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The Pender Post

April 2019

Since 1971



Pender Island's Community Connection

PenderPost.org VOL 49 #589

Brunch
9 am - 1 pm

~
Easter Egg
Hunt
1 pm

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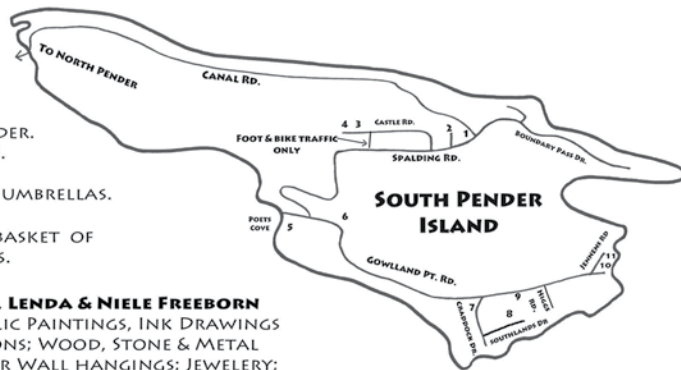


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Food, Music, and Prizes. All are welcome.

For more information contact at Elizabeth at
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The Pender Post

The Pender Post is published once a month as a non-profit service to the community. Those who buy an annual subscription to *The Pender Post* and are residents here, are automatically members of the Pender Post Society. The board meets monthly and is comprised of representatives from the various non-profit clubs and societies. To send a new representative, please contact Annie Smith at annie-smith@shaw.ca.

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COVER PHOTO

This month's cover photo was taken by Carole Elliott. To read about the cover story by Mike Wiley, please turn to **page 52** or go to our website www.penderpost.org.

PENDER POST NOTES

The Pender Post Society will hold its annual general meeting in the Community Hall Lounge on April 18, beginning at 11 am. Anyone who holds a subscription to *The Pender Post* is a member of the society and welcome to attend. Reports will be tabled for this past year and election of officers will be held. Feel free to join us. So come on out, see what we do, and maybe think about helping out.

And since I have your attention, if you haven't subscribed to *The Pender Post* for 2019, you can still do so. The annual charge will be pro-rated so you can sign on for the remainder of 2019 for \$16, getting your first issue in the mail in May. And that is half the price it costs you to pick up *The Pender Post* at vari-

ous businesses around the island. Just put a cheque for \$16 in our box at Dockside Realty at the Driftwood Centre, or mail it to The Pender Post Society, Box 4, Pender Island, V0N 2M0 and we'll see that you get your copy of *The Pender Post* in your mailbox every month. You may also buy a subscription through our website www.penderpost.org via PayPal. From May - December on-island is \$17.50 and off-island is \$23.50. For the US and overseas, please contact Dianne Allison at subscriptions@penderpost.org for options.

And if you're running a business, know that we're the best deal around for advertising. We start with a 5.9 x 5.9 cm (2.33" x 2.33") advertising space for only \$10.

Vicki Dutton

SPECIAL NOTICES

Annual Beach Clean-up

Help keep our Island and Ocean Clean

The Pender Islands Conservancy Association Annual Beach Clean-up

Global Community

A Bahá'í Perspective



Religion and Spirituality
 Essential for Uniting the World

Sunday, April 21 2 p.m.

Pender Islands
 Community Hall

Free admission

bahaisofpender.org

day is Saturday, April 20 from 10 am - 1:30 pm. As usual, it will be held in the Medicine Beach Centre Parking lot. We will have music, prizes, lunch, and coffee. You can pre-register by emailing elizabethmiles999@gmail.com, or you can just show up at the check-in table to choose a beach, pick up gloves and bags, and head out. We also clean roadsides, streams, lakes, trails, and shorelines. For those of you who have experience with kayaks and wish to help clean shorelines inaccessible by land, kayaks will be available if you let us know in advance. Lunch will be served from 11 am - 1 pm. Volunteers will help you get the stuff you have collected into the bins. The bins will be in place until 1:30 pm. See ad on **page 4**.

Elizabeth Miles

Pender Islands Truth and Reconciliation Circle

Over the last few months our topics have been focused on youth and education. In February, Ben McConchie came to share his insights from the 2017 Youth Leadership Project with the Tsawout and Pender students. His en-

thusiasm about the importance of the cultural learning and understanding that was developed through this program was encouraging and inspiring. He had us hoping we could find a way to promote more of these valuable opportunities for our communities.

In March, Dr. Scott Benwell, superintendent of School District No. 64, gave us his Review of Aboriginal Education. He shared the concepts guiding the changes that will move the school district forward to improve the experience for indigenous youth in our schools. The First Peoples Principles of Learning is used as a guide to create valuable opportunities for all students

Continuing our focus on youth, in April we will be reviewing the online book *Imagine a Canada* and reflecting on what we have discovered.

Imagine a Canada is a national art and leadership program for youth across Canada sponsored by the National Centre for Truth and Reconciliation (NCTR). It invites students to describe their vision of what Reconciliation can be: in a poem, a song, a painting, a sculpture, a rap, a drawing, an essay, anything! Each year an online book is created to present the images and thoughts the students submit to NCTR.

Learning through art can heal, transform and empower youth to make a difference in Canadian society.

"The vision of Canada presented by the young people featured in this online book gives a powerful window to the future they want to see – a world based on respect, mutual recognition, and revitalized Indigenous languages, cultures and identities. Realizing this vision demands

our attention. It is our collective responsibility to ensure young people have the opportunity to realize their dreams of a better, healthier country." Ry Moran, Director of the National Centre for Truth and Reconciliation.

Our gathering this month will be on April 17, from 4 - 6 pm at the Anglican Parish Hall. You are invited to view the books and join us to share your thoughts and what you learned from the works that were created. If you would like, bring a copy of one of the images or poems that speaks to you to share with the group.

I encourage everyone to take the time to have a look at the images, they are truly powerful.

The books for 2016, 2017 and 2018 can be found on the National Centre for Truth and Reconciliation web site, *Imagine a Canada*, Gallery

<https://education.nctr.ca/wp-content/uploads/2018/06/2018-NCTR-IMAGINE-BOOK-ENG-1.pdf>

Susan Parr



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Medicine Beach Nature Sanctuary

Reflecting on the Past and Planning for the Future

This year on International Women's Day, March 8, the Islands Trust Conservancy celebrated the talented women - community members, board members, and staff - who work to protect the islands in the Salish Sea. We also reflected on the recent loss of Sylvia Pincott and Sara Steil to the conservation community on Pender Island. They both made significant contributions to conservation on the Pender Islands and will be greatly missed.

Sara and Sylvia were both integral in property management efforts at the Medicine Beach Nature Sanctuary (E,HO,) on North Pender (S, DAYES) where the Islands Trust Conservancy has recently reviewed and updated its management plan with assistance from the Pender Islands community.

The Medicine Beach Nature Sanctuary is an 8.44 hectare (20.12 acre) property where visitors and islanders can experience the results of strong community-led conservation, and celebrate the contributions of volunteers like Sylvia and Sara (along with many others). Established in 1995 after the Pender Islands Conservancy Association and the Pender Islands community raised funds for the acquisition, the sanctuary protects in perpetuity, the salt marsh, upland forests, coastal bluffs, and beach.

From shoreline to sea, the sanctuary is a special place. Beyond the natural beauty of the forests, marsh, and beach, tidal shoreline marshes are extremely rare on the Gulf Islands. And just below



Protecting Medicine Beach

the pebbly and sandy beach surface lie surf smelt eggs - the main food source of many coastal fish and marine species. Thanks to the legal protection as a nature sanctuary, these features are protected forever.

Legal protection is only the first step in land conservation. To preserve this place as a sanctuary for a diversity of bird species, the Islands Trust Conservancy works with the Pender Islands Conservancy Association throughout the year to educate visitors about the importance of not disturbing the migrating and resident birds. Together, we also monitor and remove invasive species like Yellow Flag Iris, that might choke out native species in the wetland.

The Islands Trust Conservancy commitment to nature includes long-term, science-based management and ongoing community involvement. That's why in 2018, the Islands Trust Conservancy reached out to Pender Island residents and visitors to develop a renewed 10-year Medicine Beach Nature Sanctuary Management Plan. Management plans

provide long-term vision and day-to-day guidance for sanctuary management, or how to co-exist within a natural system.

Visitors to the Medicine Beach Nature Sanctuary can help keep the area natural by leashing and picking up after dogs, who can chase and scare birds, and by picking up and packing out garbage. Get involved; please join the Pender Islands Conservancy Association for a beach clean up on Earth Day, April 20, 10 am - 1:30 pm. Meet at the Medicine Beach kiosk.

Elizabeth May, OC, MP
Saanich - Gulf Islands

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Read the full Medicine Beach Nature Sanctuary Management Plan www.islandstrustconservancy.ca/protected-places/places-protected-in-the-islands/all/pender-islands/medicine-beach-nature-sanctuary/.

Thinking of creating a legacy and protecting land on your property?

North and South Pender Island landowners may apply to the Morrison Waxler Biodiversity Protection Legacy Fund to assist with costs of establishing a conservation covenant. This fund was established to remember Barrie Morrison and Nancy Waxler, two long-time residents of North Pender Island. Contact itcmail@islandstrust.bc.ca, call 250-405-5186, or visit our website to find out more about covenants.

You can help protect coastal areas by leashing dogs, limiting disturbance to shorelines, leaving plants and sea shells, and taking only pictures. If you are travelling by boat or kayak, avoid mooring on shore or paddling too close to marine life and shorebirds.

Crystal Oberg, Islands Trust Conservancy

Your Legion

Have you visited your Legion lately? Our liquor license changed, and the former rules are relaxed: you do not have to be a member, be accompanied by a member, or need to sign in anymore. Your Legion welcomes everyone.

Over the next few weeks we will be undertaking a complete renovation to our lounge area including a new bar, cooler, and cabinets. Win a dinner for two by entering our "Name the Bar Contest." Just email to contest239.rcl@gmail.com and enter an appropriate name for our renovated lounge. Include your name and a phone number where you can be reached. Entries close May 31.

Just a few facts on what our Legion does for you. Our Thursday and Saturday meat draws allowed us to donate over \$5000 in 2018 to Pender Island groups such as the Girl Guides, Santa Sac, Food Bank, and many others. We also donated \$4000 in bursaries and scholarships to worthy Pender Island students.

As a non-profit community-supported agency, all our revenue is generated

from membership dues, bar and food sales, fundraising activities, and hall rentals. If you have a birthday, wedding, or other special occasion coming up, please consider the Legion for your event; just contact Corinne at bookings239.rcl@gmail.com.

We support the Community through our Canada Day activities, our Remembrance Day Ceremony, as well as holding memorial services for veterans and their families. You will also see us at the Fall Fair, Labour Day event, as well as other Pender Island activities. Our Friday night dinners held all year around are a great place to meet your friends and neighbors and take in a great meal at a reasonable cost, and kids 12 years and under are half price. Volunteers are always needed to help us out at these events. If you would like to volunteer let us know at manager239.rcl@gmail.com. Come out and try us; it's fun, and you will get to know a lot of great like-minded people.

See our ad on **page 66** for the April events and **page 46** for our report.

Bill Critchley, President

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Tourism

My bad! We were hoping to hold a Community Meeting in March but with Spring Break and other community events, we couldn't find a vacant venue to hold the meeting.

What we did accomplish however, was to continue meeting with business owners in tourism to get their ideas on developing a management plan that works for them and keeps community concerns at the forefront. We are fortunate that there is close agreement with those in the tourism businesses with whom we spoke, that ensuring our community values are upheld and promoted is paramount. A continuing dialogue to figure out the best strategy to accomplish this goal is ongoing. We will arrange to meet others within the business community in the next few weeks. If anyone operating a tourism-related business would like to have their thoughts heard, please contact Ben McConchie, Chair of the SGI Economic Commission, or me, to arrange a time.

We found a number of business owners prefer to promote their own businesses and do so without the need of outside influence or assistance. It has been expressed by some that because they are more aware of community issues, they are more capable of targeting their own market. This is a welcome perspective and one that our community should consider supporting. Our businesses face some tough issues, from housing shortages to seasonal boom-to-bust scenarios, and it makes sense that we join them in finding solutions.

More to come later in April, including the overdue meeting. Enjoy the spring! It shouldn't be too difficult with February still in our memory.

Steve Wright, ibsjw@shaw.ca

IN APPRECIATION

The PI Jazz orchestra has done it again! The jazz dance had us kicking up our heels to some classic swing tunes. We got to meet and chat with old neighbours and friends we haven't seen for a long time. The children were great dancers and it was a delight to see them mixing in and enjoying themselves. We

haven't danced for a while, but the energy of the music quickly got us "In The Mood." Many thanks to Ben McConchie and his accomplished musicians. We appreciate all the work they put in to make such an evening possible. Thanks also to the organizers. The ambience with decorated small tables was lovely. For us the evening was a birthday treat, and we came home glowing. An evening to remember!

Julia Nicholls

I'd like to give a special shoutout and Thank You to John Bradley and the Mainroad Contracting crew for the great job in cleaning up branches and debris from the roadsides after the winter windstorms.

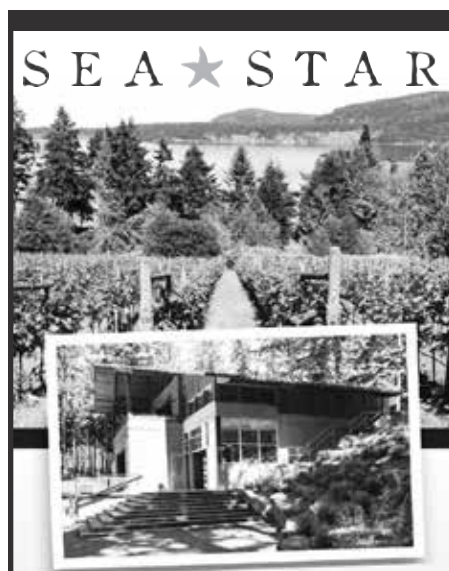
I'd also like to thank my Stanley Point neighbours for their efforts over the years in working to eradicate broom from the roadsides in our area. An annual Saturday morning broom pull has been held in March by Stanley Point Property Owners for almost 20 years, so it's now not a big job to keep this noxious weed under control here. We also have the welcoming sight of bright yellow daffodils along our streets, another neighbourhood beautification project of SPPOA. For many years Leslie and Terry Farmer hosted the group for lunch following the broom pull. This year Ylse and Craig Barber welcomed us to their home. Thanks to all who have been a part of this project over the years.

Barb Souter

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Spring has Sprung!

Sea Star Vineyards looks forward to welcoming guests back to the **Tasting Room** on the last weekend in April. The Tasting Room will open the weekend of April 27th, Saturday and Sunday, from noon to 4pm.

The Tasting Room will be open on weekends in May and June noon to 4pm with **Island Time** joining us again this year! Hours and days will expand at the beginning of summer.

The Wednesday Market is unfortunately discontinued in 2019, but fingers crossed for 2020.



SEA STAR
6621 Harbour Hill Drive
www.seastarvineyards.ca
250.629.6960

CELEBRATIONS OF LIFE

Sylvia Pincott



There will be a celebration of life for Sylvia Pincott on Sunday, April 28 at El Faro, at the Pender Island Golf and Country Club. Feel free to drop by between 11:30 am - 2:30 pm. In lieu of flowers, we kindly accept donations to PICA in honour of Sylvia.

Editor's Note

We apologize for the incorrect spelling of Sylvia's last name in the March issue of *The Pender Post*.

Jim Dunlop



There will be a Celebration for Jim on Saturday, May 11 at the Royal Canadian Legion, Pender Island between 1 and 3 pm. Refreshments will be provided.

The Pender Highlanders Pipe Band and the Ceilidh Band will play a tribute to their former Pipe Major, a man whose vivacious personality touched so many lives. Please come and feel free to share your memories of Jim.

Sandy Neff

REMEMBERING

Walter Edward (Ted) Hamilton



Ted passed away peacefully on March 5, 2019 at 11 am at the Nanaimo Hospital at the age of 75. Ted lived on Pender for 42 years at his lovely home on Port Washington Road.

He loved the clean air, well water, privacy up the mountain, and feeding all the beautiful birds that came to our front deck. Besides cooking amazing seafood and delicious soups, he also loved cars.

Trying something different, he became a Deck-hand Cook on the *Sea-Cap X* tugboat at Valley Towing out of New Westminster for 18 years, eventually working up to Mate Cook. His next adventure was owning and running "The Stand" at the Otter Bay Ferry Terminal.

Missing Ted are his wife Jan of 39 years, his son Ross Hamilton, daughters Ela Morgan and Krista Barr,

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Missing Ted are Dillion, Elizabeth, Robin, Seth, and Hunter and Todd, Trevor, Troy, and Andrew. Late in his life, Ted met his father's brother, Leon La Fortune, and many other La Fortune family members who he also got to know. Ted kept his strength, wit, humor, and especially his flirting. I love you and miss you Ted...Love Jan

The Celebration of life will be at the Royal Canadian Legion on Pender Island on Saturday, April 27, 2019 from 12 noon until you want to leave. At 2 pm, Ted's favorite spareribs will be shared.

Jan Letts

Lily May Miles

1925-2019



It is with great sadness that the family of Lily May Miles announce her passing. This most excellent woman died at the Royal Jubilee Hospital in Victoria March 15, 2019 at the age of 94. Lily was born in Essex in 1925 but her family moved to London at the outbreak of the Second World War, when she was fourteen. She survived the Blitz, even though their home was bombed and she was buried in the debris of an exploding shop. She often recalled that she could hear the rescuers calling encouragement to her as they dug her out. When she was sixteen, she met her future husband, Logan Grant Miles, who was a Canadian

soldier stationed in England. At eighteen she joined the Women's Land Army, serving until the war ended. After the war Lily came to Canada. She would often reminisce about the incredible train journey across Canada with her fellow war brides, some of whom became her life-long friends. She settled with her husband's family in Calgary. While in Calgary she was active with the Anglican Cathedral of the Redeemer, where she taught Sunday School, was president of the ACW, was active on the Vestry and the Altar Guild, and was awarded the Mother of the Year Award. She was a Wolf Cub *Akela*, an active volunteer with the Calgary Legion, was president of the Home and School Association, and organized the giant Chinook Charity Bazaars. She was involved in the Toast-mistress organization and was honored with a Toast Mistress of the Year award. What is remarkable and noteworthy is that during this time she worked outside of the home while raising a large family of seven children.

In 1975, Lily and Logan sold their Calgary home (that they had built themselves) and took off on a 13-month



adventure trip around the world, visiting diverse places such as Hong Kong, India, Fiji, and Europe. In 1980, Lily and Logan moved into the home they and their children had built on Pender Island. Lily loved flowers and turned their yard into a beautiful garden. She had a wide variety of interests and soon became very active in the Pender Island community, especially at the Legion and

Pender Island Junior Sailing Association

Sail Canada CANSail Courses 2019

www.penderislandjuniorsailing.com

July 15-19, July 29-August 2, August 5-9, and August 19-23
CanSail Levels 1 & 2 and Levels 3 & 4

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Participants must be at least 9 years old at the start of the course and 12 years old for Levels 3 & 4. Adults are welcomed.

The participant must be able to swim, and will be tested.

For more information see the article in this issue of *The Pender Post*.

Registration notification preferably by email to acoffey@telus.net, or 604-220-7259 after 8 am (PST) on May 1 for returning students and other household members, and May 15 for new students. Payment of the course fee (\$175) and completed registration forms must be received within 14 days of acceptance into a course.

The support of the following is gratefully acknowledged:

CRD, Nu-To-Yu, Tru Value, MLPOS, PIYC, Boating BC, Lou Henshaw, Port Browning Marina, and Ross Warneboldt

the Anglican church. She was a member of the Garden Club, volunteered for many years for the Nu-Tu-Yu and the Red Cross, served as president of the Magic Lake Property Owners' Society, the Legion Ladies Auxiliary, the Anglican Church Women's group, and the Community Floral Art Group. She was involved in the Pender Island Girl Guides for 12 years, receiving the Guiding Medal of Merit which is the highest award that can be issued a Guider. She also received the Senior Member Award of Outstanding Service to the Canadian Power and Sail Squadron. Lily also received Life Membership Awards for the Legion and the Legion Ladies Auxiliary, as well as the Legion's Meritorious Service Award. In 2002 Lily was awarded the Queen's Jubilee Medal as a recognition for her loyal commitment and years of dedicated service to the community of Pender Island.

In 2011, Lily and Logan reluctantly left their beloved home on Pender and moved to Sidney, where she was able to continue her service work until the day she died, busily knitting baby things for charity.

Lily is survived by seven devoted and

grateful children: Catherine Hughes (Don), Robert Miles (Lorraine), Allan Miles (Karen), Edward Miles (Olyi), Elizabeth Miles (Bob), Peter Miles (Karen), and Michael Miles. She had 11 grandchildren: Lorraine Hughes, Deborah Hughes, Geoffrey Hughes, Kerry Miles, Travis Miles, Logan Miles, Steven Miles, Lisa Miles, Robbie Miles, Catherine Wilson, and James Wilson. She also had 15 great-grandchildren. Lily was predeceased by her parents, Robert and May Richardson, by her sister Nellie, and brothers Robert and Ronald. She was also predeceased by her son-in-law Donald Hughes, and her grandson Travis Miles, and by her beloved husband of 68 years, Logan Grant Miles.

Our Mother was a remarkable woman, competent, dedicated, and strong. She was a devoted wife and mother, who lived by her values of family, charity, honesty, and responsibility. She loved to sing and to dance, to bake, and found artistic expression in her knitting, needlepoint, floral arts, and gardening. She was respected and loved by many, and her children and grandchildren are united in their sense of gratitude and af-

fection for the amazing woman that she was.

Service of Remembrance will be held Tuesday April 2nd at Holy Trinity Anglican Church in North Saanich, corner of Mills Road and West Saanich Road.

Internment will take place at the Pender Island Cemetery at 1 p.m. on Wednesday April 3rd. Afterward, a Celebration of Life will be held at the Pender Island Legion Hall.

*Catherine Hughes and
Elizabeth Miles*

Sara Steil



The world and our small island have lost a tireless voice for the protection of our natural heritage and the life it supports. Sara Steil was a powerful advocate for the preservation of our environment both on land and in the ocean and will be sorely missed.

Sara's work life included a career as a steel buyer on the Vancouver waterfront at a time when it was considered "a man's job." She not only survived, she was good at it. When she and her husband Dick, who predeceased her, moved to Pender Island, she immediately became active in numerous organizations, using every opportunity to advocate for the protection of our natural environment. Whether it was the Bear Mother Project and the pole unveiling feast or the Power Squadron, the Pender Island Trust Protection Society (PITPS), the Pender Island Conservancy Associa-



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tion, the North Pender Advisory Planning Commission, Pender Ocean Defenders (POD), or the Women's Institute, Sara never missed an opportunity to remind us how important it is to tread lightly on these fragile islands of the Salish Sea. Her work with Parks Canada (PC), bringing together PC staff and representatives of all Pender Island community organizations to share plans and coordinate activities for the Southern Gulf Islands National Park Reserve was a testament to Sara's ability to bring people together.

In 1999, when Sara ran for Island Trustee, Dick was taken to hospital by helicopter and she could not attend the All Candidates' Meeting. Her devotion to family was matched only by her devotion to other living things be they trees, plants, or animals. She understood that living things are all connected on this planet and breaking the chain of life puts us all in peril.

Sara's advocacy for a National Marine Conservation Area helped keep the multi-government negotiations and stakeholder consultations alive and vibrant when so many others tried to ignore or derail the process. She organized public meetings and educational conversations with those leading the government studies and was an influential voice on the need to protect our marine ecology.

Sara organized public educational events with experts like Neil Dawes of the Qualicum Institute, long before most of us realized how critical such conversations might be to our future.

For many years, Sara led the most powerful and successful political organization on the island. PITPS operated behind the scenes to ensure support for

"preserve and protect" candidates running for public office. Under her leadership, PITPS organized support for by-law initiatives that enhanced protection of our natural environment and opposed changes that threatened our ecological future. But most significantly, Sara used her influence to advance educational opportunities on important topics like groundwater protection and sensitive marine environment preservation. She was a force of nature, determined, strong, focused, and influential. She was instrumental in advancing many progressive initiatives while keeping the community involved and informed.

Sara's work on the National Marine Conservation Area and groundwater protection were particularly outstanding. In 2011, Sara was awarded the Community Stewardship Award for Enduring Achievement by the Islands Trust Council, recognizing her conservation work for Pender Island and the Trust area.

It is not possible in this article to fully describe the influence and positive effects Sara had on important local government issues. She was special, one of a kind! We are lucky to have had her strength, her courage, and her outspoken leadership and will be forever grateful for her devotion to our island and the quality of its environment.

Gary Steeves, on behalf of the family and PITPS

CPS, Pender Island Squadron Remembers Sara Steil

Sara will be missed by her friends and colleagues in the Pender Island Squadron. Following are remembrances from two long time members of our squadron:

Sara has always given everything she has to any group she was a part of. We joined Pender Squadron about the same time, and went through the first 2 boating courses together. She of course quickly volunteered to be on the Bridge, and has been there ever since, in a variety of roles. Her 2 years as Commander in 2001 - 2003 saw her encourage more people to become part of our Squadron, and she found all sorts of places on the Bridge to suit each one. Of course, her interest in the Environment kind of blossomed into a double role those years as Commander and Environment Officer. She took that interest on to the Vancouver Island South District while she was Past Commander, and took on District Environment Officer for two years. She really made a difference to how CPS Squadrons and District see the importance of Boaters doing something about minimizing their impact on our waters and marine life. She was diligent about campaigning for better regulations on environmental protection in government policy, and we all benefited from her strength of character to make things happen. She saw the importance of involving the Squadron with presentations



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of marine environmental interest, such as the successful “Orca Day” at Thieves Bay a number of years ago. She was instrumental in coordinating the whole event, and bringing together conservationists and boaters for a common good. Just this fall, she was working on another wonderful seminar project for May 26, entitled “Environmental Issues and Awareness for Boaters.” She had laid all the groundwork for us, and we will carry on to make her last project as well thought out and interesting as she intended. When she took things on, she did not give up. Her spirit was strong until the end. We will miss her more than words can say.

Helen Lemon-Moore

I remember Sara as the best Environment Officer our Squadron ever had; also the best District Environment Officer. When we were kayaking in a shallow bay off Pender Island and I looked down at the Eel Grass I always thought of Sara and her admonition to all boaters NOT to anchor where there was eelgrass due to its vulnerability of being destroyed when one retrieved one’s anchor. Then there was the time with

Sara when we were erecting the Pender Squadron’s Display for the Fall Fair and we were having trouble with one corner of the display as it was being interfered with by a small tree branch. I suggested that the solution would be to just snip off the offending branch! Well I knew in no uncertain terms never to suggest cutting off even a small part of a tree within earshot of Sara again as she scolded me. I will miss her dearly, may she rest in peace.

Tony Merry

PICA Remembers Sylvia Pincott and Sara Steil

Pender Island and the Pender Islands Conservancy Association have recently lost two of its most fervent supporters. Sylvia Pincott and Sara Steil were both enthusiastic about efforts to protect our fragile ecosystems both on land and in the marine environment. The benefits of *Naturescape* by Sylvia, and Sara’s untiring efforts to support the creation of a Marine Protected Area in the Salish Sea are legacies not to be forgotten. They are sadly missed.

Graham Boffey

The Islands Trust Conservancy Remembers Sylvia Pincott and Sara Steil

Please see Medicine Beach Nature Sanctuary on **page 7**.

THE ARTS

Pender Island Art Society



Cold days in February made it an ideal month for art! On February 18 we had an inspiring session with

Sarah Gayle who does not normally work with acrylic, but has been teaching herself the technique of producing a painting in less than 30 minutes every day and we thought we’d enjoy learning it as well. She first demonstrated by producing a gorgeous painting from a photograph chosen by the group in under 20 minutes. She told us to choose our own photo, mix up lots of paint, and then gave us exactly 30 minutes to get it on paper. Talk about the wild, wild west of painting! It was fast and furious and a whole lot of fun. Some tremendous paintings came out of the afternoon created by both beginners and old hands, and many members enjoyed the exercise so much that they went home and tried it again.

The following Monday involved a 3D Paper art session with Andrea Spalding where old hardcover books are repurposed into works of appealing art. Altered books are unique and they inspire artists to tell a story in a new and exciting way. Andrea’s creations are amazing; we’re grateful that she shared her process with us.

Monday sessions are always too short so imagine how keen we were to set up an all-day workshop with Sarah Gayle. Finally, a whole day! Sarah showed us a multitude of cool techniques in the morning using different methods of washes for watercolours. Wet on wet, wet on dry, taking our colours to date night and letting them meet and get to know each other in the middle of the paper, pushing colour into another colour, and so on. She showed us techniques to create different textures using salt on wet colour, drops of alcohol, a dry brush, a sharp stylus creating ‘grassy’ lines that



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the paint flows into and darkens, using masking liquid and more. Then she had us do it! In the afternoon we recreated a picture of eggs in a nest using as many of the learned techniques as possible. It was a full day and happily the workshop was not shortened up by a snowstorm this time! Here is a grayscale photo of Sarah's watercolour entitled *Nest*. The original artwork is in soft blues and pinks.



As usual, there's lots happening in April. On the 1st, Grace Frate is showing us how to cut mats for framing our artwork. We also will be using that opportunity to freshen up roadside signs used to advertise our shows. On April 15 we have Abstract drawing from real life with Willow Alpen. It's a great way to learn to loosen up a little on our paintings. On Sunday, April 28, we will be having our final all-day workshop of the season at Hope Bay Bible Camp with watercolour artist Greg Swainson

from Vancouver Island. To see his work, check out raintreestudio.ca. We will be using some of our Parks and Recreation grant money to offer Greg's workshop at \$10 off the regular rate, \$35 for members and \$45 for non-members.

Don't forget that the Pender Art Society will no longer be holding a summer art show. The newly named *Brush with Spring Show and Art Sale* will be on the May long weekend from now on.

If you would like to see more about our sessions and workshops, numerous photos are posted on our Facebook page at www.facebook.com/PenderIslandArt after each session and workshop as well as member art. We would love to see you there!

You can help support the society by choosing #3 as your charity of choice when you shop at the Tru Value Foods.

Jane Baker, Director at Large

Pender Island Celtic Music Society



The annual pancake supper at the Anglican Parish Hall was a huge success, thanks to a host of enthusiastic volunteers,

steadfast from prep to clean-up. Well in advance, Jan and Myran Wallace were seen scurrying about the island placing posters announcing the event. These posters, plus their digital counterparts, paid off as pancake lovers quickly filled the seats on the day.

Since the Pender Highlanders took over organizing this event, they have relied on their members, who take responsibility for specific tasks by forming work

bees. Several team members were invited to share how it went this year. Here are their comments:

Did you notice the attractive, uniform placement of tables?

Denis says it obeys a secret code (5-5-10): the number of floor tiles between the rows and the wall.

Caren - It seems that a new tradition of providing edible table decorations has been established. Thanks to Joyce, a Mardi Gras theme showed itself in green, gold, and purple jelly beans. All the 'decorations' had miraculously vanished by the end of the evening. Did Sue Morton get carried away as she tidied up the decor?

Joyce, chief organizer, loved how the kids enjoyed themselves. And the volunteers were great. They worked with smiles on their faces, making the evening a fun time. Thanks to Tru Value Foods for their help in bringing yummy sausages, cooked by Marie's crew. From the oldest to the youngest, the friendliness and happiness in being together as part of the island makes the supper a beautiful event.



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Pancake Supper at the Anglican Parish Hall

Caroline - The best part was welcoming a guest who 'hadn't eaten all day' and left with a care package. We received community support and we gave community support.

Shawna's Pancake Haiku, a tribute to her clean-up crew

Pancakes and syrup

A sticky situation

Thank you, dishwashers

And, last but definitely not least, pancake flipper Paul Hamson in a Q&A:

What's it like being a Public Pancake Flipper?

Well for starters, being a PPF is a flipping challenge!!

First off, I have no choice in the batter as I seem to have been flippantly picked for this task by a syrupy delegator. Let's just say I was thrown into the mix.

What do you have to do besides flip pancakes?

Have you not been to one of these free-for-all flapjack flinging frying events? The biggest challenge is getting the attention of the Pancake Runners (they run the fluffy freshly cooked cakes to the warming serving oven). As a serious flapjack flipper you've gotta keep those runners on their toes. They are the ones that deliver my goods to the public. It's their timing that gets my quality pancakes to the people.

Now that us flippers got the Pancake Runners under control (if that ain't enough), now we're challenged with the Batter Girls. I give them credit, I do, as they do a fine job of mixing, blending, stirring, asking us flippers "Is it too thick? Is it too thin? Do you have enough? Did I make too much? Should we make more?" The behind-the-scene Masters of the Mix, they are. If they only knew the pressure us flippers are under, over a hot skillet.

Exactly when do you flip?

Well Holy Hot Cakes! What kind of a question is that? You make it sound as if it's an unknown science, a flippant guess. It's not just about flour and sugar, you know. Maybe your question should read: How was the knowledge passed on to you to prepare and perfect the art of presenting perfectly proportioned pancakes?

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I'll answer that question, I will. It started with my mother. She taught me how to watch the bubbles. Listen to the sound as you do a drop test on the griddle. "Is it too hot?" she would ask. "Is it hot enough?" After that, it's about the smoke test. If Dad woke up, coughing, the griddle was too hot. He'd yell, "Yer wasting good margarine."

And Mom taught me control of the spatula. When to investigate...to lift and look under for that perfect mix of colour. The art of the Flip!

As you can see, I deeply fancy the fantastic field of flipping flapjacks. Let's just say it's my forte. And I must say, I'm grateful to share my art and craft with our community.

Until next year...Flip On!

The Highlanders would like to thank all those generous volunteers who helped make this year's pancake supper one of the best yet. And a reminder, we always welcome new members interested in piping, drumming, and once a year, flipping.

Marie Dion

Pender Island Community Choir

The human body is composed of more than 50% water, in youth as much as 80%. It is no surprise that we find ourselves drawn to, and inspired by, water. Water makes an easy subject for artists as its many moods mirror our own. Water can be soft and soothing and it can be relentlessly angry. It can be merry and bright or dark and lonely. It is with heartfelt pride that the Pender Island Community Choir presents *Fluid Harmony*, a musical expression of coastal life. The selection of music for this concert was inspired by the environment we live in and the water that surrounds us. Once again, we would like to invite you to join us for our spring choral performance led by Stephanie Jackson. There will be three shows: May 3 and 4 starting at 7 pm, and May 5 at 2 pm. Tickets are \$15 for adults and \$5 for children and can be purchased at the Talisman Books & Gallery. See back cover for the full page colour ad.

Annette Cyr

Pender Island Concert Society

What a fantastic way to wind up our 2018/2019 concert season! The truly memorable performance by the Lizzy Hoyt Trio was a resounding success. Over 160 happy and grateful Pender Island audience members were entertained, engaged and enthralled by Lizzy's generous and heartwarming performance, backed by the guitar and mandolin of Chris Tabbert and the upright bass of Keith Rempel. How fortunate we are on Pender to be able to experience an evening of such amazing, live, musical entertainment. We also are very fortunate to live in a community with supportive people like Alan and Gena Morrish. After learning that Lizzy's Celtic harp had been damaged on a flight, Alan and Gena very generously lent Lizzy their Celtic harp for her Pender Island performance. Lizzy was delighted to play on this beautiful instrument that Alan had made for his wife, Gena.

2019/2020 Season

In early April two of our board members will be attending Pacific Contact where

they will get to preview artists touring in the 2020/2021 season. Negotiations have already begun for two groups touring in the fall of the 2020/2021 season but let's first see what the Pender Island Concert Society has contracted for the 2019/2020 season. Please note that all our concert artists for the 2019/2020 season will be supporting our very successful Youth Engagement Initiative by performing special programs for the students of Pender Island Elementary School.

The Marc Atkinson Trio with Cameron Wilson October 6, 7:30 pm

The internationally renowned Marc Atkinson Trio consists of leader and composer Marc Atkinson (acoustic lead guitar), Brett Martens (acoustic rhythm guitar), and Scott White (Bass). After four award-winning CDs and decades of touring, the Trio has added the impeccable sounds of Cameron Wilson's sweet and playful violin to their virtuosic and captivating performances. (Student program is Monday morning on October 7)

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Lizzy with the borrowed Celtic harp from Alan and Gena Morrish

**The Rolston String Quartet
November 14, 7:30 pm**

Consisting of Hezekiah Leung (viola), Jonathan Lo (cello), Luri Lee (violin) and new member Emily Kruspe (violin), the Rolston String Quartet was

named among the Canadian Broadcasting Corporation's "30 Hot Canadian Classical Musicians Under 30" in 2016. The Quartet has toured throughout the U.S., Canada, and Europe and continues to be recognized internationally for their

musical excellence. Student program is Thursday morning on November 14.

**Janelle Fung
February 2, 2020, 3 pm**

Accomplished Canadian pianist Janelle Fung has performed in concert from coast to coast in Canada, including tours with Prairie Debut and Jeunesses Musicales Canada. Winner of the "Artist of the Year" award from the BC Touring Council in 2014, her acclaimed international concerts have taken her to over 20 countries on five continents and established her a renowned position on the world stage. Student program is Monday morning on February 3.

**Roots and Grooves
March 11, 2020, 7:30 pm**

Rick Scott, veteran folk artist and infamous dulcimer player, and Nico Rhodes, young keyboard ace and rising jazz pianist, combine forces in an intergenerational smorgasbord of roots, blues, jazz, and humour. Forty years apart in age, Rick and Nico blur all boundaries with their mix of seasoned expertise, youthful exuberance, old school groove and Broadway chops! Student program is Thursday morning on March 12.

Subscriptions

Subscriptions are \$75 and allow four attendances at concerts of your choosing for the price of three single tickets. Forms are available at Talisman Books & Gallery and Southridge Country Store.

Single adult tickets are \$25 and will be available in September at Talisman Books & Gallery and Southridge Country Store, and at the door prior to each performance. Student tickets are complimentary and are available at the door. Elementary students need to be accompanied by a ticketed adult.

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Pender Island Quilters' Circle



A hub of activity was definitely at the Anglican Parish Hall on March 11 for the quilters. An enthusiastic group of quilters took part in a very productive workshop. The organizer, Susan Purney-Mark, was delighted with the turnout and enthusiasm that happened throughout the day. Bibs of every colour under the rainbow were assembled in a very organized fashion. Stations were set up to cut out the pattern, sew around the edges, flip and press, add the binding, and finish off with topstitching around the finished bib. Over 70 bibs were made. These bibs are not small; they are about 24" long x 24" wide. They will cover a child and adult very nicely to keep their clothing clean. To start it off, Karen Watson was the colour co-coordinator and worked feverishly to keep up with the rest of the group. Flynn, Norah, and Karen G were the cutters; Cindy, Ann, and Tracey tended to the first sew. Adele, Jeannine, and Sandy were the pressers. Tannis and Laura were the binders. Sue Foote brought along her serger and did a fine job of the top stitching. Janet and Heather cleaned up also on the final topstitching stage and the pile grew. Satisfaction was the key word of the day and a very worthwhile morning of quilting passed. Susan Purney-Mark also gave the group a very excellent overview of where these bibs were going and the impact they have on the community that receives them. We thank Susan for giving us this opportunity to help in this little way.



Bibs for disabled children and adults

Our next meeting has plans already in the works. April 8th will see us making fabric postcards under the direction of Charlotte Edwards. The instructions are as follows: the postcard has 3-4 layers. Cut all your pieces 4.5" x 6.5" to allow one quarter inch trim before applying the edge finishing. The top fabric piece is the feature and will need embellishments such as beads or netting to hold on the loose embellishments. A stabilizer piece and a fine batting also are required. Charlotte has enough cotton muslin for 40 postcards. You also can use watercolour paper or cardstock if you choose. Bring along matching threads for stitching. There also will be a demonstration of hand warmers. These little beauties are good for keeping your hands warm and moving while you are quilting. You will need to bring along 4 pieces of material 3" x 4.5" in a flannel material. Sound interesting? Come out and try your hand at something new.

Heather Helpful Hints for March was a new website that you might not have known about, but it is well worth the browse: stitchintheditch.com is a way

to spend some lazy-day time looking at new and innovative equipment to help make your quilting experience even easier and more fun. This is a Canadian online store right here in B.C. Heather demonstrated a stitch ripper that glided along the wrong stitches and was fast, efficient, and safe on one's material.

See you on April 8th at St. Peter's hall for another exciting morning of quilting. Please bring along your UFO's and projects that you have finished. There is expert help on Pender Island if you have a problem that needs solving. Bring along

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Happy Easter to all our quilters and their families.

Karen Gagnier

PIJazz

After what had finally been a beautiful spring day, it seems the crowd was ready to Spring Swing and even do some dancing at the Community Hall on March 16 when PIJazz took the stage.

Island dance instructor Barbara Stowe, with the aid of her husband Joe Montague, first held the dance floor as she encouraged partnerships to form and then to try some of the basic steps used when dancing to the big band sound. Dance partnerships sprang up between girlfriends, dads and daughters, sons and mothers, and more as Barbara's instruction took some of the mystery out of the footsteps. PIJazz eschewed an opening number for just some phrases from the tune while new dancers tried out their moves.

Then it was full speed and full swing into that number, *It Don't Mean A Thing*, in its entirety and all kinds of traditional big band dance tunes, plus a few little extras. Feedback tells us our audience enjoyed themselves.

Now, band members know leader Ben McConchie will arrive at our next practice with sheaves of paper, all new tunes, that we'll endeavour to learn before our next event, Sunday, June 23 at the grassy enclave of Stoney Pocket, the lovely property created by Colin Hamilton, Wendi Lopatecki, and their family.

Start planning what's going into your picnic basket for what we hope will be a sunny, perfect afternoon for a summer outdoor show.

Vicki Dutton

Pender Photo Club

On April 7, Hans Tammemagi will present a photo exhibition on India at the Library at 2 pm. For anyone who has ever been or dreams of going, it's a show not to be missed.

At our last meeting, we reviewed images from our assignment, which was



I love snow (and sticks).

Photo by John Fotheringham

Chocolate. The array of photos was mouth-watering and included beautiful shots of our own Pender Chocolates. We also enjoyed images of snow, as the quantity and duration of it was most unusual for seasoned Penderites.

For our next assignment, we will focus on Light. You can manipulate or distort it - try something fun and funky like sun flares or crystals obstructing your lens. Or capture light at its best: the hour after sunrise or before sunset is especially beautiful. Please send four images to Urs Boxler at ursboxler@gmail.com and he will share them with the group.

Our next meeting is on Monday, April 8 at 7 pm at the school in the Community Meeting Room. We hope to see you there!

Niki Roberts

Pender Solstice Theatre Society



Spring is almost upon us and plants are waking up! Now is also the time for

you brave the great outdoors and hurry down to get your tickets for Solstice Theatre's latest production, *The Odd Couple*, Female Version.

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This hilarious comedy stars Tracey Adams and Melanie Chernyk as two very mismatched roommates. Brent Marsden and Joe Montague are a couple of very funny Spanish gentlemen whose English is not so good, Karen Parker is a New York policewoman, and the cast is completed by Lisa Heggie, Tania Honan-Smith, and a first appearance 'on stage' for Jane Harrison.

The dates for this not-to-be-missed show are Friday, Saturday, and Sunday, April 5, 6, and 7, and exceptionally as a trial this year, the production will run for a second weekend, so if you are unable to attend the first week, *The Odd Couple* will be continued for two more evenings, Friday and Saturday April 12 and 13. Evening performances start at 7 pm while Sunday's April 7 show is a matinee starting at 2 pm.

Tickets are \$15 and \$10 for young persons under 15. Tickets can be purchased at Talisman Books & Gallery and Southridge Country Store. See ad on **page 3**.

Remember, he who laughs, lasts! And laughter is good for the soul, so come out and give your soul a treat.

Keith Smith and Team Solstice

Ptarmigan Arts



From the filmmaking workshops in February to the crazy *24hr Movie Making Marathon* that happened in March, it's been a great filmmaking season, and we can't wait for the final event...the *4th Annual Pender Island Short Film Festival*, happening April 20 at the Community Hall, sponsored by the CRD, British Columbia Arts Council, and Thrifty Foods. We'll be showcasing short films from youth and adults from Pender and beyond including all the films that were created at the Movie Making Marathon. The night will start with a red carpet soiree at 6:30 pm, followed by the film screenings at 7:30 pm. Tickets are \$15 for adults, available at Talisman Books & Gallery, Southridge Country Store, and online. Kids 12 and under are free.

If you would like to submit a film to the festival, please get in touch with us.

There are no submission fees and no genre restrictions, the only guidelines being that it can't be an iMovie trailer, and must be under 20 minutes. Send your finished films to penderfilmfest@gmail.com.

Our drop-in ukulele strums are still happening on the first and third Wednesdays of each month, until the end of June. Even if you are new to the ukulele, we'd love to have you join. All ages and abilities are welcome to join as we play and sing together. You can find us at The Kraken Theatre at Hope Bay from 4-5 pm. Bring your uke, a suggested \$5 donation, and why not convince a friend to come.

We are proud to sponsor the live music portion of the Pender Island Health Care Society's Friday Community Gatherings. This month you'll be hearing the sounds of Maddie Muir on April 5, Pondsides (Jim Stafford and Colin Hamilton) on April 12, and more to be announced. Come at noon for a \$5 bowl of homemade soup and enjoy free live music.

Coming up in May, we will be working with music therapist Mary Reher again for a music and wellness program called Guided Music and Imagery. Mary has designed this program to help you connect with your inner world through music by entering a "music-dream time" where you will be able to access stories and images from deep within. The program will be held at Mary's home studio on Tuesday evenings from 7:30 - 9 pm starting on May 7 and ending on June 4. There are limited spaces, so reserve your space by registering on our website www.ptarmiganarts.org/register.

We wouldn't be able to continue putting on programs and events without our amazing facilitators, volunteers, board of directors, and this incredible community. Thank you for all the ways you support Ptarmigan Arts. If you would like to become a patron of the arts and donate monthly to what we're doing, please send us an email or visit our website www.ptarmiganarts.org.

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COMMUNITY SERVICES

CRD Bylaw and Animal Care Services

CRD Animal Shelter

CRD Bylaw and Animal Care Services have been functioning as an Animal Control agency for over 25 years. We offer high quality Animal Care and Control with caring and experienced staff trained to look after all domestic animals. Our mission is to provide services with integrity, impartiality, and efficiency with the goal of obtaining voluntary compliance.

We provide Animal Control in Sidney, Central Saanich, North Saanich, Colwood, View Royal, Langford, Metchesin, Highlands, Sooke, Juan de Fuca Electoral Area, Salt Spring Island, and the Southern Gulf Islands including North and South Pender islands.

Our goal is to return lost pets to their owners. If this is not possible, animals are well cared for at our Animal Shelter near Elk Lake. If unclaimed by

their owners, animals are found suitable homes for adoption or foster care.

In 2018 the CRD Animal Shelter had 571 animals come through their doors and only 365 of those animals were claimed by their owners; 135 were adopted to new homes and 71 were transferred to an animal rescue service for extra medical assistance.

The CRD Animal Shelter is located at 5401 Pat Bay Highway in Victoria and is open 6 days per week. Found animals or animals for adoption are posted on our Facebook, Twitter, or web page www.crd.bc.ca/animal, and if you are missing an animal please call 250-658-5745.

Donald Peden

Community Paramedic

My apologies for missing last month's deadline; time has a way of evaporating far too quickly. I came across a couple of rather scary statistics the other day. People over 65 years of age typically fall at least once every year, and they account for 70% of deaths resulting from stair accidents. There are,

however, things that you can do to decrease your risk of falling on the stairs:

- Keep your stairs well lit (LED light bulbs mean that well lit doesn't equal expensive anymore).
- Make sure that your steps are in good repair.
- Check that your steps are all the same size and height.
- Use a contrasting colour on the edges of steps to make them stand out more.
- If you have carpet on your stairs, make sure that it is securely fastened.
- Use the handrails. They should be securely attached to the wall, easy to grip, and preferably on both sides of the stairs.
- Remove clutter from the steps.
- Remove loose carpets or throw rugs from the landings, the top, and the bottom of your staircase.
- Take your time; rushing is a major cause of falls.
- Don't carry large loads that block your view of the steps.

This month First Aid Friday falls on April 12 (from 10 - 11 am at the Community Hall). I speak on different first aid topics every month and offer you a chance to practice some of the techniques I've talked about. The Stroke Support Group is meeting on Thursday, April 11 (from 2 - 3:30 pm in the meeting room at the clinic). We welcome anyone who has experienced a stroke, an aneurysm, or any other type of brain injury, and those who are caregivers for anyone who has experienced them. You can also find me at the Friday Community Gathering at the Community Hall (11 am - 1 pm every Friday). I check blood pressure, have information on a different health related topic every week, and I'll answer questions (or help you to find information) about any other health related topics. I have a few other projects on the go, so keep an eye out for some fun (and educational) events to come.

If you have any questions please contact me via email at Alyssa.Woolcombe@bcehs.ca or cell 250-221-0754.

Alyssa Woolcombe



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The Community Paramedic program is hosting a Food Skills for Families workshop, that will be on Tuesdays, from 12-3 pm at the Community Hall. This is a free workshop that lasts 6 weeks, and focuses on learning to adjust our current cooking practises for healthier options, with a budget friendly mind. Come create yummy meals with us, and learn about how to make healthier choices in the grocery store and in the kitchen. Registration required; first session is on Tuesday, April 2. Contact Elise Dryer for more info at Elise.Dryer@bcehs.ca or 250-221-1547

Christine Buckham and Elise Dryer are excited to be offering a 3-week workshop series, focusing on learning to care for yourself, when caregiving. This workshop is open to anyone interested, and is free to attend. On April 10, we will discuss the importance of self care, why we need it, and how we can incorporate it into our daily lives to prevent burnout and exhaustion. On April 17, we will learn easy tips to bring movement and exercise into your daily routine to increase energy, and enhance mental well-being, while building on skills learned at previous workshop. On April 24, we will explore the caregiving in Dementia and Alzheimer's, common struggles, and tips of how to blend practical care with intuitive care, to make our caregiving as effective as possible. These will run from 1-3 pm at the meeting room at the Pender Island Health Centre. For more details, and to register, please email pendercare@gmail.com or call 629-6005.

Community Paramedic and the Lion's Club are working to host a Diabetic Clinic in May. Services will include a foot care nurse for assessments and tips on how to care for your feet; blood sugar testing, and blood pressure check; and food and nutrition for those with diabetes and pre-diabetes. Date and details TBA.

Girl Guide Cookies have arrived! Please keep your eyes out for the Pender Island Girl Guides who will be going door to door selling, as well as at the Driftwood and Saturday market to sell the vanilla and chocolate Spring cookies! Please consider purchasing a box and supporting your local Girl Guides.

Elise Dryer

Epicentre

Family Co-operative

Thanks to the caring and generous Pender Island community, we have a youth centre on Pender Island that is safe, neutral, central, and inclusive. Check out our website <https://piepicentre.weebly.com/>

We held our AGM in March and had a great meeting. Thanks all for attending. Our new board consists of Tina Christensen and Erin Pauch as vice chairs, Crystal Shirk as treasurer, Josephine Spaxman as secretary, and directors at large Margaret Alpen, Sarah Conley, Lisa Fleming, Joanne Green and Lindsay Landry. We also had a great discussion about amplifying the co-operative philosophy whereby we can increase parent participation. Watch for more on this front in the near future! Our next meeting will be on May 4 in the morning to be followed by a fun outdoor party for all to attend.

Our in-floor heating is now installed! You will note the centre is a much more reasonable temperature now.

Programming

Toddler time - After School Kids

Toddler Time (Tuesdays from 10 to 11 am) and After-school Kid's club (Tuesdays from bus drop off to 5 pm) will continue until summer break.

Youth Night

Youth Night is the third Saturday of every month.

Teen Night

Teen Night is the fourth Saturday of every month.

After School Art

We still have some space in Monday's after-school art class with Celene Wilde. For a complete list of our programs, please see <https://piepicentre.weebly.com/>

Membership

Membership has its privileges. You can book and use the space anytime to meet up with your friends or throw a party. You will find the Epicentre to be a nice place to visit and meet up with friends. You will also receive discounts on workshops and classes and the drop-

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in fees for toddler time, after-school programming on Tuesdays, youth and teen night events will no longer apply. If you would like to become a member, the cost is \$125 per family per year. The Epicentre is a wonderful place to hold birthday parties or a special event. To book the space we ask \$10 for members and \$25 for non-members. Contact Karen at karenonpender@shaw.ca for more information.

Josephine Spaxman

Heartwood Folk School

Nettle Fest ReBoot!



Join us on Saturday, April 13 at the Community Hall from 2 - 5 pm for the 3rd Annual(ish) Nettle Fest. Come celebrate spring, Nature's bounty, and Nettles, too!

We'll have a potluck, so bring your best Nettle dish to share, or any dish that features local seasonal food.

We'll have a cooking demonstration by Theresa Carle Sanders, and Don Ollsin will share his knowledge of nettles. We'll be trying out different Nettle remedies (on our willing test subjects) and hearing from our Nettle Fest Poet Laureate.

And if the stars align, there will be music and dancing, too!

Follow Heartwood Folk School on Facebook for all the up-to-date details.

Contact us at info@heartwoodfolkschool.org for more information or to volunteer to help.

Revitalizing Heartwood

We are working to revitalize Heartwood over the coming months, with a focus on growing island resilience. We are looking to join forces with people who are enthusiastic about building a strong, more self-reliant community. Do you have ideas for how to increase our resilience? Skills you want to share with others? If you would like to get involved, email Ben Kadel at info@heartwoodfolkschool.org. And look for more classes and opportunities to engage with your neighbours in the coming months.

Ben Kadel



Islands Trust

North Pender Local Trust Committee

It was a very busy month for Trustee Morrison and myself as we enter the fifth month of our term as your trustees for North Pender Island. I would like to take the opportunity to thank all of those members of our community who attended the February 28 meeting, and would also like to thank those community members who tuned-in to my 'live streaming' of the meeting on Facebook – on both the Pender Island Online Marketplace and the Pender Island Forum. As of March 18, 2019, our videos of both the January and February meetings have had over 1000 views. I have always known that the issues raised at Islands Trust meetings had long fascinated islanders; what I didn't realize is how

many people wished to be there! Our LTC meetings are generally held during working hours (10 am - 2 pm) and many members of our community have expressed dissatisfaction with being unable to attend these meetings, due to the inconvenient hours. Live streaming the videos is a logical step towards making our local government more transparent and accountable. It also will help assist in clarifying any misinformation or misinterpretations of the work of the LTC. There is currently no Islands Trust policy regarding streaming or recording meetings. I am working hard with Trust Council to enter the 21st century and develop a policy and will continue this pilot project by streaming on Facebook. I know this isn't ideal, as many people do not use Facebook on Pender. It is, however, the best temporary solution I can offer without spending any of your tax dollars. Considering the fact that the Trust Council just passed a motion declaring a "Climate Change Emergency," the need to properly inform our community about the work of the Trust and your Local Trust Committee is needed now more than ever. Please feel free to come and chat with me regarding any island issue during my weekly office hours every Wednesday at the CRC Office at the Driftwood Centre at 10 am - 12 noon. The next LTC meeting is April 25, 10 am at the Community Hall.

Ben McConchie

South Pender Local Trust Committee

The Trust Council was held on Gabriola on March 12-14, with a full agenda of varied items, the primary one being the approval of the 2019-2020 budget which passed with only one small amendment. We shall see whether the 7.94 million taxpayers' dollars produce any results on the many projects introduced by trustees during the coming year. The public survey for the budget returned 200 responses and they indicated a wide range of comments. It's an interesting read and gives one a glimpse into how people's concerns about our region have changed over the years. The top three concerns are climate change, housing, and water management. The survey may be slanted in that Salt Spring residents'

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participation was the highest and those are critical issues there.

Council has recognized the need to address those issues and has joined other municipalities and governments in declaring a climate change emergency. This declaration is important in recognizing climate change exists but it will be what we do about it that will matter most.

Housing continues to be problematic on the islands but again, I'm not sure whether it can be solved given the complexities of this critical shortage. We also have to consider what conflicts/problems can arise from adding more development and density on our islands. The good news is that some progress is being made with some projects being started that are earmarked for rental accommodation.

The trustees for both islands have initiated a water study to map the sources of groundwater and to gather up-to-date information on the availability of water. These islands have few aquifers but a number of recharge areas that are completely dependent upon rainfall. How climate change will affect the historic rain periods is unknown, and frankly, unnerving. It is obvious that conservation and rainwater catchment are the most obvious actions we can take immediately.

The South Pender Local Trust Committee will meet on Friday, April 5, in the South Pender Fire Hall at 10:30 am. Exciting entertainment is unfortunately not on the agenda, but the public is welcome to attend.

Cameron Thorn,
cthorn@islandstrust.bc.ca
Steve Wright,
stwright@islandstrust.bc.ca
Steve Wright

Magic Lake Estates Water and Sewer Local Services Committee

Your Committee and the CRD team held a regularly scheduled meeting on March 12, in Victoria. The prime purpose of the session was to discuss moving forward with an Open House public information and feedback forum in April. The open house is focused on Sewer Service, although all interested

parties may attend.

You will receive notice of this Open House dealing with the Magic Lake Estates Wastewater System Renewal Initiative enclosed in your quarterly bill, at the beginning of April. It is important that folks who are on the sewer system attend, since there will be substantial property tax implications for you in the near future. The Open House will be held on Saturday, April 27, from 10 am - 3 pm at the Anglican Parish Hall, 4703 Canal Road.

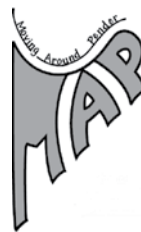
The meeting is being hosted by your local Sewer and Water Committee members, with background support from CRD staff. Any and all questions are welcomed. There will also be shuttle transportation for registered attendees who are interested in touring the Schooner Way Wastewater Treatment plant. This would be an ideal opportunity to boldly go where you've gone before.

Open format: no sitting, or being talked at for hours. Your system, your money. We need your feedback. Please be there.

Alex Wilson

Moving Around Pender

MAP



We can now announce, after months of effort, that the Hamilton Trail has been agreed to by all parties. We are grateful to Mike and Anne Burdett for allowing this trail around the inside of their property and, as a first stage, we will, with their help, be installing a fence to protect their animals and prevent trespassing, and this should be completed before the end of April. This will allow people who are walking to the Driftwood from the Browning Marina and pub, or in reverse, to have a safe trail that will eradicate the dangerous combination of fast traffic and wandering pedestrians that has existed for years. It is simply good luck, rather than planning, that a serious accident has been avoided.

Our bus has expensive engine problems, but we are hoping to get this fixed in time for the Tour des Isles. Before we launch another summer program for our 'Buss-a-Nova,' we need more volunteer

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drivers and someone who would like to take on the paid position of coordinator. If you are interested, come to our next meeting in the Community Hall at 1:15 pm on March 30, where we will be happy to answer your questions.

A sub-committee is exploring the possibility of establishing a trail from Magic Lake to the school. Our aim is to provide a safe path for walkers and cyclists and enable young people to get to school independently. It would also encourage adults to walk rather than use the car.

We would be delighted to have your ideas.

We were delighted with the community response to our 'Wein's Trail clean-up' at the end of February, when a dozen adults and children turned out on a cold, wet day to help remove unwanted grass and weeds. We hope to finish the job on Saturday, April 27. Meet us at the trail at 10 am, bring gloves, rakes, spades, and any other implement you wish and have an hour or two of social, physical fun.

You may wonder how we can afford to install Car Stops, create trails, and run the bus?

The answer is that we rely mainly on grants from the CRD and some federal grants when we can get them. But this takes time, hard work, and a certain degree of luck. We are blessed with a rich selection of volunteers, and Dave Howe (CRD director for Southern Gulf Islands) has been a great supporter of ours and without his belief in our projects we would not have been so successful. However, if we are to achieve our ultimate goal - a trail from the Ferry Station to Magic Lake (the Magic-Ferry Route) - we need community funds. If there are property owners who are willing to support us, we would be happy to explain how they could contribute to our projects, from an 'adopt a trail' plan to a 're-launch the bus' scheme (or an exciting idea for a new generation of bussing)!

Barry Mathias, Chair

Outer Gulf Islands RCMP-GRC



It is that fun time of the year when the stress of taxes is upon us. With this being said, the Outer Gulf Islands RCMP would like to remind everyone

that while your mind is distracted with this, scammers are out there trying to capitalize on the distraction in order to obtain your hard-earned savings.

These scams often target people via telephone and the internet under the guise of being either Canada Revenue Agency or the RCMP and request payment in alternative methods such as money orders, prepaid gift cards, prepaid credit cards, Crypto Currencies such as Bit Coin. The scams then often will threaten that a warrant will be issued or you will be arrested if the request is not paid. These two points are giant red flags as the federal government will never take payment in these methods and the RCMP will not call you and threaten to issue a warrant for your arrest. These are just a couple of examples of scam methods. The Outer Gulf Islands RCMP would like remind everyone that if something is too good to be true, it usually is or if something does not feel right it likely is not. Please do not hesitate to contact our detachment non-emergency number, 629-6171 or the Canadian Anti-Fraud Centre, 1-888-495-8501, or online at www.antifraudcentre.ca.

The Outer Gulf Islands RCMP also would like to remind everyone to lock their homes and cars. We understand and agree that we live in beautiful tranquil area, however in the last few months the detachment has responded to an increased number of calls regarding thefts from vehicles and properties. With locking the doors and reporting suspicious activities to police, it will help in discouraging opportunistic thieves from returning to or targeting our communities.

In conclusion, your local RCMP detachment would like to encourage you to call and report suspicious events. There is much assumption within the communities that people don't want to 'bother' us or necessarily know what might meet

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the threshold of police attendance/attention. Our role is to provide community safety and we cannot do that without the help of the community. We openly invite people to call the non-emergency number (not in progress) or 911 (in progress or fear for safety) at any time and we can assess the situation.

On behalf of our detachment we wish everyone a safe spring season.

*Cst. Brent Shemilt,
OGI Media Relations*

Pender Island Chamber of Commerce



Welcome to Spring... finally! We do hope that you are enjoying our new-found sun and warmth, and our wonderful outdoor Pender Island activities from hiking to kayaking, golf to gardening... enjoy it all on our Island. See our Chamber website for lots of ideas.

The Chamber is gearing up for a busy summer with a number of innovative and creative plans, not only for the Chamber but rural and community-centered processes, local business assistance, and development education. All are geared to help Pender maintain its healthy and liveable community status.

To start us off on this journey, we will begin with a few definitions. The definitions are not all-inclusive but clarify several terms. Their intent is to help interpret details and actions that you may be hearing over the next few months. These include:

Rural Development

Rural development is the process of improving the quality of life and economic well-being of people living in relatively isolated and sparsely populated areas. Its focus is on a broad range of development goals for agricultural or resource based businesses, education, entrepreneurship and physical and social infrastructure characterized by an emphasis on locally produced strategies.

Rural Designation

Rural designation highlights low-density residential, small-scale commercial, agricultural, industrial, and institutional uses. Urban levels of development are

not intended for these areas. Rural designation offers increased supports, utility and transportation infrastructures, rural lands for food production, and environmental benefits. *"Rural areas are important to the economic success of the Province and our quality of life."* BC Government.

DMMO

DMMO stands for Destination Management and Marketing Organization. A DMMO represents a destination and helps it to develop a long-term travel and tourism strategy. DMMOs come in various forms and are responsible for promoting a community as an attractive travel destination, enhancing its public image as a dynamic place to live and work. Through the impact of travel, they strengthen the community's economic position providing opportunities for residents. Across the Province of BC, multiple 10-year destination development strategies are being created which will inform six regionally specific strategies. In turn, these strategies will then inform the creation of a single provincial destination development strategy.

Community Economic Development (CED)

CED is action by people locally to create economic opportunities that improve social conditions. CED is an approach that recognizes that economic, environmental, and social challenges are interdependent, complex, and ever-changing. To be effective, solutions must be rooted in local knowledge and led by community members. CED promotes holistic approaches, addressing individual, community, and regional levels, recognizing that these levels are interconnected. The activities are as varied as the communities they live in. They often focus on sustainability, financial continuity, and community well-being, and local community resources, assets, and needs to increase self-reliance.

Social Enterprises

Social Enterprises are revenue-generating businesses with a twist. Whether operated by a non-profit organization or a for-profit company, a social enterprise has two goals: to achieve social, cultural, community, economic, and/or environmental outcomes, and to earn



Is your pain affecting your sleep

Whether pain is due to a backache or muscle spasms, tense muscles in the neck or an ankle sprain, you should seek relief to achieve a restful night. When we are not well rested, pain is even more irritating, so here are a few tips to help:

- Try to not overuse the muscles or joints that are in pain, and allow yourself some rest during the day.
- Make sure you have identified the CAUSE of your pain. Your doctor may help you diagnose an underlying issue.
- Consider consulting with a physiotherapist or other health professional to treat and solve the problem.

Ask your pharmacist what over-the-counter pain killers you may use. Tylenol Nighttime or Advil Nighttime may be good options as they contain a pain killer as well as diphenhydramine that helps as a sleep-aid. Consult your pharmacist before using these products, as they may interfere with your medications or current health condition. For example, men with prostate problems should avoid over-the-counter sleep aids, and people with history of heart or kidney conditions should avoid ibuprofen and other NSAIDs.

Happy Easter!

The Pharmacy will be open normal hours every day through the Easter weekend.

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revenue. Are you running a social enterprise? Do you:

- sell a good or service to the marketplace?
- use social and environmental goals to steer your business?
- produce goods and services for the market, but manage your operations and redirect your surplus in pursuit of social and environmental goals?
- create capacity and self-sufficiency for individuals, and impact the community?

To Date

Using the principles of community and sustainable development (participation, asset- and community-based self-reliance) social enterprise, advocacy, and mediation, the Chamber, the SGI Consortium, and the CRD are all working together to help transform great ideas into vibrant action. Several activities are in the works with more to come...for full details please visit the Chamber's Facebook page and Website over the next few months.

Rural Economic Summit

The first ever *BC Rural Islands Economic Summit-2019 for the GIs* will focus on economic capacity building for BC's rural island communities including Bowen, Cortes, Denman, Gabriola, Galiano, Hornby, Mayne, Pender, Quadra, Saturna, and Salt Spring Island. Staff of the Ministry of Forests, Lands, and Natural Resource Operations and the Rural Development Ministry will be helping with the identification of guest speakers. Western Economic Diversification Staff will be helping with funding proposals. The summit will take place in November 2019 with the aim to bring together community, business, and government to discuss key issues in the Gulf Islands such as sustainable and community development, job creation, and more. The one-day event will include workshops and panel discussions, as well as learning and networking opportunities. It will be used to get an in-depth understanding and key insights in the Rural Gulf Islands.

Chamber of Commerce AGM

The Pender Island Chamber of Commerce AGM is planned for late May or

early June. We will be sending out details for this important meeting in May 2019.

Visitor Guide Brochure/Map

The famous and much used *Pender Island Visitor Guide and Map* has been sent to the printers already and will be ready for Easter this year. Many thanks to Tania for pursuing all our essential Island services and businesses to complete the Guide and Map ensuring that the map and details are accurate for design and printing. For free Guides, please contact Tania at the Chamber.

Mamie Hutt Temoana

Pender Island Child Care Society

Dragonfly Child Care & Family Resource Centre



Pender Island Child Care Society

reaches out to community groups to support our programs. At this time we'd like to thank the community gaming grants for their support.

Parents and Babes

Parents and Babes is every Monday morning from 9 - 11:30 am at Dragonfly. This is a free drop-in program for parents, caregivers, and their children. Come out and enjoy snacks, adult and children interactions, and the book lending library. There will be no Parents and Babes April 22 due to Easter Monday. Thanks to Success by Six and the Pender Island Child Care Society, this program is free.

Healthy Opportunities for Preschoolers (HOP)

HOP is every Wednesday morning in the school gymnasium from 9 - 10:15 am. This month, gymnastics equipment will be set up for the first three weeks and then we'll follow with a week of wheelchair basketball. Come on out and join facilitator Karen Parker, as she helps you explore trampolines, tumble mats, balance beams, ropes, ladders, and more! HOP is designed for parents/caregivers to engage in physical activities with their children 1-5 years. Thanks to the Pender Island School and the CRD-parks and recreation, this program is free.

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Dad n' Me Pancake Breakfast

Dad n' Me Pancake Breakfast will be on April 13 from 9 - 11 am at Dragonfly Centre. Kids, bring your dads, uncles, grandpas or your good friend. Dads, this is a great opportunity to play with your kids and meet some of your children's friends and their dads. Thanks to the Ministry of Children and Families, this program is free.

Family Forest Program

Join facilitators Geneva Jacobs and Kandice Knapp as they lead the family forest program this spring. Families will come together outside in nature at various Pender Island locations to celebrate our connections to each other and the world around us. Families will meet from 1 - 4 pm on April 13, April 20, May 11, and May 25. The cost is \$80 per family for all four sessions. Thanks to CRD Parks and Recreation for their support of this program. Call Sarah to register.

Babysitting Course

The Babysitting course will be held Saturday, April 6, 9 am - 3 pm, and Monday, April 8 and 15 from 3:30 - 5pm. The cost is \$40 and includes the babysitting manual and certification from Canada's Safety Council. Please register with Sarah to reserve your seat.

Sourdough Workshop

Join Mariko Benson as she facilitates the Sourdough bread workshop on Tuesday, April 16, 6 - 7:30 pm. Cost is \$10. Thanks to First West Foundation for their support of our parent education courses.

Child Care

Our dedicated ECEs provide a safe and enriching environment for children to learn, play, explore, and socialize. We now have openings for child care on Thursdays 9 am - 1 pm, or 9 am - 3:30 pm, or 9 am - 4:45 pm. Call Sarah for more information.

If you would like further information on Dragonfly activities, you can contact Sarah at 629-3039 or by email dragonflyfamilycentre@yahoo.ca. Our website is dragonflycentre.ca

Sarah Conley

Pender Island Community Service Society

Nu-To-Yu

Oops. Somehow, I completely forgot to submit my article last month. I hope no one thought it meant the store was closed...

I'd like to remind all the members of the Pender Island Community Service Society (PICSS) that our AGM is Monday, April 15 at 1 pm.

Another reminder, this time to students applying for a bursary: forms are at the Dockside Realty office at the Driftwood Centre. Be sure to return them (to that office) by June 30.

Don't forget your Easter bonnets! We have lots of straw hats, along with all you need to dress them up. Check out our craft corner.

Get prepared for Spring - we will soon start putting out warm weather gear. It cannot come too soon. You can dress up your garden even before the flowers come - look for interesting knick knacks downstairs in the cage. I'm right on a deer path, with a rocky, shady garden, so

I've used all sorts of pots and figurines to fill in the gaps.

Lastly, as usual, remember our \$5 bag day, held on the last Friday and Saturday of each month. Stuff as much clothing and linens as you can into a brown paper bag (excluding specially priced clothing and shoes).

Sheila Veness

Pender Island Conservancy Association

PICA



PICA is hosting two major events on Pender Island in April.

The *Annual Beach Clean-up Day* is Saturday, April 20 from 10 am - 1:30 pm. As usual, it will be held in the Medicine Beach Centre Parking lot. Please see the ad on **page 4** and the write-up in Special Notices section on **page 5**,

The second event is a two day Community Service Event: the *Watersheds, Groundwater, and Ramifications of Climate Change Seminar*, at the Commu-

Pender Island Fire Protection Society

Notice of Annual General Meeting April 10, 2019 Fire Hall # 1

Registration at 6:45 pm, Meeting at 7:00 pm

**Two directors will be elected.
Financial statements and other reports
will be presented.**

For further information, contact Fire Hall # 1 at 250-629-3321

nity Hall. On Saturday, April 13, from 9:30 am - 1 pm, will be the Pender Island School Children's presentations with the scientists and experts in attendance, and a display by Parks Canada, and Sunday, April 14, 2019, from 1 to 4 pm will be the main portion of the Seminar with featured guests.

Also, please see **page 7** for the submission from the Islands Trust Conservancy on *The Medicine Beach Nature Sanctuary, Reflecting on the Past and Planning for the Future* and in the Remembering section, a tribute *Remembering Sylvia Pincott and Sara Steil*.

Eleanor Brownlee

Pender Island Farmers' Institute

PIFI

Farmers' Market Preparations and Vendors Meeting

The Pender Island Farmers' Market will run from the May Long Weekend (May 18) until Labour Day (August 31), every Saturday from 9:30 am - 1 pm.

To get ready, we will be having the Farmers' Market Vendors meeting at the Lounge at the Hall on Tuesday, April 30 at 7 pm. We encourage you to attend if you are a new or returning vendor to get up-to-date information on the market and to take care of registration.

Until then, we encourage everyone to attend the special Easter Winter Market put on by the Hall on April 20!

2019 Fall Fair Planning Underway

This year's theme will be Building Community Resilience. As always, the Fall Fair is a place to celebrate what makes Pender special and this year we'll pay tribute to the groups and individuals that knit us together as a community.

This is the time of year that things start to happen for the 2019 Fall Fair. There are lots of ways to get involved, especially if you have ideas you'd like to make happen. Our next meeting will be Thursday, April 4 at 7 pm at the Community Hall.

If you would like to get involved or have questions, contact Matthew Vasilev at matthewvasilev@gmail.com or Ben

Kadel at bekadel@gmail.com.

Farmers' Institute AGM

Thank you to everyone who came out for the Farmers Institute AGM and potluck and congratulations to our new and continuing board members.

Seedy Saturday

Thanks to everyone who made Seedy Saturday such a great success, especially to Monica Petrie and Sanae Kikuchi for all of the behind the scenes organizing and preparations.

Ben Kadel

Pender Island Fire Rescue

PIFR



Greetings all. GPIFR has responded to 47 emergency calls as of mid-March, a nine per cent increase over the same period in 2018.

According to the data, the 2019 wild-fire season will be very active due to higher predicted temperatures and less precipitation; not good news when you live in a forested community. In these conditions fires can start easily spread quickly. However, there are many ways to reduce the impact of wildfire on your property and in your neighborhoods. The safety of your property and houses will depend on your efforts to be fire smart. Please visit <https://firesmartbc.ca/> to learn more.

The Pender Islands Fire Protection Society (PIFPS), under contract to the CRD, defines the level and scope of fire and rescue services delivered here. The PIFPS elects a board of directors to

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Saturna Island, BC ecofirfloors@gmail.com

Sustainable No Forests Harmed

manage its affairs and has been very fortunate to recruit experienced talent. The board has eight volunteer members and a ninth may be appointed. Everyone living on the Penders can be a member of the society by paying a \$2 annual membership. The society AGM provides the opportunity for community feedback and is a necessary forum to gauge the board's success in achieving the goals of the society.

As your fire chief, I am responsible for daily operations of Pender Island Fire Rescue and for ensuring that necessary resources are available and that our team is capable of responding to a broad range of emergencies. I am also responsible for budget management and planning. I report to the board of directors monthly and to the PIFPS annually. The AGM is my opportunity to update and advise the society on PIFR's success in meeting those responsibilities.

Please look for the notice of AGM in this issue of *The Pender Post* and, if possible, attend on April 10. Memberships are available at the door, allowing you to vote on the issues that will shape the future of your fire and rescue services.

It is April and that means fire permits are required for all outdoor burning. Permits are available on our website, www.penderfire.org, and most workdays at Fire Hall #1 by the RCMP detachment. This website allows you to apply for a fire permit and pay online simply by clicking on "Fire Permits" in the navigation bar on the right side of the screen. You can also review the burning regulations through the tab on that page. If this online process does not suit you, just drop by Fire Hall #1 to apply in person and get an update on current regulations and conditions. The admin-

istration office is open Monday through Friday between 9:30 am - 5 pm.

If you purchase your permit online, print a copy or store it on your personal device so you have it available to show at all times when burning. Tickets for infractions can be issued by a variety of enforcement agencies. You must be able to show a valid permit if requested. Please remember you are responsible and accountable for any fire you light, including any damages from an escaped fire.

Please burn responsibly and respect your neighbor's health and welfare. Smoke can be deadly to people with breathing issues or other health problems. A little talk across the fence can eliminate a health emergency or a complaint-driven response by the fire department.

The change to Daylight Saving Time means it is time to replace smoke alarm batteries. All homes, structures, and sleeping cabins must have working smoke alarms in all areas with sleeping accommodations. It is the law and you can be held accountable for injuries and deaths that result from neglecting these life-saving devices.

Don't wait; check those smoke alarms today, and above all stay safe.

Charlie Boyte, Fire Chief

Pender Island Health Care Society

PIHCS

Happy Spring - we hope!

The last article talked about changes, and I mentioned then that Kim Brown (one of the three dynamic Mental Health counsellors at PIHCS) will be leaving us soon. She (and her dear "other half")

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James Constable

are moving off island to be closer to family...and grandchildren, if truth be told! She will continue in her research role with University of Montana, as well as teaching in the Social Work faculty at University of Victoria.

Kim has been with PIHCS, in her current role, since 2013. Prior to that and shortly after moving here from Montana in 2007, she was part of the Pender Mental Wellness Initiative. This volunteer group focused on encouraging community wellness, often using films and follow up discussions to explore this important topic. Although this group no longer exists, Kim's interest in this has not wavered since she "has learned so much from the folks who trusted her by coming to share their wellness journey." She feels a high degree of accountability in her role: "After all, these are my neighbours, friends, and fellow islanders."

In reflecting on her time working at PI-CHS, she quickly (and quietly) says, "Moving from here has been the hardest decision of my life. I have experienced a sense of community that I didn't think still existed. Some of the best friends I have ever had, are here. Thanks to everyone I saw; know you'll be missed."

Kim, you have worked from a respectful, skilled, place of hope. We send you off with humble gratitude and the hope for great things that are important to you, in the future.

Look in the coming issue for updates on other Mental Health counsellors, as well as the announcement of who will be coming to join the team once Kim closes her time here.

If you are interested in being on the board of PIHCS, we invite you to let us

know. We are in the early stages of preparing for our fall AGM and would be happy to explore this opportunity with you. Please contact Marion Alksne (Executive Director) at execdir@penderislandhealth.ca or by phoning 629-3326.

Marion Alksne

Community Support Programs

Don't let fear or insecurity stop you from trying new things. Believe in yourself. Do what you love. And most importantly, be kind to others, even if you don't like them. ~ Stacy London

Maintain Your Independence

Tuesday March 5 - April 23

9:45 am Moderate Yoga with Ella
11:15 am Gentle Chair Yoga with Ella
12:30 pm Moderate Yoga for Men with Les

Thursday March 7 - April 25

9:45 am Moderate Exercise Dance with Lindsay

11:15 am Intermediate Exercise - Moving Easy Exercise with Mani (by donation)

Tuesdays April 30 - June 18

9:45 am Moderate Yoga with Ella
11:15 am Gentle Chair Yoga with Ella
12:30 pm Moderate Yoga for Men with Les

May to June Maintain Your Independence Programs

Thursday May 2 - June 20

9:45 am Moderate Exercise - TBA
11:15 am Intermediate Exercise - TBA (by donation)

The \$40 pre-registration deadline for the May classes is April 28 at 1 pm. After

this the cost will be \$45 for the full session or \$7 to drop in. If the cost poses a hardship, contact Community Support for assistance; many thanks to the CRD/ Pender Parks and Recreation Commission for its financial support of the MYI programs.

55+ Luncheon Group

A delicious lunch and great companionship at the Anglican Parish Hall every Wednesday at noon; if you are new to this group please call Nora at 629-3845 to ensure space. Cost is \$10; if the cost poses a hardship, contact Community Support for assistance.

55+ Take A Break!

Thursday April 18 we will head over to the Pender Island Museum to step back in time and explore the interesting history of the Pender Islands. For more information or to RSVP, please contact Andrea. Many thanks to the Pender Island Lions Club for their financial support of the Take A Break program.

Caregivers Support Group

We are taking a break for April and plan to be back in May on a new day of the month. Please contact the group facilitator, Christine, at 778-928-0307 or email pendercare@gmail.com to be placed on the contact list, make a request as far as meeting days, for more information, or to RSVP.

Volunteers Needed

Volunteer Drivers

Drivers needed for both on or off island medical trips. Volunteers receive emails or phone calls about upcoming trips; if the volunteer is available they are matched up with the person needing a ride. Drivers can receive a Charitable

In Memoriam

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Tax Receipt for their mileage and either a Charitable Tax Receipt or a set amount of money for snack or meal reimbursements.

Act of Kindness

“One summer in the late 60s my family visited Nova Scotia and travelled the Cabot Trail. We were three families with young children and the adults had to keep a close eye on the little ones, as the stunning coast consisted of an endless stretch of rocky cliffs. The morning after we settled into our first campground, another parent and I took some of the more adventurous kids on a hike along the shore below our high-bank campsite. We were clambering over the rocks when I thought I saw an animal ahead of us by the water’s edge. Suddenly there was movement and I realized it was a person lying among the rocks and heard a weak cry for help. Sending the others back up the cliff for help, I made my way over the craggy shoreline. I found a teenage boy bleeding from his head, his hands and leg, with copious scrapes on his face. His breath was rapid and he was obviously in great pain. Despite his injuries, he was able to tell me what had happened. His name was Stephen, he was fifteen and had just that day arrived at the campground with his family. He had decided he would explore the ocean shore, not by the pathway we had taken, but by the more exciting route of climbing directly down. He had slipped, slid, and fallen at least 50 meters down the cliff, landing, it seemed, full force on his left foot, as it was hanging off his ankle, held in place only by a few tendons and shreds of skin. I had no first aid training but knew, despite my wish to make his poor twisted body more comfortable, that I couldn’t move him. But what else could I do for this boy in so much pain? I began to hum quietly, just any old way, as in those days I considered myself a tone-deaf non-singer. It felt calming to me so I continued and the tune began to take on a Celtic lilt. As I hummed, the melody developed, at times lightly lilting, mournful, soothing. I held Stephen’s hand and rubbed the arm closest to me. He moved in and out of consciousness in the time, which seemed endless, before two wardens arrived to carry him up the cliff on a stretcher to where a Medivac helicopter

was waiting. We spoke only a little in that waiting time, but the tune kept coming and Stephen was calm throughout. I felt a connection between us created by the music that had come from me for him.....but somehow not from me as well. Was it the spirit of the rocks, the sea...or some Celtic ancestor....who showed up to offer a balm to this poor suffering human? I never got to hear how it turned out for Stephen but I do have faith in medical practices for the repair of broken limbs and tissue. I believe that he would have struggled, given his injuries, and I know that our life struggles bring growth. I also know that I have learned to trust that there is music and song in me and I have had years of pleasure finding my voice. I hope that when Stephen recalls that terrifying day and all the pain, he also remembers the kindly healing spirit that visited us both that day on that beautiful and perilous coast.”

To volunteer, to learn more, to inquire about meeting dates or times, or to sign up for any of the above programs and opportunities, please email andrea@penderislandhealth.ca or leave a mes-

sage at call 629-3346.

Andrea Mills, Community Support Coordinator

Verbal Abuse: Part One

Do you feel that you are being criticized or belittled a lot? Do you find that you are often “walking on eggshells” around someone in your life? Or do you find that you are starting to doubt yourself in a relationship with someone? If so, it may be that you are being verbally abused.

Verbal abuse is a pattern of behaviour in which one person uses insults, criticisms, sarcasm, accusations, and/or threats to control or intimidate another person. Verbal abuse is not just an occasional complaint or harsh word. It is a type of psychological abuse during which someone deliberately undermines a person’s sense of self in order to gain feelings of control or power.

Verbally abusive people are often narcissistic, controlling people, or people who deal with their feelings of anxiety or inadequacy by putting others down. However, some verbally abusive people simply do not have the skills to estab-



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Anglican Church of Canada

Parish of Pender and Saturna Islands • 4703 Canal Road

April 7	10:00 am	St. Peter's	Circle Service
April 14	10:00 am	St. Peter's	Palm Sunday Holy Eucharist
April 19	10:00 am	St. Peter's	Good Friday Service
April 21	10:00 am	St. Peter's	Easter Sunday Holy Eucharist
April 28	10:00 am	St. Peter's	Holy Eucharist

Ellen Willingham, 629-6700

Church Office: 629-3634 - Parish e-mail: stpeterstchristopher@gmail.com

Bookings for the Parish Hall:

stpeterstchristopher@gmail.com

Pender Island United Community Church (PIUCC) (www.pendercommunitychurch.ca)

4405 Bedwell Harbour Road - We are an inter-denominational church, all are welcome!

April 7	10:45 am	John Wilton	Communion Service
	2:00 pm	Hymn Sing	Everyone welcome
April 14	10:45 am	George Hodgson	Worship Service
April 19	10:00 am	Good Friday Service	A time for reflection
April 21	10:45 pm	John Wilton	Easter Service
April 28	10:45 am	Garth Klassen	Worship Service

• Bible Study - Tuesdays in the church kitchen at 1:30 pm, Michael Plumb, 629-6806

• If you have any questions or requests, please contact Helen Allison, 629-3527

St. Teresa's Chapel - Roman Catholic Services

4705 Buccaneers Road

April 7	9:00 am	Liturgy of the Word and Communion with a lay presider
April 14	4:00 pm	Palm Sunday; Mass with Father Scott
April 19	3:00 pm	Good Friday service
April 21	10:00 am	Easter Sunday; Mass with Father Keith
April 28	4:00 pm	Mass with Father Scott

• For more information, contact Mary Adele Mulligan, 629-3141 or Michael Doyle, 629-3862 - email stteresachapel@gmail.com

The Bahá'í Community of Canada (<https://www.bahai.ca>)

The Bahá'í Group of Pender Island (<https://bahaisofpender.org>)

April 9	7:00 pm	Feast of Glory
April 28	7:00 pm	Feast of Beauty

• For the location of the feasts on Pender Island, please contact Andrea Cribb (629-9945) or Bev Peden (250-412-2524).

The last in the Global Community speaker series before breaking for the summer occurs this month at the Pender IslandsCommunity Hall.

• From the writings of the Bahá'í Faith:

The purpose of religion as revealed from the heaven of God's holy Will is to establish unity and concord amongst the peoples of the world; make it not the cause of dissension and strife. ~ Bahá'u'lláh

The Church at Hope Bay

Meets at the Hope Bay Bible Camp, 4302 Bedwell Harbour Road (Entrance on Hooson Road)

• Sundays at 10:30 am: Worship Service. Potluck Meal to follow on first and third Sundays.

• We are a diverse group of people who meet regularly to worship Christ and to encourage each other. Our family-friendly service includes contemporary music, sharing, teaching, and praying together. Our potlucks (twice monthly) bring us together for fellowship, food, and friendship. All are welcome!

Health Services

Medical Emergency 911
Medical Clinic.....629-3233

Dr. Gerry Moore, Dr. Robyn Wiens, Dr. Bruce Rebner
 Nurse Practitioner - Tracey Adams

Monday to Friday, 9 am-12 pm and 2 pm-5 pm

Patients, please do not call clinic staff at home. If your circumstance is genuinely of an urgent nature that will not wait until the clinic reopens, call **1-800-866-5602** and ask for the “**Doc-tor on-call for Pender Island.**” Your call will be returned.

Alcohol and Drug Counsellor, John McNally, 250-538-4849

Audiologist, Donna Stewart 778-426-4876

Chiropractor, Mark Wensley 629-9918

Community Support, Andrea Mills 629-3346

Crisis and Mental Health Counsellors

Kim Brown 250-539-0024

Elizabeth Miles 250-539-0905

Ulla Rembe 250-539-0325

Family advancement Counsellor

Kirsty Chalmers 250-222-0025

Dentist, Dr. Gary Sacher 629-6815

Jin Shin Do Acupressure, Mike Kenyon 250-213-3649

Lab Services, Sonya Fulawka 629-3233

Optometrist, Dr. David Schaafsma 629-3233

Naturopath, Dr. Andrea Gansner..... 604-544-7656

Pender Island Community Nurses 629-3242

Carolyn Cartwright-Owers and Miranda Mawhinney.

Pharmacist, Christine Swan..... 629-6555

Public Health Nurse, Immunization Clinic, Prenatal

Education, Lois Woolley .. 250-544-2400 or 539-3099

Reg. Massage Therapist, Karen Mani Lang.. 629-6639

Reg. Massage Therapist, Tru Hartwood ... 250-889-3923

Traditional Chinese Medicine, Dr. Trevor Erikson 778-886-1180

Home-based Licensed Health Professionals

Reg. Physiotherapist, Mieke Truijen..... 629-9910

24 Hour Crisis Help Lines

Healthlink BC Dial 811

Nurses 24/7, Pharmacists 5 - 8 pm, Dieticians 9 am - 5 pm

Island Women Against Violence (IWAV)

Crisis support/transition..... 1-877-435-7544

Stopping the Violence Counselling 250-538-5568

Women's Outreach Counsellor..... 1-888-537-0717

Kids' Help Phone 1-800-668-6868

Mental Health Distress Line

Support/Information 310-6789

Suicide Prevention Helpline..... 1-800-784-2433

Vancouver Island Crisis Line..... 1-888-494-3888

Victim Link..... 1-800-563-0808

Community Support Numbers

Capital Regional District (CRD)

Director SGI, David Howe 250-216-5618

Building Inspector 629-3424

SGI Harbours, Carl Bunnin cbunnin@gmail.com

Bylaw/Animal Control complaints . 1-800-665-7899

Magic Lake Water & Sewer General . 1-800-663-4425

Magic Lake Water & Sewer Emergencies 1-855-822-4426

Emergency Hydro 1-888-769-3766

Fire Rescue (Emergencies)..... **911**

Duty Officer is available 24/7..... 1-250-478-7770

Non-Emergency Contact Information

Hall #1 and Administration 629-3321

Hall #2..... 629-3325

Hall #3..... 629-3400

Fax 629-6194

Fire Chief Cell 1-250-537-0166

Burning Permits Fire Hall #1

4423 Bedwell Harbour Road www.penderfire.ca

Hall/Venue Bookings

Anglican Parish Hall .. stpeterstchristopher@gmail.com

Community Room (School) 629-3711

Health Care Centre Meeting Room 629-3326

Legion Hall..... bookings239.rcl@gmail.com

Pender Island Community Hall..... 629-3669

Plum Tree Court Meeting Room. plumtreecourt@gmail.com

Home Support Services

Ask for the home support program.. 1-888-993-2299

Islands Trust: Victoria 1-800-663-7867

NP, Deb Morrison..... dmorrison@islandstrust.bc.ca

NP, Ben McConchie . bemconchie@islandstrust.bc.ca

SP, Steve Wright..... stwright@islandstrust.bc.ca

SP, Cameron Thorn..... cthorn@islandstrust.bc.ca

Member of Parliament

Saanich-Gulf Islands, Elizabeth May.... 1-800-667-9188

Ministry for Children and Families.... 250-952-6062

Toll free..... 1-866-823-5857

Help Line for Children anywhere in BC ... 310-1234

Pender Islands Emergency Program

Emergency Coordinator - Pat Haugh..... 629-9991

ESS - Barbara Tarris 629-3052

Pender Island Public Cemetery 629-3727

Pender Island Veterinary Clinic 629-9909

Poison Control Centre..... 1-800-567-8911

RCMP, Outer Gulf Islands (non-emergency).. 629-6171

Crimestoppers 1-800-665-TIPS (8477)

Victim Services 629-6531

Rescue

Marine & Aircraft distress 1-800-567-5111

Joint Rescue Coordination Centre (JRCC)

Search and Rescue (Land) Emergency 911

Provincial Emergency Program 1-800-663-3456

School Trustee, Greg Lucas..... glucas@sd64.org

APRIL CALENDAR

1	Mon	9:00 am	Parents and Babes to 11:30, (also on 8, 15, 29), Dragonfly Centre	28
		9:25 am	Walking Group meets every Monday and Friday, St. Peter's, call Carol for details, 629-9959*	
		1:00 pm	PIAS, Cutting mats, painting show signs to 4 pm, Anglican Parish Hall	15
2	Tue	9:45 am	MYI: Moderate Yoga with Ella, Community Hall*	32
		10:00 am	Toddler Time to 11 am and After-school Kid's Club off of the afternoon bus to 5 pm, Epicentre*	23
		10:00 am	Recycling Depot, Winter Hours: Tuesday, Thursday, and Saturday, 10 am - 3 pm*	44
		11:15 am	MYI: Gentle Chair Yoga with Ella, Community Hall*	32
		12:00 pm	Food Skills for Families program to 3 pm, (Also on April 9, 16, 23, 30), Community Hall*	23, 39
		12:30 pm	MYI: Moderate Yoga for Men with Les.....	32
		7:30 pm	Badminton meets every Tuesday, 7:30 - 10 pm, School Gym, Peter Taylor, 629-3375*	
3	Wed	9:00 am	HOP to 10:15, (also on 10, 17, 24), School gym	28
		9:00 am	Food Bank open Wednesdays to 11 am, upstairs at back of Anglican Parish Hall*	
		10:00 am	Wednesday Walking Group to 12 pm, Community Hall*	
		12:00 pm	55+ Luncheon Group, RSVP Nora 629-3845 Anglican Parish Hall*	32
		1:30 pm	Carpet Bowling to 3:30 pm every Wednesday, Community Hall*	
		2:00 pm	Socrates Cafe meets every Wednesday to 4 pm, Pender Island Public Library*	
		4:00 pm	Ukulele Strum-A-Long to 5 pm, all ages and abilities welcome, Community Hall Lounge	21
4	Thu	9:45 am	MYI: Moderate Exercise – Dance with Lindsay, Community Hall*	32
		10:00 am	Recycling Depot, Winter Hours: Thursday, Saturday, and Tuesday, 10 am - 3 pm*	44
		11:15 am	MYI: Moving Easy Exercise (by donation), Community Hall*	32
		5:30 pm	Legion Meat Draw, every Thursday, Legion*	66
		7:00 pm	Fall Fair Planning Meeting, Community Hall.....	30
5	Fri	10:00 am	Community Café to 1:30 pm, Community Hall.....	39
		10:00 am	Nu-To-Yu open on Friday and Saturday until 4 pm*	29
		10:30 am	Makers Hub, Free Drop In, first Friday of each month, Community Hall.....	39, 44
		10:30 am	South Pender Local Trust Committee Business meeting, South Pender Fire Hall	25
		11:00 am	Repair & Tech Cafe, every Friday, Community Hall*	39
		12:00 pm	PIG&CC open for disc golf to dusk, Golf Course	47
		12:00 pm	CG/PIHCS Soup Luncheon with Live Music by Maddie Muir, Community Hall*	21, 39
		5:30 pm	PI Soccer Club meets every Friday, all welcome, 14 years plus, free, School Field or Gym*	
		6:00 pm	Legion Friday Night Dinner, <i>Butter Chicken</i> , Legion Hall	46, 66
		7:00 pm	Solstice Theatre presents <i>The Odd Couple</i> , April 6, 12, & 13; April 7 at 2 pm, Community Hall* 3, 21, 39	
6	Sat		Winter Series Tournaments (Duck Golf). Disc Course and PIG&CC	47
		9:00 am	Child Care Society Babysitting Course to 3 pm and april 8 and 15, 3:30 - 5 pm, Dragonfly.....	29
		10:00 am	Saturday Winter Market to 1 pm, Community Hall*	
		10:00 am	Recycling Depot, Winter Hours: Saturday, Tuesday, Thursday, 10 am - 3 pm*	44
		1:15 pm	Moving Around Pender meeting, Community Hall	
		4:00 pm	Legion Meat Draw, every Saturday, Legion Hall*	46, 66
7	Sun	2:00 pm	Solstice Theatre presents <i>The Odd Couple</i> , April 6, 12, & 13; April 7 at 2 pm, Community Hall* 3, 21, 39	
		2:00 pm	A Trip to India with Hans Tammemagi to 4 pm, Library.....	20, 42
		8:30 am	Pender Pacers run every Sunday, call Herb for details, 629-3205*	
		10:00 am	Badminton meets every Sunday, 10 am - 12 pm, School*	
		2:00 pm	PIUCC Hymn Sing, all faiths welcome	34
		7:00 pm	Speakeasy, Legion.....	66
8	Mon	9:15 am	Quilters' Circle meet, Anglican Parish Hall	19
		3:30 pm	Babysitting Course to 5pm, (also on April 15), Dragonfly Centre.....	29
		4:00 pm	Magic Lake Property Owners' Society Directors meet, School	
		7:00 pm	Pender Photo Club meets, School Community Room	20
10	Wed	1:00 pm	Workshop Series, <i>Caring for Yourself When You are Caregiving</i> to 3:30 pm, Clinic Meeting Room	23
		7:00 pm	Pender Island Fire Protection Society AGM, Registration at 6:45 pm, Fire Hall #1	29, 31
11	Thu	12:00 pm	55+ Take a Break, call Elise for details 250-858-2158	32
		1:00 pm	Garden Club presents <i>Alpine Plants</i> with Jay Akerley, Anglican Parish Hall	48
		2:00 pm	Stroke Support Group - monthly, every second Thursday to 3:30 pm, Clinic Meeting Room.....	22
		7:30 pm	<i>Schryer, Hillhouse, and Dobres</i> in concert, doors open at 7 pm, Community Hall	39, 69

CALENDAR CONTINUED

12	Fri	10:00 am	First Aid Fridays - monthly, every second Friday to 11 am, Community Hall*	22, 39, 44
		12:00 pm	CG/PIHCS Soup Luncheon, Live Music by Pondsides (Jim Stafford, Colin Hamilton), Hall	21, 39
		1:30 pm	<i>Singing for Fun, Singing for Joy</i> with Mary Reher to 2:30 pm, \$15 drop-in, Community Hall.....	39
		6:00 pm	Legion Friday Night Dinner, <i>Steak and loaded Baked Potato</i> , Legion Hall	46, 66
13	Sat	9:00 am	<i>Watershed, Groundwater...Ramifications of Climate Change Part 1</i> to 1 pm, Sun. 1 - 4 pm, Hall.....	30, 67
		9:00 am	Dad n' Me Pancake Breakfast to 11am, Dragonfly Centre	29
		9:00 am	Scrapbooking to 5 pm, \$20 includes a meal and April 14; register <i>melodyre@shaw.ca</i>	46, 66
		11:00 am	Lego Club to 12 pm, Library.....	42
		1:00 pm	Family Forest Program to 4 pm, Call Sarah to register, location to be announced.....	29
		2:00 pm	Heartwood Folk School hosts the 3 rd Annual(ish) <i>Nettle Fest</i> to 5 pm, Community Hall.....	24
14	Sun	1:00 pm	<i>Watershed, Groundwater...Ramifications of Climate Change Part 2</i> to 4 pm, Community Hall	30, 67
15	Mon	11:00 am	Pender Island Field Naturalists AGM and Botany Challenge, Community Hall Lounge	48
		1:00 pm	PIAS, Abstract drawing from real life with Willow Alpen to 4 pm, Anglican Parish Hall.....	15
		1:00 pm	Pender Island Community Service Society (PICSS) AGM	29
		7:00 pm	PIYC regular monthly meeting, Bistro at Port Browning Pub.....	50
16	Tue	6:00 pm	Sourdough bread workshop to 7:30, Dragonfly Centre	29
		7:00 pm	BINGO sponsored by PIRAHHA, Community Hall.....	39, 43
17	Wed	9:30 am	PIFN 3 rd Wednesday Walk, <i>Roesland Then & Now</i> with Simone Marler, Roesland parking area	40, 48
		1:00 pm	Workshop Series, <i>Ways and Means of Self Care</i> to 3:30 pm, Clinic Meeting Room	23
		4:00 pm	Pender Islands Truth and Reconciliation Circle to 6 pm, Anglican Parish Hall	6
		4:00 pm	<i>Ukulele Strum-A-Long</i> to 5 pm, all ages and abilities welcome, Kraken Theatre	21
18	Thu	10:00 am	The Pender Post Society directors meet and the AGM follows at 11 am, Community Hall	5
		12:00 pm	55+ Take a Break, email <i>andrea@penderislandhealth.ca</i> for details	32
19	Fri	10:45 am	Handy Skills Workshop 11:45, Community Hall	39, 44
		12:00 pm	CG/PIHCS Soup Luncheon with Live Music, Community Hall	39
		5:00 pm	Legion Burger Night* \$10 (beef, chicken, salmon, veggie) potato salad or chips, Legion Hall	46, 66
		7:30 pm	Film, <i>Vice</i> , Community Hall	39, 43
20	Sat	10:00 am	PICA Annual Earth Day Beach Clean-up to 1:30 pm, Medicine Beach Centre	4, 5, 7, 29
		10:00 am	Special Easter Market to 1 pm, Community Hall*	30
		1:00 am	Museum now open weekends 1 - 4 pm including holiday Mondays.....	40
		6:30 pm	<i>Pender Island Short Film Festival</i> , Adults \$15, under 12 free, Community Hall	21, 39, 70
		7:00 pm	Youth Night, Epicentre.....	23
21	Sun		Easter Sunday	
		12:00 pm	South Pender Easter Art Walk to 5 pm, see map.....	4
		2:00 pm	Global Community: A Bahá'í Perspective speaker series #3 to 4 pm, Community Hall.....	5
23	Tue	9:00 am	Pender Island Parks and Recreation meeting to 12 pm, open to the public, Plum Tree Court	41
24	Wed	1:00 pm	Workshop Series, <i>Caregiving in Dementia and Alzheimer's</i> to 3:30 pm, Clinic Meeting Room	23
25	Thu	10:00 am	North Pender Local Trust Committee Business meeting, Community Hall	24
		12:00 pm	The Lunch Bunch meet, Port Browning Marina	
26	Fri	10:45 am	Talk Table to 11:45 am, Community Hall.....	39, 44
		12:00 pm	CG/PIHCS Soup Luncheon with Live Music, Community Hall	39
		1:30 pm	<i>Singing for Fun, Singing for Joy</i> with Mary Reher to 2:30 pm, \$15 drop-in, Community Hall.....	39
		5:00 pm	Legion Burger Night* \$10 (beef, chicken, salmon, veggie) potato salad or chips, Legion Hall	46, 66
27	Sat	10:00 am	Magic Lake Water and Sewer Important Open House, Anglican Parish Hall	26
		10:00 am	Garden Club Plant Sale, Community Hall	48
		10:00 pm	Legion General Meeting, Legion Hall	66
		10:00 am	Love Our Trail Day - Take 2, Community Hall	26, 39, 44
		4:00 pm	Family Forest Program to 4 pm, location to be announced	29
		7:00 pm	Teen Night, Epicentre.....	23
28	Sun	10:30 am	PIAS, Greg Swainson Workshop to 4 :30 pm, Hope Bay Pender Bible Camp	15
		1:00 pm	Maintain Your Independence Exercise Classes Pre-registration deadline	32
		2:00 pm	Favourite Poem Day with Sandy Shreve to 4 pm, Library	43
30	Tue	7:00 pm	Farmers Market Vendors Meeting, Community Hall.....	30
			Advance Notices for May.....	53

*indicates an event or activity which is scheduled weekly or for more than one day

COMMUNITY ACTIVITIES AND CONTACTS

Al-Anon Family Group	Wednesday, United Community Church, 250-383-4020
Alcoholics Anonymous	Monday 12 pm and Tuesday, Thursday, and Sunday, 7:30 pm, Plum Tree Court, 629-3205
Art Society... Usually the first and third Monday of the month, Anglican Parish Hall, 1-4 pm, Brenda Sledzinski, 629-6766	
Badminton.....	Tuesday 8 - 10 pm, Sunday, 10 am - 12 pm, School gym, Peter Taylor, 629-3375
Bridge	Contact Gail Jamieson, 629-6228 or May Ready, 629-3316
Canadian Power & Sail, Pender Island Squadron.....	David Kirsop, 629 6846
Chamber of Commerce.....	250-999-6371
Community Choir.....	Graham Garlick, 250-222-8733
Community Support/Volunteer Program	Andrea Mills, 629-3346
Conservancy Association.....	Eleanor Brownlee, 629-8330
Epicentre.....	Daily for members, workshops and activities for members and non-members, Tina Christensen, 629-3045
Farmers' Institute	Barbara Grimmer, 629-3819
Farmland Acquisition Project	Matilda te Hennepe, 629-3829
Field Naturalists.....	Bob Vergette, 629-3820
Food Bank.....	Every Wednesday from 9 to 11 am, upstairs of the Anglican Parish Hall, Barb MacPherson, 629-6052
Garden Club.....	Second Thursday of the month, 1 pm, Parish Hall, LeeAnne Mueller, 778-977-6937
Health Care Society.....	Third Monday of the month, 10 am Health Care Centre Meeting Room, Rob Dill, 629-6639
Legion.....	Open Wednesday - Saturday, 4 pm - 8 pm, 629-3441
Library.....	Open Tuesdays, Thursdays, Fridays and Saturdays 10 am - 4 pm, 629-3722
Lions Club	First Wednesday of the month, 7 pm, Dave Dryer, 629-6012
Lunch Bunch (Newcomers' Graduates)	Val Butcher, 629-6621
Magic Lake Property Owners' Society	Second Monday of the month, 4 pm, School, Jeremy Harwood, 629-0019
Motor Club.....	Last Wednesday of the month, Duncan Batty, <i>penderis.mc@gmail.com</i>
Moving Around Pender	First Saturday of the month, 1:15 pm, Community Hall, Niall Parker, 629-6936
Museum Society.....	John MacKenzie, 629-9963
Nu-To-Yu	Friday and Saturday 10 am - 4 pm
Otters Swim Club.....	President Helen Lemon-Moore, <i>penderottersswimclub@gmail.com</i> or 629-2020
Parent Advisory Council	Monthly meetings 6:30 pm, School Library, dates TBA, Jenn Kaila, 250-885-1719
Parks and Recreation Commission.....	Third Friday of the month, 9 am, Plum Tree Court, John Chapman, 629-6274
Pender Highlanders Pipeband.....	Monday, 6:30 pm beginners, 7 pm band, Anglican Hall, Larry Dempster, 629-6218
Pender Island Trust Protection Society	Peter Easthope, 360-639-0202
Pender Pacers.....	Meets every Sunday, call for place and time, Herb Katz, 629-3205
Pender Photo Club.....	Second Monday of the month, Hans Tammemagi, 629-2029
Pender Solstice Theatre Society	Gregory Nicholls, <i>gregariousgarden@gmail.com</i> or 629-6223
PIJazz - Community Jazz Band	rehearsals Tuesday, School, 6:30 pm, 629-2047
Ptarmigan Arts	1-866-859-0634
Quilters' Circle.....	Second Monday of the month, 9:00 am, Anglican Parish Hall, Cindy Hultsch, 629-6091
Recreation and Agricultural Hall Association (PIRAHA)	Board meets every second month, see calendar, 629-3669
Recycling Depot.....	Summer Hours: Tue, Thu, Fri, and Sat 10-3 pm
Soccer Club.....	Fridays 5:30 pm, soccer at school field/gym. All welcome, 14 yrs+, free
Tai Chi	Tuesdays, Thursdays and Sundays: contact Ken, 629-8332 or Kali, 629-3848
Royal Canadian Marine Search and Rescue - RCM-SAR Station 20.....	Elizabeth Wilkes, 250-538-8083
Volleyball, Adult Recreational.....	7:30 pm every Monday, School
Walking Group "Let's Go Walking"	Meets every Monday and Friday, 9:25 am, St. Peter's, Carol Davis, 629-9959
Yacht Club	Every third Monday of the month, 7 pm, Bridgeman's Bistro, Bruce Waygood, 629-6836

Special Events & Activities at the Community Hall

Saturday, April 27, 10am - 1 pm
**LOVE OUR TRAIL
 DAY 'TAKE 2'**



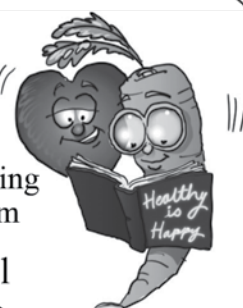
Bring gloves, weeding & planting tools and old bulbs & seeds

Trail helpers will get free coffee, tea or hot chocolate in the Hall Café.

**Food Sense -
 Healthy Cooking
 on a Budget**

A free six-week healthy cooking program. Tuesdays 12 - 3 pm

FMI or to register email
Elise.Dri@bcehs.ca



April 11, 7:30 pm
Concert
 Schryer, Hillhouse
 & Dobres

Friday, April 19, 7:30 pm
Vice

Saturday, April 20, 7 pm
**Ptarmigan Arts
 Short Film Festival**



Solstice Theatre Presents:



Fridays, April 5 & 12, 7 pm
 Saturdays, April 6 & 13, 7 pm

Friday Activities at the COMMUNITY GATHERING

Apr 5 **Makers Meet-up** 10:30 - 12:00
 - Monthly crafters group, drop in.

Apr 12 **First Aid Friday** 10:00 - 11:00
 - Monthly First Aid Training, drop in.

Apr 19 **Handy Skills Workshop** 10:45 - 11:45
 - Monthly class on home repair, drop in.

Apr 26 **Talk Table** 10:45 - 11:45
 - Drop-in tables to talk about current events

10:00 - 1:30 Café
 12:00 - 1:15 Lunch
 12:15 - 1:00 Live music



Tuesday April 16, 7 pm

An up to date calendar can be found at: **www.penderislands.org**

lish boundaries or get their needs met in healthy ways. Sometimes even normally pleasant people will get abusive in situations of extreme distress. But verbal abuse is never okay, even if the other person has a legitimate reason to be upset.

Things to consider when dealing with someone who is verbally abusive:

Ironically, abusers often feel that they are the victims and are likely to get defensive and over-react.

Abusers usually have difficulty accepting responsibility for their own feelings, choices, or behaviours, and so try to give responsibility to you.

You and the abusive person likely have different agendas, perceptions, and realities, so do not expect him or her to see your point of view, or to realize (or care) about the effect his or her behaviour is having.

Be sure not to let your own "internal critic" abuse you as well. Use accepting and encouraging self talk.

When changing your response or setting boundaries to verbal abuse:

- Do not assume they know this bothers you. It is your responsibility to make your boundaries clear to others. Be careful not to let the other person be the gatekeeper of your boundaries.
- Don't assume that the other person wants to be reasonable.
- Try to remain calm. Anger can be a valid response, but giving in to your anger may mean giving away your power.

- Do not attempt to reason, reconcile, justify yourself, explain, or force the abuser to understand (he or she is probably after control, not understanding).
- Try to keep a distance: observe rather than react. Imagine yourself adopting an attitude of scientific detachment or curiosity. For example, "Hmmm... look at how she managed to twist that around." or "Wow, I immediately felt in the wrong; isn't that interesting, I wonder why?"
- Use "I statements" since "you statements" tend to escalate the situation. Give a non-judgemental description of the situation, and how it is a problem for you. Do not attack or blame the other person, rather take responsibility for your own boundaries and feelings. "I statements" reduce defensiveness and de-escalate conflicts since they do not contain accusations, judgements, or name calling.
- Be prepared to establish a consequence if the verbal abuse does not stop.

Consequences do not have to be severe to work, but they have to be consistent. For example, you do not have to start with quitting the job or leaving the relationship. Perhaps you can begin with just leaving the room. Smaller consequences are easier for you to set and stick to.

You must follow through, or you will teach the abuser that they do not have to respect your boundary.

Call in backup help if necessary: the manager, a family member, a counsel-

lor, or the police, depending upon the situation.

Finally, keep yourself safe. If your instinct is that the abusive person has the potential to be violent, talk to someone who can help: the RCMP, a counselor, your healthcare provider, a trusted friend or family member, or the Crisis Line at 877-435-7544.

Next month, we will look at specific strategies for dealing with verbally abusive comments or conversations.

Elizabeth Miles MSc, CCC

Pender Island Lions Club



The Club is excited to announce the addition of two new members to our ranks. Terry Shepherd joined the club

in February, and Meg Mitchell in March.

They bring much needed skills as well as their numbers. This increase in our numbers helps to ensure the good work we do for the community will continue.

Dave Dryer

Pender Islands Museum Society



April 20-22 marks the opening of the museum on weekends until

Thanksgiving. From Easter until late June, museum hours are Saturdays and Sundays from 1 - 4 pm. New for this year, we'll also be open on holiday Mondays. As always, you're welcome to book a group visit—small or large—outside of regular hours by contacting pendermuseum@shaw.ca.

Just ahead of the season's public hours, the museum is teaming up with the Pender Island Field Naturalists to host a guided walk, "Roesland, Then & Now" on Wednesday, April 17 at 9:30 am. Human and natural history are often interconnected and few locations show this better than historic Roesland. We're fortunate to have many old photos from its time as an early farm resort.

As the Roesland Resort brochure claimed in the 1950s, "The Roes believe



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In 1908 the Roe family starting clearing 30 acres for what would become a farm-resort. Protected today in the GINPR, Roesland's changing landscape continues to be a favourite destination.

in leaving their guests to find their own pleasures. ...the island has no hotel, no tavern, no movie theatre, no restaurant, no other entertainments. But there are many delights for families harassed by city life...the delight of children as deer graze with the Roes' sheep...the wild mink that bounce about the beach...the huge Douglas Firs...the quiet of a small woodland lake above the farm...the incredible sunsets seen from the rocky point...the kids toasting marshmallows over a driftwood fire on the beach at night...or digging for clams on the low tide at morning...or picking wild strawberries along the split-rail fences in the upper pasture...these are why people love Roesland for what it is...the return to the simple life."

As part of the walk, we'll find the exact spots where original pictures were taken, comparing views of how the area has changed and even changed back. Meet me at the Roesland parking lot for a 9:30 am start on April 17. The museum will be open afterwards for those who'd like to stay on for a visit and a cup of tea. The walk will proceed at an easy pace with several stops, although be prepared to manage the gradual slope down to the dock and inlet from the parking lot. Please bring binoculars if you have them.

Simone Marler

Pender Island Parks and Recreation Commission

PIPRC



Finally, Spring has pounced on Pender! The Commission has been busy getting your trails, parks, and ocean access-

es ready for what we expect to be a very busy "high" season.

First, please note that there is a new date for the Commission's April meeting. It will now take place on Tuesday, April 23, from 9 am until noon, at Plumtree Court. We are always pleased to welcome Penderites to our public meetings.

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New shelter at the Disc Golf Park

Last month we reported that, with the support of Dave Howe and the CRD, the much-needed new shelter at the Disc Park was under construction. We are pleased to report that the new shelter is complete and ready for action. Go take a look! In addition to being available to all who visit our world famous Disc Park, we hope the fine new shelter will be the perfect place for opposing teams to cool off after their very competitive matches.

Ben Symons has continued his great work improving and enhancing our trails, parks, and ocean accesses. Below is a picture of a new bench recently installed at Abbott Hill. We hope you will all get out and follow our trails through the wondrous forest and down to the ocean. You will see the results of the Commission's efforts to maintain and enhance our trails; for example, check out Ben's new work at the waterfall in the Enchanted Forest.

As we reported last month, the Commission will hold an Open House at the



New park bench

Community Hall the morning of Saturday, May 11, 2019. The Commissioners will be present to answer any questions you might have about the Commission's mandate and plans, etc., and they will have maps and trail guide booklets. The Commission is a public body and we are very interested in obtaining your input on ongoing initiatives, and on some new ideas we are batting around.

Watch for more information about our Open House in the May, 2019 issue of *The Pender Post* and please, drop by on May 11 for a chat.

Tom Bell

Pender Island Public Library

*Awake, thou wintry earth –
Fling off thy sadness!
Fair vernal flowers, laugh forth
Your ancient gladness!*

~ Thomas Blackburn



Canada Reads is in full swing: our Library has three of the finalists. Homes: A Refugee Story, by Abu Bakr al Rabeeah and Winnie Yeung, is accessible as an ebook via the world's largest digital book club, "Big Library Read." You can download it for free, with no waitlist, from April 1 - 15. Using the Libby App, available from our Library website, booklovers can borrow, read, and discuss this heartbreaking yet hopeful story. More than 19,000 libraries around the world are participating in this event! A hard cover of the book has been ordered, as has Max Eisen's *By Chance Alone: a Remarkable True Story of Courage and Survival at Auschwitz*.

Lindsay Wong's *The Woo Woo* is presently in our collection.

The Library held a successful AGM in March and welcomed Ralph Dawson, Joanne Peacock, Lori Ragan, and Laura Vilness to their Board of Trustees. Continuing Board members are Penny Finkbeiner (Chair), Dianne Wilson, Judy Pullen, and Lyn Greenhill. If you are interested in guiding the direction of your public library, please pick up a Trustee information package to find out more. New Trustees are always welcome.

Used Book Donations

With the closure of the used-book bins on our island, please note that the library only accepts used books that are in good condition and recently published. At this time, book donations to the library are limited to one bag per person at a time, dropped off during open hours only. Used books can be brought to Recycle-It in Sidney, Value Village, and second-hand shops in Victoria.

Children's Programming

Lego Club at the Library

Join us Saturday, April 13, 11 am - 12 pm for Lego building fun! We supply lots of Lego blocks and mini-figures. This popular, free program is held on the second Saturday of every month. Kids must have an adult with them.

Adult Programming

Sunday Afternoon at the Library Speakers Series

We are fortunate to have two speakers this month. On Sunday, April 7, our 'man about the world' Hans Tammemagi will present *Down the Rabbit Hole - A Trip to India*. He calls India "one of the most fascinating and bizarre countries in the world with a long, rich history, astonishing temples, palaces and forts, and a seething mass of humanity." Join Hans as he rambles through central India, agog at what he sees. The show will consist largely of photos: Delhi and its incredible smog and traffic; Varanasi's cremation sites, the Ganges and its pilgrims; Kahjuraho's temples, many with erotic carvings, Agra and the world famous Taj Mahal; Jaipur's elephants, camels, and enormous fort/palace; and Udaipur, the beautiful cinema capital of the country. The trip, he says, was "like

falling down Alice in Wonderland's rabbit hole." This may be as close as many of us will get in this lifetime to that magical place, so come and be there via Hans' remarkable photographs and commentary!

April, as all good romantics know, is National Poetry month. The library will wrap up this year's celebration on Sunday, April 28 with our sixth annual Favourite Poems Event, hosted by Sandy Shreve. If you have a favourite poem, one you've always treasured or maybe recently discovered, that was written by someone other than yourself, we hope you'll read it to other poetry lovers who'll be there. Or if you just like to hear poetry read aloud, come along and listen to your neighbours' selections. If you are reading, the time limit is 5 minutes maximum, including any comments you want to make. No pre-registration is necessary.

Ann Boffey, Library volunteer and avid reader, is our book review contributor this month, selecting one older, but extremely timely book, and several new ones by the popular and prolific Irish author John Boyne. Her first selection is *First Nations - 101*, by Lynda Gray.

While this is not a new book - it was published in 2011 - it is very relevant with today's recognition of the importance of reconciliation. Lynda Gray is a member of the Ts'msyen First Nation of the Northwest B.C. Coast who now lives in East Vancouver. The book is an informative guide to First Nations issues based on her personal experiences. It is written with a wry sense of humour and the reader is encouraged not to view Indigenous people from the stereotypical point of view but from a contemporary aspect. The book provides the opportunity to introduce the non-Indigenous to matters of Indigenous society. There is a list of resource material at the end of each section. The negative aspects of colonialism on First Nations cultures and the continuing acts of a type of social control by the Government of Canada and current society is raised as an on-going concern, including the loss of status under the Indian Act. The author stresses that Indigenous people are resilient and have a wealth of history, traditions, and beliefs. Through the work

of their contemporary artists, who are leaders in First Nations culture and the storytellers of today, creativity in Indigenous society is being stimulated. This book is recommended as a very readable comprehensive source of information on Canada's first peoples.

A new book I would highly recommend is *A Ladder to the Sky*, the new novel by John Boyne, an Irish novelist who has published eleven adult and five young adult books. Amongst these are *Next of Kin*, an adult book, and *The Boy in the Striped Pajamas*, a young adult book published in 2008 and subsequently made into a movie. Boyne's writing has become better and stronger over the years and while, as of this writing, I haven't quite finished *A Ladder to the Sky*, I can tell you that it is a gripping story of those who have money and success and those who want it. I'm finding it hard to put down.

Sarah Rose

Pender Island Recreation and Agricultural Hall Association (PIRAHA)

Spring at the Oscars

Vice, Friday, April 19 at 7:30 pm



Governor George W. Bush of Texas picks Dick Cheney to be his Republican running mate in the 2000 presidential election.

No stranger to politics, Cheney's impressive résumé includes stints as White House Chief of Staff, House Minority Whip and Defense Secretary. When Bush wins by a narrow margin, Cheney begins to use his newfound power to help reshape the country and the world.

BINGO

Tuesday, April 16

Doors open at 6:30 pm and BINGO starts promptly at 7 pm and goes until about 9 pm. \$7 includes 3 chances for each of the 11 regular games plus 3 chances at the Mini Jackpot. BINGO cards for the BONANZA Jackpot are \$2 each...buy as many as you wish. If you would like to attend the BINGO games



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and don't want to drive in the dark, please call Dianne Allison at 629-3372 and a ride can be arranged for you.

Friday Special Activities at the Community Gathering

The Community Gathering is a great way to spend the day; come for the café and a visit, stop by for some tech support help, bring a broken lamp to get repaired, and get a quick health checkup or advice each week. Special activities take place before lunch each week, this month it will be:

Makers Meet-up

April 5, 10:30 am - 12 pm

This monthly activity is a great activity for crafters to get together, chat, and work on their projects.

First Aid Friday

April 12, 10 - 11 am

Community Paramedic Alyssa brings you a new first aid topic each month at this regular monthly activity. Come and learn what to do in an emergency!

Handy Skills Workshop

April 19, 10:45 am - 11:45 am

Become more comfortable and confident with repairs, tools and appliances around the home. Each month we will discuss any topic and answer all questions from hanging pictures, fixing drawers, to selecting and installing generators. Bring your questions!

Talk Table

April 26, 10:45 am - 11:45 pm

It's time to bring yourself out of the moth balls, connect with others and speak with others about our interesting world. Discuss gardening, current events, books, holidays, the environment, or anything else at these drop-in tables. Each table will have a different topic posted, so drop in to the table that interests you most.

Love Our Trail Day - Take 2

Saturday, April 27, 10 am - 1 pm

Love Our Trail Day - Take 1 was a cold slightly damp day with drifts of snow still on parts of the trail, and yet nearly a dozen brave folks came out to tidy the trail between the Hall and the Home Valley Farm produce stand. About a third of the trail was lovingly groomed and is ready for easy use but the rest needs the care of the community. Come

out and help with Love Our Trail Day - Take 2. Bring your work gloves, weeding and planting tools, and if you have old bulbs or seeds you want to get rid of bring them along to plant along the edges; it will be beautiful in the spring! Volunteers will receive free hot chocolate, coffee, or tea for the Community Café for when you want a break.

Volunteers Needed

The Community Hall is always looking for volunteer BINGO callers, film projectionists, intern mentors, maintenance and landscaping helpers, event assistants, and activity leaders. If you are interested in volunteering with our dynamic community-building focused Hall, please call 629-3669 or email bookings@penderislands.org

Youth Volunteers

Do you have a child between 10 and 17 who is looking for a way to be involved in the community, learn work skills or be a part of a team? The Community Hall Volunteer program may be for them. Youth Volunteers assist in the Café and with other simple hall tasks. They learn useful work and life skills and work with other youth in a fun supportive environment. To learn more, email, phone or drop by the Community Hall for a conversation.

Andrea Mills and Dianne Allison

Pender Island Recycling Society



Thank you Pender Island recyclers for your dedication to recycling. In 2018, Penderites and island visitors recycled over

208 tonnes of material. With over forty different collection spots and many rules and exclusions for each category of recycling, you really ought to give yourself a big pat on the back for having such a good handle on it.

Over and over again, we are amazed to see how much effort goes into preparing recyclables for drop off. The depot has a high level of compliance with recycling regulations and low contamination levels in most of our stewardship programs. Items are very often clean,

dry, well sorted, and ready for drop off. And most Penderites can tell the difference between the soft plastics category and the crinkly plastics category, even though there are soft (zippered) bags that go in with the crinkly plastics. There are so many curveballs in the recycling world!

Many of you joke that we rearrange the location of recyclables at the depot to keep your minds active. We know that you like to recycle on auto-pilot and find it challenging when bins are moved. Please know that all moves are carefully considered and only undertaken if they will significantly improve the safety of those working at or using the depot, comply with changing recycling regulations, or increase the efficiency of our operation. For example, we recycled 15 tonnes of plastic containers last year. You can imagine that it makes a big difference to place those collection bins really close to the baler.

You may have noticed that there is no longer a drop spot for paint and stain. The stewardship program stipulates that paint products must be collected directly from the consumers' car. We can not accept industrial paint, paint in a leaky tin or a tin without a label, or roof patch. If you bring paint or stain to the depot, please ask a staff member for assistance.

Did you know that the CRD banned kitchen scraps from your garbage in January 2015? Kitchen scraps include food waste from fruits, vegetables, dairy, meat, grains, bones, and soiled paper products such as paper plates and napkins. If you have not yet found a way to manage your kitchen scraps, consider buying a composter or digester; both of these are available at the recycle depot and are sold at cost.

The composter costs \$99; it accepts fruit and vegetable scraps, newspaper, coffee grounds, and egg shells - and it allows you to collect the compost from the base of the unit. The composter can not handle dairy, bread, cooked food, or meat. The food digester is available for \$185 and takes care of both vegetable scraps and cooked foods. The digester doesn't produce compost but does leech nutrients into the surrounding soil. It is ideal for someone who wants an easy option for dealing with food waste.

With Earth Day around the corner (April 22) you may be wondering what you can do to reduce the amount of packaging that comes your way. In our wonderful climate, a few planter boxes on the deck or in a backyard can produce salad for you all year round, which will save you money, provide fresher, more nutritious greens, and help you avoid those pesky, big plastic tubs that salad is often sold in.

If your green thumb is itching to go, there are plant pots a-plenty at the depot in the spring. Pick up a package of seeds and plant your own flowers in reusable pots.

Many Penderites go above and beyond when it comes to their commitment to lessening their environmental footprint. At the depot we see many recyclers who disassemble items that can't be recycled in their current state; who repair items that still have life in them; who compost; and who buy used items locally. Wow! Happy Earth Day Pender!

Niki Roberts

Pender Ocean Defenders

On March 2 about 50 Penderites gathered at the Hall to take part in an information and action session concerning the latest developments in the proposed twinning of the Trans Mountain pipeline and the new recommendations from the National Energy Board (NEB). They were treated to a video about the return of the Orcas to Howe Sound by Bob Turner (on YouTube, search for ORCA MORNING - Howe Sound/Atl'kitsem). This was followed by a performance by the Pipeline Resistor Sinister Sisters and their Mistresses and a panel discussion featuring Adam Olsen, our MLA; our own Misty McDuffy, a biologist with Raincoast; Margot Venton, a lawyer with Ecojustice; and Paul Petrie. Margot explained the legal perspective, Misty gave a scientific perspective, Adam shared a First Nations and political perspective, and Paul, aided by a video from Elizabeth May (see: <https://globalnews.ca/video/4988988/green-party-leader-elizabeth-may-on-the-economics-of-the-pipeline>) summarized the economics of the pipeline project and showed us an example of close calls between freighters and tankers he and Monica have witnessed off Turn Point. Following a lively question

and answer session, participants wrote letters to Prime Minister Justin Trudeau and cabinet members as well as Federal Fisheries Minister Jonathan Wilkinson about their concerns.

The Salish Sea Stars returned from the Plastic Ocean Pollution Solutions International Youth Summit in Dana Point, California. For three days they joined over 130 youth from eight countries creating a new level of inspiration. They won the video contest and were pleased with their presentation.

To reduce their carbon footprint, they took the train. Due to extreme weather, they had many delays both ways. Although they were home just a few days and were already working on their science fair projects, they took the time to attend our March 2 event and set up a display. These young women are amazing!

The Sinister Seniors have been invited to a showing of the Rights of Nature at the University of Victoria. They will be giving a short talk and participating in a question-and-answer session.

We are in the process of organizing an Orca Commemoration Event on June 22. It will be different from any other event we have done. This event will have music, art, and lots of fun. So mark your calendar and join us to welcome the Orcas back for another season.

Julia Nicholls

Pender Organic Community Garden Society



For those who don't know, our Organic Community Garden is situated on part of Karl Hamson's farm and consists of 24 individual plots, each one approximately 15 feet square. It is an idyllic location: serene, bucolic, relatively sheltered, and receiving all-day sunshine (when the sun shines, that is). We are unbelievably indebted to Karl for such generosity, sharing his beautiful land.

I am currently having a little fun making small numbered signs identifying each plot using stakes kindly donated by Mark Benson, although of course every gardener has a unique trademark garden

which identifies itself. Some gardeners are neat and tidy, some more relaxed and - shall we say - free-flowing. Some gardeners focus on one or two crops in particular, others grow a little of everything, from dill to dahlias, potatoes to pak choi, arugula to artichokes. Whenever I go there, I make a circuit of the entire area checking out what others are doing and gaining insight into different ways and means. One attractive idea I'm going to emulate is the traditional "Three Sisters" method of using companion planting to enhance crop success. The three sisters are corn, beans and squash, all of which are more productive grown together in a small square or circle: the beans produce first while the corn grows tall to provide shade for the roots of the squash and support for the vines, and then the squash leaves provide shade in turn for the corn roots.

Right now, the plots are calling out to their human stewards to bring energy, strong backs and time! There is so much to be done. Some are already turned over and ready for planting; many are still "under wraps" which may have been straw, cardboard, leaf mulch or landscape fabric to keep weeds down over winter and to warm the soil; some show the frost-bitten foliage of left-over winter veggies such as kale and broccoli which look sad but will soon perk up; in some plots the November-planted garlics are sturdy, spiky little plants up to six inches tall already. It's going to be a good season! I feel it in my bones as I tuck in some starter seedlings that are happy with the cool spring conditions - peas, spinach, and lettuce so far.

Our Society Board this year consists of Barb Tarris, President; Kathy Cronk, Vice President; Nancy Klein, Treasurer; Patricia Callendar, Nancy Westell, and Julie Johnston. If you would like a private tour of the allotment, any one of us would be delighted to show you around. Also, while all our plots are currently spoken for, if you have a hankering to join in this life-enriching pursuit down the road, email Barb Tarris at btsewconvenient@gmail.com, and ask to be on the waiting list. For a variety of reasons plots do become available - but never for long!

Patricia Callendar

Royal Canadian Legion



If you really squint through the April showers (which bring what else but May flowers), and stay really quiet you may spot Peter Cottontail hop-pin' down the Bunny Trail carrying his goodies. Can you imagine if he was a chocolate bunny? But try sinking your teeth into this: the largest chocolate bunny standing 14.8 feet and weighing in at 9359.7 lbs took nine people eight days to create in 2017 in Brazil!

Lots of great changes are coming soon to the Legion to spruce up the bar and kitchen, thanks to a recent \$14,000 grant received. And of course, the new bar has to have a name. Any ideas? Send them in to contest239.rcl@gmail.com and maybe you will be lucky enough to win a dinner for two.

We love giving money away and in 2018 we donated \$5000 to worthwhile organizations too numerous to name, and \$4000 in bursaries and scholarships to deserving students, thanks to our meat draw attendees on Thursdays and Saturdays. Way to go Pender!

Got a special birthday or anniversary looming up? Why not celebrate with all your friends at the Legion? It's a great location with all the amenities to make your special day a roaring success. Simply email bookings239.rcl@gmail.com. Many thanks to Ally Tammemagi for doing such a great job these last 2½ years.

On a sad note, please come help us celebrate the life of Phyllis Johnston at the Legion April 6 starting at 12:30 pm. Phyllis was a wonderful, generous person who is terribly missed by family and many friends.

Please be advised that the Wednesday Games night has been cancelled until further notice. Join the mad euchre players Thursday at 4 pm and stay to try out your luck at the Meat Draw at 5:30 pm, with a Tru Value Foods special draw the last Thursday of the month. If you miss it Thursdays, the draw continues Saturday at 4 pm.

On April 5, the Goodings will be serving up butter chicken with Caesar salad and



Merv Anderson from the Special Olympics accepts a donation

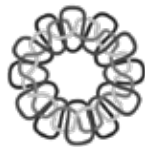
pannacotta for desert. On April 12 for their last dinner until the fall, join us for a melt-in-your-mouth steak with loaded baked potatoes. April 19 and 26 will feature our famous burger nights for only \$10 with all the fixings. And don't forget the kids! For all meals in April, kids 12 and under are half price including burger nights! What a deal.

Have a safe and happy Easter and don't break your teeth on all that chocolate.

Tania Schissler

SGI Community Resource Centre

Computer Savvy Seniors in the Salish Sea



As reported in the last issue of *The Pender Post*, the CRC is offering courses and workshops on computer skills. We are pleased to announce that Pender Island's own Shon Tam will be the primary instructor for these sessions. Shon is already known to many and has extensive experience teaching computer skills for seniors and non-seniors. The plan is to initially offer 6-week long courses on the Fundamentals of Computing for PCs and for Macs as well as workshops on specific skills. Details about the courses and workshops, including how to ap-

ply, are contained in the ad in this issue of *The Pender Post* on page 65. The first course will start Wednesday, April 17 at 11 am -1 pm and will be held at the Community Resource Centre at the Driftwood Centre and will continue on the following 5 Wednesdays. The first 6-week course will be on the Fundamentals for Computing using PCs and this will be followed by the same type of course from Macs (beginning May 29). The fundamentals courses will cover many topics including operating system basics, file management, how to install and delete programs, online essentials, accessing online services like government and health sites and will provide some basics on using social media.

Shon will also provide instruction in a workshop format covering specific skills which will be attractive for those who have mastered basic computer skills but who want to learn more details about specific applications. These sessions will be offered on Fridays at the CRC between 1:30 and 3 pm beginning Friday, April 26. The April 26 workshop will be on Google Docs, Sheets, and Slides. It will cover how to use these and other Cloud-based applications. The second workshop will be offered Friday, May 10 and will be on Security including password management and other important issues related to safeguarding privacy while you enjoy the benefits of accessing the World Wide Web.

Future workshops will cover a variety of topics including Word Processing, Social Media, Photo Management, Backing up your data, FaceBook (including the Pender Online Market), e-Mail and Streaming online entertainment (eg Netflix). Please contact us to suggest content for additional workshops or to express interest in any of these topics.

The cost for the 6-week course will be \$30. Bursaries are available for those who find this a burden. For those who do not have computers a limited number of PCs are available for lending during the course (first come first served). The courses will give priority to seniors (over 55 years) but will be available to younger individuals provided there is room. Workshops will be offered on a first come first served basis and will cost

\$5 for each session. Course outlines and material will be provided at no cost.

To sign up for courses and workshops please contact Melody or Tania at the CRC. E-mail: sgirc@shaw.ca or phone 250-999-6363. You can also sign up for the sessions online by going to our website at <http://www.sgicommunityresources.ca/> or our Facebook page at www.facebook.com/SGICommunityResourceCentre/

CRC Volunteer Program

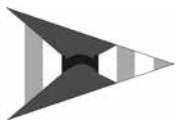
April is Volunteer Appreciation Month and the CRC will be holding a special event to celebrate Pender Island volunteers. Friday, April 12 we will be offering free lunch and learn to all the volunteers who make our community so special. If your organization makes use of volunteers, we would like to know if you are interested in inviting them. The morning option will be a fun workshop geared towards volunteers. This will be followed by lunch and in the afternoon we will have a special presentation that may be of particular interest to boards. For more information about the Volunteer Appreciation event or to register your volunteers or Board members please email sgivolunteercentre@gmail.com.

Peter Paré

RECREATION AND LEISURE

Canadian Power and Sail

Pender Island Squadron



What does the CPS Pender Island Squadron do for you?

We offer a variety of courses to members and non-members that go well beyond the basics of the Pleasure Craft Operators Certificate (PCOC) to increase your safety on the water. Each year we provide instruction to Grade 8 students to help them obtain their PCOC so they will know the basic safety requirements for operating a pleasure craft on the water. We offer radio instruction so boaters know how to properly use this vital piece of safety equipment. We update our members on changing laws and safety requirements. We are your voice in responding to proposed laws and regulations that boaters

need to be aware of. To continue offering these services in the community we need volunteers.

So, what can you do for your squadron? Join and volunteer to help your squadron. We need assistance in many areas such as bookkeeping, computers, instruction, communications, organizational, environmental, and social activities. Everyone has something to offer. Everyone can help in some way and your help will go a long way in assisting others.

Membership can be done online at <https://www.cps-ecp.ca/>; to volunteer contact me at 629-6846.

Mark your calendar for Sunday, May 26 when your squadron presents "Enhancing Your Marine Environment" at the Community Hall from 1 - 4 pm. This promises to be a very informative presentation with guest speakers Michelle Young and Paul Cottrell. Michelle is the Clean Marine BC Coordinator for the Georgia Strait Alliance and will be speaking on clean boating practices to enhance our aquatic environment. Paul is the Pacific Mammal Coordinator for the Department of Fisheries and Oceans. He will be speaking on how boating impacts marine mammals in our waters and what we as boaters can do to lessen our impact on these animals. The focus will be on how small behavioral changes to our activities on the water can bring about significant benefits to our marine habitat. This promises to be an educational and informative session.

There has been some interest expressed by persons wishing to take the Boating 2 course. So far there are 4 persons who have indicated a strong commitment to take the course. It takes a minimum of 5 confirmed attendees to successfully hold a course. The earliest time we can currently schedule a course will be September this year. If you would be interested in such a course please call our Education Officer, John Reader, at 629-6561 to add your name to the list.

Thanks for reading,

David Kirsop, Commander

Pender Island Disc Golf Club



Exciting news from the disc park! We've had a really busy winter. Those of you who have been to

the park have probably noticed our new shelter. Some of you may even have noticed the integration of the old with the new. We were sad to see our original shelter go, but the time had come and our replacement shelter is a beauty!

We would like to thank all those involved who helped make this happen in such a timely manner. Special recognition goes to David Howe, our CRD director, who was integral in getting the ball rolling; John Chapman, and Phil Testemale and the rest of the parks board crew for all their hard work throughout the process; our new North Island trustees, Deb Morrison and Ben McConchie for doing their part; Pete Fennell for coming up with the new and improved design; and Graham Garlick for helping put Pete's vision on paper. Once the approval came through, Pete and his hard-working crew built the new shelter in a very timely manner! Thanks also go to our fire hall for their continued support in keeping the park and its users safe!

We have a couple of upcoming events

First off on Saturday, April 6, Pender Island will be hosting one of the Winter Series Tournaments (Duck Golf). This event will be held on both the disc course and also at the Pender Island Golf and Country Club (PIG&CC) on Friday, April 5. The PIG&CC will be open for disc golfers to play from noon to dusk for a green fee is \$10 for one round and \$15 if you are interested in playing a second round that afternoon. The patio at the PIG&CC is a perfect spot for spectators to watch top B.C. players in action.

The second event will be our annual Pender Classic, May 23 - 26. This 4 day event is one of the largest recreational disc golf events in Canada. The tournament attracts players from all over the world. This event now also includes disc golf play at the PIG&CC, who have graciously allowed us to create a disc golf

layout on their grounds. Special thanks to PIG&CC for supporting us and being part of our disc golf events.

Please Note

These tournaments attract a large number of players. The disc park will be extremely busy! We ask you to please allow tournament players the right of way. Spectators, of course, are welcome.

Thanks again to everyone involved for making our disc park "the place to be" while on Pender.

Cathy Nealy

Pender Island Field Naturalists

PIFN



The Pender Island Field Naturalists will be holding their Annual General Meeting on Monday April 15 starting at 11 am in the Lounge at the Community Hall. At the meeting, Directors will be elected for the next two-year period and reports on the activities and finances of the organization will be presented. In conjunction with the AGM we will hold our first Botany Challenge where members will have to identify a number of plants, mostly native, that grow on Pender. The winners will receive special prizes from Pender Chocolates.



As a teaser for the Botany Challenge we have included a photo of a native plant which will be one that members will try to identify. It grows in open well-drained coniferous forests. The plant is described in some books as an aromatic, inconspicuously hairy, perennial herb. The stems are prostrate, less than 1 meter long, and the leaves are as shown in the photo. Can you guess what it is?

The 3rd Wednesday Walk will take place on April 17 at Roesland. Where people

choose to live is often a function of an area's natural history. Few spots demonstrate this better than historic Roesland. We're lucky to have many old photos from its time as an early farm and resort. We'll walk to the exact spots where original pictures were taken, comparing views of how the land has changed and even changed back. Led by Pender Islands Museum chair, Simone Marler. Meet at Roesland, at 9:30 am.

Bob Vergette

Pender Island Garden Club



Our March meeting was very informative thanks to our presenter, Shelley Easthope, who educated us all on medicinal plants. I always knew there was a use for dandelions: wine, right, but who knew they had so many medicinal uses as well. Dandelion is a little colour, and nutrition, for your salad from the flower and a tasty measure of goodness in the young leaves; also, the root can be used. That chickweed we all pull out and throw out also is medicinal; who knew. Shelley opened us all up to a whole new use for so many plants we all take for granted and actually pull out of our gardens as weeds. She may be the only person on Pender who actually, purposely, cultivates dandelions. Did you know that when picking nettles the sap from the stems helps alleviate the stings? Shelley, I will trust you on that one, not being brave enough to try it myself. As a child growing up in England, we thought a burdock leaf was the only remedy. A medicinal garden does not involve buying expensive plants, as a lot of them are already growing naturally and your friendly neighbour may have others such as lovage or comfrey. Go visit the Internet to find out more about those medicinal plants.

Our April meeting is on alpine plants and our presenter is Jay Akerley from Vancouver. Jay Akerley is a rock and alpine gardening enthusiast with gardens in both Greater Vancouver and high on the Thompson Plateau in BC's Interior. His degree in geography from Simon Fraser University and subsequent training at the Pacific Horticulture College in Victoria nurtured an interest in the

plants and landscapes of the world's montane and high steppe biomes. Over the past 15 years, he has been collecting seed in rugged environments across western North America, contributing to seed exchanges and the collections of specialized growers around the world. He has published more than 10 articles in various journals, and participated as a volunteer with the North American Rock Garden Society, Alpine Garden Club of BC, and other gardening clubs.

I think Jay will be right at home on Pender where we either have rock, clay, or both and we are lucky to have him come to present. I have to thank Stuart Scholefield who contacted Jay for us and arranged for him to be the presenter. See you on April 11, 1 pm at the Anglican Parish Hall. As usual the presentation is free for members, with a \$5 drop in fee for visitors. Please bring your own cup for tea or coffee and the goodies are on us. Also, please join us on April 27 for the annual Garden club Plant Sale at 10 am during the Saturday Market.

Val Butcher

Pender Island Golf and Country Club



Mother Nature certainly let us know this winter that she's the boss. However, it looks like spring is here and as usual it's exciting to know that the regular golf season is once again upon us! The course is in great shape for this time of year, particularly when you think about the crazy weather we had, and members and visitors alike have been able to get in a lot of "winter" golf." The pro shop will be open daily as of April 1 with the hours to be determined by the weather conditions for the first few weeks. The women's league will begin on Tuesday, April 2, playing 9 holes with a tee time of 10 am. (All games in April will be nine holes with a 10 am tee time). The men will start on Thursday, April 4, playing 18 holes with a tee time of 9 am. Both opening days will be followed by lunch at the clubhouse. We are still encouraging everyone to sign up early so that the captains can make up the teams and convey to the pro shop how many members will be out on the course and there-

fore the number of tee times needed.

If you've been a club member longer than seven years you will remember that the charming Richard Mudge worked in the pro shop. Since then, Richard has spent most of this time working in Vancouver. He decided to retire at the end of March, but before he could settle into full-time retirement, I convinced (begged) him to come back and work one day a week in the pro shop! (actually I heard through the grapevine that he might be interested in coming back). I want to say a very heartfelt "welcome back" to Richard! I know that all members will be really happy to see him again.

Welcome also to Becky and Deryk Gooding who relocated their restaurant, El Faro, from Hope Bay to the golf club last November. Their food is excellent and they have worked extremely hard to make their restaurant a success. We are thrilled to have them in the clubhouse. Please check online for their hours of operation or call the restaurant at 250-951-6224.

The golf club will be hosting the prestigious "Duck Golf" Tournament for competitive disc golfers for the first time on Saturday, April 6 therefore the course will be closed to regular golfers. I encourage everyone to come out to watch these amazing disc golf players as our deck is a wonderful vantage point for viewing. You can also follow along with a group of discers, not unlike "ball" golf. You will be very impressed by the precision with which these elite players throw their discs. The course will also be closed at 1 pm on Friday so that players can get in a practice round. It will be open to the public that day, so if you've been wanting to play a more "open" game on Pender, here is your chance. It's \$10 for one round and \$15 if you are interested in playing a second round that afternoon. We would also like to encourage our golf club members to come out and try a round to see what it's all about! No charge for PIG&CC members.

We have fabulous new clothing for the 2019 season! Don't forget that golf apparel is also great for hiking, kayaking, and camping. Come on down to see us in the pro shop and check everything out. Mother's Day and Father's Day are just around the corner.

We continue to offer reasonable green

fees, twilight rates and of course the ever popular two-for-one Wednesdays. If you have children or grandchildren that are interested in golf, our Junior membership is probably one of the best deals in Canada. The membership has been growing over the past few seasons and it's been lovely to watch the kids come back year after year. It is a tribute to Dana McConchie and Donna Smyth, who have been mentoring these kids with their weekly golf lessons that they keep coming back. If you have any questions about the golf club or have been thinking about becoming a member, Please call the pro shop at 629-6659.

Events and tournaments in April

- 1 Pro Shop officially open
- 2 Ladies' day 9 holes followed by lunch, 10 am start
- 4 Men's day 18 holes, 9 am start, lunch provided
- 5 Course open until 1 pm. Course will then be set up for Disc Golf practice round. Open to the public. \$10/round
- 6 "Duck Golf" Professional Disc Golf Tournament, Course closed all day to regular golfers
- 7 Celebration of Life for Vern Smyth, 1 - 3 pm
- 25 Men's Evans - Grimmer Qualifying Round, 18 hole stroke play, 9 am start
- 26 Mixed Fun Night, 9 holes followed by dinner, 4 pm start

I'm looking forward to seeing everyone out on the course again!

"If you really want to get better at golf, go back and take it up at a much earlier age." Thomas Mulligan

Michelle Galaugher, Pro Shop

Pender Island Junior Sailing Association

PIJSA



Pender Island residents had been experiencing a grey, mild, and wet winter, well at least until February when the snow fell and the temperature stayed stubbornly cold. Some signs of spring are appearing, and

it is time to think about summer sailing.

Registration for Pender Island Junior Sailing Association (PIJSA) summer courses will start May 1 for returning students and other household members, and May 15 for new students. As in previous years, registration shall start at 8 am local BC time (PST). While most of the students are children and youth, adults are welcome, but adults should recognize that sailing in small dinghies requires some agility. PIJSA shall offer CanSail Level 1 & 2 (beginners) and CanSail 3 & 4 (more advanced) as 5-day courses (Mon-Fri) for the following weeks: July 15-19, July 29-August 3, August 5-9, and Aug 19-23. Children must be at least 9 years old for CanSail 1 & 2 and 12 years old for CanSail 3 & 4; all participants will be required to demonstrate swimming ability wearing a PFD, and participate in a capsizing exercise. Failure to do these two requirements will result in the student not being able to continue with the course. Both of these are necessary requirements for the safety of the individual student and other participants. The courses are given at Hamilton Beach, Port Browning. They start at 9 am and end by 3:30 pm each day.

Registration starts by notifying Allyson Coffey, PIJSA Secretary, preferably by email acoffey@telus.net or by telephone 604-220-7259. Following notification by Allyson that you are in a course, she will email the Registration forms to you for completion and return. Registration forms can be returned by email or by dropping off in the PIJSA folder at Dockside Realty at the Driftwood. If you are unable to return the form by either of those options, please contact Allyson for instruction. The cost of the courses is \$175, and payment must be received within 2 weeks of your registration confirmation. Without payment, the registration may not be secured. Payment can be sent via e-transfer to Rick Mudie, PIJSA, Treasurer, at leonamudie@telus.net or by cheque left at the PIJSA folder at the Driftwood or by mailing to 2727 Anchor Way, Pender Island, V0N 2M2. Our cancellation policy is that if PIJSA cancels a course, all fees will be refunded; if an individual cancels, fees will only be refunded if another student takes that individual's place.

Those taking CanSail Levels 1 & 2 will be using Pirate class boats and not the Flying Juniors, from which the Association's name is derived. These new-to-us boats, which came with numbers 1-6, will be named Eagle, Raven, Heron, Osprey, Cormorant, Kingfisher, and Gull. Now that PIJSA has 6 boats, for most weeks 5 boats will be out on the water, thus allowing for 3 more students (15 in total) in those weeks. The sixth boat will be kept in reserve to be used during the inevitable times that something has to be fixed.

The other change is that the Friday lunch BBQs will now be held at the Port Browning Marina barbecue area, which is covered. Prior to the barbecue, the boats will all race to Mortimer Spit and back. This was done in the final week last year, and worked very well.

The PIJSA Board for 2019 is Bruce Waygood, Commodore; Bob Vergette, Vice-Commodore and Safety Officer; Rick Mudie, Treasurer; and Allison Coffey, Secretary. Other Directors are Don Williams, John Ackermans, Dave Reed, Margaret Alpen, Tim Underhill, Peter Hinton, Lawrence Haave, Brent Marsden, and Wayne Edwards. The last three Directors are new to the Board; Tom Bon, Rob Gordon, Lani Harris, and Tom Rolfe have stepped down as Directors this year.

PIJSA wants to acknowledge the financial support from the CRD, which is covering our large insurance bill again in 2019, CRD Parks and Recreation, Port Browning Marina Pub for the proceeds from the 2nd Annual Hackers Golf Tournament, Nu-To-Yu, Tru Value Foods Spirit Board, Pender Island Yacht Club, Boating BC Association, and Magic Lake Property Owners' Society. These contributions allow PIJSA fees to be affordable. PIJSA also acknowledges Port Browning Marina and Lou Henshaw for use of the PIJSA site off Hamilton Beach, and the use of some facilities. Ross Warneboldt is thanked for outboard engine maintenance.

For any other information, please contact Bruce Waygood, PIJSA Commodore, at kbwaygood@shaw.ca or 250-818-8555.

Bruce Waygood

Pender Island Otters Swim Club



Well, really no surprise, but I am still president! We had a good turn-

out to our AGM on March 1, and acknowledged the contributions retiring board members made to the running of the club. Thanks were extended to retiring Registrar Niki Roberts, who helped us get going into the new online Registration method, and to Wendi Lopatecki who stepped down after serving as director-at-large for the past three years. We also welcomed several new people onto the board, and thank them for their interest in keeping the club going. New board members are Alexandra Kierstead (our retired head coach) who has taken on the double role of Registrar and Secretary; Erika Humphries, Assistant Registrar; and Sam Boyte, Director-at-large. We even had one of our teen swimmers volunteer to take minutes for the meeting, and it was great to see one of our young people helping out. Thanks of course go to returning board members John Cowan, Treasurer; Patti Badcock, Publicity and Fall Fair booth organizer; Jennifer Kaila, School Newsletter Rep; Alison Ellis, Deck equipment monitor; Debbie Bulled, Director-at-large; and Gerry Moore, Director-at-large. As our Award for Swimmer of the Year has run out of plaque room, we will have to create a second one, and the first entry will be to acknowledge our swimmer who had the highest number of personal best times for 2018 (10 Best times). Congratulations go to Jeremy! Thinking ahead, just a reminder that our current session goes through to April 26, last Friday in the month, but we will start the summer session with registration on May 3. May through to June 21 are still all Fridays, but we switch to Tuesday/Thursdays on July 2. May and June our swim times are still 11 am - 2 pm, but July/August times switch to 9:30 - 11:30 am. Good news that all our coaches are staying with us through the summer, and into the fall. Cassidy Fraser has agreed to be the "Meet Coach" for us, when we have swimmers attending meets during the summer. Cassidy has been working with our Otter Pups this spring, but she

has a wealth of experience coaching all levels and ages of swimmers, and grew up in the summer swim club environment with her home club - Salt Spring Stingrays. Great to have her enthusiasm in our coaching team. All for now, and hope to see Otters in the water throughout the summer.

Helen Lemon-Moore, President

Pender Island Yacht Club

PIYC



The Pender Island Yacht Club welcomes all boaters on the Pender Is-

lands, and elsewhere, to become members to partake in winter yacht racing (September-May) or summer cruises in June, July, August, and September. The club holds monthly meetings (October-April); the last meeting was March 18, and the next meeting will be April 15. These meetings are held in the Bistro at Port Browning Pub at 7 pm. At the meeting in March, Elise Dryer, one of the Community Paramedics, gave a presentation on some of the issues they face and some of their responsibilities. Their major role is in Community Outreach and helping people with chronic conditions. For boaters, the importance of carbon monoxide detectors was stressed; those who had had recent surveys of their boats know these are now required. Elise handed out "Medical Information" envelopes that can be attached to a fridge at home, but it is also important to carry a copy of this information in case of a medical incident away from home. This information can be crucial to paramedics in an emergency situation. A question was asked about ambulance response times, and because it is operated by "on-call" personnel, response times will usually be 30 min or more. The poor labelling of many properties on Pender, very few of which have reflective numbers, has led to delays in responses at night. A major problem is with falls that cause injuries, a recognized leading cause of injury in older people. The Community Paramedics can inspect properties and advise on how to make homes safer. While the Community Paramedic program is just over a year old, they are hoping to expand their offerings to help with com-

mon chronic conditions.

The winter series of yacht races during January and February was hindered by the very bad weather in February, and by several captains not being available. Since the March issue of the Pender Post, only one race in the winter series was completed by three boats on March 2nd. The race was from Shingle Bay to the black can buoy off Village Bay, Mayne Island, then the light at Enterprise Reef, then the UN buoy in front of the Channel Islands and back to Shingle Bay. The race was won by Carl Bunnin in *Toon Town*. Carl was the winner of the abbreviated winter series; only 4 out of 8 races were run. The Spring Series began March 9 with a race around Moresby Island and U15 buoy (west of Portland Island). This time only 2 boats competed due to several captains being incapacitated (injuries and surgeries unrelated to yachting), and the race was won by Derek Wolf in *Gadgets*. The March 16 race was to Batt Rock (on the way to Ganges) while keeping the Channel Islands to starboard, and back to Shingle Bay. The race had 4 boats and was won by Stephen Fairclough in *Take Time*. It was a warm day which made the race very enjoyable. If you think you might like to try racing with your boat, please contact Bruce Waygood 250 -818-8555 or kbwaygood@shaw.ca.

The Club is currently planning the summer cruising schedule. The cruise in June (11-13) will be to Victoria Harbour. The July cruise is planned for Maple Bay, 24th-26th, which could allow some to take in the Duncan Music Festival. The August (12-15) cruise will be to Ladysmith, and involves going to see *Mama Mia* at Chemainus. The destination for the September cruise is yet to be determined. In addition to these cruises, the club will have a Sail Pass in May 22, followed by a dinner at Ainslie Point, and in June the Club has a golf tournament on either June 5 or 19.

Bruce Waygood, Race Captain

OF GENERAL INTEREST

Sailing on Sooner

My name is Spencer Gordon and I am 10 years old I go to Pender

Island Elementary School. I want to share with you the sailing adventure on our family's sailboat named "Sooner." Our sailing adventure will take us from Pender Island to San Diego then a winter will be spent in Mexico exploring the many anchorages and beaches that make Baja Mexico, the Sea of Cortez and the West Coast of Mexico popular for sailors and tourists. We will then sail to Hawaii, returning to Pender Island in June 2019. I hope that you will be interested in reading about my sailing adventure.

Chapter 5

The last month we have been at the Paradise Village Marina preparing the sailboat for our sail to Hawaii. Even though we have been busy getting ready to go there has been lots of time for fun at the resort. During the day, we always find time for a swim at the resort pool or in the ocean. I really like boogie boarding off the waves in the ocean and swimming in the pool. The resort has two gigantic alligator waterslides that when you slide down, you go really fast! It is a lot of fun. I like all the activities that the resort puts on during the day, like water polo, water basketball, tennis lessons, ping pong, darts, and free bingo. The resort has lots of parrots and two Bengal tigers. One of the tigers was seized as a baby cub from a drug lord in Mexico.

We often take the local bus to go into the city of Puerto Vallarta or to Mezcales where there is lots of small local restaurants that are really good to eat at. Mezcales is between Puerto Vallarta and Nuevo Vallarta. Sometimes the bus drives really fast so that I have to hold onto my seat as there are no seatbelts.

At the beginning of March, we went to Zihua (Zihuatanejo) to see the International Guitar Festival. We flew from Puerto Vallarta to Mexico City and then to Zihua on Aero Mexico. The service on the airplane was really nice. The festival takes place every year and they have musicians that come from all over the world to play. They play the music at different places around the city for one week. The guitar music was really good and I liked listening to them play. We saw 30 – 40 cruising sailboats in the bay with most of the boats going to the South Pacific over the next couple of weeks.

March and April are the months that are the time to leave the west coast for the South Pacific and Hawaii. There are lots of boats leaving for the South Pacific from here, and we know of one other boat that is sailing to Hawaii.

The last few weeks we have been preparing Sooner for the passage to Hawaii. We have been provisioning for our time at sea. That means that we are stocking up on canned goods, dried goods, and logging them where they have been stowed on the boat. We do have some special treats on board, like ju-jubes which is my favourite. We had someone come and scrape the bottom of the boat while it was in the water. He dived down with scuba gear and he scraped off the barnacles and growth that was on the bottom, which would slow us down if it was not removed. We have gone through the rigging and making sure everything is secured, and my dad has gone over the engine. Just before we leave we will fill up our 200 gallon water tanks, and do a final check to make sure that everything is secured onboard.

There are many boats arriving into the marina to check out of the country, and leaving with a sailboat is not as easy as leaving from an airport on an airplane. It takes 3 days to get all the paperwork done and on the departure day, all the officials come down to the dock at the marina and watch you depart, taking a picture of the boat as it leaves.

We are leaving on March 20, and Hawaii is 2775 miles from Mexico. The passage should take us about 21-28 days and we plan on arriving into Hilo. I am sad to say goodbye to all the friends I have made on other boats, but my parents have said there will be new boats and new people that we will meet in the sailing community. I like Mexico and am sad to leave, but I am looking forward to Hawaii.

We may still be at sea by the deadline for next month's edition, but I will share my adventures of my sea passage to be put in the next issue of *The Pender Post*. Check out my YouTube channel "Sailing on Sooner" for videos. *Like it; Like it a lot.*

Spencer Gordon

BC Wheelchair Basketball Society announces athletes to represent British Columbia at 2019 Canadian Wheelchair Basketball League (CWBL) Women's National Championship

February 27, 2019 (Vancouver B.C.) BC Wheelchair Basketball's top competitive female athletes are in their final preparation for the 2019 CWBL Women's National Championship. The 2019 CWBL Women's Championship will be hosted by Parasport Quebec in Montreal, Quebec, April 12 to 14, 2019.

"We are very happy with the athletes that will make up the BC Breakers in 2019. Many of them have shown tremendous improvements through this season, and I believe that we can finish on the podium with this team and possibly have BC's best result since the gold-medal finish in 2014," said Makiko Harada, Head Coach, BC Breakers. "We have a great mixture of veteran and young players who will proudly represent BC at the national championship. This team has great chemistry and I'm looking forward to seeing where their hard work and our teamwork will lead us to."

BC Wheelchair Basketball is pleased to announce the following athletes named to the BC Breakers travelling to Montreal in April: Ryleigh Bissenden, -4.5 (Victoria); Lannette Boland -4.5, (Pender Island); Kady Dandeneau, -4.5 (Pender Island); Kelly Harris, -4.5 (Nanaimo); Tara Llanes, -1.5 (North Vancouver); Amanda Pinheiro (née Yan), -3.0 (Burnaby); Megan Smith, -2.5 (Vancouver); Shira Stanfield, -1.5 (Vancouver).

Ryleigh Bissenden, Lannette Boland, and Megan Smith have recently returned from the 2019 Canada Winter Games in Red Deer where they helped Team BC finish in 6th place. "The (2019) Canada games were one of the best experiences not just of my sports career, but of my life. I have such great memories from that team and the Canada Games," remarks Lannette Boland. "I love being part of a team, and thanks to wheelchair basketball and BCWBS, I get to experience representing my province again at these national championships."

To read more about BCWBS, go to www.bcwbs.ca.

You may recall that a few months ago, *The Pender Post* featured a cover photo of a float plane, bathed in sunshine, with a calm ocean and high blue skies, and the comment that the picture had been taken in December. When our wintery weather decided to continue, we dug in our journalistic heels and opted for a cover featuring a kayak cruising once again through summery-looking waters, this time from a photo taken on a January day. Our Research Department now has declared winter over and, based on that comforting thought, has chosen a farewell-to-winter on *The Pender Post* cover!

What did Penderites do when those fluffy snowflakes continued to fall? Some may have arranged an exodus to sunshine, golf courses, tennis courts, and beaches. But for those of us remaining on Pender, kids and puppies were the real celebrants of snow accumulating, enjoying the fun of all things snow-related and even the best possible outcome...a school closure!

For the rest of us, the accumulation of white stuff meant the same conversation, "Where did I put the shovel last time it snowed?" And the answer at our house, "I can't find a shovel for you but I know exactly where the photos of you shovelling with a hunk of plywood are. Want to see them?"

Little domestic dramas such as this no doubt are played out every few years when the snow decides to stick around for a bit on Pender. This year, one clever Penderite, Carole Elliott, was totally prepared. While the snow was still light and fluffy she grabbed her camera, interrupted her lunch, strolled to the living room window and snapped our cover photo of a snow-flecked bald eagle. He/she is regal, totally in charge, and doesn't care where the shovel is.

Good job Carole, a wonderful photo and the perfect note on which *The Pender Post* is delighted to say, "So long winter of 2018-19."

Mike Wiley

April 1989



Okay, I guess the joke is on us. The 1989 Pender Post calendar indicated that delivery of the *Vancouver Sun* would commence on April 1. It also pointed out that it was April Fool's day. Well now, not only do we not get the *Vancouver Sun* but even the *Times Colonist* has deserted us. While I am perfectly comfortable with e-Books, my husband and I miss passing each other sections of the newspaper and pointing out articles of interest. Does not have the same feeling when trying to pass a laptop around.

The Cubs attended a Cub Car rally in Victoria. This caught my eye as my father built one of the first Cub car tracks in Ottawa and as he and I were leaders (I was coerced), we often had Cub packs racing in my parents' house on Saturday mornings. I met and was introduced to Gov.-Gen. Vanier as a Cub leader in 1966 or 65. Yes, I am that old. A daffodil tea and flower show was held to benefit the Canadian Cancer Society. There was a full page of strict instructions about how the flowers were to be presented.

To demonstrate how things have changed on the island, there was a meeting of the Fall Fair executive at 65 Privateers Rd. No street address has less than four digits now; certainly not on Privateers, my street. Pender Island Recycling Society was ahead of its time as it suggested keeping your own cup in the car for coffee purchases and a supply of bags for shopping. It was announced that Helen Allison was the new president of The Pender Post Society and while no longer president, we all value her experience and input on *The Pender Post* board of directors today.

Val Butcher

WEATHER OBSERVATIONS FOR FEBRUARY 2019

	Average Temperatures			Extreme Temperatures		Precipitation		
	Max	Min	Ave	High	Low	Rain	Snow	Total
Magic Lake	4.3	-1.3	1.5	8.5 on 1 st & 16 th	-6.0 on 4 th , 9 th & 16 th	15.6	41.0	56.6
Normal	8.5	2.5	5.5	16.0 in 1991	-12.5 in Feb. 1989	68.9	6.7	75.6

At the beginning of February, following a mild January, we were presented with this headline: "Turning cold with increasing chance of snow." Sure enough an Arctic outflow brought us 1 cm of snow in the evening of February 3, the overnight temperature dropped to -5.5°C, and the power went off for a few hours. My neighbour, an Albertan, complained bitterly until I told him it was -27 in Calgary. Some of you thought winter was over and you were ready to start spring planting in the garden. Well, you probably had to pull up those dead plants and start again. Even now that we are almost in April you must be selective when starting your garden.

It snowed for several days in the first half of February, but when it was not snowing, the weather was pretty good and there was lots of sunshine.

Historically our snowiest month, for frequency, average and largest fall is December, followed by January, February, November and March in that order; so this winter we escaped most of the snow months. In 32 years we have had snow only once in April (2008) and once in October (1991); although I remember it snowed slightly in Victoria in April 1987, just before I settled on Pender.

By the middle of the month, Victoria, BC, had had more snow in February 2019 than any other city in Canada; of course some cities received more snow later in the month. Our total on Pender Island was less than the Victoria total. It may surprise you to hear that, among the capital cities in Western Canada (including Winnipeg), Victoria holds the record for the most snow in one day (I don't

know what year that was, but probably December 1996).

Magic Lake was frozen over for several days and did not show much sign of thawing until February 25 when a few of our ducks returned. I had been concerned about the well-being of the ducks but I was assured by an expert that they would go to the ocean and also to Buck Lake which was not frozen over. Even at the end of the month, much of Magic Lake was still covered in ice. The otters appeared through holes in the ice and eagles were landing and standing on the ice, but I don't know why. When I saw all the wildlife, including deer, I thought of my recently departed friend Sylvia Pincott who was so knowledgeable about wildlife, large and small, and did so much to look after her feathered and four legged friends.

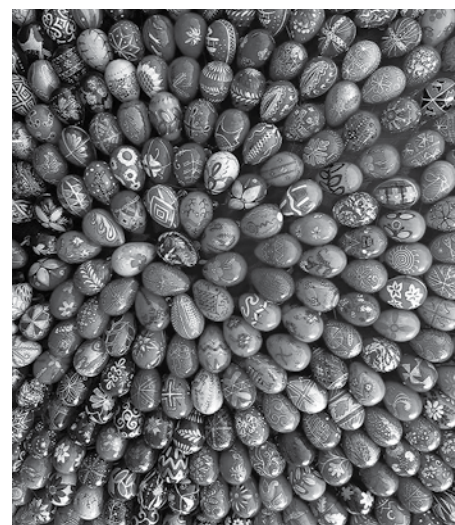
It is unusual for us to get more snow than rainfall, but that is how it was in February 2019 and our total precipitation was well below average for that month. It was the coldest February I have ever recorded. Only twice before in my records has the average daily minimum been a negative, namely -0.8°C in December 1990 and -1.6°C in February 1989, the same month that we had an all-time low temperature of -12.5°C.

Now we are in the month of April showers; always a month of variable weather as we progress from winter to summer. This is the last month of our rainy season, but precipitation has varied from 9.6 mm in 1998 to 112 mm in 1996. One thing is for sure, it is a good season for the grass to grow. Mean daily maximum temperature in April is in the mid-

teens with maximum temperature usually in the high teens or low twenties; exceptions were 26.5 in 1998 and 27.5 in 2016, but there has been no warming trend in 32 years. At the other end of the thermometer, I have recorded zero or less temperature for April in three years out of the last 32.

Enjoy the spring and happy gardening.

Malcolm Armstrong



Solution to last month's puzzle
Our Volunteers



ADVANCE NOTICES FOR MAY

3	Fri	7:00 pm	Community Choir presents <i>Fluid Harmony</i> , April 4 at 7 pm, April 5 at 2 pm, Community Hall* 17
4	Sat		Epicentre Board meeting and outdoor party 23
7	Tue	7:30 pm	Guided Music and Imagery to 9 pm, Home of Mary Reher* 21
11	Sat		Pender Island Parks and Recreation Open House, Community Hall 42
26	Sun	1:00 pm	Pender Island Squadron presents <i>Enhancing Your Marine Environment</i> , to 4 pm, Community Hall 47



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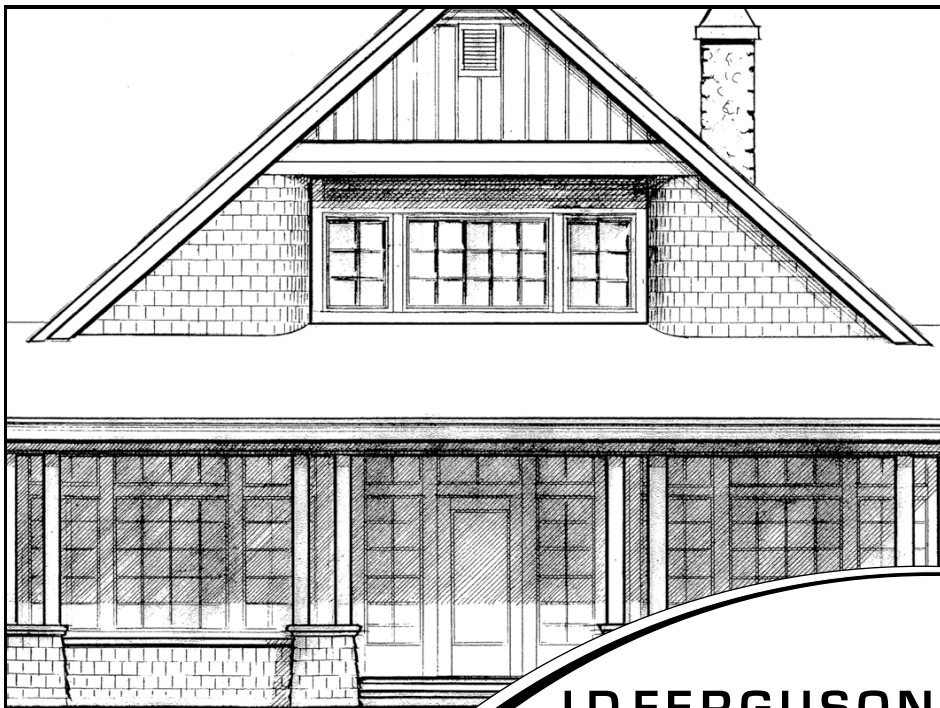
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604-505-9144

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Congratulations!

Colin Denton, Suzi Jack, Sam Boyte & Sherrie Boyte each earned an MLS Bronze award, representing the top 30% of all Realtors in the Victoria Real Estate

Board for property sales. • Michael Vautour, our Saturna Island specialist, earned an MLS Silver award, representing the top 20%.



MLS# 406161 - \$285,000



MLS# 406012 - \$299,000



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MLS# 405531 - *\$94,000



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*Indicates the last MLS list price

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7940 PLUMPER WAY PENDER ISLAND

Classic Cottage Chic at Peter Cove - Own your low bank ocean front cottage with this exceptional location on beautiful Pender Island. This 3 bed, 2 bath, totally renovated (2018) home is literally On the Beach! Stainless appliances, Fisher Paykel fridge, granite waterfall kitchen counter tops, beautiful custom wood cabinets, hardwood and tile flooring, (heated in entry, kitchen and bathrooms). Master loft bedroom with nicely appointed en-suite, 2 more bedrooms and full 5 piece bath on main. Down the stairs to a large media/recroom with Jotul gas "stove" walk out lower level, mere steps from the pebble beach. A separate garage 16'x22' and separate self contained "bunkie" rounds out this gorgeous package. Step off the lawn and into your kayak. Your bliss is calling. **\$1,188,000.**

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36118 Galleon **\$588,000**



6606 Razor Point **\$729,000** Oceanfront



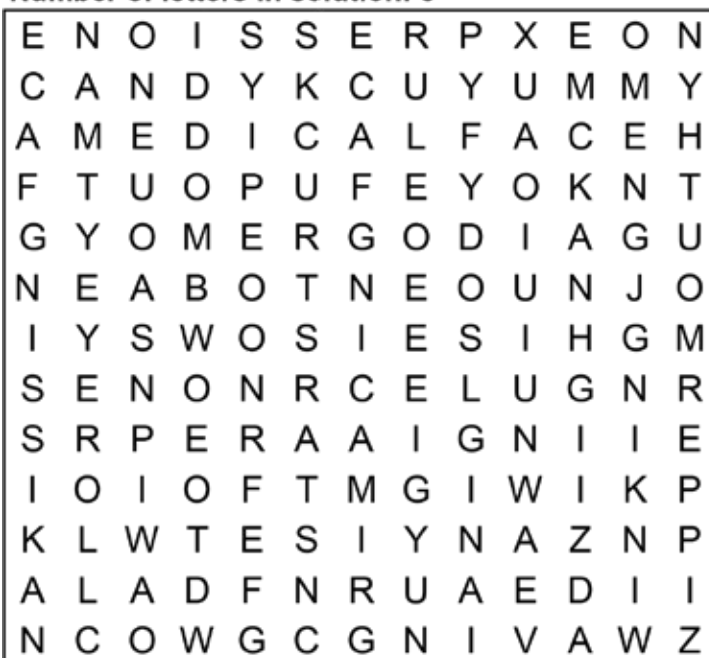
37191 Schooner **\$898,000** Oceanfront



2725 Anchor Way **\$1,595,900** Oceanfront

Find all the words listed below within the puzzle. Circle each letter, not the entire word. Words will appear horizontally, diagonally, vertically or backwards. Leftover letters spell out the mystery word(s).

Number of letters in solution: 8



Word List

Alien	Key	Star Struck
Candy	Kiwi	Waving
Cat Face	Lying	Winking
Code	Medical Face	Worried
Cow	Nauseated	Yawn
Crying	No Expression	Yucky
Eye Roll	Ogre	Yummy
Frown	Poo	Zany
Grimacing Face	Pout	Zipper Mouth
Hugging	Robot	
Idea	Rose	
Kissing Face	Smiling	

Computer Savvy Seniors in the Salish Sea

The Community Resource Centre is offering a computer skills course for seniors on Pender Island. See article on **page 46** for additional information. We are seeking registrants for the following:

- 6-week course in the Fundamentals in Computing for PCs (April 17-May 22)
Wednesdays, 11 am - 1 pm at the CRC
- 6-week course in the Fundamentals of Computing for Macs (May 29-July 3)
Wednesdays, 11 am - 1 pm at the CRC
- A workshop on Google Docs, Sheets, and Slides: How to increase your productivity in the Cloud!
Friday, April 26, 1:30 - 3 pm at the CRC
- A workshop on computer security, virus protection, and password management
Friday, May 10, 1:30 - 3 pm
- Future workshops will be offered on a variety of topics (see accompanying article)
- Please send suggestions for additional workshops to the contacts listed below

The sessions will be subsidized by a Federal New Horizons grant and seniors (55 years and over) will be given priority but all are welcome if space permits. The cost for the 6 week course will be \$30 and the workshops will be \$5 per session. Bursaries are available for those for whom these fees are a burden.

You can book a place for a course or workshop by:

- e-mailing Melody or Tania at SGICRC@shaw.ca
- phoning Melody at 250-999-6363 or
- going online to the CRC website www.sgicomcommunityresources.ca/ or the CRC Facebook page





The Royal Canadian Legion

Branch 239 - 1344 MacKinnon Road - 250-629-3441

Friday Night Dinners and Activities for April

- 5 **Butter Chicken***
- 6 **Memorial** Phyllis Johnston - 12:30 pm
- 7 **Speakeasy** - 7 pm
- 12 **Steak and loaded Baked Potato***
- 13 **Scrapbooking** 9 am - 5 pm \$20 includes lunch, www.penderislandrcl239.com
- 14 **Scrapbooking** 9 am - 5 pm \$20 includes lunch
- 19 **Burger Night*** \$10 (beef, chicken, salmon, veggie) with potato salad or chips - Drop in 5 - 7 pm
- 26 **Burger Night*** \$10 (beef, chicken, salmon, veggie) with potato salad or chips - Drop in 5 - 7 pm
- 27 **General Meeting** 10 am at the Legion Hall

Regular price is \$18 including GST. Tickets available online through the website, **Legion Lounge**, and **Talisman Books & Gallery**. For special dietary needs, please contact **Becky** 72 hours in advance at 250-951-6224 for April 5 and 12.

Meat Draws - Thursdays at 5:30 pm and Saturdays at 4 pm - Euchre from 4-6 pm before the Thursday Meat Draw.

Closed - Sunday, Monday, Tuesday, and Wednesday

Legion Hall Rentals and Party Bookings - Email bookings239.rcl@gmail.com

***Note** - We also encourage families with children to attend the Friday Night Dinners - Children under 12 eat for half price.

Pender Island Chiropractic Clinic

Dr. G. Mark Wensley BSc DC Active Release Certified (ART)

Serving the Pender Islands for 19 years.

250.629.9918

Pender Islands Health Centre
5715 Canal Road

Wednesday 10am-6pm
Saturday 10am-2pm

Community Service Event

An urgently needed conversation by all residents and property owners on the issues of Watersheds, Groundwater, and the Ramifications of Climate Change

Sponsored by the Pender Islands Trust Protection Society and the Pender Islands Conservancy

- What does the future hold for the Pender Islands? For the Southern Gulf Islands and the Islands Trust Area?
- How is climate change affecting our diminishing groundwater/surface fresh water resources? What can we as individuals and as a community do to help protect our environment?
- Which resources do we need to protect?
- What actions should our local government take to protect these resources?

Watersheds, Groundwater & Ramifications of Climate Change Seminar

At the Pender Island Community Hall

Saturday, April 13, 2019, 9:30 am - 1 pm, Pender Island School Children's presentations with the scientists and experts in attendance and a display by Parks Canada

Sunday, April 14, 2019 - 1 to 4 the main portion of the Seminar will feature:

- Dr. Dave Spittlehouse, Agrologist – "BC's Changing Climate and the Implications for Pender"
- William Shulba, Geoscientist (P. Geo) – Senior Freshwater Specialist with the Islands Trust "An Ecosystems Approach to Groundwater Sustainability in the Islands Trust Area"
- Nina Morrell – "The Role of Conservation in Climate Change"
- Andy MacKinnon, Ecologist/Forester – "Climate Change Effects on Species and Ecosystems"
- Participation Display by (GINPR) Parks Canada

Putting it all together - you, me, and the ecology

As a community we need to participate and work together.

Thank You to our co-sponsors: Pender Island Farmer's Institute, Pender Island Health Care Society, Capital Regional District, Port Browning Marina, and to our Community Supporters

The Magic Lake Property Owners' Society
Magic Lake Water & Sewer Committee
Buck Lake Property Owners' Association
Pender Island Field Naturalists

Trincomali Improvement District
Pender Islands Parks & Recreation Commission
North Pender Island Local Trust Committee

For further information about the event and how you can help please contact:

Event Coordinator - Bruce McConchie, 250-629-6515, bonpender@shaw.ca

School project Coordinator - Rhondda Porter, 250-629-6806, rhonddaporter@yahoo.ca

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Schryer fiddle voice guitar Hillhouse & Dobres

A tour de force of versatility, fine musicianship and technical dexterity, the group brings together three diverse music careers laden with awards and nominations including JUNO, Canadian Folk Music, Western Canadian Music Awards and Grammy Awards.

APRIL 2019 - Vancouver Island & Gulf Island TOUR

April 5th - Qualicum Beach
April 6th - Hornby Island
April 7th - Duncan
April 8th - Cumberland
April 9th - Gabriola Island
April 10th - Nanaimo
April 11th - Pender Island
April 12th - Victoria



www.facebook.com/PierreSchryerAdamDobres for more tour info

Pender Island Community Hall
Thursday APRIL 11th

Doors @ 7:00pm Concert @ 7:30pm General Advance \$20 (at the door \$25)
*Children (14 & under) \$10

Tickets @ Talisman Books & Gallery or Southridge Farms

4 more info: Colin (250) 629-6608 or colinandwendi@shaw.ca



Pender Island SHORT FILM Festival

April
20th
2019

PENDER ISLAND COMMUNITY HALL

Red Carpet @ 6:30, Show @ 7:30

Adults \$15, kids 12 and under FREE

Tickets at Talisman Books, Southridge & Online

www.ptarmiganarts.org

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EVENTS

MARCH 30TH *Genevieve Charbonneau & guests*

An incredible songstress and certified lyrical genius, celebrating her brand new album, *Heart Is A Tower*, and joined by special guests. Genevieve and her mesmerizing ensemble will surely fill the night with awe. || tickets \$20 at Talisman || door 7pm show 7.30pm ||

APRIL 12TH *Lester Quitzau* *w/ the amazing* *Damian Graham*

We are so grateful to have local legends coming to grace the Gather stage! Lester Quitzau is joined by the truly amazing Damian Graham on percussion for this intimate night of pure sonic revelry... This. will. be. good. See ya here. || tickets \$25 at Talisman || door 7pm show 7.30 ||

APRIL 17TH *Poor Nameless Boy*

Bringing the openness of the prairie sky to Pender. Soulful and insightful lyrics poetically exploring themes of life and hope. Joel brings his emotional honesty and authentic voice making this an evening not to miss. || tickets \$20 at Talisman || door 7pm show 7.30 ||



Pender Island Community Choir
2019 SPRING CONCERT
at the Community Hall

Fluid Harmony

ADULT CHOIR

directed by STEPH JACKSON

YOUTH CHOIR

directed by SABRINA WERBOWSKI and STEPH JACKSON

Friday May 3, 7:00 pm

Saturday May 4, 7:00 pm

Sunday May 5, 2:00 pm

Adults \$15 Youth (under 15) \$5 (under 5) Free

Tickets available at Talisman Books & Gallery

Artwork: D. Norwich-Young