadership was shared for a time. Eventually, recognizing that a definitive change had to happen, Jim appointed Larry as his successor at a special meeting in March 2018. Band members received this news with enthusiasm. Since that time, Larry has steadfastly focused his attention on adapting to his new role and to all the responsibilities that come with it.

Larry recognizes that his leadership style differs significantly from his pre-

Capital Regional District



Notice of Deadline

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When: **Thursday, January 10, 2019 at 4:30pm**

For details, please visit:
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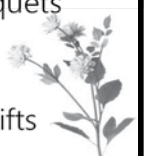
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decessor's. This means an adjustment for the whole band, as he incorporates his own musical style and emphasis on band deportment. Having no background in musical theory, he relies on other attributes such as his excellent sense of rhythm and his keen ear as to how a melody needs to flow. Consulting YouTube and fellow band members helps, too. And he can draw from years of experience competing and marching with other bands.

It's the pipe major's job to ensure that all band members (all 18 of us) understand the protocol involved in a public performance so that the movement of marching and playing unfolds smoothly, in unison. How has taking on this role been for Larry? "The overall responsibility is different than when 'in the ranks'. I look at the band in a whole different way, I notice what's going on in and around the group and I listen more attentively: who's distracted, which pipes are off, who's faltering ... why?" He is encouraged by positive feedback coming from band members and the community, as well as by successful performances built on the solid foundation laid by Jim. "It's

cool that this little band is flourishing in the Southern Gulf Islands. We have a really good group of performers."

As official representative of the band, Larry wishes to express our gratitude to the Legion, CRD, BC Gaming, Nu-To-Yu, and the Lions as well as the general public (through the Tru Value Spirit Board) for their ongoing support.

Looking forward to the highlight of our year, the Robbie Burns Gala, we encourage you to dust off your tuxedo and your plaids and join us at the Community Hall on Saturday, January 26. Tickets go on sale December 15 at the Talisman Books & Gallery and sell out early. See you there.

Marie Dion

Pender Island Community Choir

On Friday, November 30 at 7 pm, the Pender Island Community Choir will host the first of three Christmas concerts at the Community Hall. The second show will be at 7 pm on Saturday, December 1 and the third show will be a matinee starting at 2 pm on Sunday,

December 2.

This series marks the first time that the adult choir will be led by a duo of directors. The decision to have multiple directors is a reflection of this choir's commitment to being inclusive, collaborative, and an example of community. Stephanie Jackson and Daniel Lapp have woven a musical tapestry, masterfully blending a variety of musical styles all the while creating a sense of unity. With a year of co-directing under their belts, Sabrina Werbowski and Stephanie Jackson will once again lead our ever-growing youth choirs, in an impressive display of harmony. Not only will this show include music for all tastes, but it is guaranteed to get you in the Christmas spirit. We hope you'll leave feeling lighter and craving warm cider by a fire. As always, we look forward to singing for Pender once again.

Annette Cyr

Pender Island Concert Society

Concert Tickets make great Holiday or Christmas Gifts!

If you are wondering what to give to friends or to family members this Holiday season, you could consider giving concert tickets. How wonderful it is to give someone the joy of experiencing a concert performed by brilliantly talented and renowned musicians. Gifts of concert tickets also can be regarded as gifts to the Pender Island community in that the purchase of these tickets helps the Concert Society to continue to bring highly acclaimed artists to Pender, not only to perform at the regular concerts but to present innovative and inspiring

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The Pender Island Concert Society is very excited about presenting the remaining two concerts of their 2018/2019 concert season: performances by the Cheng² Duo in February and Lizzy Hoyt in March.

Tickets for adults to attend one or the other of these two performances would make great gifts and are available at Talisman Books & Gallery and Southridge Country Store for \$25 each.

Subscriptions, which allow four adult attendances to performances, also may be purchased and can work as gifts in numerous ways. For instance, a subscription could be given as a gift for two individuals to attend both of the two remaining concerts or as a gift to four individuals to each attend one of the remaining concerts. If you do not have a subscription yourself, purchasing a subscription could be a gift to one individual to accompany you to both remaining concerts or to two individuals, each of whom could accompany you to a different remaining concert, or a gift to three individuals to all accompany you to one of the remaining concerts. For adult subscriptions (\$75), please call Joanne Enns at 629-3999.

Cheng² Duo

Named one of CBC Music's "30 hot Canadian Classical Musicians under 30," cellist Bryan Cheng and pianist Silvie Cheng have brought treasured masterworks to prestigious concert halls in North America, Asia, and Europe, captivating audiences and critics with their youthful spirit and artistic maturity. (Sunday, February 3, 2019 at 3 pm). (Student program, Monday morning, February 4).

Lizzy Hoyt

Queen's Diamond Jubilee Medal recipient and accomplished multi-instrumentalist (fiddle, guitar, mandolin, Celtic harp, step dancer), Lizzy weaves stories through melodies rooted in Celtic and folk traditions and is recognized internationally as an acclaimed songwriter and singer. (Thursday, March 14, 2019 at 7:30 pm). (Student program, Thursday morning, March 14).

Joyful Holidays and Happy New Year to All.

Carole Elliott

Pender Island Quilters' Circle



Stack 'n' whack S- that was the scene at the Quilters' meeting in November. Heather Duncan was totally prepared to lead us into the workshop of the Kaleidoscope quilt. Every colour of the rainbow was spread around the hall and the art of making yet another great quilt was in the works. The morning went quickly and most quilters left with the first step cut out and ready to go. We all thank Heather for sharing her knowledge and expertise on this wonderful project. Heather, Sharon, Margaret, Sue, and Cindy had examples from years ago of this very quilt that was taught to members. It was exciting to see what will lie in store for the rest of us when we have finished our own quilts.

Show and Tell was exciting too. The nine patch have finished the quilt they are going to present to June Tyacke's daughter, Debbie. It is a labour of love and gratitude for the life of a very special woman in our quilting world. Sharon, Flynn, Connie, Cindy, Norah, June Hays, and Eleanor have done a wonderful job of this lovely quilt. June had wanted to make it for her daughter but was too ill to finish it; her fine group of friends took up the challenge and it is very beautiful. Eleanor hand-quilted the whole quilt.

Our newest member, Laura, showed her very cute baby quilt. Tannis finished the

half square triangle quilt from Martha's workshop, complete with a matching pillow. It was very well done.

Tannis was also very busy at home making dolls. They are adorable. If you want to get one, please give her a call and she will be happy to fill your order.

Adele Henshaw presented a very unique Christmas quilt that she has been working on with hopes to finish it for Christmas.

Several other members showed finished quilts from last month's reversible quilt showcased by Cindy. Another workshop is in the works for those of you who missed this delightful and very interesting quilt. A very appealing design, and before you know it you have a completed quilt, all in several fascinating steps. Watch for an email about the repeat of this workshop.

December is party time. Please mark your calendars for 10 am on Monday, December 10. Please bring along finger food to share, paper plate, cup, and a fat quarter. We will keep everybody that is not a quilter guessing what a fat quarter is. Games, sing-a-long, and time to get to know our newest members will be in store for you this day. It will be great fun. For an added bonus, Heather will be doing a demo on the Stack and Whack Lemoyne Star Block, our Kaleidoscope quilt, so those of you who can't wait until January to start sewing this quilt together can get a head start. The sewing of this quilt will begin in earnest on January 14, with a start time of 9:15 am.

A sneak look at February will see our members making bibs for a hospital called Hope Home in Port au Prince,

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Haiti. This orphanage helps children and young adults with disabilities to have a more enjoyable and comfortable life. Susan Purney-Mark will be teaching this project. All that is required from members is colourful fat quarters and flannel for the backing. More on this before the February meeting.

Merry Christmas to all our members and their families and friends.

Karen Gagnier

PIJazz

One of the wonderful things about PIJazz is that we have players of every level. Some of us have come to this band saying, "I haven't played since high school but I'd like to try." Some wandered in when their professional musical commitments eased up, freeing up some time. Some are studying music in high school. And all just want to play.

It means our practices are quite varied. Some of us are often singled out to go over our part again and again, probably leading the pros to boredom. The pros often are basically teaching the person next to them, to help them learn a little



Tim Johnson Quartet

bit more. Essentially, the band is a reflection of this community. If you want to learn, someone is willing to teach, whatever the subject may be. But the pros in our band also sometimes just want to play with people who can keep up to their level, hence the Tim Johnson Quartet. Tim Johnson on guitar and vocals, Charlie Knowles on bass and vocals, and Carol Westdal on keyboards and vocals started as a trio but then picked up drummer Rick McMullen, formerly of PIJazz and many other bands, to round out their sound.

They have entertained many a Penderite and visitor at Bridgeman's Bistro and

Poets Cove this year, often to a sold-out crowd. Their recent Bistro gig was to a full house, which prompted them to consider one more effort - one more because Carol is leaving Pender for that other coast in this country, with PIJazz collectively shaking heads and lamenting our loss.

The quartet will be playing December 8, at 7 pm, at the Kraken Theatre at Hope Bay. Their repertoire will touch on the holiday season, with some jazz and blues flavourings. Add to that some original compositions and what Tim calls "tasteful interpretations of more obscure spiritually enriching tunes." (I want to hear what that might mean.) Tickets are \$15, available at Talisman Books & Gallery, and likely won't last long.

PIJazz performed a suite of music composed by leader Ben McConchie on November 24 with the Pender Island Youth Orchestra and the Tsawout First Nations drum band. Since this event occurred after the deadline for this article, there will be more written about this in the January issue of *The Pender Post*.

Vicki Dutton

Pender Photo Club

At our November meeting, we were fortunate to have Paul Scarnati share his images of Pender Island. The images were inspiring and enlightening, helping our club see beautiful sights on Pender that we hadn't noticed before. Paul captures these images while out walking the Pender hills with his dogs and it was obvious that he was willing to spend the time it takes to get the perfect shot. He shared many stunning images of birds: feeding on insects, frogs, apples, and nectar, feeding their young,





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"Living Room" photo by Jean Moore
fishing at Medicine Beach, and swimming on Magic Lake with their brood in tow.

Next we looked at images from our last assignment, which was to take shots of our favorite room in the house. We saw cozy living rooms, corporate ladders, fried green tomatoes, chess boards, full-to-the-brim workshops, studios, and flowers.

Next month will be our annual Christmas get together. We won't have a photo assignment for this meeting. Eve has graciously offered to host and an invitation will be extended to our members by email soon.

The Pender Island Photo Club will be showing its work at Slow Coast Coffee in December; be sure to check out our show.

Wishing you a wonderful Christmas and happy snapping over the holiday season!

Niki Roberts

Ptarmigan Arts



Coming up on December 5, we have the first ever Ukulele Strum-A-Long happening from 4-5pm at the Kraken Theatre at Hope Bay! Players of all ages and abilities are welcome to come out to play and sing with each other. We will have music as well as chord charts for those who are learning, so just bring your uke, a binder for music, and \$5 to cover photocopies and venue costs. This will be happening on the first Wednesday of each month, so if you can't make it on December 5, mark your calendar for January 2, 2019.

We're continuing to sponsor the live music portion of The Pender Island Health Care Society's Community Gatherings on Fridays, and I'm proud to say that in the past four months we haven't had any repeat performances because of the many talented performers on the island that we are happy to showcase. Come at 12pm for a \$5 bowl of soup and enjoy the musical stylings of Stephen & Diana Fairclough, December 7; Stephanie Jackson, December 14; Darrel Zell, December 21; and Enzo Marino, December 28. If you are a musician who is interested in playing at an upcoming Community Gathering, please email lauren@ptarmiganarts.org.

On November 17 we had our Annual General Meeting and celebrated the successes of the 2017/2018 fiscal year. It was truly a dynamic year with more programs and community and artist engagement than ever. Krista Konkin, our former Artistic Director created a great video with images and info from

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Needed: PIPRC Commissioners

Pender Islands Parks and Recreation Commission needs new members.

We are a group of 8 volunteers who collectively manage our local parks, trails and ocean accesses. Volunteering is a valuable contribution to our enjoyment and living in our community and on our islands. The only prerequisites for contributing are an interest in our parks and trails and a desire to serve in our community. We normally meet monthly on each third Friday, 9 am at Plum Tree Court.

View our website (google 'penderparks') and/or call PIPRC Chair, John Chapman, at 629-6274 to discuss your interest.



all our programs which you can watch on our YouTube channel at this link <http://bit.ly/ptarmiganyoutube>.

We would like to extend a huge amount of gratitude to Colin Hamilton and Kate Biddell who are stepping down from their positions on the Ptarmigan Board of Directors. We are so thankful for the time and energy they've put into Ptarmigan and hope that they will still be closely connected to our programming in the future.

We would also like to welcome Vicki-Lynn Dutton, Ralph Keefer, and Brent Marsden to the 2018/2019 Board of Directors and very much look forward to having all three of these folks be a part of the future of Ptarmigan. Each of them has a passion for the arts and for creative community, and we are excited to have them join our team!

If you have a keen interest in the arts on Pender and building creative community, we would love you to become a member of Ptarmigan Arts! It's only \$5 for the year and your participation helps us build a network and support base for applying for funding and getting the

word out about our various programs. Head to our website, www.ptarmigan-arts.org to fill out a membership form.

From all of us at Ptarmigan Arts, we hope you and your family have a wonderful Christmas and holiday season filled with music, dancing, love, and light.

Lauren Mann

Three on the Tree Production Society



December is here and with it brings Three on the Tree's busiest month! We would like to wish you all happy holidays and invite you all to celebrate with us at the Magic Lake Lantern Festival. Join us on December 31 for our annual community New Year's Eve celebration. There will be workshops during the days prior at the Community Hall if you would like to make your own lantern for the festival. Join us. All ages are welcome and workshops are held by donation, but please allow at least 3 hours for basic lantern construction.

Anyone who would like to join in the parade with a lantern or costume should meet at the ballpark at 4:30 pm with the lantern parade to start promptly at 5 pm. After the procession a spectacular performance will follow at the front of Magic Lake.

If you would like to get involved further, even with no prior knowledge of the festival, we would love to hear from you. We always welcome help with set up, clean up, and last-minute building projects!

On Thursday evenings this month Lindsay Hoopster will also be continuing weekly fire hooping lessons at the community hall, so feel free to drop in from 6 - 7:30 pm Thursday nights to learn about fire dance or to watch a demonstration!

For additional information about the festival or to get involved, please email alaiahamer@gmail.com or find us on Facebook by searching for *Three on the Tree - Magic Lake Lantern Festival*.

Looking forward to seeing you all there!

Alaia Hamer,

Programming Coordinator

COMMUNITY SERVICES

CRD Director

Thank you once again for your support. I look forward to the next four years of service to the Southern Gulf Islands.

There are many initiatives underway and my intention is to communicate their advancement more effectively, as we move forward. Many of you know that we have a website called www.sustainableislands.ca which is regularly updated. It's a great way to stay informed as we can post news when it happens. Continue to let me know what priorities or questions you have and I will do my level best to achieve as many as possible.

You can contact me at directorsgi@crd.bc.ca or at 250-216-5618.

Wishing you the very best for the holidays and the New Year.

David Howe



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CRD Bylaw and Animal Care Services

CRD Dog Licences

CRD In the Capital Regional District (CRD), all dogs four months or older must be licensed. Renew your CRD Dog Licence before 1 March 2019 to avoid the \$10 late fee!

You can renew your permanent CRD Dog Licence in 4 different ways:

- online (using online banking)
- phone 1-800-665-7899 (using Visa or Mastercard)
- email crddoglicencing@crd.bc.ca
- by mail

Because the tags are permanent you will not receive a new tag at the time of renewal.

Note

You cannot renew your CRD Dog Licence at Pender Island Home Building Centre. You must renew by choosing one of the four options above.

If you require a replacement tag or are new to the island and require a CRD dog licence, they can be purchased by phone or at Pender Island Home Building Centre.

With Permanent CRD Dog Licences, your dog licence information is available to our Officers 24 hours per day, 7 days a week with our Mobile Dog Licence app. We have live CRD dog licence information in the palm of our hands, ready to assist you if your pet becomes lost or injured.

Need more information? Visit our website www.crd.bc.ca/dogtag.

Don Peden

Community Paramedicine

We had a great month in November with two new events that will be continuing every month. First Aid Friday was fun, and I really enjoyed meeting everyone. Thanks for listening to me and asking some great questions. The next one will be on Friday, December 14 and the topic this time will be sprains, strains, breaks, and falls.

I've got a list of suggestions on topics people would like to know more about, but if you have something you'd specifically like to have me cover, please let me know. The inaugural meeting of the stroke support group also went very well. A huge thank you to everyone who came and I'm looking forward to seeing those of you who couldn't make this meeting at our next one. We decided that we'd hold monthly meetings in the clinic meeting room on the second Thursday of every month at 2 pm. As such, the next meeting will be on December 13. Those affected by stroke, other brain injuries, and their caregivers are welcome to attend. If you have any questions, please feel free to contact me. Email Alyssa.Woollcombe@bcehs.ca or cell phone 250-221-0754.

Alyssa Woollcombe



Epicentre

Family Co-operative

Thanks to the caring and generous Pender Island community, we have a youth centre on Pender Island that is safe, neutral, central, and inclusive. Check out our website - <https://piepi-centre.weebly.com/>

In November, we seeded our lawn and it's growing very well. Thanks for keeping off the muddy patches. That will help it grow well until we top seed it in March.

Thanks to all who came out and supported our concession by donation at the annual choir concert at the hall and the choral society for giving us the opportunity again.

Programming

Toddler time (Tuesdays from 10 to 11 am) and After-school kid's club (Tuesdays from bus drop off to 5:15 pm) will continue until the school holidays start on December 20. Youth and teen nights will continue in January.

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Membership

Membership has its privileges. You can book and use the space anytime to meet up with your friends or throw a party. You will find the Epicentre to be a nice place to visit and meet up with friends. You will also receive discounts on workshops and classes and the drop-in fees for toddler time, after-school programming on Tuesdays, and youth and teen night events will no longer apply. If you would like to become a full member, the cost is \$100 per family per year, but we also offer monthly memberships at \$10 for those who are new, curious, or just visiting the island. This includes grandparents with visiting relatives. The Epicentre is a wonderful place to hold birthday parties or a special event. To book the space we ask \$10 for members and \$25 for non-members. Contact Karen at karenonpender@shaw.ca for more information.

Josephine Spaxman

Ferry Advisory Committee

Ferry Facts

On October 18, (FAC) members met with BC Ferry (BCF) representatives. Here are some of the highlights.

- BCF is in the process of modifying its website. The ability to do online foot passengers reservations is tied into that change and is still 1 to 3 months away.
- BCF is still reviewing the possibility of increasing reservable space for foot passengers on Route 9 (Tsawwassen - SGI). Presently the reservable space is 70%; the FAC is asking for 100%.
- To claim a vehicle or foot passenger reservation, you must be in the lineup by the appropriate cut-off time vs at the ticket booth.
- BCF is piloting the use of debit cards on Route 1 ferries (Tsawwassen - Swartz Bay). If successful, it will be rolled out on other ferries.
- BCF staff will be working with Swartz Bay crews to correct the issue of loading vehicles out of order.

- The known error in the BCF system for charging for reservation cancellations is still outstanding and requiring follow-up.
- Inconsistencies remain in how thru-fare (TF) vehicles are handled at Tsawwassen. The policy is to provide a TF tag for display and the vehicle is then placed in a separate lane for loading ahead of reserved. Clarity is also needed about BCF no longer providing the TF tag for non-commercial over-height vehicles.
- Last December, the BC Government launched a review to scrutinize BCF business practices, policies, procedures, and spending decisions. This report will be available in mid-December.
- Changes to the Swartz Bay terminal are in the 2021 Capital Plan.
- Wi-Fi service on BCF Ferries is an ongoing active project. The plan is to improve reliability on Route 1 before adding other Routes.



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- The Queen of Cumberland is in for re-fit from November 18 to December 18 and will be replaced by the Salish Orca.

On October 6, BCF issued a Service Notice for a revised schedule due to an additional fueling requirement. BCF has concluded that the Route 9 Salish Class vessels cannot operate while on LNG by fueling only once a week on Saturday nights. Consequently, from October 10, 2018 to March 31, 2019 a second mid-week fueling will occur on Wednesday nights in Swartz Bay.

On October 2, BCF submitted the Performance Term (PT5) Report to the independent BCF Commissioner to assist the Commissioner in establishing price caps for PT5 which runs from April 1, 2020 to March 31, 2024. The submission includes four reports: PT4 Report for April 1, 2016 to March 31, 2020, Fuel Management Outcomes, Capital Plan Strategies for Enhancing Efficiencies in PT5 and Beyond, and the Traffic Demand Forecast from 2019 to 2024. The complete 297 page report can be found at www.bcferrycommission.ca.

The local Pender Island Ferry Advisory Committee (FAC) representatives are:

Dave Dryer, chateaupender@shaw.ca; Jill Justice, jill_justice@shaw.ca; and Roy Moore, bcffacroy@gmail.com.

Roy Moore

German Shepherd Rescue of BC



Ho Ho Ho! Join GSRBC volunteers on Saturday, December 1, at Driftwood Centre between 10 am and 3 pm. Santa will be posing for photos with Pender's pets of all shapes, sizes, and species. Not only can you take home a photo of your pet with Santa, you can also pick up greeting cards and/or return address labels. And those special items will feature a photo of your BFF with Santa. This will be an exciting day with lots of new sights, sounds, and smells, so please make sure your dog is on a leash.



Special "Puppy Dog Toques" by Sheila Veness,

Photo by Gerry Phillips

Looking for that special item for the dog lover on your gift list? We have just the thing! Check out our huge selection of "Puppy Dog" knit hats. There are lots of colours and sizes from which to choose. These cozy hats will be "all the rage" at the dog park this season, so don't miss out on wearing one! You may also like to purchase a pair of handmade fingerless gloves/mitts. These gloves make it easy to reward your dog's good behaviour promptly. Thank you to Sheila Veness and Heather Rumble for their hard work in making these gifts. Thanks in advance and remember, 100% of the money raised goes to help dogs in care.

Merry Christmas and have a Happy Holiday Season!

Gerry Phillips

Heartwood Folk School

Community Conversation on Resilience



A group of 25 to 30 people gathered on November 10, 2018 at the Pender Island Community Hall to talk about ways we can grow Island Resilience. Resilience is defined as the ability to navigate and bounce back from difficult situations. So, we talked about some of the difficult situations we might experience as a community, what assets and resources we already have to draw on, and some steps we can take to grow our resilience as a community.

We identified several categories of actions and selected five as being most important to focus on: local agriculture and food security, comprehensive water management, building a model society

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on Pender, sharing and developing the skills already on the Island, and developing sustainable energy for the Island.

The Heartwood Interim Board met to discuss the results and we will be holding a follow-up conversation at the end of January. The conversation will be open to anyone interested in finding ways to make Pender more resilient. At the next discussion, we'll brainstorm some practical projects that we might take on and strategize about how to take the next step.

Look for more details in the January issue of *The Pender Post*.

Revitalizing Heartwood

We will be working to revitalize Heartwood over the coming months with a focus on growing Island resilience. We are looking to join forces with people who are enthusiastic about building a strong, more self-reliant community. If you would like to get involved, email Ben Kadel at ben@emotusoperandi.com. And look for more classes and opportunities to engage with your neighbours in the coming months.

Ben Kadel



Islands Trust

North Pender Local Trust Committee

In order to facilitate better communication about the Islands Trust overall and our specific work here on North and South Pender Island, we are going to build a local website (www.penderislandstrust.org). Please look to this space for a calendar, updates on activities, and other timely information. In addition, please direct all trust related email to Deb at dmorrison@islandstrust.bc.ca and Ben at bemcconchie@islandstrust.bc.ca. Check out the calendar on the new website and on the Chamber of Commerce for an early December informational meeting in the Community Hall on the Islands Trust. All are welcome. Please bring your questions, thoughts and be sure to engage civilly with Trustees, Staff, and your fellow community members as this will be a reinforced norm at any Islands Trust events.

The next NPLTC meeting is scheduled for November 29 at 10 am at the Anglican Parish Hall.

Deb Morrison and Ben McConchie

South Pender Local Trust Committee

Cameron Thorn and I are officially your new South Pender trustees after being sworn in on November 6, 2018. The Trust Council meeting that followed was primarily taken up with an orientation of Trust policies, procedures, and operations for both new and returning trustees. Elections also were held to elect the Executive Committee and representatives to the Trust Conservancy. The Islands Trust website should be updated in a short time to reference these elections. Laura Patrick from Salt Spring will chair our Local Trust Committee (LTC).

The first meeting of the new South Pender LTC will occur in January 2019, where, other than business matters carrying over from our previous LTC, we don't expect the presentation of any new matters. In December Cameron and I intend to host a meeting to provide residents and property owners with an opportunity to voice comments or concerns regarding land use matters on the island, and to share our vision for the coming term. We will inform you of this meeting date by mail drop and posting on the bulletin board at the fire hall.

In the meantime, please feel free to contact us directly on our trustee email cthorn@islandstrust.bc.ca or stwright@islandstrust.bc.ca.

We also would like to be the first to wish you all a very Merry Christmas and all the best for the new year.

Steve Wright and Cameron Thorn

Magic Lake Property Owners' Society

MLPOS

It's a fairly quiet time of year for the Magic Lake Property Owners' Society. We now have all executive positions filled. Here are the members of the Board of Directors: Jeremy Harwood, President; Wally Foster, Vice-President; Jean Deschenes, Treasurer;

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Kathy Gilbert, Secretary; Glenn Henderson, General Manager - Marina; Art Curtis, Marina Construction and Projects Manager; Ian Syme, Marina Maintenance Manager; Bob Coulson, Marina Operations Manager; Mike Wiley, Director Tennis/Recreation; and Dave Reed, Member-at-Large. We thank all of the outgoing Board members for their dedication to the Society. We also thank Wally for rejoining the Board and Bob, who volunteered for the Marina Operations Manager position.

I have a correction from the November article with respect to the annual budget presented at the AGM in October. In 2018, revenue exceeded expenses by \$11,113.13.

The Board was pleased to donate to two community organizations. Santa's Sac helps to keep Christmas special for challenged Pender residents by providing food for families and gifts to children. Magic Lake Property Owners' Society is also partially supporting new fencing at the Pender Organic Community Garden.

If you are new to the Magic Lake area, or even if you are not new to the area, and own property in Magic Lake Estates, consider joining MLPOS. MLPOS not only owns and manages Thieves Bay Marina, the tennis courts and playground, and Mouat Park, we provide an advocacy role for residents of the area, as well as liaison with government and various committees such as the Islands Trust, CRD, and PIFR.

MLPOS usually meets on the second Monday of every month at 4 pm at the school. The next meeting will be on December 10. All meetings are open to members of Magic Lake Property Own-

ers' Society and their guests.

We wish everyone a safe and happy Christmas.

Kathy Gilbert

Magic Lake Estates Water and Sewer Local Services Committee

Your local Committee attended the regularly scheduled joint team meeting with CRD Integrated Water Services on November 13, 2018 at their location in Victoria. We're happy to announce that Kathy Heslop retains the committee chair position by acclamation. We anticipate Kathy's continuing demonstrated ability to keep meetings on-track, while still ensuring that all views are heard.

The water service subscribers can look forward to the replacement of the three Pressure Reduction Valve (PRV) stations in the near future. These stations are located on Schooner, Capstan, and Signal Hill. This contract was awarded to Ridgeline Mechanical Limited on October 26, 2018. Replacement timeframe is not available at this time, however any customers who may experience water supply interruptions will be informed in advance by the CRD team and contractor as the project advances. You folks will recall that these stations are beyond their operational lifetime and are underground. The replacements will be above ground and add a large measure of safety for our local operations staff as far as access and service goes.

The sewer service is, as always, a major concern. Let's start out with the positive - the Buck Lake pipe replacement has, at this writing, completed about 330



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metres of installation, with a remaining 110 metres to complete. The CRD team is happy with the increased slope and the resulting flow velocity that has been attained. You may not want to know about the flow velocity of poop, but the CRD is pleased, and they have a deep understanding of such matters. On a more serious note – this project has been an important step in ensuring that the Buck Lake sewer collection infrastructure doesn't cause future problems with blockages and the associated danger of raw sewage leaking into the lake. The water treatment plant is capable of handling this sort of emergency issue, but it's not what we would wish.

This project, unfortunately, ran into a major issue in the form of rock removal costs as it progressed. To date, there has been roughly 95 cubic metres of rock that had to be removed during excavations. This would almost qualify as an entry to the Rock Hall of Fame. There is an obvious cost associated with this, which will be absorbed as an increase in the overall bottom line financials. Perhaps 40 years or so ago, we might have been able to market these rocks as pets – now they're just rocks. The Commit-

tee again thanks the residents around the Buck Lake installation area for their patience and I have received positive feedback regarding the project and property remediation that has been done so far.

Sewer subscribers can look forward to public information sessions with regard to choices to remedy a system that is failing and will require a substantial taxpayer investment to correct. Make sure you pay attention.

From the Magic Lake Sewer & Water Committee, we wish all Pender Islanders a Merry and Safe Christmas season.

Alex Wilson, for your Committee

Addendum

This addendum comes from me, not the Committee. It's been fun and interesting to provide *The Pender Post* submissions for, probably a couple of years. I hope I've kept you folks both amused and informed. This will be my last article here, and I thank the people who may have listened to the Committee's concerns. There will be someone who will take over, I'm sure.

Alex Wilson

Moving Around Pender

MAP



We had a successful WAGM on November 10. The following were elected as officers for the next year: Chair, Barry Mathias; Deputy Chair, Paul Weyer; Treasurer, Dave Hargreaves; Secretary, Paul Weyer; Membership, Niall Parker; Liaison/Marketing, Dean Mills; Bus Coordinator, Peter Pare; Officers at Large, Garth Anderson and Peter Easthope.

Dave Hargreaves gave an interesting presentation on the reality of an electric bus on the Islands, and we will know shortly about the future of our existing bus. While our bus is much used by some people, there is still a majority of Penderites who have yet to try it. If you value the bus, or at least the concept of a bus, we would like to hear from you and we hope more of you will take the opportunity to use this useful transportation during the lead-up to Christmas. We are grateful to our enthusiastic team of volunteer drivers, and to Andrea Mills, Bruce Boland, Peter Pare, and Lisa Baile for the organization and running of the "Buss-a-Nova."

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MAP members were delighted to have Deb Morrison (Trustee) drop in at the start of the AGM to wish us well, and to have Ben McConchie (Trustee), who attended the whole meeting and offered any assistance he could give us in our gradual establishment of safe paths throughout North Pender. It should be noted that this is the first time for many years that North Pender Trustees have attended MAP meetings. Our next meeting will be on Saturday, December 1 at 1:15 pm at the Community Hall lounge. We welcome new members and those who would like to take an active part in our establishment of new trails, renovation of established trails, and the upkeep of Car Stops. You might want to start by riding the bus!

Barry Mathias





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Outer Gulf Islands RCMP-GRC



Even with this wonderful weather we are having, it is that time of the year when fall is upon us. As the days get shorter the Outer Gulf Islands RCMP would like to draw everyone's attention to road safety.

Public safety is of paramount priority to us and we would like to remind all of you, especially cyclists and pedestrians, to be mindful of moving traffic while navigating the dark winding narrow roads on the respective islands that we live on. We highly recommend that cyclists and pedestrians wear light-coloured and/or reflective clothing - and if possible carry a flashlight as well.

This message to ensure personal safety is not only predicated on the shorter, darker days but on the need to be wary of our less-than-responsible driving population. Noteworthy for everyone to know is that since June 2018, our officers have conducted a number of roadblocks on each of the islands: Galiano, Mayne, Saturna, and Pender. Hundreds of vehicles have been checked and a number of impaired driving investigations have ensued. We continue to proactively tackle this issue as it has been identified, by external clients on all islands, as a primary area of concern that requires increased enforcement.

We are, however, also seeing an increase in the number of calls related to those less-than-courteous motorists who choose to speed in school zones, pass school buses, and commit other similar type offences. The Outer Gulf Islands RCMP is committed to identifying these motorists so as to stem this behaviour

and ensure the safety of our children. We have already issued a number of violation tickets but we also recognize that education is a key component of enforcement too. So, for your awareness, we have included a few of the common Motor Vehicle Act violations that are considered in these instances:

- Speed in School zone Section 147(1) of the Motor Vehicle Act \$196 (Exceeded by less than 21km/hr); \$254 (Exceeded by 21 to 40km/hr)
- Speed in Playground zone Section 147(2) of the Motor Vehicle Act \$196 (Exceeded by less than 21km/hr); \$254 (Exceeded by 21 to 40km/hr)
- Fail to Stop for School Bus Section 149 of the Motor Vehicle Act \$368

As you can see these infractions carry heavy fines because they are intended to keep children safe. We respectfully invite and encourage anyone witnessing this driving behaviour to report it to us immediately.

In closing, the members of the Outer Gulf Islands RCMP Detachment would like to remind everyone to slow down, use our roads safely, have your lights on, and maximize your visibility.

Please responsibly enjoy a safe and wonderful holiday season!

Sgt. Kim Bruce

Pender Island Chamber of Commerce



The Chamber office is still busy with referrals during the week and visitors on the weekends.

The Business Showcase and Volunteer Fair in October was quite successful. We thank the Chamber of Commerce Benefits Plan for their sponsorship of the Escape Room. We look forward to bringing this fun event back to the island again next year.

Just a reminder that renewal notices will be going out at the end of this month.

We welcome newcomer Crested Comb to the Chamber and look forward to new memberships in the new year.

Christmas is just around the corner and we encourage you to buy local this year and support out island businesses.

Drop by the visitor centre if you have any questions or concerns; we are always happy to help.

Wishing you and your families a very Merry Christmas and a Happy New Year.

Melody Pender, for the Chamber of Commerce Board



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Pender Island Child Care Society

Dragonfly Child Care & Family Resource Centre



At this time we would like to thank the CRD for their support in funding our programs. With their generous contribution we are able to run HOP year round and the Family Forest Program in the spring.

Parents and Babies

Parents and Babies is every Monday morning from 9 - 11:30 am. This is a free drop-in program for parents, caregivers, and their children. Come out and enjoy snacks, adult and children interactions, and the book library. Thanks to *Success by Six* and the Pender Island Child Care Society, this program is free.

Healthy Opportunities for Preschoolers - HOP

HOP is every Wednesday morning in the school gymnasium from 9 - 10:15 am. Come on out and join facilitator Karen Parker as she sets up new activities each week, from obstacle courses to tumble mats, bean bag toss and T-ball, to ribbon

wands and car races. HOP is designed for parents/caregivers to engage in physical activities with their children 1-5 years. Thanks to the Pender Island School and the CRD, this program is free.

Child Care

Our dedicated and caring early child care providers offer care Tuesday 9 am - 3:30 pm and Wednesday-Friday 9 am - 4:45 pm. We are part of the government-initiated program titled *A New Day for Families*. This means that we have opted into the parent reduction fee program. Also, the new Affordable Child Care Benefit is helping more families with the cost of child care. The link is gov.bc.ca/affordablechildcarebenefit. Call Sarah for more information on this program or if you need assistance.

Parent Nutrition Workshops

Stay tuned for the sourdough bread-making workshop and dehydrated raw cracker workshop to take place in the New Year. Thanks to First West Foundations for their support of our nutrition grant. If you would like to facilitate a health and nutrition workshop for parents and community members, please contact Sarah with your idea.

Dragonfly Closure

Dragonfly Child Care and Family Resource Centre will be closed for the winter break. The last day of classes will be held on December 21. We will reopen on January 7 for Parents and Babies.

On behalf of the staff and board of directors we'd like to wish everyone a wonderful holiday with their families. We look forward to seeing you all in the New Year.

If you would like further information on Dragonfly activities, you can contact Sarah at 629-3039 or by email at dragonflyfamilycentre@yahoo.ca. Our website is dragonflycentre.ca.

Sarah Conley

Pender Island Community Service Society

Nu-To-Yu



Christmas is just around the corner, so you need to know about some special dates. Children's shopping day will be December 2 from 10 am to noon (only kids allowed in the store - there will be helpers to assist the little ones and Santa and his Elf will be in attendance). The last donation drop-off and sorting day will be Thursday, December 20. The last days to get your shopping done will be December 21 and December 22. The boxing day Half Price Sale will be December 26 from 11 am - 3 pm. The first donation drop-off and sorting day of the new year will be Thursday, January 3. The store will reopen on Friday, January 11.

There won't be a \$5 bag day this month - instead come to the boxing day sale!

We are also planning another Silent Auction - this time at the Winter Market on December 8. Come and get some great gifts for those special people in your life. Here are a few of the items that we will have for sale: Storm Buster portable gas range (new), Dual Turntable, Trolling rod with Daiwa reel, and Mustang Exposure Suit (small size).

We've changed our grant cycle from four times a year to twice. This won't change the number and amounts of grants given over the year, just when we do it.



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The net proceeds of the Sea, Air, and Land raffle have been presented to PIRS (Pender Island Recycling Society) to help pay for a new compactor. In the photo on **page 56** are Davy Rippner PIRS chair, Sonia Berry, Margaret Alpen, Dianne Cuthbert, Janet Menzies, members of PICSS fundraising committee, Pam Petrie president of PICSS, and Niki Roberts PIRS manager. Chair of fundraising committee, Gerry Duncan, was unable to attend due to travel plans.

If you want to read the remarks our president Pam Petrie gave at the presentation, please go to our website at www.nu-to-yu.com.

Sheila Veness

Pender Island Conservancy Association

A Whale of a Tale!



In the midst of all the sorrowful stories relating to the decline of the Earth's wildlife, there is an optimistic tale to be told. Those wonderful "minstrels of the sea," the Humpback whales, appear to be surviving and possibly even thriving.

Humpbacks are marvellous creatures. At around 15 metres long, and weighing up to 40 tonnes, they are one of the largest whales seen in the waters off Pender island. They are baleen whales, filtering 2000-2500 kg of plankton, krill, and tiny fish per day through long bristled baleen plates, which are made of material similar to fingernails.

Humpbacks travel alone, or in loose groups that sometimes band together to catch small schooling fish in "bubble nets": they circle below a school of fish blowing bubbles that trap the prey into concentrated, easier-to-gulp groups. They can be sneaky, stealing the prey rounded up by tiny seabirds like rhinoceros auklets. They breed in warmer waters to the south, but head north in the spring to cash in on the abundance of food in the cold northern waters. There appear to be different populations of Humpbacks. Those who spend their summers off the Northern end of Vancouver Island and up to Alaska tend to go to breeding grounds off Hawaii for

the winter; those who feed further south tend to go to Mexico to breed and give birth to their calves. There is little food in the breeding grounds and females will go for months without eating, all the while feeding their babies up to 150 gallons of rich milk per day. Calves are born underwater, but instinctively rise to the surface to breathe.

Humpback populations were decimated during the 100 years of intense whaling before the hunting of Humpbacks in the North Pacific was banned in 1966. It is estimated that at least 90% of the world's Humpbacks were slaughtered. They first began to reappear off the Pacific Coast in the early 1980s, but sightings were rare. Now Humpback sightings are becoming more common and a photographic record of hundreds of individual Humpbacks has been compiled. As of 2006, the SPLASH survey (which involved collaboration between over 400 researchers from 50 different organizations) estimated that Humpback populations had rebounded from an estimated low of 1,400, to 18,000 individuals, and growing at a rate of 4% per year - which means that there could be over 25,000 Humpbacks whales in the North Pacific!

There were 2,145 Humpbacks found to be feeding off the coast of B.C. Another survey (the PRISMM), was completed in 2018 and will provide updated stats once it is released. But the Humpbacks are not out of the water, so to speak, yet. They still face many threats:

Vessel strikes

Whales can be injured and killed from collisions with vessels, large or small. With the increase of Humpback numbers, as well as increased shipping, vessel strikes are becoming more common.

Entanglement

Whales and other sea creatures can suffer from severe injuries and die when they become entangled in fishing gear. The scope of the problem is unknown, but according to World Animal Protection over 100,000 whales, dolphins, seals, and seabirds are killed worldwide each year by "ghost nets." According to the Marine Education and Research Society, over half the Humpbacks in our waters have scars from entanglements.

Noise and pollution

It is believed that whales and dolphins are chronically stressed due to sound



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pollution from ships and boats. And, of course, oil spills and chemical and plastic pollution also are threats.

Food insecurity

Since Humpbacks do not eat for months in the summer, they must replenish their fat stores when they come up North to feed. But diminishing fish populations, especially for Pacific Herring, due to overfishing and habitat loss, may mean that Humpbacks will have difficulty getting enough to eat.

Despite these issues, Humpbacks along our coast are persevering. To find out how you can help to protect them and other cetaceans, check out the following websites: www.mersociety.org, www.raincoast.org, wildwhales.org, and uk.whales.org.

Elizabeth Miles

Pender Island Farmers' Institute

Class of Wool Workshop a Big Success!

A group of 16 sheep producers and wool enthusiasts came to Karl Hamson's barn on Pender Island for the

first Wool Classification course in BC, taught by wool education co-ordinator for the American Sheep Industry Association, Dr. Lisa Surber.

The participants came from around BC and the US for the course held October 25-27, joined by two local farmers, Jodi Schamberger and Austin Davies, who provided the sheep for the shearing demonstration and hands-on wool classification.

The course was organized by Charlene Thompson, a wool enthusiast who saw a need and a way to support the growing interest in local fibre and the new mill in the Saanich Peninsula.

Pieter Demooy, a regular attraction at the Pender Island Fall Fair, did some live shearing for the course, adding his own expertise.

In addition to wool for fibre, the course discussed a variety of non-textile wool products, including felting around new trees, roadside reclamation and prevention of erosion, pelleted wool as a garden amendment, insulation, and wool booms to clean up oil spills. Dr. Surber added that sheep should be promoted

more as part of a multi-species improvement enterprise, given their role in controlling noxious weeds and reducing forest fire risk through grazing.

The course was supported by the BC Sheep Federation Sheep Industry Development Fund, Canadian Cooperative Wool Growers, Canadian Sheep Federation, Inter Island Sheep Breeders Association, the Southern Gulf Islands Community Resource Centre, and the Pender Island Farmers' Institute.

Many thanks to Charlene Thompson for organizing this event, to Karl for providing the venue, to Jodi and Austin for providing sheep, Karl, Jodi, and Barb for set up and take down, and the sponsors who made this event possible.

2019 Fall Fair Planning Underway

It may be winter, but we are already thinking about next year's Fall Fair. We will be meeting regularly on the second Thursday of the month at 7 pm at the Community Hall (except December). Everyone is welcome and the more the merrier. We are still in the early stages, so now is a great time to get involved if you have ideas for how to make next year's Fair better than ever.

Our next meeting will be by Thursday, January 14 at 7 pm at the Community Hall.

If you would like to get involved or have questions, contact Matthew Vasilev at matthewvasilev@gmail.com or Ben Kadel at bekadel@gmail.com.

Ben Kadel

Pender Island Fire Rescue

PIFR



My article for December typically highlights the concept of "Volunteers Serving Community." Our fire-

fighters and first responders often give the impression we have a fully paid fire service. It is important to understand that, with the exception of our RCMP, the people who respond to your 911 calls on Pender Island are largely volunteers.

They answer the phone when you call, but they are not paid to be at the fire halls during the night or on weekends. When emergencies arise, our PIFR vol-

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unteers respond from their homes and workplaces. They keep us safe from harm 24/7 delivering our fire and rescue emergency response, fire prevention, and emergency medical services. To do so requires an impressive list of credentials and commitment to continuous learning. So, I would say "Volunteer Professionals Serving Community" is a more accurate phrase to describe those who serve at PIFR.

As your fire chief, I have a lot to be thankful for in 2018. Our firefighters, first responders, and support crew volunteers continue to make me proud of the services we deliver with pride, honour, and distinction.

As of November 20, PIFR volunteers responded to 229 calls including structure, chimney, and vehicle fires. They attended vehicle accidents, hazardous materials incidents, performed rescues, and delivered lifesaving medical interventions time and time again. The feedback I have received confirms that these services were professional and compassionate.

The Pender Islands Fire Protection Society is also run by (no surprise) a volunteer Board of Directors mandated "to serve and be responsive to the needs of the community through investing in training, education, and equipment for our firefighters and medical responders to save lives and protect property and the environment." We must be prepared to invest in our fire services and infrastructure if we hope to achieve this vision.

Again this year, we watched on TV as wildfires raged in Washington, the BC Interior, Vancouver Island, and California. Severe weather-driven events continue to take lives and property as I write this article. Here on Pender Island, we experienced long periods of extreme fire hazard this summer, but we came through unscathed. I believe we were successful in our prevention efforts thanks to a comprehensive public education campaign delivered by committed volunteers and a community that is well-educated, aware, engaged, and participatory. Programs such as the "No Tossed Butts" and "Swartz Bay" prevention campaigns are a direct result of community volunteer participation.

Our fire and rescue services rely on a host of volunteers - truck checkers, culinary groups, editors, web designers, HR professionals, fundraisers, board members, and many others. Last year alone, those volunteers contributed more than 17,000 hours. Please join me in wishing them all the very best this joyous holiday season can hold.

The winter winds and rain will soon be upon us. Please call 911 to report any downed hydro lines and never assume they are safe to approach. Stay well clear of these hazards to life and any trees or fences that may also be contacted.

As you prepare for the festive season, take time to check for household fire hazards before rushing off to the ferry. Unattended electric heaters, wood stoves, candles, clothes dryers, cook stoves, and portable appliances are leading causes of house fires. Some great safety tips to keep your family safe can be found at www.nfpa.org/winter.

The statement "Volunteers Serving Community" certainly reflects the culture at PIFR, but it also reflects the nature of other organizations on Pender

Island like the Nu-To-Yu, the Library, the Legion, the Pender Post Society, and many others.

On behalf of myself and all the volunteers, staff, and Board of Directors at PIFR, we thank all our "Islands Volunteers," and our partners in public safety: the RCMP and BCAS. Our sincerest wishes for a happy and safe holiday season and the best year ever in 2019.

Fire Chief Charlie Boyte

Pender Island Food Bank

We wish to thank Ken and Val Butcher, and Dianne Allison for their donation of apples in late October.


We also received donations of food from Donna and Jeremy Harwood, Ethel Sabagh, Audrey Godin and the Community Church which asked for contributions at their Thanksgiving Dinner. A donation for our clients with pets came in the form of a big bag of dog food from Brian and Janet Ellis. Thanks to all of these people.

On Saturday, November 24, the Royal Canadian Legion presented our president, Barb MacPherson, with a cheque

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for \$500. We thank them for this very generous donation.

Please mark Saturday, December 1 on your calendar as that is the date the volunteers from Pender Island Fire Rescue along with the members of the RCMP detachment will raise funds for the Food Bank. They will be at the Driftwood Mall during the day to ask for your donation.

If you know of a Pender Island resident or family in need of our help please direct them to the Food Bank, which is open every Wednesday morning from 9 - 11 am at the back of the Anglican Parish Hall.

Shirley Arthur

Pender Island Health Care Society

PIHCS

The PIHCS has received a \$20,000 grant from the CRD to install solar panels on the roof of the Health Centre. Installation work should proceed over the next month. We hope this will reduce our ongoing hydro bill. A big thank you to David Boyd and Andy Nowak for

helping facilitate this process.

The PIHCS also has approved up to \$20,000 to replace the computer system for the medical clinic and upgrade the Health Centre router system. The current medical equipment is 5 to 10 years old, and is increasingly unable to keep up with the current needs of today's medical software.

We also have met with Island Health to explore the feasibility of installing telehealth at the Health Centre, and Island Health has agreed to do the installation starting towards the end of this year. Once started they say it will take a minimum of 3 to 4 months to install the system and do a thorough check of its security and readiness. Once up and running, it will be possible to connect directly with off-Island health care and social service professionals who use telehealth, potentially saving residents time and money from having to go off-Island for routine consultations.

Applications have closed for the Executive Director position. There were a number of on-Island applicants and a number of off-Island applicants. The hiring committee is shortlisting candi-

dates who they feel it would be worthwhile interviewing. They are hopeful a new candidate will be chosen before the end of the year. The current executive director has agreed to stay on till a new person takes over, and has agreed to provide the necessary support to ensure a smooth transition.

Robert Dill

Community Support Programs

You cannot do a kindness too soon, for you never know how soon it will be too late. ~ Ralph Waldo Emerson

Maintain Your Independence October 30 - December 18

9:45 am, Moderate Yoga with Ella

11:15 am, Gentle Chair Yoga with Ella

12:30 pm, Moderate Yoga for Men with Les

November 1 - December 20

9:45 am, Moderate Exercise - Essentrics with Heather

11:15 am, Intermediate Exercise - Mindful Movement for Joint Health with Sandra

January MYI Programs

Tuesdays January 8 - February 26

9:45 am, Moderate Yoga with Ella

11:15 am, Gentle Chair Yoga with Ella

12:30 pm, Moderate Yoga for Men with Les

Thursdays January 10 - February 28

9:45 am, Moderate Exercise - TBA

11:15 am, Gentle Exercise - TBA

The \$40 pre-registration deadline for these classes is December 31 at 1 pm. After this the cost will be \$45 for the full session or \$7 to drop in. If the cost poses a hardship, contact Community Support for assistance; many thanks to the CRD/Pender Parks and Recreation Commission for its financial support of the MYI programs.

55+ Luncheon Group

A delicious lunch and great companionship at the Anglican Parish Hall every Wednesday at noon; if you are new to this group please call Nora at 629-3845 to ensure space. Cost is \$10; if the cost poses a hardship, contact Community Support for assistance.

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55+ Take A Break!

Want to get out, be social, and have lots of fun? Join the group at 12 pm on the third Thursday of every month. We have speakers on interesting subjects, go on field trips, and of course, we always have goodies. For more information contact Elise at 250-858-2158 or email e-dri@hotmail.ca Thank you to the Pender Island Lions club for their support of this fun and important program.

Caregivers Support Group

The Family Caregivers Support Group is in Monday, December 10 from 2 pm - 3:45 pm. This is an opportunity for self-care, a place to discuss your concerns, get information, find out what others have done, share your feelings, and connect with others. Please contact the group facilitator, Christine, at 250-629-6005 for more information or to RSVP.

Volunteers Needed

Volunteer Drivers

Drivers needed for both on or off island medical trips. Volunteers receive emails or phone calls about upcoming trips; if the volunteer is available they are matched up with the person needing a ride. Drivers can receive a Charitable Tax Receipt for their mileage and either a Charitable Tax Receipt or a set amount of money for snack or meal reimbursements.

Meals on Wheels Drivers

Deliver meals one time per month to people who are mainly homebound. The shift can take between 1.5 - 2 hours. Drivers can receive a Charitable Tax Receipt for their mileage and either a Charitable Tax Receipt or a set amount of money for a snack reimbursement.

Act of Kindness

It's the time of year when many of us start thinking about giving gifts to our friends and loved ones. When we try to refocus on generosity, kindness, and cheer. When we try to open our hearts and focus on compassion and understanding. But what would our world be like if this were our goal all the time? The writer I am sharing with you this month proposes an experiment that I hope you will try, then I hope you will think about how it makes you feel about yourself and your effect on the world. If you try it, I believe you will finish the experiment feeling greedy for it every day.

"If we all practiced one act of kindness per day, imagine how much more magnificent the world could be. Each day, if we all did at least one thing for one another out of genuine goodness, I believe we could counterbalance some of the negativity that occurs in this world. When it comes to getting involved in doing random acts of kindness, many people have expressed to me that they simply don't have the time or money to contribute something each day. Luckily, for all of us, kindness is free. It can be as simple as a smile, and it's easy to do and give to others, if you are motivated. The best part is when you perform an act of kindness, both you and the other person benefit; we all benefit. You are making the world a nicer place. I propose a challenge that I'd love for you to help me get out around the world. Starting today commit to one act of kindness for the next 30 days. Let it be an experiment for all of us: how we can change the lives of others and our own, just by being consciously kind to the world around us. I'm certain we will all



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Home for Christmas at the Museum

Dec. 26-30: 1-4pm

Take a brisk walk to beautiful Roesland and a trip down memory lane at the museum. Enjoy hot apple cider and goodies with family and friends as you browse displays, old photo albums and reminisce about Christmas past.

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benefit. Are you in?" I hope so; if you are and you see me please tell me what you have been up to. Or if that feels too much like bragging, just give me a wink and a smile and say I'm in!

To volunteer, to learn more, to inquire about meeting dates or times, or to sign up for any of the above programs and opportunities, please call 629-3346 or email andrea@penderislandhealth.ca.

Andrea Mills, Community Support Coordinator

Community Gathering Job Opening

Regrettably, our soup maker and luncheon host, Eric Lesage, will be moving to Vancouver as of January 1. Eric has shown great passion and dedication in his work and we will miss him. If you are interested in applying for the position, Eric welcomes job applicants to discuss the position with him. Drop in on Friday or arrange an appointment. Deadline for submissions is December 1, but if you are just receiving word of this opening and are interested in applying, contact Tania Honan to see if the position is still available. Resumes

can be dropped off at the Pender Islands Health Care Society at 5715 Canal Road, or submitted by e-mail at community_gathering@outlook.com.

Community Chop & Chat - 6 pm

December 5 is Tourtiere night, and December 19 is Pot Sticker night. To register, contact community_gathering@outlook.com and I will send you the registration link. You can also drop by and register with someone from Better at Home or at the CRC office with Melody Pender. If you'd like to host a Chop & Chat this fall, please contact us!

Community Paramedic Café

Drop in and meet with community paramedic Alyssa Woolcombe to discuss health related topics. The repair café for your body.

Soup Luncheon

Every Friday we provide a soup lunch with bread, crackers, vegetables, and live music. Lunch is pay what you can, suggested \$5 donation, all ages. Soup to go is \$7 a bag for a generous portion. If you would like to volunteer, contact Tania at community_gathering@outlook.com.

Makers Hub - December 7

There is no fee to attend and no RSVP is required. Drop in with whatever you are working on or network with other artists and crafters. We have a nice sized group of women that attend each month, and we encourage men who like to make what have you to also join in. There's plenty of room for everyone.

Fridays, Repair and Tech Café

Drop by around 11 am and have your tech questions answered and your items repaired and kept out of the landfill. Repairs are often easy and inexpensive to fix.

Let's explore new passions, renew and deepen old ones, meet with old friends and make new ones, at all of our weekly Community Gatherings!

Tania Honan

Tis the Season... for the Winter Blues

As Christmas and the winter equinox approach, some people find they are feeling dread instead of joy. The festivities of the season can create a lot of stress. Also, the short, dark days and long, dark nights are upon us, and many people are feeling the effects of the "winter blues." It is believed that lower light levels reduce important chemicals in the body and brain that regulate sleep and mood.

Luckily, there are helpful changes you can make, both within your environment and within yourself, to cope with the stress of Christmas and the winter blues.

Create an attitude adjustment. Your attitude comes from what you tell yourself about life, your situation, and yourself. Studies reveal that unhappy and stressed people tend to talk to themselves in ways that deepen their negative moods. To think in more positive ways:

- Become mindful of your self-talk.
- Notice and stop negatives or discouraging self-talk.
- Ask yourself "is there another way to look at this?" For example, instead of telling yourself that it is *awful* that Christmas has become so commercialized, you can tell yourself that

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Donna M. Stewart
Audiologist

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hear*
hearcentralsaanich.com

Health Services

Medical Emergency 911

Medical Clinic.....629-3233

Dr. Gerry Moore, Dr. Robyn Wiens, Dr. Bruce Rebner
Nurse Practitioner - Tracey Adams

Monday to Friday, 9 am-12 pm and 2 pm-5 pm

Patients, please do not call clinic staff at home. If your circumstance is genuinely of an urgent nature that will not wait until the clinic reopens, call **1-800-866-5602** and ask for the "Doctor on-call for Pender Island." Your call will be returned.

Alcohol and Drug Counsellor, John McNally, 250-538-4849

Audiologist, Donna Stewart 778-426-4876

Chiropractor, Mark Wensley 629-9918

Community Support, Andrea Mills 629-3346

Crisis and Mental Health Counsellors

Kim Brown 250-539-0024

Elizabeth Miles 250-539-0905

Ulla Rembe 250 539-0325

Family advancement Counsellor

Kirsty Chalmers.....250-222-0025

Dentist, Dr. Gary Sacher 629-6815

Jin Shin Do Acupressure, Mike Kenyon 250-213-3649

Lab Services, Sonya Fulawka 629-3233

Optometrist, Dr. David Schaafsma 629-3233

Naturopath, Dr. Andrea Gansner..... 604-544-7656

Pender Island Community Nurses 629-3242

Carolyn Cartwright-Owers and Miranda Mawhinney.

Pharmacist, Christine Swan..... 629-6555

Public Health Nurse, Immunization Clinic, Prenatal Education, Lois Woolley .. 250-544-2400 or 539-3099

Reg. Massage Therapist, Karen Mani Lang.. 629-6639

Reg. Massage Therapist, Tru Hartwood ... 250-889-3923

Traditional Chinese Medicine, Dr. Trevor Erikson 778-886-1180

Home-based Licensed Health Professionals

Reg. Physiotherapist, Mieke Truijen..... 629-9910

24 Hour Crisis Help Lines

Healthlink BC Dial 811

Nurses 24/7, Pharmacists 5 - 8 pm, Dieticians 9 am - 5 pm

Island Women Against Violence (IWAV)

Crisis support/transition..... 1-877-435-7544

Stopping the Violence Counselling 250-538-5568

Women's Outreach Counsellor..... 1-888-537-0717

Kids' Help Phone 1-800-668-6868

Mental Health Distress Line

Support/Information 310-6789

Suicide Prevention Helpline..... 1-800-784-2433

Vancouver Island Crisis Line..... 1-888-494-3888

Victim Link..... 1-800-563-0808

Community Support Numbers

Capital Regional District (CRD)

Director SGI, David Howe 250-216-5618

Building Inspector 629-3424

SGI Harbours, Carl Bunnin cbunnin@gmail.com

Bylaw/Animal Control complaints . 1-800-665-7899

Magic Lake Water & Sewer General..... 1-800-663-4425

Magic Lake Water & Sewer Emergencies 1-855-822-4426

Emergency Hydro 1-888-769-3766

Fire Rescue (Emergencies)..... 911

Duty Officer is available 24/7..... 1-250-478-7770

Non-Emergency Contact Information

Hall #1 and Administration 629-3321

Hall #2..... 629-3325

Hall #3..... 629-3400

Fax 629-6194

Fire Chief Cell 1-250-537-0166

Burning Permits Fire Hall #1

4423 Bedwell Harbour Road www.penderfire.ca

Hall/Venue Bookings

Anglican Parish Hall .. stpeterstchristopher@gmail.com

Community Room/Activity Centre (School) 629-3711

Health Care Centre Meeting Room 629-3326

Legion Hall bookings239.rcl@gmail.com

Pender Islands Community Hall, 629-3669

Plum Tree Court Meeting Room, Shannon Brayford

..... plumtreecourt@gmail.com

Home Support Services

Ask for the home support program.. 1-888-993-2299

Islands Trust: Victoria 1-800-663-7867

NP, Deb Morrison..... dmorrison@islandstrust.bc.ca

NP, Ben McConchie .. bemconchie@islandstrust.bc.ca

SP, Steve Wright..... stwright@islandstrust.bc.ca

SP, Cameron Thorn..... cthorn@islandstrust.bc.ca

Member of Parliament

Saanich – Gulf Islands, Elizabeth May 1-800-667-9188

Ministry for Children and Families.... 250-952-6062

Toll free..... 1-866-823-5857

Help Line for Children anywhere in BC ... 310-1234

Pender Islands Emergency Program

Emergency Coordinator - Pat Haugh 629-9991

ESS - Carolyn Canny 629-9954

Pender Island Public Cemetery 629-3727

Pender Island Veterinary Clinic 629-9909

Poison Control Centre..... 1-800-567-8911

RCMP, Outer Gulf Islands (non-emergency).. 629-6171

Crimestoppers 1-800-665-TIPS (8477)

Victim Services 629-6531

Rescue

Marine & Aircraft distress 1-800-567-5111

Joint Rescue Coordination Centre (JRCC)

Search and Rescue (Land) Emergency 911

Provincial Emergency Program 1-800-663-3456

School Trustee, Anna Herlitz..... 629-6773

NOVEMBER

28	Wed	6:00 pm	PIHCS Chop & Chat, Eritrean & Ethiopian food, Community Hall	
29	Thu	10:00 am	North Pender Local Trust Committee regular meeting, Anglican Parish Hall	
		6:30 pm	Parent Nutrition Night (Recipe Swap) to 7:30 pm, Dragonfly Centre	
30	Fri	12:00 pm	CG/PIHCS Soup Luncheon with Live Music by Tim Johnson, Community Hall	
		6:00 pm	Legion Friday Night Dinner, BBQ Steak, Legion Hall*	
		7:00 pm	Community Choir presents <i>Yuletidal Harmony</i> , Community Hall*	10, 32

DECEMBER

1	Sat	10:00 am	Santa's Christmas Sale to 3 pm, Anglican Parish Hall.....	35
		10:00 am	GSRBC Pet Photos with Santa to 3 pm, Driftwood Centre	17
		10:00 am	Annual Christmas Used Book/DVD Sale, gift-quality items to 4 pm, Library	36
		10:00 am	Saturday Winter Market to 1 pm, Community Hall*	32, 38
		10:00 am	Recycling Depot, Winter Hours: Saturday, Tuesday, Thursday, 10 am - 3 pm*	38, 56
			PIFR/RCMP Fundraiser for the Food Bank, Driftwood Centre	26
		12:00 pm	Christmas Pop-Up Shop to 6 pm, also see half page ad for other December events, Kraken Theatre	3
		1:20 pm	Moving Around Pender meeting, Community Hall	20
		4:00 pm	Legion Meat Draw, every Saturday, Legion Hall*	40
		7:00 pm	Community Choir presents <i>Yuletidal Harmony</i> , Community Hall*	10, 32
2	Sun	8:30 am	Pender Pacers run every Sunday, call Herb for details, 629-3205*	
		10:00 am	Nu-To-Yu Kids' Shopping Day to noon.....	22
		2:00 pm	Community Choir matinee presents <i>Yuletidal Harmony</i> , Community Hall.....	10, 32
		2:00 pm	Getting High (Climbing) in the Coast Mountains, Lisa Baile to 4 pm, Library	37
		4:00 pm	<i>Gremlins</i> , Kraken Theatre Movies, also December 7, 12, 14, 19, 21, 23, Kraken Theatre	3
		10:00 am	Badminton meets every Sunday, 10 am - 12 pm, School*	
3	Mon	9:00 am	Parents and Babes to 11:30 am, (also on 10 and 17), Dragonfly Centre.....	22
		9:25 am	Walking Group meets every Monday and Friday, St. Peter's, call Carol for details, 629-9959*	
		10:00 am	Toddler time to 11 am, also December 10 and 17, Epicentre	15
		1:00 pm	PIAS, Acrylic Abstract Painting Follow Up, Lil Tetreau, Anglican Parish Hall.....	8
			After-school Kid's Club at Epicentre, also December 10 and 17	15
4	Tue	9:45am	MYI, Moderate Yoga with Ella, Community Hall*	26
		10:00 am	Recycling Depot, Winter Hours: Tuesday, Thursday, and Saturday, 10 am - 3 pm*	38
		11:15am	MYI, Gentle Chair Yoga with Ella, Community Hall*	26
		12:30pm	MYI, Moderate Yoga for Men with Les.....	26
		3:00 pm	Taoist Tai Chi for beginners to 4:30 pm until November 29, Community Hall*	
		7:30 pm	Badminton meets every Tuesday, 7:30 - 10 pm, School Gym, Peter Taylor, 629-3375*	
5	Wed	9:00 am	HOP to 10 am, (also on 12, 19), School gym.....	22
		9:00 am	Food Bank open Wednesdays to 11 am, upstairs at back of Anglican Parish Hall*	26
		10:00 am	Wednesday Walking Group to 12 pm, Community Hall*	32, 38
		12:00pm	55+ Luncheon, RSVP Nora 629-3845 Anglican Parish Hall*	26
		1:30 pm	Carpet Bowling to 3:30 pm every Wednesday, Community Hall*	32, 38
		2:00 pm	Socrates Cafe meets every Wednesday to 4 pm, Pender Island Public Library*	
		4:00 pm	Ukulele Strum-A-Long to 5 pm, \$5 drop in fee. All ages and abilities welcome, Kraken Theatre	3, 13
		6:00 pm	PIHCS Chop & Chat, Tourtiere (French Canadian meat pie), Community Hall	28, 32
6	Thu	9:45am	MYI, Moderate Exercise Essentrics with Heather, Community Hall*	26
		11:15am	MYI, Mindful Movement for Joint Health with Sandra, Community Hall*	26
		10:00 am	Recycling Depot, Winter Hours: Thursday, Saturday, and Tuesday, 10 am - 3 pm*	38
		3:00 pm	Taoist Tai Chi to 4:30 pm until November 29, Community Hall*	
		5:30 pm	Legion Meat Draw, Euchre at 4 - 6 pm, Darts at 7 pm, every Thursday, Legion*	40
7	Fri	9:30 am	Pender Island Field Naturalists, winter bird identification walk, meet at Hope Bay	41
		10:00 am	Nu-To-Yu open on Friday and Saturday until 4 pm*	22
		10:00 am	Community Café to 1:30 pm, Community Hall.....	32
		10:30 am	Makers Hub, Free Drop In, First Friday of each month, Community Hall.....	28
		10:45 am	Coping with the stress of the season workshop with Elizabeth Miles, Community Hall	33

CALENDAR CONTINUED

	11:00 am	Repair Cafe free Drop In to 12 pm every 1 st , 2 nd , 3 rd and 4 th Friday, Community Hall	28, 32
	11:00 am	Tech Cafe, free Drop In, to 12 pm, every Friday, Community Hall	28, 32
	12:00 pm	CG/PIHCS Soup Luncheon, Live Music by Stephen & Diana Fairclough, Community Hall*	13, 28, 32
	12:00 pm	Different Health-Related topic, Friday Soup Luncheon, and December 14, Community Hall*	28, 32
	5:30 pm	PI Soccer Club meets every Friday, all welcome, 14 years plus, free, School Field or Gym*	
8 Sat		Nu-To-Yu Silent Auction.....	22
	11:00 am	Lego Club, free drop-in event for young builders to noon, Library	37
	7:00 pm	Tim Johnson Quartet holiday concert, Kraken Theatre	3, 12
10 Mon	10:00 am	Quilters' Circle Christmas Party, Anglican Parish Hall	11
	2:00 pm	Caregivers Support Group to 3:45 pm, call Christine for details 629-6005	27
	4:00 pm	Magic Lake Property Owners' Society Directors meet, School	19
	7:00 pm	Pender Photo Club meets, School Community Room	12
13 Thu	10:00 am	Stroke Survivors Support Group to 11:30 am, Clinic Meeting Room	15
	1:00 pm	Garden club makes Christmas wreaths, Anglican Parish Hall	42
	7:00 pm	<i>Aladdin</i> , The Magical Family Pantomime to December 16, Community Hall*	32
14 Fri	9:00 am	Pender Island Parks and Recreation meeting, open to the public, Plum Tree Court.....	36
	12:00 pm	CG/PIHCS Soup Luncheon with Live Music by Stephanie Jackson, Community Hall.....	13, 28
15 Sat		Pender Island Field Naturalists Christmas Bird Count	42
	10:00 am	Legion General Meeting, Legion Hall	40
	12:15 pm	Santa Ship arrives, Lions Club and Hope Bay merchants welcomes Santa, Hope Bay Dock.....	3, 33, 34
16 Sun	2:00 pm	<i>Aladdin</i> , The Magical Family Pantomime matinee, Community Hall.....	32
17 Mon	10:00 am	Pender Post Directors meet, home of Marge Lacey	
18 Tue	7:00 pm	BINGO, special prize of a ham and a turkey, Community Hall	32, 37
19 Wed	10:00 am	Santa's Sac Distribution Day, Anglican Parish Hall	6
	6:00 pm	PIHCS Chop & Chat, Pot-stickers, Community Hall	28, 32
20 Thu	12:00 pm	55+ Take a Break, call Elise for details 250-858-2158	27
21 Fri	9:00 am	Last day of Dragonfly classes until January 8.....	22
	12:00 pm	CG/PIHCS Soup Luncheon with Live Music by Darrel Zell, Community Hall	13, 28
	2:00 pm	Matinee: <i>Smallfoot</i> , Community Hall	32, 37
23 Sun	10:00 am	Lessons and Carols, St. Peter's	4, 6
24 Mon	10:30 am	Christmas Eve Holy Eucharist, St. Peter's.....	4, 6
26 Wed	11:00 am	Nu-To-Yu Boxing Day Half Price Sale to 3 pm.....	22
	1:00 pm	Pender Island Museum will be open to 4 pm from December 26 to December 30, Roesland	27, 35
28 Fri	10:45 am	Mocktails with Madeleine, Community Hall.....	32, 37
	12:00 pm	CG/PIHCS Soup Luncheon with Live Music by Enzo Marino, Community Hall.....	13, 28
	4:00 pm	Lantern Festival Lantern Making Workshop to 8 pm, Community Hall	14
29 Sat	3:00 pm	Lantern Festival Lantern Making Workshop to 8 pm, Community Hall	14
30 Sun	2:00 pm	Lantern Festival Lantern Making Workshop to 8 pm, Community Hall	14
31 Mon	1:00 pm	MYI Exercise program Pre-registration Deadline. Call 629-3346	26
	5:00 pm	Magic Lake Lantern Festival, parade forms at Danny Martin Park at 4:30 pm.....	14

ADVANCE NOTICES FOR JANUARY

1 Tue	1:00 pm	Lions Club Annual Polar Bear Swim, Port Browning Marina.....	33
3 Thu		Christmas Bird Count for Kids	42
19 Sat	10:00 pm	General Meeting and Elections, Legion Hall.....	40
26 Sat	5:00 pm	Robbie Burns Night, Community Hall.....	10, 58



Special Events & Activities at the **Community Hall**

Choir Concert

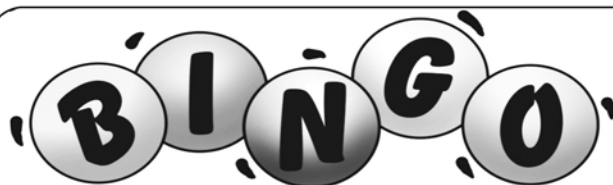


Nov. 30, 7:00
Dec. 1, 7:00
Dec. 2, 2:00



Aladdin Pantomime

Dec. 13, 7:00 pm
Dec. 14, 7:00 pm
Dec. 15, 7:00 pm
Dec. 16, 2:00 pm



December 18 7:00 pm

Wellness Wednesdays

10:00 - 12:00

Walking Group

1:30 - 3:30



Carpet Bowling



Friday Gathering

10:00 - 1:30 Café

11:00 - 12:00 Activities

12:00 - 1:15 Lunch

12:15 - 1:00 Live music



**Make*Mocktails
with
Madeleine!***



December 28

10:45-11:45

\$5 Pre-register, \$8 Drop in!

To register call 250-629-3346 or
Email bookings@penderislands.org

Chop and Chat

December 5, 6:00 - 8:45

December 19, 6:00 - 8:45

Register at:
community_gathering@outlook.com



**Saturday
Market
10:00 - 1:00**



An up to date calendar can be found at: **www.penderislands.org**

you will choose to find joy in what you like about Christmas and ignore the rest.

- Challenge yourself to think of positives in a situation or try to imagine a possible positive outcome.

Change expectations

We tend to have high expectations of Christmas. It is easy to buy into advertising images of perfect meals, perfect gifts, and perfect homes. Most of us have busy lives all year round, but we put pressure on ourselves to do many extra things at Christmas time, and yet also expect that we will have time for family.

Choose new behaviour

You may plan to spend hours buying gifts, or baking, or decorating, or attending choral services, or arranging family parties, etc., but do not expect that you can do it *all* without becoming exhausted or stressed. Don't do extra things at Christmas just because they have always been done, or because it is expected. Do it because you enjoy it or find it meaningful. You can choose to do less and enjoy more.

Reject the pressure to make Christmas all about the gifts: Relentless marketing during the holidays can lead us into the trap of trying to make Christmas "special" by buying and getting things--even though we know that spending time, not money, is what makes Christmas special.

Become aware of competition and comparisons. If we stop comparing ourselves to those who have prettier decorations, give more expensive gifts, get more done, or seem to have closer families, we tend to feel more satisfied with what we have and who we are, and to find more joy.

Get into the light

Most people spend most of their time indoors. Yet humans evolved outdoors, and until relatively recently spent most of their time outside. The amount of light available to us indoors is minimal compared to what we receive outside. Even on a cloudy day light levels are usually much higher outside. To combat the winter blues, you need to get outside for at least 30 minutes every day.

Move your body

Study after study shows that exercise boosts emotional well-being, reduces anxiety and negative thinking, counters stress, and improves sleep and overall quality of life.

Watch your carbohydrates

People with winter blues tend to crave high starch or high sugar food. But these foods can lead to highly fluctuating blood sugar, which can contribute to both anxiety and depression. This can be difficult during the holiday season, but try to eat high fibre, low starch foods, and small, frequent meals to help keep your blood sugar stable.

Find a different focus

Try to appreciate the season's gifts by noticing the natural beauty of winter, or to think of this season as a time to connect with family, to catch up on indoor projects, or to enjoy the quiet life of the island in the winter.

There will be a workshop on coping with the stress of the season, at 10:45 am on December 7 at the Community Hall.

Elizabeth Miles, MSc.

Pender Island Lions Club

Santa Ship



The Lions International Santa Ship will be coming to Pender on Saturday, December 15 at approximately 12:15

pm at Hope Bay. Santa, and all his Lions' elves, welcome Pender Island kids to meet him and receive some Christmas goodies. Please do not bring any off-leash dogs. Contact Doug at 629-6884 for more details.

Annual Polar Bear Swim

The annual Pender Lions Polar Bear Swim will take place at the inner harbour beach at Port Browning on Monday, January 1, 2019 with splashdown at about 1 pm. Pre-register early. The Pender Islands Lions Club and Port Browning Marina Resort welcome all Pender Islanders to start off the New Year with an invigorating plunge into the Pacific. Come early, and register for the swim to qualify for the certificates and prizes. Our fantastic Pender Highlanders Pipe Band will be there





Lions Club donation to the SGI CRC

to serenade us. There will be free hot chocolate for swimmers. Contact Doug at 629-6884 for more details.

Business Meeting

Our eyeglass collection boxes located at the Nu-To-Yu, medical clinic, and Tru Value are getting well-used. Please recycle your usable prescription eyeglasses, and help the poorer people in the world see again. Please also donate your unneeded hearing aids by dropping them in the hearing aid box at the clinic, or in any of our eyeglass collection boxes.

Donations

We want to also thank you all for your Tru Value Spirit Board donations. We are number 8. All your donated monies help us serve Pender even more. Please remember to use our drop off "mailbox" at Western Financial Insurance, to save a stamp. Thanks again to Western Financial and their friendly team.

New Members Needed

The Lions provide about \$20,000 or more to different groups, individuals, and charities on Pender each year, and we are the sole funder for many different initiatives all across Pender Island. We need new active members.

The lack of active members makes it quite difficult for us to put on our normal projects, as well as to keep the funding flowing to all the different groups. Please check out our website (pull us up on an internet search or by typing e-clubhouse.org/sites/penderislands in your browser). On our website, you can see all the work we normally do in a year, and who we normally help.

Please do contact Dave at 620-6012 or email penderlions@gmail.com, if you would like to learn more, or become a new member.

Dave Dryer

On November 9, 2018 the Pender Islands Lions Club donated \$3000 to the Southern Gulf Islands Community Resource Centre to help fund a career counsellor to assist Gulf Islanders in finding a job or finding a better paying job.

Pictured above from left to right: Fred Vye, Treasurer, Pender Island Lions Club; Melody Pender, Administrator, Community Resource Centre; and Marc Lesperance, Past President, Pender Island Lions Club

Fred Vye



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Kristin Taggart
(250) 629-6053

kristin@islandscapes.ca
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Pender Island Museum Society



This month we continue our feature on the Brackett family history. First, some important announcements!

We cordially invite you to Christmas at the Pender Island Museum. We will be open from 1 - 4 pm, December 26 to December 30. We will have mulled apple juice, cookies, warm smiles, and Christmas cheer. Do please plan a visit!

We also will be at Santa's Christmas Sale at St. Peter's Anglican Church Hall on December 1 from 10 am - 3 pm. We will have curiosities, as well as information on our 'great little museum' and the work we do.

The following was written by Mary Hamilton and read at the Brackett family reunion in 1982. Mary, who was 90 years old at the time, was the last of the original Pender Island Hamilton family children.

"The New Westminster fire of 1898 swept over a large portion of the city leaving many people homeless, among them the Bracketts and ourselves. We were all at Pender at the time with only a few summer clothes and other necessities that we had taken with us.

By that time we had Jim, our only brother, a tiny baby of several months. It was a terrible winter. The cold was intense, and the gales devastating. No wonder the little chap took sick and developed pneumonia. No doctor, no nurse, no telephone - our poor mother. But there was Mrs. [Margaret] Brackett, the re-

sourceful little neighbour from across the bay. She braved wind and weather, struggled through woods, around the head of the harbour to come with her experience and advice. I don't know what they could do but she gave my mother comfort and hope. The crisis passed and the baby survived.

Mrs. Brackett was a real pal to us youngsters. It was Cliff's [her son] birthday, July 11, and Mrs. Brackett had made a cake. But there was washing to do and little water in the well. There was however a good spring around at Pollard's beach. So it had to be a picnic there for the Brackett boys and the Hamilton girls. Mrs. Brackett built a fire, heated water, did her wash, while we played happily for hours on the beach. Then it was lunch and the cake with lots of crunchy icing on top. What happy children!

Then there was the afternoon on the beach when Mrs. Brackett and mother sat talking, watching us wading, supposedly only to our knees. But someone had the idea of rolling logs into the water and riding on them. I am sure our mothers didn't realize what was happening until we were wet, well above the knees. I think that mother would have been angry and packed us up to the house to get dried out, but Mrs. Brackett laughed and said, 'Now they are wet anyway. Let them play.' Mother had to give in, with parental approval, for once in our young lives anyhow, fully-clothed, we straddled our rolly logs with shrieks of pure delight.

What a hospitable place the Brackett house was! Everyone seemed to gravitate to it and Mrs. Brackett welcomed us all. It wasn't the new telephone, for



Margaret and Alex Brackett settled their family at Browning Harbour after the 1898 New Westminster fire destroyed their home there. She was known for her hospitality and kindness to those in need--a community spirit that lives on today.

the Bracketts gave house room to the first telephone on Browning Harbour, nor was it the full cookie jar, or a cof-

Larissa's Foot Care Services

Home visits providing nursing based foot care for those who have challenges with mobility or eyesight, or difficulty trimming their own toenails. Preventative foot care for those with diabetes or other conditions affecting feet. Larissa is an LPN with an Advanced Foot Care Nursing Certificate.

Please call to make an appointment.
250-888-3080



Thank you for the opportunity to serve you in the legislature.

I love the work that I do.
It fires me up every day!
We are in that chamber with integrity, standing up for what matters to us, and staying true to our values.

Adam Olsen MLA
Saanich North & the Islands

Constituency Office
215 - 2506 Beacon Avenue, Sidney, BC V8L 4T9
250-655-5600 adam.olsen.mla@leg.bc.ca



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fee pot permanently on the stove. It was genuine, unadulterated hospitality of the Brackett variety.

Of course there was the magnificent swing, where two people could 'pump up' to quite dizzying and dangerous heights, and there was the bell! And this brings me to Mr. Brackett. What an ingenious man he must have been. Long before the advent of the telephone on the island, the Bracketts had their own private communication system, the Brackett bell. This was a gong, fashioned with a long piece of steel strung high up between two trees. A metal mallet was somehow rigged so that the bar could be struck from the ground, making a resounding clang. One stroke was to summon Mr. Brackett away up in the field, time for lunch or whatever. Two clangs brought the Hamiltons out to the lower orchard gate to hear a message, shouted across the bay. Three strokes, I don't remember, nor four or five, but everyone at the time was wise to those. On December 31, no one doubted that the New Year had come in when Mr. Brackett - usually an early-to-bed man - stayed up to hammer twelve good strokes. Then I think he also fired off his gun.

Looking back I see in Mr. Brackett a real love for his horses, Jenny and Flora, a magnificent team. They answered to his every word. The Brackett wagon was neighbourhood transportation, everyone aboard. Many a happy ride was offered to the Hamilton girls and eagerly accepted.

Only once were we sad. That was when the news came of the death of Ross in the First World War. I still see Mr. Brackett, reins in hand, a bit stooped, as he drove us home from the wharf. No words spoken, only the visible bur-

den of a great and irreparable loss. No vainglorious pride, but in every deed the Bracketts had done their bit in the war to end all wars."

Sandy Auchterlonie

Pender Island Parks and Recreation Commission

PIPRC

Thieves Bay lawn project



The Pender Island Parks and Recreation Commission would like to thank Ron Henshaw and the crew from Ron Henshaw Excavating for the great job they did on this major project to upgrade the water drainage problems this area has experienced in the past. The project has been completed and the newly seeded grass picnic area will re-open to the public in the spring of 2019. The picnic area is cordoned off and we again ask the public to please refrain from entering the cordoned off area until the grass has had a chance to get established and we have removed the barricades.

Enchanted Forest

The trail system in this area has undergone several upgrades to improve it. The trail entrance has been relocated and the end of the trail near the waterfall has been rerouted. Signs have been posted directing people to the new trail routes. These upgrades eliminate the need for the raised walkway and shorten and simplify the trail to the falls area. Other upgrades will proceed as time permits over the winter and the trail will remain open.

Other news this month

The CRD Bylaw Officer for Pender Island was in attendance at our November meeting. The topic of dogs on our trails came up and he noted that this is the most common complaint he receives. All dogs on the walking trails must be under the control of their owners. Some people using the trails are uncomfortable around dogs or even afraid of them. Please keep your dog close to you and under your control when walking the trails.

The PIPRC is actively seeking volunteer trail guardians to help us better identify problems that arise from time to time on all the trails. If you walk certain trails at least once every three months and would like to volunteer as a trail guardian we would like to hear from you. Each of the commissioners has a specific area that they oversee for trails so the trail guardians contact that commissioner to report the problem. If you are interested in being our eyes on the ground please contact the PIPRC chair John Chapman at 629-6274.

The PIPRC is also seeking new commissioners. Please see the advertisement in this issue of *The Pender Post* for more information.

The next meeting will take place on December 14 at 9 am, one week earlier than normal, at Plum Tree Court. All meetings are open to the public.

Ray Pink

Pender Island Public Library

*I heard the bells on Christmas day
Their old familiar carols play,
And wild and sweet the words repeat
Of peace on earth, good will to men!*

~ Henry Wadsworth Longfellow



What to get for that hard-to-shop-for loved one?

That perennial problem can be solved on Saturday, December 1 when the Library holds its much anticipated Annual Christmas Used Book Sale. We have a large collection of books, DVDs, and CDs, with all proceeds going toward updating and maintaining our wonder-

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ful collection.

And what to do when those Holiday visitors disrupt your plumbing? Be prepared! Read up on the new BC Building and Plumbing Codes, which will be in effect on December 10, 2018, and will apply to building permits applied for on or after that date. The BC Codes are available online for free at your public library. Come to the library and search online for the appropriate Building, Plumbing, and Fire Codes.

Children's Programming

Lego Club meets on Saturday, December 8, with blocks galore to entertain and stimulate creativity. It's free, and everyone is welcome, but remember to bring an adult with you. You and the adults will be enchanted with the festive decorations in the library, and, if you look high and low in the kids' area for 10 hidden holiday clues, you can enter a raffle for a chance to win a book prize! Remember that the Library's a great place to hang out during school break!

Adult Programming December 2, 2 pm, Library

Our Sunday Afternoon at the Library Series closes out its Fall season on a 'high' note, when Pender's Lisa Baile takes us along on her adventures climbing. From the comfort of your 'arm chairs' join her for a romp around BC's Coast Mountains - the hidden jewel of Canada's mighty peaks. You will meet her alpine companions - human and wild - bushwhack through virgin forests, gaze down at deep blue inlets, walk through alpine meadows, trek along the ridges, cross icefields, and stand atop the rugged peaks to soak in the magic of this rugged land. Lisa will have copies of her book *John Clarke - Explorer of the Coast Mountains* with her - a great gift for climbers on your list! As always, homemade treats are available, as are coffee and tea. You'll have to come early if you want those 'arm chairs,' though!

Book Review

This month's Book Review is from Diane Wilson, and is perfect for December, as it blends the themes of war and remembrance with the optimism of the New Year.

Sometimes we are fortunate to come across books that we simply can't put

down and that we want to share with others. Such is the case with the following books. Both books are incredible novels that each have a basis in the reality of war. The first one is *We Were the Lucky Ones* by Georgia Hunter. Hunter was inspired by the amazing true story of one Jewish family that was separated at the start of WWII but somehow managed to survive and be reunited. It is the story of how the human spirit can endure in spite of the horrors of war, and of how hope and love can triumph. I read it as an ebook. It also is available as an e-audiobook and as a book through Inter Library Loans. The second book I read is *The Alice Network* by Kate Quinn. The story moves seamlessly between WWI and WWII. A female spy that was recruited to the real-life Alice Network (a spy network headed by Louise de Bettignies) in France during WWI eventually connects with a young American college student at the end of WWII. Together they search for the truth surrounding events in their lives. This, too, is a story of courage and determination. The book is available in our library as a book, an ebook and an e-audiobook.

Finally, all of us at the Library wish all of you a joyous and safe Holiday Season.

Sarah Rose

Pender Island Recreation and Agricultural Hall Association

PIRAHA



Thank you to all the vendors who made our Gift Faire such a great success. There was an awesome collection of

everything you could ever want for presents and then some. And of course, an even bigger thank you to all the wonderful shoppers who donated to our landscape fund at the door. We appreciate your generosity and hope you were able to shorten your Christmas lists.

The PIRAHHA board would like to wish everyone a happy and healthy holiday season. May 2019 be a wonderful year for all of you.

BINGO

Tuesday, December 18 at 7 pm for the last BINGO of 2018. Remember there will be special prizes of a turkey and a ham. Hope to see everyone there.

Matinee: *Smallfoot* Friday December 21 at 2 pm

Migo is a friendly Yeti whose world gets turned upside down when he discovers something that he didn't know existed - a human. He soon faces banishment from his snowy home when the rest of the villagers refuse to believe his fantastic tale. Hoping to prove them wrong, Migo embarks on an epic journey to find the mysterious creature that can put him back in good graces with his simple community.

Mocktails with Madeleine

Come to the Community Hall on December 28 for Mocktails with Madeleine 10:45 am! Make fun, bubbly (non-alcoholic!) drinks just in time for New Year's Eve! \$5 Pre-Register and \$8 if you drop in! All ages welcome! Pre-Register by December 26. To register call 629-3346 or email bookings@penderislands.org. Let us know if the cost poses a hardship.

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Wellness Wednesdays

Focus on your health, happiness, and fun every Wednesday at the Community Hall. In the morning, join the Walking Group from 10 am - 12 pm and then enjoy Carpet Bowling in the afternoon from 1:30 - 3:30 pm. Tea and treats are available at both activities.

Saturday Winter Market

Support your local farmers, bakers, cooks, and artisans every week at the Winter Market. Every Saturday at the Community Hall from 10 am - 1 pm, you'll find breads, muffins, soup, pastries, crafts, pies, jams, yarn, jellies, and tourtiere. Stop in after your visit to the Nu-To-Yu, stay for lunch and a chat. Find out how fresh and local is better! Stop in at the concession for coffee, tea, and other drinks and have a chat with our youth interns and volunteers.

Volunteers Needed

The Community Hall is always looking for volunteer BINGO callers, film projectionists, intern mentors, maintenance and landscaping helpers, event assistance, and activity leaders and hosts. If

you are interested in volunteering with our dynamic community-building focused Centre, please call 629-3669 or email bookings@penderislands.org.

Andrea Mills and Dianne Allison

Pender Island Recycling Society



In BC, we are fortunate that the manufacturers of plastic packaging are responsible for ensuring that packaging material is recycled. This is not the case for non-packaging plastics, however, which means that items such as lawn chairs, plastic ladles, and Tupperware containers are often thrown out. Since February of this year, no facilities in Victoria accept non-packaging plastic for recycling. But we are happy to announce that the depot has connected with a facility in Vancouver that will accept it from us - and so we can accept it from you! The plastic must be clean, free of metal and paint, and in good condition; and plexiglass and plastic strapping are still not recyclable. Please see staff for

help as there is no public drop-off container. There is considerable time and expense involved in bringing non-packaging plastic to Vancouver, so there will be a charge for larger items, for example a lawn chair will cost \$2. Thank you in advance for bringing this material to us and for keeping it out of the landfills!

On November 10, the Nu-To-Yu raffle committee presented the recycle depot with a cheque in the amount of \$11,145.65 (see the photo on **page 56**). The PIRS board and staff thank the Nu-To-Yu volunteers for this incredible donation, as well as our fantastic community supporters who purchased tickets. We celebrated this achievement on that same Saturday afternoon with Ewa's delicious chocolate cake and apple cake, and we hope you were there to enjoy a slice!

The Depot will be closed on Tuesday, December 25 for Christmas Day. Saturday, December 29 will likely be very busy as holiday revelers bring in wrapping paper and packaging from celebratory food and drink. If possible, please visit us on Thursday, December 27 (Thursdays tend to be quieter) or come in the week following Christmas so that we can more easily accommodate all of the recyclers. Please note that gift-wrap bows and ribbon are not recyclable but they are reusable. We will also be closed on New Year's Day, which falls on Tuesday, January 1.

The staff and the board of directors of the Pender Island Recycling Society wish you and your family the very best during the upcoming holiday season. We thank you for the ongoing support of Pender Islands community-owned and operated recycling depot.

Niki Roberts

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Pender Ocean Defenders

Students taking the lead

"The whales (orcas) in the Salish Sea are a huge concern to my small community. As an important role in ocean things (don't judge me, I'm 12), you need to take charge and help my community save the whales. Please keep me informed about this critical issue."

This is part of a letter written by Matthew Ohnona that has been sent to Jonathan Wilkinson (Minister of Fisheries and Oceans), Justin Trudeau (Prime Minister), Catherine McKenna (Minister for the Environment and Climate Change), and Elizabeth May (Member of Parliament for Saanich - Gulf Islands).

Matthew is one of several Pender Island students taking a stand to save our whales. Taeven, Quynne, Meredith, and Lauren have formed a group called the Salish Sea Stars. They are researching the plastic contamination in the oceans and are working to eliminate the use of plastic bags and straws on Pender. They also are working on a symposium for students in and around the Salish Sea to come together to learn and work towards improving the environment.

The students were part of an event put on by Pender Ocean Defenders and Save Our Whales for those concerned about the plight of our Southern Resident Killer Whales. Lisa Baile ran a successful letter workshop at the end of the event and there were 46 thoughtful, inspired, and persuasive hand-written letters sent to federal cabinet ministers and the prime minister. Fifteen of the letters were from Pender youth ages 9-16, each with a heartfelt message, some

with expressive whale drawings. What a privilege to read them as I stuffed the envelopes. Taken together, they will all have an impact on the decision-makers in Ottawa.

David Boyd, recently back from Geneva where he addressed the United Nations, talked about the Rights of Nature. It has long been normal for Nature to be viewed as simply a source of raw materials to be exploited for profit, without regard for Nature's need to renew itself, or even to continue to exist. This has led to the extinction of species, degradation of soils, deforestation, pollution of water sources, and many other threats to our planetary ecosystem. And linking all of these is climate change, which experts agree has reached a point where all of us will very soon, like the people of Paradise, California, have to deal with crisis.

A solution suggests itself: that Nature, like people and corporations, should be granted rights - the right to exist, the right to not be abused, the right to be considered as a stakeholder when projects affecting it are planned. Of course, Nature cannot stand up in court and speak for itself. But, as with children who cannot defend themselves, lawyers can step forward to represent the interests of Nature. And because we are part of Nature and depend on it for our existence, these lawyers will be defending our interests too. Some countries have already enshrined the Rights of Nature in their constitutions. Is it time for Canada to join them?

Greg and Julia Nicholls



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Stomach and Reflux

Holiday season is a time of the year where eating habits change due to festivities and overindulgence in special seasonal treats. Here are some tips to help enjoy the holidays without excess weight gain or stomach problems:

Be conscious of your portion size. Take a smaller plate and eat smaller portions. Eat mindfully: enjoy sampling and tasting, and let yourself savour what you eat.

Avoid foods known to cause GERD (acid reflux). If you're at risk for GERD, avoid fatty foods, spicy foods, acidic foods, like tomatoes and citrus, chocolate, coffee or any caffeinated beverage or carbonated beverages. Don't lie down after a meal- stay UPRIGHT; gravity helps keep acid reflux from developing.

Cut back on alcohol and smoking. They can both cause the LES (lower oesophageal sphincter) to relax, which allows acidity to go up. Alcohol can also cause the esophageal muscles to spasm. Do not wear tight clothing or belts that can constrict your stomach.

Raising the head of your bed six to eight inches can help gravity keep gastric acid down in your stomach. You could also use a wedge-shaped support. Don't use extra pillows, as they only raise your head and will not help with GERD. You need your entire upper body elevated to get relief.

Our best wishes for a Merry Christmas and a Happy New Year!

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Pender Organic Community Garden Society



The active growing season at the community garden is drawing to a close. Everyone enjoyed bountiful harvests from their gardens.

Six new gardeners have joined the patch and duly demonstrated their growing abilities.

All of our garden plots have been spoken for at this time. Circumstances do change so if you are interested in having your name on the waitlist, please contact Dave Reed by email davidreed@shaw.ca.

Anyone visiting the garden now may think it is dormant. Far from it: garlic has been planted and will start to grow soon for harvesting next summer (it is not too late to plant garlic, even into February works - the heads will be much smaller though); winter vegetables such as chard, kale, and leeks will provide greens throughout the winter and root vegetables (carrots, parsnips, and beets) make for yummy meals in the winter.

In preparation for next growing season, many of the gardeners have mulched their plots using seaweed, leaves, feed bags, and straw. Mulching aids in weed suppression, provides nutrients to the soil that have been depleted, and encourages lots of worms, bacteria, and insects to move in and set up housekeeping.

With Christmas fast approaching, buying for gardeners offers a plethora of selection.

Several local companies carry lots of gardening paraphernalia.

Russell Nursery on Wain Road in Saanich, West Coast Seeds in Ladner, Saltspring Seeds, and Lee Valley Tools offer lots of selection.

Saltspring Seeds sell online and at their farm on Saltspring - heritage and heirloom seeds are their specialty.

West Coast Seeds sells online, at their farm store and many gardening centres (Petals and Paws at the Driftwood carries their seeds). Their seeds are non GMO, some heritage and organic, and are well suited to our climate.

Russell Nursery has everything from soil, tools, seeds, bulbs, and perennials at their nursery- staff are knowledgeable and very friendly.

Lee Valley Tools has an incredible array of garden must-haves. Give a gardener a new pair of Felco pruners and watch them smile.

If you are unsure what to get, gift certificates make a great present.

From all the Pender Organic Community Garden Society Members, we wish everyone a happy and healthy holiday season.

Kathy Kronk

Royal Canadian Legion

Branch 239



And to round off 2018, a couple of little-known facts about December you always wanted to know and were afraid to ask. The Term Yuletide refers to the Norse tradition of cutting and burning trees to bring in the Winter Solstice lasting 12 days. Thus the 12 days of Christmas. And just in case you're thinking of popping the question this year, according to records, the maximum number of proposals accepted happen during the week leading to Christmas, so good luck. And no surprise, December is the busiest month for cash withdrawals at your friendly local ATM.

The annual elections for the Legion will take place at 10 am at the Legion Hall on January 19, 2019. The following executive positions will be voted on for a two-year term: president, vice-president, secretary, treasurer, and two executives at large. At the November General Meeting, a slate of nominees was presented to the membership for consideration. All members in good standing are asked to come out and vote for your next board of officers. Nominations from the floor will be greatly appreciated and accepted. If you, or someone you know, would be willing to stand for the above positions, give Bill Critchley a call at 629-2012. Stay tuned for our big Membership Drive.

On a very sad note, we extend our most sincere condolences to the family and friends of Russ Murphy, who recently

passed away. Imagine, if you can, Mr. Legion and a picture of Russ will come to mind. Holding numerous executive positions over the years, Russ was always reliable and enthusiastic about the Legion and will be sorely missed by all who crossed his path. A service at the cemetery will be held December 1 at 11 am, followed by a reception at the Legion.

December is party month at the Legion; there will be no Friday night dinners so community organizations can enjoy the festivities. Also, please note that the scrapbooking elves will take the month off, but Euchre will continue Thursdays at 4 pm. Our famous meat draws continue Thursdays at 5:30 pm, and an earlier 4 pm start on Saturdays for the month of December.

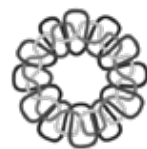
The first four meat draws in December (Saturday, December 1; Thursday, December 6; Saturday, December 8, and Thursday, December 13) will have turkeys available.

Many thanks to Audrey Godin for her lovely little keepsake boxes she donated for the Special Persons Lunch last month. Audrey painstakingly crafts these darling boxes from Christmas Cards and each are unique and delightful. Thanks again Audrey.

All of us at the Legion would like to wish you and your family a very merry Christmas and a very happy, safe, and healthy New Year. Let's pray 2019 will be a more peaceful and loving year, so we can finally have *Peace on Earth and Goodwill to All*.

Tania Schissler

SGL Community Resource Centre



The official name of the Community Resource Centre is the Southern Gulf Islands Community Resources

Centre although to date we have done most of our projects on Pender. That is changing with the establishment of satellite offices on the other Southern Gulf Islands. On November 19 we had a board meeting in which representatives from all four of the islands participated in person or via video conferencing.

Community Justice Program

The Southern Gulf Islands Community Justice Program steering committee has held its first meeting, and we're excited for the next steps. We are looking to begin Restorative Justice facilitator training early in the new year. Between now and then, we will be communicating with SGI Community Resource Centre representatives on the other Southern Gulf Islands in order to expand our steering committee and volunteers. Please let us know if you are interested in the training or in participating in other ways with the CJP: sgicjp@shaw.ca.

Career Counselling at the CRC

The Resource Centre would like to thank the Pender Island Lions for their generous support of our career services and WorkBC program. The WorkBC program will be able to help SGI residents find work, plan their career and education, access education and training, and much more. Thank you again to the Lions Club for supporting this great project and helping island residents become the best they can be. We currently offer a self serve office, so drop by to access our material. We look forward to offering employment related workshops, training, and more in the New Year. In the meantime you can follow our job board on the website; we are adding job opportunities as they come up around all the islands. www.sgicomunityresources.ca

Volunteer opportunity

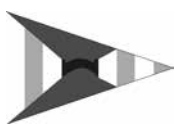
We are looking for volunteers willing to work a few hours per week in the resource centre providing information for residents and guests, event coordinating, and/or general office duties as required. If you'd like more information please contact Melody at pendercrc@shaw.ca or 250-999-6363.

Peter Pare

RECREATION AND LEISURE

Canadian Power and Sail

Pender Island Squadron



Mark your calendars for May 26, 2019 when the Pender Island Squadron pres-

ents *Boaters in the Salish Sea*. This event will be held in the Community Hall from 1 - 4 pm. This presentation is an opportunity to learn of the impacts and challenges faced by the sea life of the Salish Sea and how we can manage our activity on the water to lessen our impact on the many marine life forms therein.

Our guest speakers are: Paul Cottrell, Pacific Marine Mammal Coordinator, DFO; and Michelle Young, Clean Marine BC Coordinator, Georgia Strait Alliance.

Both speakers have many years of experience with respect to monitoring and protection of sea life habitat in the Salish Sea and are recognized experts in their fields of study.

Some of the issues to be covered include:

- Underwater noise by inboards and outboards
- How harassment of marine life is measured
- Overboard discharges and the harmful effects
- Abandoned or lost fishing gear
- Sea bed protection from anchoring, docks, and mooring buoys
- Plastics and flotation materials

Many of you will already have some basic knowledge of good practices when it comes to protecting the marine environment, but even commonly accepted standards and practices can still have unintended long-term effects. A little knowledge can go a long way to avoiding harmful outcomes. Come out and learn what you can do to protect and enhance the marine environment for our many aquatic life forms. We all benefit when the environment benefits.

Have fun and stay safe on the water.

David Kirsop, Commander

Pender Island Field Naturalists

PIFN



join us for our winter bird identification

On December 7 at 9:30 am at Hope Bay,



*Male Harlequin Ducks,
Photo by Pat Smart*

walk. This is a great opportunity for you to tune up your winter birding skills in preparation for the upcoming Christmas Bird Count, and don't forget to bring your binoculars. There will likely be lots of birds to identify in the bay and along the roadside in the hedgerows. Later on we may travel to Magic Lake where we can sort out the differences between Ring-necked Duck, American Wigeon, Common Merganser, and our smallest duck, the Bufflehead. You will be introduced to an excellent birding app called "Sibley Birds" that allows you to compare two different species, side-by-side. This tool is often very useful in the field. Please let us know at pifn@shaw.ca if you plan to attend.

On Saturday, December 15, for the Christmas Bird Count, teams of birders will scour our islands counting every bird they can see. Last year we recorded over 100 species, up from previous years in part due to an increasing number of participants as feeder watchers and field observers. We're hoping the weather will be fine as the count will be undertaken on that day on Pender, Mayne, and Saturna Islands. We invite all interested birders to participate and those new to birding will be paired with more experienced birders.

We always need additional help either from the comfort of your home as feeder watchers or as more active members in the field joining area leaders. If you have taken part in other years, please contact your leader directly. Area leaders for 2018 are: Stuart Scholefield, South Pender; Simone Marler, Trincomali; John Peetsma, Central; Bob Vergette and David Spalding, North; and Julie Wilmott, Magic Lake. Phone numbers

and email contact address are in the local telephone directory. If anyone is uncertain, contact Gerry McKeating at geraldmckeating@shaw.ca. This year John Peetsma is co-compiler and will be responsible for the data summaries.

The day will culminate in a potluck supper at the Legion at 6 p.m. where we can share our delicious dishes, submit our results, and trade reports of unusual sightings. A cash bar will be available. This is an excellent way to contribute to citizen science and enjoy a day outdoors in the company of friendly folks. Please let us know at pifn@shaw.ca if you plan to attend. For potluck contributions, please contact Marilyn Pickwell at: mal2pick@hotmail.com.

On January 3, 2019 please join us for a very special event, the Christmas Bird Count for Kids. It is co-sponsored with the Pender Island Conservancy Association, is a free family event, and helps promote birding to a new generation. It will be held on North Pender this year and any children who want to attend (and also birders who can act as mentors for the kids) should register at penderislandcbc4kids@gmail.com

Bob Vergette

Pender Island Garden Club



At our November meeting Phil Newton, president of the Victoria Dahlia Society, spoke on all the varieties of dahlias and how to tell the difference between them. With so many varieties and colours available, the possibilities are almost endless. Phil and his wife Theresa have over 300 varieties in their home garden in Saanich. He also talked about how they are heavy feeders and when is the best time to plant them. He brought some recently dug up plants with the tubers attached to show us which ones are viable for next year and how to store them. He mentioned that the less expensive dahlia tubers are less likely to die if left in the ground. It's the super expensive designer tubers that one has to lift. The downside of leaving your tubers in the ground is that they will eventually become a massive bunch of tubers which will all put up shoots creating a very large plant but not necessarily a lot of blooms. He spoke about the

correct method of storing the tubers for the winter. "Thank you Leeanne for this report."

Since our centerpiece workshop was such a success last December, we are making our own wreaths this year, December 13. Cost for members is \$5 each to cover the cost of the wire wreath. Margaret Alpen will be showing us the proper methods and some creative tricks to make your wreath truly unique. If you have anything you want to bring, sparkles, bows, beads etc. that you would like to add to your wreath, you are welcome to bring them along. To sign up please email Leeanne at llmueller@shaw.ca. Class is limited to 30 registrants. After November 30, if space allows, non members are welcome to sign up but there will be an extra charge. Please contact Leeanne to see if there is space or not. We are also doing a cookie swap for those who want to participate. Bring a dozen or so of your own cookies to share and take home some from the other participants. We are not holding our Christmas potluck this year as the wreath making will be taking up the tables.

Val Butcher and Leeanne Mueller

Pender Island Otters Swim Club



As we are now into December and near Christmas, we are winding down our Fall swim session. Our last swim day for 2018 is December 14. We will be back in the water after a bit of a holiday break on January 11, 2019 when we will be running registration for our Winter/Spring session. The good news is that we did finally get our Gaming grant money, and thanks so much to BC Gaming for that, if I didn't say so last month. Life saver in a big way for us! We also want to publicly thank, in a big way, Pender Island Parks and Recreation Commission for coming through again for us last month. Since our Gaming grant acceptance was rather delayed, CRD Parks and Recreation support was more than wonderful to receive (not that it isn't every time we have got it). Timely, that is the word! On an-

other subject, I can't say enough about our coaches who have stood by us for the past number of years. Sean Hunter has been there for us and is so wonderful with our youth. He really seems to connect with everyone he works with. And our other two on-deck coaches - Rosie Moulton and Ryan Howe - are fabulous at covering our starting swimmers and our adult bunch. It is so great to have coaches who actually listen and sort out what you need to work on, while also addressing any adult 'owie' issues. By that I mean - my shoulder hurts when I do that, so what alternate thing can I do? And they figure something out, so great. And then there is our Head Coach Alexandra Keirstead - she has been our tower of strength for the past four years, and has really helped in more ways than just coaching. She has helped to get us into the 'online' registration system we now have to comply with, and has covered registering our swimmers who do attend swim meets for the past couple of years, as well as suggesting ways to streamline our whole organization of things. She has been a treasure. Why am I saying this? It might be the time for her to move on to other things in the new year, but she still wants to be involved with our little inter-island club, and maybe in a volunteer board position. She is still there for us coaching if we are stuck, but is working on finding us another head coach to see us through the next few years. If she can stay connected to us, and be available for coaching when needed, that would be wonderful. And if she wants to assist us with organizational stuff as a potential volunteer board member - well all I can say is yahoo! Another potential volunteer. And speaking of that, anyone interested in becoming a board member, we have our AGM and board nominations in February 2019. Sorry, plug for help is never too soon - we will see what the new year brings, and I will put another report in next month. That's it for this month, and all I can say is - keep on swimming. It is good for you. As always, for more information about our swim club, please feel free to contact me, Helen Lemon-Moore, at penderottersswimclub@gmail.com or phone me at 629-2020.

Helen Lemon-Moore, President

Sailing on Sooner



SV Sooner

My name is Spencer Gordon and I am 10 years old and I go to Pender Islands Elementary School. I want to share with you the sailing adventure of my voyage on our family's sailboat named *Sooner*. Our sailing adventure will take us from Pender Island to San Diego, then a winter will be spent in Mexico exploring the many anchorages and beaches that make Baha Mexico and the West Coast popular for sailors and tourists. We will then sail to Hawaii, returning to Pender Island in June 2019.

I hope you will be interested in hearing about my adventures of our sailing trip down south.

Chapter One

We left Pender Island on September 18, 2018 bound for San Diego. It was a sunny day with a tiny bit of wind. We did not use the sails, as the winds were too light.

We went to Port Angeles where we cleared United States Customs. The customs officer was really nice and we went to the grocery store to stock up on food for our trip. We left Port Angeles and headed out the Juan de Fuca Strait, around Cape Flattery turning south down the coast. The weather around Cape Flattery was very bumpy and it was cold.

Our next stop was Charleston Oregon near Coos bay. The morning we arrived it was foggy and we saw lots of sea lions that were lying on the large buoys marking the channel into Coos Bay. We filled the boat up with diesel and water and I was amazed at all the sea life under the docks. The locals would come down to the docks for the day and crab off the side.

Our next stop on the voyage was Eureka California. When we were going over the bar, which is the entrance to the harbor, the waves were so big, that at times it felt like we were surfing down them. We actually saw surfers by the shoreline.

After spending two days in Eureka provisioning and doing some small boat repairs, we left for San Diego.

It was a five-day sail to San Diego. We sailed through the Channel Islands near Los Angeles. There are many oil rigs near Los Angeles and at night they are very bright looking like gigantic ships. My favorite part was all the dolphins! I would sit on the pulpit, my legs dangling off the bow, watching them swim, jump, and play around the boat. We also saw lots of whales and the sunsets at sea are really beautiful - they look like a painting with all the different colors.

During our passages there were many freighters and fish boats out at sea. I help my parents keep watch on deck for other boats. My days at sea consist of helping with the navigation, reading books, doing homework, and watching movies with my mom making popcorn!

On September 30, we arrived into San Diego to a beautiful warm and sunny day. There are lots of boats in San Diego! We found a marina to keep our sailboat and we even made it to see the San Diego Padres play their last baseball game of the season.

The next passage of our trip will be to La Paz Mexico leaving on December 8. I am looking forward to Mexico because it is warm and I really like Mexican food. I am looking forward to doing lots of snorkeling, swimming, and sea sledging (an underwater tow board).

I will share with you my adventures of this passage soon! Stay tuned!

Check out my YouTube channel "Sailin-gonSooner" for videos. Like it; Like it a lot.

Spencer Gordon

PENDER POST PAST

December 1988

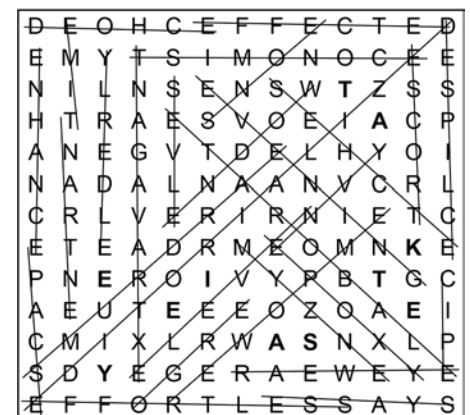


The first article I came upon in the 1988 Pender Post was about the annual Jaycees Santa Ship Project, something that continues today. Fantastic. Pender School was presenting *Three Wee Kings a Musical Fantasy*. Glenn Yarborough was doing a charity show at the Community Centre. Okay, if you know who he is, we know your age. The Golf Club was planning a gala event for New Years Day but also, eat your hearts out Canada, a 10 am 9-hole fun game. The rightly named Tee House Restaurant opened at the club as well.

In another article I noticed the phrase, "Christmas is coming and the geese are getting fat but your wallet is getting thin." This was followed by an article about the pleasure of giving at Christmas especially to those who have nothing. Merry Christmas and don't forget to help those who are less fortunate at this time of the year. Even a hug is appreciated.

Val Butcher

Solution to last month's puzzle
Take It EEasy



WEATHER OBSERVATIONS FOR OCTOBER

	Average Temperatures			Extreme Temperature		Precipitation
	Max	Min	Ave	High	Low	
Magic Lake	15.2	7.9	11.6	21.0 on 17 th	5.5 on 3 rd , 4 th & 27 th	91.2
Normal	14.4	7.8	11.1	26.0 in 1987	-1.0 in 2006	94.2

I don't know where the Weather Network gets its information about Pender Island weather; not from me. One morning early in October they said our temperature was 3°C and "feels like" 2°C. I went out to take my 0800 hours readings and the temperature was 6.5°C and the overnight minimum had been 5.5°C! Their observations and their forecasts are not always correct, but I do like their maps, which show approaching rain and other detail. It even shows the time that the rain will arrive and when it will stop and it is sometimes accurate within an hour or two. The temperature did not get down to +3°C until November. A summary of the year's weather will be in the February 2019 issue of *The Pender Post*.

October weather is usually variable, this being a transition period between summer and winter and sure enough this year the first week of October was slightly wet and then we had two weeks with no rain and during that period we had temperatures well above average.

Total precipitation for October was slightly below average in spite of 74.8 mm in the last eight days. It was not the warmest ever October, and not as warm as 1987, 1993, 2014 and 2017, but temperatures were above average and there were no frosts. The autumn colours were particularly beautiful this year; I have never seen our dogwood and various maples so colourful. Now we are into December, which is definitely winter. Statistically, December is our coldest and snowiest month, but January and February are very similar, so don't think that winter will be over when we get to the end of December. In the last 31 years we have had snow in 17 Decembers, so I had better get out my one-metre snow stick for measuring depth of snow on the ground.

The Winter Solstice this year will be on December 21 and that is the day when the sun is as far south as it goes and for the next six months our days will get

longer and our nights get shorter. I have enjoyed the extra evening daylight that we get with daylight saving time; I don't know why anyone would want to do away with it. One argument was that it upset the cows' milking time but I don't really think the cows mind. Queensland and Saskatchewan like to be different but they are different.

The level of our lakes has come up considerably and I hope all the wells have been refilled too. It was amazing how quickly the grass turned to green with a drop of rain following all those days of drought. It is reassuring that however dry our summer may be, we will have rain as soon as the summer is over.

I wish all my readers a happy and healthy Christmas and enjoyment of all the various activities in December. If you crave a white Christmas, you had better head north; but you never know what the weather will be like tomorrow, never mind next month. It was 70 years ago that I had Christmas away from home for the first time. I was somewhere in the Atlantic Ocean heading south in the tropics, so it was the first time that I had experienced hot weather at Christmas time. On board ship, at sea or in port, we always had a hot turkey dinner and Christmas pudding, no matter what the weather or the temperature. It was my first trip to sea. I was an apprentice (cadet) but I had an officer style uniform and I ate in the officers' saloon. It was a tradition at that time and I don't know whether it still is, that after we had eaten our Christmas dinner all the officers would serve dinner to the cooks and stewards. I had quite a lot of Christmases away from home after that, in various parts of the world and some were more exciting than others. Occasionally we would be home for Christmas and that was special.

Malcolm Armstrong

REMEMBERING

Vernon Smyth

August 16, 1936–November 19, 2018



Vern passed away peacefully leaving me and those who had the privilege of knowing him with many wonderful memories, warmed by his ever-present humour. My heartfelt thanks go out to our compassionate community nurses, Miranda and Carolyn. Words cannot express the thanks I feel for your hugs, huge support at critical moments and dedication to providing the best possible care for Vern. The staff and doctors at the Pender clinic were so very helpful throughout our journey. I want to express a special thank you to Dr. Stefanie Green whose compassion I will never forget.

My friends, thank you so much for your care and support!

Vern had many passions, including antique cars and creating things in his garage, but he especially loved our local golf club, working to make it the best it could be. He and his buddy Walt McCauley conjured up many fundraising ideas and created a lot of fun doing it.

As per Vern's wishes, there will not be a formal service at this time, but there will be a celebration of his life next spring.

I'm sure Vern would love it if you wanted to make his dream of a "chipper" come true. Donations can be made through the PIGCC President, Shirley Nord.

Donna Smythe

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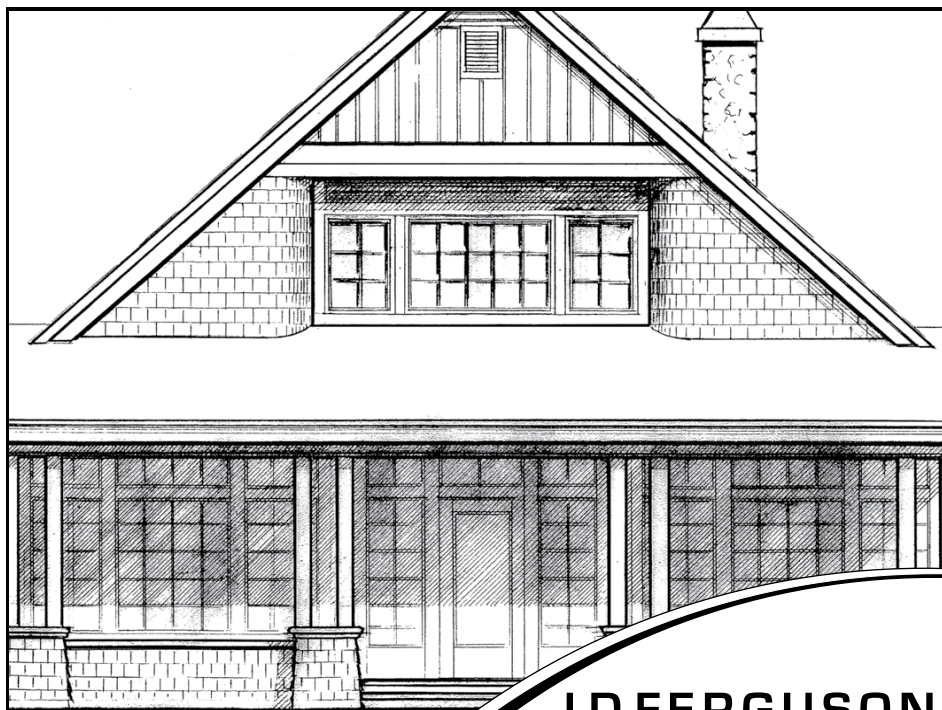
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F	W	A	Y	S	E	G	N	I	S	S	I	K
N	R	O	H	C	O	M	E	A	L	L	Y	E
I	U	O	T	R	E	E	R	L	A	U	M	W
G	D	T	S	O	A	E	E	N	S	F	M	O
H	O	C	S	T	T	B	I	O	S	H	O	N
T	L	O	H	N	Y	G	N	S	N	T	M	D
N	P	A	I	I	N	T	N	E	O	I	W	E
E	H	W	O	I	M	A	H	I	W	A	A	R
L	L	S	K	C	O	N	N	E	M	F	S	L
I	E	L	G	N	I	J	E	G	A	O	I	A
S	A	N	T	A	B	A	B	Y	N	S	C	N
W	R	O	C	K	I	N	A	R	O	U	N	D

Word List

Bells	Oh Come All Ye
Chimney	Rockin' Around
Coal	Rudolph
Coming To Town	Santa Baby
Faithful	Santa Claus Is
Frosty The	Silent
I Saw Mommy	Snowman
Jingle	Tree
Kissing	Walking In A
Night	Way
Nose	Winter
Nuts	Wonderland

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Happy Holidays to you and yours from all of us at Dockside.



Dockside would also like to express our gratitude to HOWARD SANDERS for his 11.5 years as a Realtor on our team. Thank you Howard for your professionalism, your attention to detail and your loyalty. ~ Howard will be leaving us at the end of this year to pursue other opportunities. We wish him every success in his future endeavours.



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MLS# 388866 - *\$79,900 - 2630 Gunwhale

MLS# 394983 - *\$269,000 - 5587 Hooson



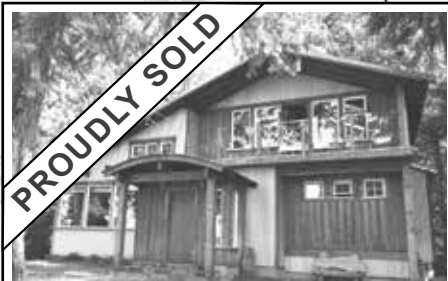
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ROBBIE BURNS NIGHT

Please join us on Saturday, January 26, 2019 at the Community Hall for our

Annual Burns Dinner and Celebration

Cocktails, 5 pm - Dinner, 6 pm

Dinner by Pierre Delacote

Tickets - \$45 available after December 15, 2018 at the Talisman Books & Gallery

Scottish Country Dancing

Music by the Pender Highlanders Pipe Band and the Ceilidh Band

The Pender Highlanders Pipe Band and the Ceilidh Band are the performing bands of The Pender Island Celtic Music Society, a registered charitable organization serving our community. We enjoy performing for you and appreciate your support!

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Aladdin

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Dec. 13—Dec. 16, 2018

Thurs, Fri, Sat (7pm)

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Pender Island Community Hall

Tickets at Talisman Books and
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