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May 2019

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Celebrating their new album release, Armadillo Road, Willy Blizzard
brings their signature sound and sensational songs to share with us.
John and Andrea travel extensively performing all around the globe
but call Pender Island their home, join us as we celebrate their
new album and welcome them home.

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The Pender Post

Is published once a month as a non-profit service to the community. Those who buy an annual subscription to *The Pender Post* and are residents here, are automatically members of the Pender Post Society. The board meets monthly and is comprised of representatives from the various non-profit clubs and societies. To send a new representative, please contact Annie Smith at annie-smith@shaw.ca.

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COVER PHOTO

This month's cover photo was taken by Claudia Lorenz. To read the cover story by Mike Wiley, turn to **page 51** or go to the website www.penderpost.org.

PENDER POST NOTES

Subscriptions

It is not too late to receive a subscription for the remainder of the year. From June to December the rate is \$12 for on-island residents. If you wish to use PayPal, the on-island rate is \$15.50. Please go to our website www.penderpost.org for more information on subscriptions.

SPECIAL NOTICES

Attention Event Promoters of Pender Island!

Starting June 1, Talisman Books & Gallery will be establishing a 3% fee on ticket sales. This is to offset our credit/debit fees and to partially offset the considerable amount of time we are spending on promoting your events.

To give you some idea of what we're talking about, over the last year ticket sales have accounted for 10% of the money coming in to the store. With receiving, sales, and managing inquiries in person and over the phone, this represents a significant investment of staff time.

We are thrilled to be Pender's go-to stop for tickets, and to use this role to promote events in our community. But the recent rise of the amount of events going on at any given time has meant that we need to be able to offset our costs in order to continue providing this service.

Here are the details

- cost to customer will not change; the price on the ticket is the price we will charge
- no additional taxes will be added
- we will eliminate the current credit card fee

- customers can pay by cash, debit, or credit with no additional fees
- when we pay you at the end of the event, we will subtract 3% from the total retail sales for our costs. So, if you sell 100 tickets at \$20 each, instead of \$2000 at the end of ticket sales, you would receive \$1940.
- we will still provide you with a print-out breaking down ticket sales by date, with the totals at the bottom.

Please let us know if you have any questions or concerns.

Thank you for your continuing support, and we look forward to promoting your next event! Sincerely,

Anne, Melanie, Jim, and the team at Talisman Books & Gallery

Beach Clean-up

The Pender Islands Conservancy Association Annual Earth Day Beach Clean-up was held on April 20, 2019. A big thank you to all the volunteers for your hard work and enthusiasm, and to all who supported this successful environmental stewardship event. A full

Capital Regional District



Notice of Deadline

Arts & Culture Project Grants

Project Grants support emerging or established arts organizations in producing or presenting one time, recurring, unique or developmental projects.

Apply by: May 9, 2019 at 4:30pm

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report will appear in the Pender Islands Conservancy section of the June issue of *The Pender Post*. See photo montage on page 53.

Elizabeth Miles

Watersheds, Groundwater and the Ramifications of Climate Change

On Saturday, April 13, as part of the Watersheds, Groundwater, and Climate Change weekend, the community had the opportunity to see some of the science projects completed by our local students and to meet with two biologists from Parks Canada. The students had an opportunity to discuss their projects with our guest speakers and to enter a prize draw to win a family membership to the *Shaw Centre for the Salish Sea*. Everyone had a chance to share cookies and Easter eggs in a relaxed, informal setting.

On Sunday, April 14, a crowd of people filled the Community Hall for a series of presentations and an opportunity to ask questions of the experts. The four presentations provided an insight into what

the future holds for Pender Island when the full impact of climate change hits our islands. From an increase in temperature to a decrease in the availability of groundwater and on to an explanation of why the protection and preservation of wetlands and their adjacent forested watersheds was crucial, the experts provided scientific data to illustrate their presentations. The final talk described some of the effects that we are already seeing and those we are likely to see in local ecosystems, including the potential loss of a number of species of trees. The weekend was funded by a grant from the CRD with the support of the Islands Trust. A special thank you is due to Port Browning Marina for hosting the speakers for a delicious dinner on Saturday evening. Finally, thank you to everyone who attended and participated in the weekend and who helped make Sara Steil's vision for the weekend a reality. Well done Pender!

Rhondda Porter

Rural Tourism

Ben McConchie as Chair, SGI Economic Committee, and I have want-

ed to speak with as many businesses involved in tourism as possible, prior to organizing a public meeting, to ensure their views are included in any synopsis of information gathered through meetings, research, and discussions. Unfortunately, the season started early this year and due to business owners being busy, we haven't been able to complete that phase of our study within the timeline we anticipated. The following is an overview of rural tourism for your consideration. Comments are welcome.

The communities in the Southern Gulf Islands, (SGI) - Saturna, Mayne, Galiano, and North and South Pender - are considered "rural" primarily because a majority of the land is forested; they have a varied and relatively untouched natural ecology, a variety of wildlife, and a low, permanent population with small settlement areas.

Historically, First Nations used these islands for food gathering, shelter, and trade goods. When white settlers arrived, they also depended upon the land to provide shelter, sustenance, and for stock raising. Early economic activity was primarily based on forestry and agriculture, or fishing. The primary difference between these two groups was that First Nations had an integrated view of the environment whereas those that followed saw the environment as separate from them and to be exploited beyond their immediate needs. The social structure that accompanied the increase of people settling on the islands still retained the older ways of living and thinking. It was a rural society, closely knit, independent, and self-reliant. Living was founded upon family farms, seasonally based, and required hard work. They liked their open space, accepted the natural order, and enjoyed a slower-paced life. The economy was simple but limited and unpredictable, hence incomes were low. The economic divisions in the community were not as pronounced, whereas in urban centres it became a significant division. For a family working their farm, one way of bringing in extra money was tourism.

The draw for tourists to visit these islands has not really changed over the years. They looked for a change of scenery, a break from "urban" life, a



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chance to unwind and a place to relax while wandering in a comparatively untouched, quiet environment. While the attractiveness of these islands has not changed dramatically, the expectations and numbers of tourists have. The one thing that hasn't changed is that tourism brings money, and in many cases, that carries a mixed bag of benefits and implications.

So how does a small rural community manage this growing industry? Tourism has essentially evolved as an open market so it may not, in fact, be effectively or entirely managed, but there are a number of core policies and strategies that can be implemented to balance the positive and negative consequences.

First, perhaps recognize that the goal of any management plan for rural tourism is to avoid becoming urbanized. Many Trust Area communities are already becoming functionally urban in a rural setting. The question now is: to what extent should it continue? Secondly, who will lead the promotion and development of tourism - the community, or business? If it is to be the community, then the management plan should begin with ensuring that tourism must conform to the values of the community. The businesses and facilities should be small in scale as opposed to large developments. Businesses should be locally owned rather than by corporations where the majority of profits leave the community. They should retain their traditional or historical character, and any new development should be carefully considered for the long-term good of the overall community. Equally important, in areas that experience limited resources, a sustainable approach towards conservation should be mandatory. Care should be taken not to allow the lifestyle of the community to become a commodity.

Tourism should assist the community to develop a balanced economy, not become the predominant one. Local services should maintain the local population and not become geared to servicing non-residents. Creating a diversity of jobs throughout the year is preferable to seasonal lower-wage jobs. Local investors should be encouraged so that the community does not lose control of their future, as may happen with wealthy

external investors. Other considerations include co-operation with surrounding communities and businesses within the region to develop authentic, varied experiences and avoid similar, homogeneous attractions and events. Some communities may prefer active/recreational experiences, some may provide attractions through the arts or education, while others may be more suited to nature study, or farm-based tourism. If tourism is to be embraced by any small rural community, the management plan should address a number of critical concepts:

- care must be taken to "preserve and protect" the natural environment, its landscapes and wildlife, on land and in water
- the rural character and the authenticity of the communities must be retained
- there should be the least impact to the communities' culture, lifestyle, and daily activities
- First Nations identity, culture, and their relationship to the land and nature should be protected and enhanced

- recognition that not all residents want tourism; some may at least wish to limit it, and those concerns should be respected whenever possible
- not all areas are suitable for tourist activities
- some of the proceeds from tourism should be set aside to prevent or repair the environmental damage caused by tourism.

One philosophical question also should be answered: should one segment of the community have the right to determine an activity/business that can negatively impact the majority of its fellow members, without including, co-operating, and engaging them in those plans? The old arguments for creating jobs and an economy are, for many, no longer acceptable. In the case of tourism, it must have the goodwill and support of the whole community to be successful and sustainable in the long term. It is the responsibility of operators of businesses to respect the environment and its resources, and to ensure that the essence of what attracts their guests is not lost.



WE ARE MOVING!
Effective May 1st we
will no longer be at
Hope Bay.



We are excited to announce our
new location is the Bistro side of
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Our new more central location will still have the best
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- Matt & Tammy Adolf

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It is entirely possible for local businesses to promote tourism in a manner that encourages community values. The community, in return, can provide incentives to make that happen. Policies can guide the communities' values and rural character in the development of infrastructure. Zoning can determine the style and scale of where and how tourism activities take place and thereby limit potential impacts.

Before the promotion for tourism begins, an appropriate market should be targeted rather than inviting the entire planet. Those smaller markets must be understood with respect to their size and location. It would help to know the characteristics, habits, perceptions, and expectations of those potential tourists to establish the requirements for development of facilities and infrastructure. With that information, the impacts can be monitored, evaluated, and adjusted as the industry develops.

The development to support tourism is predominantly for accommodation and public facilities (toilets, medical, fire/rescue). There also may be needed infrastructure for transportation, and

venues for activities/shows/arts/education.

All this takes time, effort, and consideration. By doing nothing, we are complicit in allowing other interests, provincial and local, to make decisions for us. There is no doubt that tourism has been and will be an integral part of our economy. But given the growth of the industry and the fevered pitch of those who wish to "cash in", our communities need to carefully plan with our businesses, how and under what conditions we are going to take advantage of this opportunity. We shouldn't be too concerned with inviting more tourists, but rather with creating better tourism.

Steve Wright, ibsjw@shaw.ca

Pender Island Truth and Reconciliation Circle

For our April meeting we reviewed the online book *Imagine A Canada* and met to share our reflections of what we discovered and what we were taught by the works presented.

Imagine A Canada is a national art and leadership program for youth across

Canada sponsored by the National Centre for Truth and Reconciliation (NCTR).

We were all moved by the creative pieces offered by the children, some as young as Grade 2 up to Grade 12, some indigenous and some not. When most of the people in our group were young, we were not taught about residential schools or the damage that had been done by church and government policies. On reviewing the book we were very moved and amazed by what these children have learned already. Through their art, poems, and stories they demonstrate a clear understanding of the wrongs that were done. They were able to share their intention to be a part of their vision for the future, where reconciliation is a reality.

We can all learn from them. Leila, Grade 6, wrote "We can move forward with open hearts and arms to the Canada we all imagine."

It is not possible to describe their art and to explain the impact of their art in this brief article. If you haven't already, please check it out on their website at <https://education.nctr.ca/wp-content/uploads/2018/06/2018-NCTR-IMAGINE-BOOK-ENG-1.pdf>

There will be no Circle meeting in May, but there will be an unveiling of a new WSÁNEĆ 13 Moon Calendar! Please join us at noon, Thursday, May 9, at Poets Cove Resort & Spa. For more information, see the South Pender Historical Society article on page 44 for the details.

Susan Parr

IN APPRECIATION

We would like to acknowledge neighbors Angie and Elaine for their hard work cleaning up and beautifying Spyglass Road. And a thank you to Amanda and Kelly for their broom removal efforts. Your labours are much appreciated.

Sam & Rob Burnett

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REMEMBERING

Joan Bannister

Notice of Service

A memorial service will be held at St. Peter's Church, 4703 Canal Road, Pender Island, BC, on Saturday May 11, 2019 at 2 pm.

Kathy Bannister

Kristin Leigh Grimmer

Please join us for a service in memory of our beloved daughter and sister Kristin Leigh Grimmer on Saturday, June 1, 2019, Pender Island Royal Canadian Legion starting at noon.

Linda MacSeafraidh

Kaethe Ilse Scharlock

Please turn to page 51 for "Remembering Continued."

Sara Steil

There will be a Celebration of Life for Sara Steil on Sunday, May 19 at the Royal Canadian Legion here on Pender Island. Come share stories and memories of Sara, from 1 - 4 pm. Light refreshments will be provided. Sara was a big part of so many groups on Pender Island, and she will be missed by all who knew her.

Helen Lemon-Moore

THE ARTS



Pender Island Art Society

The first part of April was a delightful surprise weather-wise, making it harder for any of us to want to be indoors, but we still had quite a few people show up to be instructed by Grace Frate in the art of cutting mats on April 1st. A mat is the material that's used between the frame and a picture; they are often in white but can be in any colour and sometimes there are two mats to set off the artwork. This type of display has a first mat with a second one inside that has about a $\frac{1}{4}$ " reveal with your picture in that window. The cutting of the mats must be very precise and trust me, it's obvious when it's not! There is a bit of a trick to it and we thank Grace for her patience and sharing her knowledge.

As for the abstract drawing class of April 15, Margaret Alpen is a genius at forcing those of us with too much starch in our undies to loosen up a bit! It's so easy to get caught up in the details when making a piece of art, and often, the piece can look overworked, too detailed, or too stiff. Margaret set up a number of objects in a square in the middle of the room, gave us 30 minutes to draw those objects and then had us move on to the next grouping. You then take those drawings, transfer each to a sheet of transparent paper and then overlay those sheets in whatever way you want. It gives you an opportunity to mix and match your overlays, turn them

sideways or upside down, tuck one under another, and see just how they look all together. You may not even use all of the drawings and find that just two or three groupings of objects work together. It's a marvellous way of looking at drawings in a new way and provides a basis for an abstract piece, or at least one that's a little looser and possibly more intriguing in composition.

The only Monday workshop that we have is on May 6 with Brenda Sledzinski, who will show us her technique for creating a watercolour star-filled night sky. She promises that it needs few supplies, and is quick and fun to do! Watch for an email regarding this soon.

Everyone is gearing up for the new *A Brush with Spring Art Show and Sale* on Saturday, May 18 and Sunday, May 19. All of the members are getting their art ready for framing and some like myself are frantically attempting to get more art completed in time for the show. We have the largest number of boards reserved by members for an art show ever, so the variety will be terrific. We also will have a *Copying the Masters* section in the show. This was a very challenging class

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in January where you explore the technique of a past Master Artist that you have chosen, and then try to copy one of their pictures as closely as possible. It's way harder to do than to simply create your own art, because you have to figure out exactly how that Master produced every stroke that they did.

If you have friends or family coming over to the island for the May long weekend, the Art Show is at the Community Hall, it's free, and it's a wonderful place to bring them!

If you would like to see more about our sessions and workshops, numerous photos are posted on our Facebook page at www.facebook.com/PenderIslandArt after each session and workshop, as well as photos of members' art. We would love to see you there!

Jane Baker, PIAS Director at Large, and Brenda Sledzinski, Secretary

Pender Island Community Choir

Anticipating another successful spring session: *Fluid Harmony* to



Marc Atkinson Trio with special guest Cameron Wilson

be held on May 3 and 4 at 7 pm, and May 5 at 2 pm! The Community Choir would like to extend its warmest thanks for the continued support we receive at our performances over the seasons. This spring concert should be no exception as the audience's willingness to listen actively truly inspires the quality of performance to be delivered. As always, the youth choir will steal the show and melt all of our hearts with their beautiful harmonies and voices.

Thank you to Lauren Mann for allowing us to perform one of her original pieces titled *Wooden Heart*; it is a priceless gift.

Lastly, we would like to extend our most heartfelt thank you to Sabrina Werbowski, Stephanie Jackson, the accompanists, volunteers, and technicians for all of the time and hard work they put into making these performances a reality. It is community-based projects like this one, which make living on Pender Island a true blessing.

Annette Cyr

Pender Island Concert Society

The Annual General Meeting of the Pender Island Concert Society will take place on Tuesday, June 4, 2019 at 4 pm in the community room of the Pender Island Elementary School, 5714 Canal Road, Pender Island. Anyone interested in becoming a member of the Pender Island Concert Society is welcome to attend.

Two board members of the Pender Island Concert Society (Susan Morton and Carole Elliott) attended the 43rd Pacific Contact event held in Burnaby, April 4-7. Pacific Contact is organized by the BC Touring Council and provides an invaluable opportunity to link artistic talent with people hook performances for appreciative audiences in both rural and urban centres across the province. There is excellent professional development, creative and exciting performance showcasing, and valuable networking. In all, this conference facilitates concert presenters, such as Pender Island Concert Society, to seek out performers that will enhance the vibrancy of their individual communities. Susan and Carole are enthusiastic and excited about sharing with the board the possibility of

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presenting, in the 2020/2021 season, some of the outstanding performers who showcased at this conference.

For now, let's get back to our 2019/2020 season. Although in the next four issues of *The Pender Post* there will be some brief information about three of the concerts, a fourth concert will be featured with a photo and a more in depth look at the performing musicians. This issue focuses on the first concert in the 2019/2020 season, The Marc Atkinson Trio with Cameron Wilson.

The Marc Atkinson Trio with Cameron Wilson - Sunday, October 6, 2019 at 7:30 pm

Marc Atkinson is the leader and composer of the internationally renowned Marc Atkinson Trio (and co-founder, composer, and performer in the acclaimed group, *The Bills*). A multi-instrumentalist, composer/arranger, and producer, Marc is one of Canada's most talented musicians. His catchy compositions, found on his Trio's four award-winning CDs, take guitar beyond the usual repertoire and sound. The tunes have a fiery but elegant guitar style, infused with a catchy blend of influences. Complex and challenging, the music of the Marc Atkinson Trio is melodically captivating, sensually charged and ferociously, technically awe-inspiring. All this while still maintaining the laid-back humour and casual 'good time feel' of Canada's West Coast. The Trio, formed in 2000, has toured North America, England, and Europe and has received standing ovations everywhere they have performed. Marc (lead acoustic guitar) is backed by Brett Martens (acoustic rhythm guitar), and Scott White (bass).

On this tour Cameron Wilson, as special

guest, will add the impeccable sounds of his sweet and playful violin to all the Trio has to offer! Cameron is an artist whose work showcases the many genres of music he has become associated with both as a composer and performer. Many will recognize Cameron as a member of the classical crossover piano trio, *Joe Trio*, the acoustic string jazz quartet, *Van Django*, the *Hard Rubber Orchestra*, *Mariachi del Sol*, franco-phone trio *Pastiche*, and *Tambura Rasa*. This will be a concert filled with melody, rhythm, and just good old-fashioned fun!

The Rolston String Quartet Thursday, November 14, 2019, 7:30 pm

Consisting of Hezekiah Leung (viola), Jonathan Lo (cello), Luri Lee (violin) and new member Emily Kruspe (violin), the Rolston String Quartet was named among the Canadian Broadcasting Corporation's "30 Hot Canadian Classical Musicians Under 30" in 2016. The Quartet has toured throughout the USA, Canada, and Europe and continues to be recognized internationally for their musical excellence.

Janelle Fung Sunday, February 2, 2020 at 3 pm

Accomplished Canadian pianist Janelle Fung has performed in concert from coast to coast in Canada, including tours with Prairie Debut and Jeunesse Musicales du Canada. Winner of the "Artist of the Year" award from the BC Touring Council in 2014, her acclaimed international concerts have taken her to over twenty countries on five continents and established a renowned position for her on the world stage!



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Roots and Grooves Wednesday, March 11, 2020 at 7:30 pm

Rick Scott, veteran folk artist and infamous dulcimer player, and Nico Rhodes, young keyboard ace and rising jazz pianist, combine forces in an intergenerational smorgasbord of roots, blues, jazz, and humour. Forty years apart in age, Rick and Nico blur all boundaries with their mix of seasoned expertise, youthful exuberance, old school groove, and Broadway chops!

Subscriptions

Subscriptions are \$75 and allow four attendances at concerts of your choosing for the price of three single tickets. Forms are available at Talisman Books & Gallery and Southridge Country Store.

Single adult tickets are \$25 and will be available in September at Talisman Books & Gallery and Southridge Country Store, and at the door prior to each performance. Student tickets are complimentary and are available at the door. Elementary students need to be accompanied by a ticketed adult.



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**Pender
Island
Quilters'
Circle**

If you were looking for a new way to use your quilting skills, you should have been at the March Quilters' Circle meeting. Charlotte Edwards came well prepared to our quilting day with post-cards on her mind. The steps were involved but the end results were really quite lovely. This could turn out to be a new hobby for some - sending your artwork out in the mail. Several of us gave the new idea our best shot. Those of us who are artists found the challenge quite fun but those of us who need step-by-step instructions were stretched to our limit. It would be nice to see the finished projects at our May meeting before they get sent out to family and friends. We thank Charlotte for an interesting morning and a new skill under our belt.

The Fall Fair committee has already started to make big plans for this year's

fair. Martha Deme has been asked by the conveners of the Needlework section of the Fall Fair, along with knitters and fibre artists on the Island, for some 6 inch squares to be put on display. Our May meeting will be dedicated to this task. Martha will collect all the squares made and give them to the Needlework conveners. We can be as traditional or as creative as we wish. With our post card creative juices flowing the ideas can easily be put to this task. It will be nice if our Quilters' Circle can provide a number of squares for this needlework display. Martha has heard how they will be hung and it should be quite interesting. So with that in mind, you will need to bring your sewing machine, sewing supplies, some fabric, and small 6 inch pieces of batting. Start thinking about the possibilities.

Quilters at Show and Share this past month showed some very lovely creative work. Margaret and Susan have restored a quilt they found in the Nu-To-Yu. They plan on giving the finished quilt up for auction. Laura also showed her latest Yellow Brick Road quilt that did not have one bit of yellow on it. It was a masterpiece of orange through purple and pink.

It was beautifully quilted by a friend with a long arm machine. Eleanor came to the meeting with the sweetest baby quilts ever. They were so delightful. Heather's kaleidoscope quilt was breathtaking - a king size quilt that was so well quilted. If I missed someone it is not intentional and I promise to make better notes next month. So bring your creation to the May meeting; repeats are most welcome as not everyone was able to be at the March meeting and would love to see what the Pender Island Guild is doing.

May 13 is our next meeting. The doors open just after 9 am for set up. All hands are gratefully accepted. New members are most welcome. If you want to carry on with a project you are working on, that is just fine. Bring along your coffee and we will have a meet and greet at the break. Don't forget your Show and Share. Happy Mother's Day to all our members.

Karen Gagnier

PIJazz

We've had a few practices already with PIJazz working on a new repertoire for our annual summer Hot Tunes! gig, this year on Sunday, June 23 at Stoney Pocket, at the corner of Clam Bay and Port Washington Road.

That may sound simple, but it's not. One number, which has been on the back burner since the fall, has saxophone players, among others, scratching their heads. While leader Ben McConchie is careful not to overload the band, he also throws at least one major challenge into the lineup for each gig. The challenge this time has most of us working away studiously to see if we can get it into shape in time.

Then Ben tosses a few of what will be the vocal numbers our way. First, who's going to sing? That leads us at this point to realize you're going to see some of our old standby vocalists at the microphone joined by some new at the singing thing. And then there likely will be some vocals from visiting singers.

Because this is a gig where our audience may get up to dance now and then but mostly will be seated as people listen, the set list doesn't have to focus so much on danceability and tempo. As a result, you'll hear some very jazzy stuff,

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with much more improvisation, a skill all have been finessing.

Band members are committed to producing a quality show, which means a two-hour group practice every Tuesday evening at the school. Add to that a group that meets for extra practice, again once a week for a couple of hours. Then of course there's individual practice at each and every home, leading spouses to wonder if they'll scream when they hear that four-bar stretch for what seems like the millionth time.

And in the end the goal is for you, the audience member on June 23, on what we hope is a pleasant sunny afternoon, to think everything sounds so effortless. Bring lawn chairs or a blanket, a full picnic basket complete with Thermos of whatever, and settle down for a lovely afternoon on a beautiful property.



Rainbow Web, Photo by Urs Boxler

Vicki Dutton

Pender Photo Club

At the meeting of the Pender Island Photo Club, our members displayed a visual buffet of images detailing "light", from sun streaks to reflections and shadows. Preceding our monthly assignment we watched an episode about lenses in the instructional *Fundamentals of Photography* video narrated by National Geographic instructor Joel Satore. Joel mostly carries with him his four favourite lenses: 70-200mm, 14-24mm, 35-50mm, 24-70mm. Then, last but not least, Ken Sawatsky and grandson showed images taken on their trip to beautiful, lush Portland Island. It was almost like being there.

Next monthly assignment is Spring

On May 13, we will have a presentation by photographer Terence (Terry) Thom-

as of his photographic art. Please join us in the community room at the school.

Eve Pollard

Note

This photo looks stunning in colour and we will place it on *The Pender Post* Facebook page.



Pender Solstice Theatre Society

This spring's Solstice production of *The Odd Couple* was a roaring success. As an innovation this year, the show ran over two weekends, and this proved to be popular both with audiences and cast. Audience numbers were up, and the feedback has been very rewarding. A number of comments heard outside the hall had to do with leotards, linguini, and penguins, and apparently the two Spanish gentlemen are still getting it up. Solstice also is hoping this summer to present a radio play, in conjunction with Ptarmigan Arts, on the outdoor stage at Hope Bay. Stay tuned for further details. Solstice's fall production will be *God of*

Carnage, directed by Gregory and Julia Nicholls. Auditions will be held June 23.

Rehearsals will begin in September and October and the performance will be November 8, 9, and 10.

God of Carnage is a brilliant script written by French playwright Yasmina Reza. The writing is elegantly translated by Christopher Hampton from Ms. Reza's French into culturally on-target English. The details are exquisitely precise, which leads to much of the humour that made this play a Broadway hit and a Tony Award winner after it opened in 2009. Reza's 1998 play, *Art*, also won the Tony for best play. Reza's subjects are two sets of parents in the Cobble Hill neighbourhood of Brooklyn: Alan, a corporate lawyer, and his wife, Annette, a "wealth manager," who visit the apartment of Michael, a wholesaler, and his wife Veronica, a writer. No accents are required for this production.

Please contact Julia Nicholls at julia@nicholls@gmail.com if you are interested in participating in this production, on stage, or behind the scenes.

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Ptarmigan Arts

This month Mary Reher will be hosting a Guided Music & Imagery session at her home studio, starting on May 7 from 7:30 - 9 pm and running until May 28. This meditative experience helps you connect to your inner self, and fosters increased self-awareness, creative inspiration, spiritual connection, and deep relaxation. The cost is \$100 and there are limited spots available, so reserve by registering on our website.

To lead up to our Youth Talent Show, performer extraordinaire Lindsay Hoopster will be teaching a Dance Performance Workshop series where youth aged 8 and up will prepare a choreographed dance and work on their stage presence, production, and creative expression. There will be smoke, lights, and super groovy music! The series will be happening at the Community Hall on Wednesday evenings from 5:30 - 6:30 pm starting on May 8 and running until May 27. The cost is \$40; register on our website.

Our annual Youth Talent Show is happening on June 1 at 2 pm at the Community Hall to showcase all the many talents of the youth of Pender! Whether you sing, dance, do magic tricks, tell jokes, act, paint, or have a special talent, we want to see it. Get in touch with Janet Willingham to register as a performer by emailing janetwillingham@gmail.com.

Are you a visual artist who would like to display your work at Art in the Orchard this year? This community art show will be happening on July 27 from 10 am - 4 pm at historic Corbett House. To reserve your tent/table, register at www.ptarmiganarts.org/register. The early bird registration fee is \$25 until June 1, and then it will increase to \$30. For more information, contact Margaret Alpen at mjalanpenari@shaw.ca. See ad on page 70.

Have you ever wanted to have a deeper understanding and appreciation of the people that make up this community? Ptarmigan is a proud sponsor of Chris Wakaluk's podcast called *The Stories That Brought You Here*, where he interviews individuals from the island to first discover why they chose to move

here, and in the remainder of these hour-long episodes, uncovers the interesting stories that made them the person they are today. Over 30 unique interviews are now available at www.thestoriesthatbroughtyouhere.podbean.com.

In addition to putting on a variety of programs, Ptarmigan also sponsors events in the community to help local artists showcase their work in various ways. This month we are sponsoring Farrside, a group of three friends who started playing music together in Thompson, MB who are now reuniting to play a selection of songs by Gordon Lightfoot, Buddy Wasisname, other classics, and originals. The show is happening on May 19 at 2 pm at Steph's Studio on South Pender.

We have some great music coming to this month's Friday Community Gatherings put on by the Pender Island Health Care Society. The Pender Island Youth Orchestra will be playing on May 3, followed by Stephen & Diana Fairclough on May 10, Cock on a Mountaintop on May 17, Enzo Marino on May 24, and Bill Heintz on May 31. It's only \$5 for a bowl of homemade soup, and the music is free.

Lauren Mann

COMMUNITY SERVICES

CRD Bylaw and Animal Care Services

CRD Summer
Dogs
& Hot Cars

We have received a number of questions about dogs being in cars on hot summer days and wish to share this advice.

Everyone loves taking their dog for a car ride, especially during the summer season. Always remember it takes only minutes for a dog left in a vehicle on a warm day to succumb to heatstroke and suffocation. Most people do not realize how hot it can get in a parked car on a balmy day. In fact, researchers learned that when it's a sunny 25 degrees outside, the temperature in a parked car with the windows cracked rises at least 32 degrees in 30 minutes. That means in 30 minutes the internal temperature in your car could reach 57 degrees! In the fifteen minutes it took you to pop

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into the grocery store, the temperature in your car could reach 40 degrees and give your dog a stroke or worse! Experts recommend not to leave pets in parked cars even for short periods if the temperature is 15 degrees or higher. Rolling down a window or parking in the shade does not guarantee protection. Even in the shade, a car can be 10 to 20 degrees hotter than outdoors, and cracking the window has almost no effect. Dogs are designed to conserve heat. Their sweat glands, which exist on their nose and the pads of their feet, are inadequate for cooling during hot days. Panting and drinking water helps cool them, but if they only have overheated air to breathe, dogs can suffer brain and organ damage after just 15 minutes. If you travel with your dog this summer, remember to bring fresh water and a bowl. If you cannot leave water out while on the go, offer water at each destination. This is more important than remembering your dog's leash, treats, or toys, and your dog will thank you.

Want to learn more? Contact CRD Animal Control at 250-478-0624 or visit www.crd.bc.ca.

Donald Peden

Community Paramedicine

With the arrival of spring, people are spending more time outside, thus increasing their chances of running into ticks. A bite from an infected Blacklegged Tick can cause Lyme disease. Ticks can be found in areas where there are trees, shrubs, tall grass, or piles of leaves (which pretty much describes the entire island). Since an ounce of prevention is far easier than trying to cure, Health Canada recommends the following steps:

- Use bug spray with Deet or Icaridin.
- Wear closed-toe shoes, long sleeves, and pants.
- Tuck your shirt into your pants, and your pants into your socks.
- Walk on paths.
- Do a daily full body check on yourself, your kids, your pets, and your gear.
- Shower or bathe within two hours of being outdoors.

- Put your clothes in a dryer on high heat for at least 10 minutes. Enjoy your tick-free time outdoors.

This month First Aid Friday falls on Friday, May 10 (from 10 - 11 at the Community Hall). I speak on different first aid topics every month and offer you a chance to practice some of the techniques I've talked about. The Stroke Support Group is meeting on Thursday, May 9 (from 2 - 3:30 pm in the meeting room at the clinic). We welcome anyone who has experienced a stroke, an aneurysm, or any other type of brain injury, and those who are caregivers for anyone who has experienced them. You can also find me at the Friday Community Gathering at the Community Hall (11 am - 1 pm every Friday). I check blood pressures, have information on a different health related topic every week, and I'll answer questions (or help you to find information) about any other health related topics.

If you have any questions please contact me via email Alyssa.Woollcombe@bcehs.ca or cell 250-221-0754.

Alyssa Woollcombe

Epicentre

Family Co-operative

Thanks to the caring and generous Pender Island community, we have a youth centre on Pender Island that is safe, neutral, central, and inclusive. Check out our website - <https://piepicentre.weebly.com/>

A big thank you to Solstice Theatre for the opportunity to hold concessions during intermission of the play *The Odd Couple*. Our next concessions will be held during the spring choir concert on May 3, 4, and 5.

Programming

Toddler time (Tuesdays from 10 to 11 am) is free for members and \$5 drop-in for non-members. After-school kid's club (Tuesdays from bus drop off to 5 pm) will continue until summer break. We also offer sewing clubs and an after-school science group. Youth night is the third Saturday of every month. Teen night is the fourth Saturday of every month. We don't hold youth or teen nights from June to August due to so many other things going on. For a com-

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plete list of our programs, please see <https://piepicentre.weebly.com/>

Membership

Membership has its privileges. You can book and use the space anytime to meet up with your friends or throw a party. You will find the Epicentre to be a nice place to visit and meet up with friends. You also will receive discounts on workshops and classes and the drop-in fees for toddler time, after-school programming on Tuesdays, youth and teen night events will no longer apply. If you would like to become a member, the cost is \$125 per family per year. The Epicentre is a wonderful place to hold birthday parties or a special event. To book the space we ask \$10 for members and \$25 for non-members. Contact Karen at karenonpender@shaw.ca for more information.

Josephine Spaxman

Ferry Advisory Committee

Ferry Facts

BCF is in the process of developing plans for the long-term upgrade of the Swartz Bay Ferry Terminal. Below

is a summary from BCF of this project.

Swartz Bay Terminal Development Planning:

Phase 1 Summary

In Phase 1, we gathered input on key issues and opportunities related to the terminal. We heard from over 1,000 people through pop-up events at the terminal, an online engagement, and stakeholder and employee workshops.

The key themes we heard in Phase 1 were

- Better food services
- Improved outdoor spaces
- Improved waiting areas
- Interpretive and cultural features
- Wayfinding, mobility and accessibility
- Waste management
- Thru-fare connections

To view the report go to: <http://www.bcferrries.com/about/publicconsultation2/terminal-development-planning/swartzbay.html> - a detailed Terminal Development Plan TDP can be downloaded from this page and is very informative.

Phase 2 Summary

In Phase 2 we created draft concepts for the future of the terminal using the key themes we identified in Phase 1. We asked about several ‘Big Moves,’ or potential options for the terminal and heard from more than 500 people through pop-up events at the terminal, an online engagement, and stakeholder and employee workshops.

Participants identified most concepts as meeting their needs well or very well, and noted a preference for a park in the waterfront area of the terminal, rather than a concession in that area. Preference for the concession was that it be included closer to the vehicle waiting area, as it is today.

Have questions?

If you have any questions, want to provide feedback, or require further information about the Swartz Bay terminal development engagement process, contact tdpinfo@bcferries.com or write to us at British Columbia Ferry Services Inc., Terminal Development, Suite 500 - 1321 Blanshard Street, Victoria, BC, V8W 0B7.

Salish Class Vessel

A new Salish Class vessel will replace the Mayne Queen on the Southern Gulf Islands route in the next 3 years. BCF will be going to bid/RFP soon and be in contract with the shipyard in 2019. The bidding process used follows global best practices for new vessel procurement. Bidding is open to local, national, and international ship builders. No preferences are given to any bids. BCF favours those bids that have the highest value for ferry users and coastal communities (who fund the build projects through fares). Canadian content can indeed contribute to this best value proposal.

The design is set, and will be identical to the three Salish currently in service. The bids in this case will therefore be only ‘build’ bids, not ‘design/build’ as normal. The delivery date for this Salish vessel is expected to be sometime in 2021, with an in-service soon afterwards.

Ferry traffic data

On Route 5 (Swartz Bay - Pender Island), year to date February vehicle traffic

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was up 0.95% but passenger traffic was down 1.09%. On Route 9 (Tsawwassen - SGI), year to date February overall vehicle and passenger traffic were up 5.27% and 2.09% respectively with Pender Islands numbers continuing to be above the average at 6.45% and 7.26% respectively.

Ferry Fares

A four-year Fare Increase Plan will be announced in the fall of 2019 and take effect in 2020. Any increases will be tied to the inflation rate.

The Pender Island Ferry Advisory Committee (FAC) has three new members. Joanne Enns, JoanneEnns2@gmail.com; Dale Henning, dchyvrpacificocean@telus.net, and Greg Lucas (Trustee for School District 64), gucas@sd64.org. All three new members are appointed for a 4-year term. BCF new policy states that committee members can only serve for 2 (4-year) terms. I will continue for a second 4-year term, Roy Moore, befacroy@gmail.com. The outgoing members, Dave Dryer who served for more than 20 years and Jill Justice, who served for more than 15 years, deserve a great deal of thanks for all their hard work and expertise in bringing our community's concerns to BCF.

Our next FAC meeting with BCF will be on May 17.

Roy Moore

Heartwood Folk School



Thanks to everyone for a great 3rd Annual(ish) Nettle Fest! Thanks to everyone who turned out at the Hall for this years' Nettle Fest. A good time was had by all.

A special thank you to Theresa Carle Sanders for the Nettlekopita - a nettle version of spanakopita - and the equally delicious potato gnocchi with nettle pesto. If you would like the link for these recipes and others, email us at info@heartwoodfolkschool.org.

Thanks also to Don Ollsin for walking us through the wide variety of uses of nettles and their many benefits. In case you missed it, Don has provided his

notes at www.grassrootsherbalism.com/nettle.

And of course, thanks all around to our Poet Laureate, Yvonne MacKenzie, our "Sting Maester" Josephine Spaxman, to Hazel Udy for the music, and to the many volunteers who helped to organize, set-up, and clean-up after the event.

Look for a bigger and better Nettle Fest next year as soon as the nettles grace us with their presence again.

If you have ideas for similar events or activities, we would love to hear from you. Contact us at info@heartwoodfolkschool.org with your ideas to help grow resilience on Pender.

Revitalizing Heartwood

We are working to revitalize Heartwood over the coming months with a focus on growing island resilience. We are looking to join forces with people who are enthusiastic about building a strong, more self-reliant community. Do you have ideas for how to increase our resilience? Skills you want to share with others? If you would like to get involved, email Ben Kadel at info@heartwoodfolkschool.org. And look for more classes and opportunities to engage with your neighbours in the coming months.

Ben Kadel



Islands Trust

North Pender Local Trust Committee

The North Pender Local Trust Committee is looking for a Minute Taker, APC members, as well as Board of Variance members; please see ads on pages 18 and 19.

South Pender Local Trust Committee

Council was a pleasant time on Gabriola and somewhat successful as far as business items are concerned. What I look forward to most are the informal "off-duty" opportunities to sit down and engage in open and spontaneous

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North Pender Island Local Trust Committee

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E-mail: mhung@islandstrust.bc.ca

Advisory Planning Commission Appointments

The North Pender Island Local Trust Committee (LTC) is accepting expressions of interest for up to eight volunteer Advisory Planning Commission positions.

We are seeking eligible voters that have the interest and ability to advise the LTC on a wide range of important land use and community planning, development, and sustainability matters.

Successful applicants will be appointed by the North Pender Island Local Trust Committee and are expected to meet one evening per month. The term for each of these positions is one year.

If you are interested in helping us plan our community's future, please submit a letter of interest and your resume before **4:30 pm, May 15, 2019**.

Submit your interest to:

Maple Hung

Islands Trust,
Suite 200-1627 Fort Street
Victoria, BC V8R 1H8

Phone: 250-405-5163
Fax: 250-405-5155
Email: mhung@islandstrust.bc.ca



South Pender Island Local Trust Committee

Visit our web site at: <http://www.islandstrust.bc.ca/>
E-mail: mhung@islandstrust.bc.ca

Advisory Planning Commission Appointments

The South Pender Island Local Trust Committee (LTC) is accepting expressions of interest for up to eight volunteer Advisory Planning Commission positions.

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Phone: 250-405-5163
Fax: 250-405-5155
Email: mhung@islandstrust.bc.ca



Islands Trust

Attention North Pender and South Pender Islanders!

Are you interested in being a Board of Variance Member?

The Board of Variance is a three person board appointed by the North Pender Island Local Trust Committee or the South Pender Island Local Trust Committee. The Board reviews applications and makes decisions on minor variances to land use bylaws. Section 536 of the British Columbia Local Government Act stipulates that any local government that has adopted a zoning bylaw must establish a Board of Variance.

The Local Trust Committee is seeking individuals who have:

- Previous experience on a local government council, board, local trust committee, commission, or other body,
- Experience with other volunteer boards, commissions, or committees,
- Experience and credentials in a planning, design, building, or related profession,
- Any other relevant experience and education.

If you are interested, please submit a written expression of interest specifying your background in any of the previously mentioned fields by **May 15, 2019**.

Applications should be addressed to the:

North Pender Island Local Trust Committee, Islands Trust; South Pender Island Local Trust Committee, Islands Trust; or to both. Address: 200-1627 Fort Street, Victoria, BC V8R 1H8, or via information@islandstrust.bc.ca.

For more information please contact:

250-405-5163 or information@islandstrust.bc.ca



Islands Trust

Contract Opportunity Minute Takers, for North Pender Island Local Trust Committee, and for South Pender Island Local Trust Committee

The Islands Trust has a contract opportunity for a minute taker on **North Pender Island** and on **South Pender Island**. The successful contractor will be positive, professional, efficient, and detail oriented with strong listening and communication skills. A good working knowledge of computers and MS Word is required along with reasonably good typing skills.

Preference will be given to applicants who are residents of the Islands and have previous administrative and minute taking experience. Applicants must supply and maintain their own computer and internet connection. The successful contractor will be expected to produce minutes from Local Trust Committee Meetings on a Windows computer, laptop, or tablet and submit the product as a Microsoft Word document. The hourly rate for recording and producing minutes is \$22.46. Responsibilities may also include posting and delivery of notices upon request; the hourly rate for this part of the duties is \$19. Subject to Local Trust Committees approval, this position would also be appointed as the Secretary to the **North Pender Island** Advisory Planning Commission, or be appointed as Secretary to the **South Pender Island** Advisory Planning Commission.

Applicants can review the terms of our standard minute taking contract at:

<http://www.islandstrust.bc.ca/connect/bid-opportunities/>.

For more information please contact **Maple Hung** at **1-250-405-5163**.

To apply, email your resume and cover letter to: mhung@islandstrust.bc.ca.

Applications will be received until **May 15, 2019, at 4:30 pm**.

ous discussions with trustees and staff, about issues, concerns, and solutions. It's peculiar then, that the most common complaint I continue to hear is the lack of time during Council for in-depth discussions. We all understand the limitations involved, but I hope we can consider how to organize the agenda items and our time at Council to resolve this recurring complaint. It seems a shame that we go to the effort and spend the resources to get us all together and yet leave somewhat dissatisfied with the result. Perhaps some opinions could be explored on how to restructure Council that might result in a more efficient and effective manner of conducting our affairs. I do appreciate the effort our Chair makes to maintain our collective focus and manage the time we do have.

The number of issues that continue to come before us is more than a little daunting. What I find worrisome is how we are going to respond to them all. Stating our acknowledgment and concern is an important first step but it must be shortly followed by action. The Declaration of the Climate Change Emergency is a prime example. We have used

some strong language here. Perhaps we need to if we want to draw attention to the issue, given all the other items we have to compete with. But if we are going to use the word "emergency," we also have to recognize that the first and most important factor in responding to an emergency is a quick response. Given that, what will we, as Council, as local trustees, as a community, now propose to do? What staff and resources are we going to allocate to research, develop, and integrate in our land use, policies and regulations to mitigate the impacts of climate change? And how will we expedite the time frame to complete these tasks without bringing all our other projects to a halt?

The word "emergency" in this declaration is not unlike setting an alarm clock. We do that for a good reason: to wake us up. It seems counterproductive to then set the "snooze" button because it indicates a weakening commitment to our original purpose, or at least, our desire to soften the negative effect of our decision and to put off having to act immediately upon it.

With this declaration, I feel we have set the alarm and I think that was the right action to take. Now I am waiting to see if we hit the snooze button by waiting until June Council to determine strategies. Cameron and I welcome hearing your thoughts about what steps should be taken to meet this challenge.

The South Pender Local Trust Committee is looking for a Minute Taker, APC members, as well as Board of Variance members; please see ads on **pages 18 and 19**.

Steve Wright
stwright@islandstrust.bc.ca

Cameron Thorn
cthorn@islandstrust.bc.ca

Steve Wright

Magic Lake Estates Water and Sewer Local Services Committee

Your Committee and the CRD team held a regularly scheduled meeting on April 9, 2019 at the CRD Integrated Water Systems location in Victoria.

We'll begin by briefly bringing you up to date on the status of both the Water and Sewer services, then move on to more pressing matters. You folks can probably hardly wait - so much fun in one place.

On the Water Service side, the source lakes for water (Buck and Magic Lakes) are essentially fully charged and prepared to supply our treatment plant over the summer, provided we continue to be mindful stewards of this precious resource. The ongoing project to replace the Schooner, Capstan, and Signal Hill Pressure Reduction Valve (PRV) stations is unfolding as it should, with the contractor of record having received all equipment required to begin. Water Service residents affected will be advised of any necessary service interruptions as the project advances. The defective stainless steel pipe replacement at the water treatment plant is scheduled for the September/October 2019 timeframe. This is a warranty replacement issue and impacts nothing in the potable water product that the plant produces.

The Sewer Service will continue to be a problem child until it's fully addressed by subscribers to the utility. By



Kristin Taggart
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Construction
Maintenance



the time you read this article, an Open House public information forum will have already taken place on April 27. Customers of the service were informed through inserts in their service invoice at the beginning of April. Your Committee expects that we will be able to gather sufficient feedback to take a decision forward, approved by you folks, to a referendum for funding.

Feedback on the issue will be accepted until May 24, 2019 for people on the service who were unable to attend the Open House. This Committee and the CRD team have done their utmost to communicate all pertinent information to the Wastewater Service (Sewer) subscribers. That information may not be fun, but it is reality.

Your current Magic Lake Committee consists of Wally Foster, Alex Wilson, David Reed, Kathy Heslop, and Mike Fossi. We welcome any and all questions, except for the difficult ones. Sorry, I meant especially the difficult ones. It may be a long haul, but your Committee is confident that, with input and support from you folks, we can work our way through this. This community is not stupid. Well, except for the folks who keep flushing stuff that...never mind, dead horse flogging.

Alex Wilson, for your Committee

Moving Around Pender

MAP



Spring has finally started jolting into the station and walkers have begun taking advantage of the few fine days to get out onto the trails. There are many excellent trails, hikes, and parks to take

advantage of on Pender if you have the time, and to misquote the Zen saying: "You should walk in meditation 20 minutes a day, unless you're too busy; then you should walk for an hour." If you want to add to the joy, why not try using the Car Stops as a way to get to and from your trail or wherever else you go? It's an excellent way to meet new people, catch up with old acquaintances, and of course save your wallet and reduce CO₂ pollution. The same applies to those drivers who, for some reason, are obliged to drive that particular day; if you see someone waiting at a car stop they would be happy for a lift. If you are new to the island, the Car Stops are one of the initiatives of Moving Around Pender (MAP). We are also responsible for a few trails that are complete and many more that are in the works and, of course, the Community Bus, see ad on **page 49** for short term contract. The Car Stops are a unique aspect of island living, a cross between hitchhiking and bus stops. It works so well for our island culture that it has been taken up by other islands, where you will also see identical signs. If you decide to take or give a ride, you will see the following guidelines at each stop:

- Drivers don't have to take the first in line,
- You're not obliged to accept a ride; that's fine.
- You accept a ride at your own risk,
- But the ride is free, so consider it a gift.

Our next meeting is at the Community Hall at 1:15 pm on Saturday, May 4. You are most welcome to attend.

Andrea Mills

Pender Island Chamber of Commerce



The Chamber

wishes to thank the wonderful influx of new members. Your support ensures that the Chamber is there to help and promote you - our local businesses - to all island residents, off-island enquiries, and visitors alike. Our Member Benefits continue to impress and include discounted insurance and health benefits, visitor brochures, a staffed visitor centre, access to business assistance, informational business and island brochures, a well-informed website, a beautiful island map, advocacy to the BC Government through a partnership with the BC Chamber of Commerce, and you can keep abreast of Chamber affairs as we keep adding to these benefits. A list of all members can be found on the Chamber website.

Pender Island is in the news...check out our website for local and international news stories of our island as our successful residents and their businesses make it such a great place to live...



A black and white portrait of Adam Olsen, MLA. He is a middle-aged man with a beard and mustache, wearing a dark suit, white shirt, and patterned tie. He is smiling and looking directly at the camera. To his right, there is a block of text.

**Thank you for
the opportunity
to serve you in
the legislature.**

I love the work that I do.
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We are in that chamber
with integrity, standing
up for what matters to us,
and staying true to our values.

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Adam Olsen MLA

Saanich North & the Islands

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It's almost summer again. We remind you that as visitors arrive – our bread and butter for the entire year - remember to help spread the word about our Pender Courtesies. The detailed *Pender Island Courtesies Brochure* is available at the Chamber office and will be circulated to businesses and on the ferry for all our visitors to the island.

Shop Local - Every purchase counts

Locally-owned businesses return about 80% of each dollar to their community. And each dollar spent at a local business will return up to five times that amount within our community through taxes, employees' wages, and purchases of materials, supplies, and services at other independent businesses.

By staying on-island and purchasing groceries, clothing, services, building supplies, and professional services, you are supporting your neighbours, friends, and their families and creating a sustainable island. This buy local promotion is supported by the Members of the Pender Chamber serving the community since the 1950s. Thank you for shopping local - for our community, jobs, and the environment.

The Southern Gulf Islands of Galiano, Mayne, Pender, and Saturna are strong, resilient, self-reliant communities where more than 5000 people want to live, work, and raise their families. Vibrant, beautiful, and inimitable, they face unique challenges when it comes to harnessing economic development, resources, and the supports they require to strengthen and diversify their economies. Issues like training, affordable housing, employment opportunities, investment, transportation, and community capacity building are

integral to the islands' quality of life. Stay tuned for new projects that will help meet these needs... the Chamber is always working to offer ways to ensure that the islands are sustained for future generations as sustainable societies.

The annual general meeting of the Chamber of Commerce will be held in May. The date and details will be posted shortly on Facebook and around the Island. In the meantime, enjoy those beautiful May flowers.

Mami Hutt-Temoana

Pender Island Child Care Society

Dragonfly Child Care & Family Resource Centre



Children are natural Zen masters; their world is brand new in each and every moment~ John Bradshaw

Parents and Babes

Parents and Babes is every Monday morning from 9 - 11:30 am at Dragonfly. This is a free drop-in program for parents, caregivers, and their children. Come out and enjoy snacks, adult and children interactions, and the book lending library. There will be no Parents and Babes on May 20. Thanks to Success by Six and the Pender Island Child Care Society, this program is free.

Healthy Opportunities for Pre-schoolers (HOP)

HOP is every Wednesday morning in the school gymnasium from 9 - 10:15 am. Join facilitator Karen Parker, as she sets up balance beams, obstacle courses, parachute, tunnels, and more! HOP

is designed for parents/caregivers to engage in physical activities with their children 1-5 years. Thanks to the Pender Island School and the CRD-Parks and Recreation, this program is free.

Dad n' Me Pancake Breakfast

Dad n' Me Pancake Breakfast will be on May 11 from 9 - 11 am at Dragonfly Centre. Kids, bring your dads, uncles, grandpas or your good friend. Dads, this is a great opportunity to play with your kids and meet some of your children's friends and their dads. Thanks to the Ministry of Children and Families, this program is free.

AGM

Pender Island Child Care Society's annual general meeting is on May 26 at 3 pm. There will be tea and sweets as well as a raffle prize for dinner out and child care. Everyone is welcome to attend, and your participation ensures that we keep our eligibility for funding that supports programs such as Dad n' Me Pancake Breakfast, Parents and Babes, HOP, and community and parent education. If you are interested in volunteering for our board, call or email Sarah. If volunteering does not work for you at this time, we still hope you will attend the AGM to support our work.

Dragonfly Annual Picnic

Mark your calendars: Dragonfly's annual potluck picnic at Thieves Bay is Sunday, June 9 at 2 pm until the tide comes in. Please bring sand toys, a beach blanket, plates and cutlery, and a dish to share. Dragonfly will provide hotdogs, juice, and fun!

Child Care

Our dedicated ECE's provide a safe and enriching environment for children to learn, play, explore, and socialize. We now have openings for child care on Thursdays and Fridays 9 am - 1 pm or 9 am - 4:45 pm. Call Sarah for more information.

If you would like further information on Dragonfly activities, you can contact Sarah at 629-3039 or by email dragonflyfamilycentre@yahoo.ca. Our website is dragonflycentre.ca.

Sarah Conley

Boat Nook Fishing Charters



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Pender Island Community Service Society



Again, I'd like to remind students that it's time to apply for a bursary. You can either get a form at the realty office, or download it from our website www.nu-to-yu.com. Be sure to return them to that office by June 30.

Mother's Day is coming up! You're sure to find a gift in our store. Maybe some jewelry, or something nice from our special clothes rack. When you come into the store, keep going right to the back; it's just beside the curtain.

As I am writing this, it looks like Easter - the first long weekend of spring - is going to be rainy. Hopefully, the next weekend will be sunny and hot. Get prepared by checking out our outdoor furniture, or spruce up your old furniture with some seat cushions.

At our last meeting, we gave grants to PIRAH (Pender Island Recreation and Agricultural Hall Association), Pender Island Junior Sailing Association, Pender Island Baseball, and Pender Island Health Care Society.

We now have fewer plastic bags available for your purchases. You can either buy a cloth one from us, or bring your own.

Would anyone like to volunteer to be a seller on Fridays or Saturdays? You no longer have to work a shift sorting. Instead just get an orientation session and on-the-job training with Anne, the store manager.

We had our first silent auction over the Easter long weekend, and are thinking about having more. We will post the dates to our website.

Lastly, as usual, remember our \$5 bag day, held on the last Friday and Saturday of each month. Stuff as much clothing and linens as you can into a brown paper bag (excluding specially priced clothing and shoes).

Sheila Veness

Pender Islands Conservancy Association

What's Swell for the Swallows?



One of the most reliable signs that spring has arrived is the sight of swallows swooping high in the air. In March the violet-greens arrived; barn swallows will return to Pender in late April - and not just on a whim. These agile flyers with deeply forked tails will have flown some 10,000 kilometres from Central or South America, faithfully returning to last year's nesting sites, driven by powerful homing instincts.

But all is not swell for these swallows. Despite legal protection under the Migratory Birds Convention Act, and though "Blue Listed" here in BC (meaning it is designated a species of special concern and therefore illegal to disturb a nesting barn swallow), "barnies" are in unrelenting decline. In the last 40 years there has been a 90% drop in their numbers across North America. In British Columbia, the Breeding Bird

Survey has established an even greater annual decline of 7.6% in barn swallow populations in the last 10 years. These serious declines have prompted action. In Ontario, it is now law that should a structure formerly used by barnies be taken down or exclusion barriers erected, an alternate structure must be provided. A company operating a hotel in Banff National Park was fined \$27,000 for removing four active barn swallow nests. Such measures send the message that interfering with the imperiled barn swallow is not a trifling matter.

Barn swallows have been closely associated with humans and human structures for thousands of years all over the world. Here on the west coast, barn swallow nests were historically found on the large cedar beams of Haida long-houses, and later in barns of settlers. Barn swallow legends abound. As well as being welcome harbingers of spring, farmers believed their cows would dry up if anything happened to the swallows, and that lightning would strike their house if a barn swallow nest was removed. The birds were revered as bringers of good luck. Now barn swal-

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lows are recognized as being important insectivores: they are experts at catching mosquitoes, moths, and blowflies. Their presence signals ecological diversity and a healthy environment.

Our close association with nesting barn swallows gives us a rare glimpse into the secret life of wild birds. It's amazing to watch them construct their nests of thousands of mud pellets, incubate eggs (normally 4-5), and raise their young over a period of several weeks.

Some would complain that barn swallows are messy. The reality is that the birds are very clean until just before the young fledge from the nest. To minimize guano buildup in unwanted areas, a shield installed below the nest will catch droppings, which can then be added to compost for a great garden fertilizer.

Property owners can be ecologically responsible by installing ledges below roof overhangs on existing buildings to accommodate barn swallows, especially when other potential nest sites have to be barred. What else can you do to help? If barn swallows choose you, welcome them. Stop, listen, and watch; it could be the best part of your day. Remember, the barn swallow arriving this spring after flying thousands of kilometres has survived pesticides, predators, dramatic weather, and landscape changes, all while accomplishing an amazing feat of physical endurance. If you need advice about ways to live in harmony with barn swallows, we want to help! A biologist will be happy to talk to you - even visit your home free of charge. (See contact information below.)

You can also make a charitable donation to PICA to support the construction of

a "Barn for the Barnies" opposite the Driftwood, where barriers to their nesting sites have recently been installed. (Thank you to Austin Davies and family for supporting this project on their farm!)

In a world where biodiversity is diminishing, we need to do what we can to maintain the species that are left, and help their populations to recover. What's swell for the swallows is swell for us all. Contact: Caurinus Environmental; Erin O'Brien (250-222-0370) or Dan Baxter (250-222-4571)

Please mark your calendars for the Pender Islands Conservancy Annual General Meeting to be held at 7 pm on Wednesday, June 5 at the Anglican Parish Hall Fireside Room. Further details to follow in the June issue of *The Pender Post*.

*Jill Ilsley, Erin O'Brien,
Eroça Dancer*

Pender Island Emergency Program

**Emergency Preparedness Week
May 5 - 11**



Remember the devastating wind-storm of December 20, 2018? Emergencies happen. Depending on their severity, your household could be on its own for several days or several weeks, while first responders help those who need it most. Emergency Preparedness Week is an annual event that takes place during the first full week of May and is an opportunity to encourage us to take concrete actions to be better prepared to pro-

tect ourselves and our families during emergencies. A personal preparedness survey was done in December 2017 to understand whether British Columbians are ready for emergencies. The results showed that most aren't. Help us shift the needle by getting ready yourself.

Know the risks

The top three hazards in the Southern Gulf Islands are wildfires, severe winter storms/extended power outages, and earthquakes.

Make a plan

It will take you about 20 minutes to make a family emergency plan online. You can then print it out. Before starting, you will need to think about such things as safe exits from home and neighbourhood; meeting places to reunite with family or roommates; a designated person to pick up children should you be unavailable; contact persons close-by and out-of-town; health and insurance information; places for your pet to stay; location of your fire extinguishers, water valve, electrical panel, gas valve, floor drain, and more.

Make an emergency kit

There are many sites online that will help you put together emergency kits for your home, grab-n-go, car, and office. Check out www.crd.bc.ca/prepare-yourself.

Know who your Emergency Neighbourhood Contact is

Go to the NEW Pender Island Neighbourhood Program interactive web page at <https://sites.google.com/view/pi-neighbourhood-network> or contact Pender Island Neighbourhood Coordinator Deb Morrison at 250-539-8200 or

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Register for Southern Gulf Islands online Public Alert Notification System, www.crd.bc.ca/pans.

Note

This is a CRD-local government service, not to be confused with 'ALERT READY,' which is a federal emergency alerting system.

Know where to go for local emergency information

Check out the new Pender Emergency Program Facebook page for information specific to Pender Island emergency preparedness, mitigation, response, and recovery news. Remember, emergency preparedness starts with you!

Brigitte Prochaska, SGI Emergency Program Coordinator

Pender Island Farmers' Institute

PIFI

First Farmers' Market Saturday, May 18

The first Farmers' Market of the season starts May 18 at the Hall, from 9:30 am to 1. Come for fresh produce and other farm products, baked goods, art and crafted goods; stay for the coffee and community. Everything is made, baked, or grown on the Penders!

The Farmers' Market will be part of the Farmers' Market Nutrition Coupon Program (FMNCP) again this year with our partners the Food Bank, the Health Care Society, and the Child Care Society. Low income seniors and families are eligible. Interested people should contact one of our partner organizations to apply.

Space is still available if you want to become part of our community of vendors. Application details can be found at *pifi.ca* or at Dockside Realty office community folder at the Driftwood Centre. Email *penderislandmarket@gmail.com* for more information. Buskers welcome!

School Planting Day May 8

Once again, Ken Clarke will be organizing the school planting day on May 8 at Pender Island School. This fun activity gives kids the opportunity to grow a

variety of vegetables, encouraging the next generation of growers.

Farm Emergency Planning Materials Available

If you missed the presentation by Regional Agrologist Doug Pepper at the PIFI AGM, extra materials are still available. The materials include manuals and workbooks to help you plan for potential situations that might affect your farm. Email or call Barb if you want a copy or would like more information about the Farmers' Institute (*firhill@live.ca* or 250-222-3817).

Time to think about Fall Fair Entries

Spring is a great time to think about your Fall Fair Entries. Entries are welcome for a wide assortment of fruits, flowers, and veggies as well as a wide array of arts and crafts. Think you have the best pickle? Could Grandma's secret pie recipe take the ribbon? Is your winter needlework project worthy of a special mention? See ad on **page 47**.

The Fall Fair celebrates what makes Pender Island special and you're a part of it. What can you contribute to make this year's Fair the best one ever?

There are lots of ways to get involved, especially if you have ideas you'd like to make happen. Our next meeting will be Thursday, May 9 at 7 pm at the Community Hall.

If you would like to get involved or have questions, contact Matthew Vasilev at *matthewvasilev@gmail.com* or Ben Kadel at *bekadel@gmail.com*.

Ben Kadel

Pender Island Fire Rescue

PIFR



The Pender Islands Fire Protection Society (PIFPS) AGM was held April 10. The meeting was attended by 32 society members in total. The PIFPS is a registered non-profit society. The society, under a contract with CRD, oversees the planning and delivery of fire and rescue services to residents of North and South Pender Islands.

All who attended were treated to riveting presentations by the president, treasurer, and fire chief. The presentations focused



Benefits of Exercise

Is there one "miracle pill"????

YES! And it's called EXERCISE!

The benefits of exercise are simply countless. If you were told there is a single medication that would help you:

- Sleep better
- Improve your mood
- Increase your energy levels
- Lower your blood pressure
- Lower your cholesterol
- Lower your blood sugar
- Lower your chances of heart attack and/or stroke
- Lower your chance of fall, fractures, and injuries

Would you take that medication? Probably in a heartbeat. Unfortunately, no single miracle pill does such a thing.

Only exercise can help you achieve such results. By increasing metabolism, people lose weight and feel better.

Increasing muscle strength helps prevent falls, while stronger core strength relieves the pressure on the spine and painful joints.

Aerobic exercise improves the stretching capacity of your arteries and blood flow, and helps prevent clots from forming. It also lifts your spirits and truly has positive impact on mental health and sleep.

Pender Island is full of beautiful trails and hills, so grab your hiking poles and go out for a sweat! If you have health conditions always ask your physician prior to starting an exercise program.

**Monday - Friday 10am-6am
Saturday - Sunday 10am-4pm**

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on our successes last year and our plans moving forward. Here are a few AGM nuggets: Two new members were elected to the board this year - Theresa Carle-Sanders and Arn Berry. Theresa also took on the role of secretary. The AGM also gave us an opportunity to recognize the outgoing PIFPS board members. Jane Perch, Ally Tammemagi, and Shahid Hussain were awarded certificates of appreciation for their service. Jane served for eight years, two of those as president. Ally and Shahid served us for six years, taking roles as secretary and vice-president respectively.

My presentation focused on five key topics: service delivery, personnel (volunteers and staff), fire prevention and education, water supplies, and our training programs and facility.

First, we focused on why the PIFPS has established “full service” as the level of service our community requires and deserves. Full service means your fire/rescue department responds to all types of fire and rescue emergencies just like the fire departments in the city, the difference being that we respond to lower numbers of each. Few rural communi-

ties enjoy this level of service and we are very fortunate to have volunteers who are committed and willing to maintain the training required by law to deliver the quality services we enjoy.

In 2018, PIFR responded to 310 calls for service, all of which were answered efficiently and professionally. Service delivery excellence is our primary goal, and the responders and volunteers were recognized with a big round of applause for their success in meeting that goal.

Everything we do requires plenty of well-trained people. PIFR’s workforce is largely volunteer/paid on call. The society recognized all the volunteers for the amazing work they do each day for us. Several volunteers reached three- and five-year milestones and all were recognized by name. Assistant Chief Adrian Hanson reached the amazing mark of thirty years of service to PIFR and was recognized for that accomplishment. Adrian will also receive formal recognition from the Governor General of Canada at our awards banquet in the fall.

PIFR hires a few managers to keep our responders and volunteers safe in their

duties. Last year brought significant changes in personnel so PIFR’s newest management team was introduced. Adrian Hanson has taken over as Assistant Chief-Training Officer, Lieutenant Jon Grelak as Assistant Manager-Maintenance and Operations, and Ian Elliott won a part-time contract to help us with Logistics. Also introduced were Sara Miles, our new and very capable Administrator, and David Chamberland, our new Bookkeeper.

The other items discussed were training, water supplies, and the cadet camp. While I don’t have space to cover all those in this article, please look for the two page montage about the cadet camp on **pages 54 and 55** in this issue of *The Pender Post*.

As of April 16, we have answered 60 calls for emergency service. The province is expecting a very active fire season, and moving forward past May the predictions indicate a very hot and dry summer ahead. You may want to get your rain barrels full and make sure you keep vegetation trimmed away from your homes. If you do this work to make your home fire-smart, there is a much better chance it will survive a forest fire.

Permits are now required for all outdoor burning. Follow the regulations stated on the permit to avoid escaped fires and/or tickets. Watch for changes in the weather and be respectful of neighbours when burning by limiting their exposure to your smoke.

Remember you must have a working smoke alarm in any room or area where people may be sleeping including guest cabins, spare bedrooms, and dens with pullouts. Check your alarms regularly. Smoke alarms recently saved two lives in a Pender house fire. Properly installed and serviced smoke and CO alarms will keep you safe as well.

Until next month, stay safe.

Charlie Boyte, Fire Chief

Pender Island Food Bank

Pender Island Food Bank is open every Wednesday from 9 - 11 am behind the Anglican Church. If you live on the island and need food-support, you are the reason we exist. We are averag-

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ing close to 25 clients per week, many of whom are families with children. Because we are so well supported by our community, we are able to offer more fresh fruit and veggies and milk to our clients, especially those with children. If you are planting a garden in the next month, please consider planting seeds for the Food Bank clients. We have purchased the Raven Rock veggies for the past three years but Raven Rock has decided to have a fallow year for growing vegetables. We will really miss their program but invite anyone who can to grow a few plants with our clients in mind to please do so.

Thank you for your ongoing support of the Food Bank through donating your 1% to the Tru Value Spirit Board. Thanks to PAWS for providing our pet clients with pet food and to Susan and Joyce who keep our clients supplied with fresh jam throughout the year.

Barb MacPherson

Pender Island Health Care Society

PIHCS

Community Support Programs

To plant a garden is to believe in tomorrow. ~ Audrey Hepburn

Maintain Your Independence

Tuesday, April 30 - June 18

9:45 am - Moderate Yoga with Ella
11:15 am - Gentle Chair Yoga with Ella
12:30 pm - Moderate Yoga for Men with Les

Thursday, May 2 - June 20

9:45 - Mix it up! 4 weeks Fit Fun, 4 weeks ZUMBA

New split session! Have fun and get into shape for summer with Mani for the first four weeks, and dance for fitness and fun with Jacquie for the last four weeks.

11:15 - Moving Easy Exercise with Mani by donation

Join this class as either a great follow-up and cooldown from the 9:45 am class or a class unto itself. Moving Easy classes provide gentle upper and lower body exercises that are done in and out of chairs. This class is by donation; please still register to make certain space is available for you.

To register email andrea@penderislandhealth.ca or call 629-3346 and leave a message. The \$40 pre-registration deadline for the May classes is April 29 at 11 am. After this the cost will be \$45 for the full session or \$7 to drop in. If the cost poses a hardship, contact Community Support for assistance; many thanks to the CRD/Pender Parks and Recreation Commission for its financial support of the MYI programs.

55+ Luncheon Group

A delicious lunch and great companionship at the Anglican Parish Hall every Wednesday at noon; if you are new to this group please call Nora at 778-977-7847 to ensure space. Cost is \$10; if the cost poses a hardship, contact Community Support for assistance.

55+ Take A Break!

Thursday, May 16 we will make garden crafts at the Community Hall. We will meet at 12:30 pm; please feel free to bring a bag lunch. For more information or to RSVP please contact Andrea by email andrea@penderislandhealth.ca.

ca or leave a message at 250-629-3346. Many thanks to the Pender Island Lions Club for their financial support of the Take A Break program.

Caregivers Support Group

Thursday May 23. The Family Caregivers Support Group is an opportunity for self-care, a place to discuss your concerns, get information, find out what others have done, share your feelings, and connect with others. Please contact the group facilitator, Christine at 778-928-0307 or email pendercare@gmail.com for more information or to RSVP.

Community Gathering Soup Luncheon

We are very pleased to announce that Kathy Cronk has taken on the task of Community Gathering Coordinator. She will be working with our cooks and volunteers and making sure everything is tickety-boo. We are very excited to see where she takes things when she has had a chance to find her feet. If you are interested in being an occasional or back-up soup creator, please email community_gathering@outlook.com. Kathy also can be reached in person at many of the Friday Community Gatherings.

It's a party every Friday at the Community Gathering! The Café opens at 10 am if you want to stop in for a chinwag before the lunch crowd shows up or stop in after the Nu-To-Yu rush to catch your breath. Almost every week from 11am to 12pm you will find a Repair Table, Tech Table, and Health Table and you can stop by and ask for a blood pressure check, help fixing a lamp, or help figuring out your computer. Soup lunch with bread, crackers, vegetables, and live music starts at 12 pm; lunch is pay what

RAVEN ROCK FARM

Our Thursday Farm Stand is now open!
Fresh produce, flowers and garden seedlings
3331 Port Washington Rd.

For hours and more info, watch for our posts on Facebook and Instagram



When stopping at the farm stand, please use caution and park off the road.

www.ravenrockfarm.com
ravenrockfarm.pender@gmail.com

you can but the suggested donation is \$5. Soup-to-go is \$7 a bag for a generous portion.

Community Gathering Activities

Makers Hub is the first Friday of each month from 10:30 am - 12 pm. Drop in with whatever you are working on or network with other artists and crafters. Free.

First Aid Friday is the second Friday of each month from 10 - 11am. Drop in for this monthly workshop with our friendly neighbourhood Community Paramedic to learn about first aid, health, and emergency preparedness topics. Free.

Handy Skills Workshop is the third Friday of each month from 10:45 to 11:45 am. Drop in for this monthly workshop with our super-handy hero Peter and learn about anything from hanging pictures, generator maintenance, and cleaning dryer vents, to basic vehicle maintenance. Please bring any questions you have or topics you would like to learn about. Free.

Volunteers Needed

Health Equipment Loan Program Volunteer

We lend basic equipment on a short-term basis to assist people coping with illness, injury, or end-of-life at home. Volunteers help to keep the program running effectively by cleaning returned items and keeping the storage room organized. This volunteer position is to fill in during holidays from May to August and is likely to require 2 to 4 hours per month. For more information, email andrea@penderislandhealth.ca.

Volunteer Drivers

This is a great opportunity for people who love to drive, chat a bit, and go off-island once in a while. As a volunteer you will receive emails or phone calls about upcoming trips. If you are available, you'll be matched up with the person needing a ride. Drivers can receive a Charitable Tax Receipt for their mileage and either a Charitable Tax Receipt or a set amount of money for snack or meal reimbursements. Email communitysupport@shaw.ca.

Volunteer Friendly Visitors

This is a great opportunity for people who would like to build a relationship with an interesting elder. Friendly Visi-

tors are matched with an elder senior who is isolated or mainly home-bound; visit them at their home, chat over a cup of tea, watch a movie together, play a game or go out together. You never know, perhaps you will find the friend or mentor you never knew you needed! Email communitysupport@shaw.ca.

Activity Leaders

Lead activities such as crafting, carving, walking group, or social activities. What excites you? Let's talk! Email andrea@penderislandhealth.ca.

Community Gathering Helpers

This is a great opportunity for people who love to bring people together. They will help set up for the lunch, prepare vegetables, serve lunch, and help clean up. Morning duties can include vegetable chopping, table and chair set up (though we often have help from the Community Hall interns) and general light lunch prep. Afternoon duties can include serving, dishwashing, and general clean up. We email a schedule to all interested volunteers once a month, and you can indicate what days and shifts you'd like to work and we will co-ordinate and confirm the schedule with the group. To express interest and be on the email list, send an email to community_gathering@outlook.com.

Act of Kindness

"It was quite a few years ago when I was diagnosed with a condition that required that I go into town regularly for medical appointments, but also made it difficult for me to drive or make meals for myself. The treatment was exhausting and I felt terrible most of the time, but I also felt so lucky to have had the help of the Pender Island Volunteer Drivers to take

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me to my appointments and help me keep my spirits up over the long travel days. I was also so grateful for the wonderful Meals on Wheels delivery people who helped me keep up my health. When almost every day it felt impossible to stomach anything, I thought of them trudging through the rain to bring me food and I felt I had to give it a try. They were my angels. When I recovered fully, I decided to become a driver too, and I'm so glad I did because if they are like me then they weren't angels - they were just having a good time and feeling useful."

Andrea Mills

Coping with Verbal Abuse, Part 2

Last month we discussed what verbal abuse is, why it happens, how it affects people, and things to keep in mind about when to decide to change your response to it. This month we will look at specific strategies for coping when encountering verbal abuse.

Verbal abuse most often takes the form of constant or abusive criticisms. When confronted with their behavior, a critical person will often deflect responsibility by saying they are just offering feedback or trying to help. But criticism is not effective feedback, or helpful, since it does not promote positive change. In contrast to criticism, effective feedback is:

- asked for, rather than randomly given
- specific to a particular issue rather than general
- descriptive, rather than judging
- useable, since it refers to something you can change
- does not assume a motivation or use right/wrong language.

When criticism is being directed at you there are several ways to respond without escalating the situation.

Agree with the criticism calmly, responding only to the particular instance without responding to the emotional tone or elaborating:

- "That is true, I did not shoulder check."
- "Hmm...I also do not like it when I do that"
- "You may be right. That was not the best decision I could have made." Acknowledge without agreeing/disagreeing or elaborating:
- "What I hear you saying is that you think I talked too much at the party."
- "You think it was the wrong thing to do."
- "Oh, hmm...I see." Acknowledge, then disagree without getting defensive or elaborating:
- "What I hear you saying is that you think I talked too much at the meeting. Although I understand it is not how you would have handled it, I feel it was appropriate and will continue to follow my own judgement on this."
- "You most certainly have a right to your own opinion on this; however, I will continue to do what works best for me."
- "Although I understand that this is not what you would do, I prefer to do things in a way with which I am comfortable."

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James Constable

Request that the criticism stop:

- “Your criticism is not helpful to me. Please stop it.”
- “While I respect your right to your feelings and opinions, I do not find it helpful when I am told that I look bad (or made a mistake, or whatever).”
- “I am well aware of the mistake I made; please do not keep talking about it. I find it hurtful, not helpful.”
- Be aware of deflections (when the other person turns things around and tries to make it about you):
- Use “fogging” and “the broken record technique” together by acknowledging that they have a right to their point of view - even if you do not agree with it - then restate your point.
- “That may be so, but please do not put down what I enjoy/feel/believe in.”
- “You may be right; perhaps I am too sensitive, but please do not talk to me in that way.”
- “Perhaps you are right; perhaps I do not have a very good sense of humour, but please do not use humour to put me down.”

Remember that all forms of abuse are about control and power. A verbally abusive person will use words to try and control what you think, feel, and do. By gently and firmly rejecting these attempts to control, you regain your power with less conflict, and without feeling guilty or putting the other person down.

Elizabeth Miles MSc. CCC



Charlie Two Two
Pender Island Lions Club



The Lions Club has been gifted with a 17' boat complete with engines and trailer, from the family of Ed Taylor.

Ed was a long time Pender Island resident and avid fisherman. Ed spent many happy hours fishing from his boat *Charlie Two Two*. The Lions Club wishes to thank the family of Ed Taylor for this very generous gift. The boat will be offered for sale soon and the proceeds will enable the Lions Club to continue to support community service projects on Pender Island.

Dave Dryer

Pender Islands Museum Society



The museum is now open Saturdays, Sundays, and holiday Mondays until Thanksgiving Day. For hours and

events, check out our new website at penderislandsmuseum.ca. Getting the site up and running has been a major effort, but it should serve us well into the future. Do take time to explore our rich island heritage on-line.

The museum received several exciting new artifacts in recent months. Tennis was a popular pastime on Pender, so having a 1938 tennis trophy join the two in our collection is a real treat. Kudos to Eric Grimmer for taking top honours in 1938. Our thanks to Edith and Ralph Turner from Steveston for its return.

In April, Lyall Eriksen, grandson of early settlers Margaret and Alexander Brackett, donated two china wash sets from the original family home on Razor Point Road. In the era before running water, every bedroom would have had a nightstand with these pieces, plus a matching chamber pot under the bed! Knowing the Pender connection of such artifacts adds so much to their story. We hope to find room to put a set on display this summer.

The museum has once again received funding for a summer student job under

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A lasting memorial supporting your community, Please include name and address of the next of kin and the donor for tax receipt.
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629-6644**



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the Young Canada Works program. The application deadline is May 15. Applicants must be between 15 and 30 years old, registered as full-time students in the semester before the job starts, and intending to return to school afterwards. The job pays \$17/hour for a 35-hour week and is available for up to 12 weeks starting in June. The successful candidate will spend time doing programs and events, as well as inventorying and researching the museum's archives and artifacts. Applications should go to pendermuseum@shaw.ca.

We also extend a big thank-you to the Legion for a donation of \$500. Along with a grant from another source, we hope to modernize the lighting system this year so you'll have an even better view of our displays!

We enjoy it when islanders and their guests, weekenders, and visitors make the museum a "must-see," often combining it with a picnic or walk at Roesland. If you're hosting a family or group - large or small - and you'd like to visit outside of normal hours, email pendermuseum@shaw.ca and we'll do our best to provide a guided tour for you.

Simone Marler

Pender Island Parks and Recreation Commission

PIPRC



With sunshine and warmth in the air, now is the time to enjoy the richness of Pender Island's forests, bluffs, waterfalls, seascapes, and sunsets. PIPRC makes this easy by providing and maintaining more than 81 trails, beach accesses, and parks. It's well known that spending time outdoors is good for your physical and mental health. So, get out and relax - or get exercise by hiking, jogging, or kayaking - in the glorious scenery.

Big news: PIPRC will hold an open house at the Community Hall the morning of Saturday, May 11 as part of the Winter Market. Maps and trail guide booklets will be available and commissioners will be present to chat and answer any questions about the Commiss-

sion's mandate, plans, finances, ongoing initiatives and, well, anything and everything we are batting around. We will present new colourful displays and we also will discuss an initiative for a program where volunteers will scout trails and help ensure they are unobstructed and well-tended. Please come and join us on May 11.

PIPRC is not static. We are constantly looking for ways to improve our existing trails and parks and for ideas for creating new ones. PIPRC has dozens of projects ongoing. So if you would like a bench installed at your favourite spot, or a new ocean access, or..., please share your ideas with us by speaking to one of the eight commissioners or by coming to one of our public meetings, held every third Friday of the month from 9 am - 12 pm at the Plum Tree Court meeting room.

Until then, please enjoy the wonderful, gentle, flower-decked island called Pender.

Hans Tammemagi

Pender Island Public Library

*Hail bounteous May that doth inspire
Mirth and youth, and warm desire*
~ John Milton

Children's Programming ~ Lego Club at the Library



Join us Saturday, May 11, 11 am - 12 pm for

Lego building fun! We supply lots of Lego blocks and mini-figures. This popular, free program is held on the second Saturday of every month. Kids must have an adult with them. Your adult can pass the time by browsing through our magnificent collection of books for younger folk: read-to books, first readers, young adult - we've got it all!

Adult Programming

We've completed another very successful season of our "Sunday Afternoon at the Library" Speaker's series. Unfortunately, one of our volunteers is taking a temporary leave of absence to attend to family matters in Alberta, so we

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are in need of a person or persons who might be interested in participating in this most popular and enjoyable - for all concerned, programme. We have been able to engage a cross-section of interesting Penderites to share their expertise with the community, and there is an endless supply of talent on our islands. If you are interested, either as a speaker or a volunteer on the committee, let the Library know, and we'll get in touch. Our ever-popular Socrates Café continues throughout the summer season.

Library News and Notes

The Library is most grateful to Sylvia and Keith Pincott's family for donating several natural science books from their extensive personal collection; these are now available on the library shelves. Also available is a captivating collection of Jack Knox's most memorable, heart-warming, and off-beat human-interest stories entitled *On the Rocks with Jack Knox - Islanders I will never forget*. Several local people are featured in the book, including our library Chairperson Penny Finkbeiner!

Not only book donations help your Library, but monetary ones do so as well. Any patron who would like to make a monetary donation in memory of a loved one, or for a special occasion, or to support your local library, may do so online on the secure Canada Helps website. A receipt for tax purposes for this charitable donation will be issued immediately from Canada Helps.

Times Colonist Book Sale 2019

The annual Times Colonist Book Sale takes place on May 11 and May 12. This sale has raised \$5 million towards educational programs since 1998. If

you'd like to volunteer at the Book Sale, visit the Times Colonist website and sign up! If you're an early bird April reader of this Month's May Pender Post, you can donate used books to the sale on April 27 - 28 only, at the Victoria Curling Club, 1952 Quadra Street, Victoria.

Summer Employment

The library will be posting a summer student, part-time position for Library Assistant for July and August (1 to 2 days per week). Students must be local residents, 15 years old and up. Application packages will provide more information, and can be picked up at the library.

Art in the Library

The artist currently on display in the library is Deirdre Knister, who has a background in studio arts, drama, theater design, and dance. She has experience teaching portraiture and landscape painting, and art and dance classes to high school students. Her colourful artworks combine painting and glass work.

Our book news this month comes from Therese Williams, who tells us what's new in Cooking and Baking section (641).

Last month we were fortunate to be offered some very nice titles to enrich our collection. Several of these books have now been catalogued and added to the cooking and baking shelves. For the barbecue enthusiast in your house, take a look at *Beerlicious: the Art of 'Grillin and Chillin'* by Canadian TV host, Ted Reader. Reader pairs a favourite brew with each recipe. Other Canadian titles are *Nourish: Whole Food Recipes Featuring Seeds, Nuts & Beans* by Nettie Cronish and *Fast Flavours: 110 Simple*

Speedy Recipes by the always-popular Food Network chef Michael Smith. Also a favourite on the Food Network is baker Anna Olson. Her very lovely book *Back to Baking: 200 Timeless Recipes to Bake, Share and Enjoy* offers great tips to further your baking repertoire. Sometimes nonfiction book titles tell you almost everything you need to know about what's inside. *Madhur Jaffrey's Ultimate Curry Bible: India, Singapore, Malaysia, Indonesia, Thailand, South Africa, Kenya, Great Britain, Trinidad, Guyana, Japan, USA* is one of those titles. I need only add that Madhur Jaffrey is considered to be the world authority on curry. [SR Addendum: Library volunteer Helen Lemon-Moore heartily recommends the *Whitewater Cookbook* which she says has great recipes that have delighted friends and family alike.]

These are just a few of the titles, donated by a kind library supporter, for which we are very grateful. Next time you're looking for inspiration in the kitchen, go to section (641) in non-fiction books - those with a yellow label on the spine are recent donations - the above books will show MAR' 19.

Therese Williams, Carmen Oleskevich, and Sarah Rose

Pender Island Recreation and Agricultural Hall Association

PIRAHA



The AGM will be held Wednesday, June 19 in the Upper Hall. We will discuss the highlights and achievements over the past year as well as future developments planned for the years ahead.

Thank You

Thank you to the Nu-To-Yu for their generous grant for the purchase of a new overhead projector. Our projector is so old it isn't able to work with our new simplified sound system; it is also pretty dim in comparison to modern projectors. The new projector system will help users as they will no longer need to organize a professional technician to show films or presentations, and a per-



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son with basic technical understanding should be able to easily manage.

Thanks also to the ladies from carpet bowling who kindly shortened, washed and ironed the curtains from the Hall lounge.

Films

Stan and Ollie

Saturday, May 11 at 7:30 pm

Laurel and Hardy, the world's most famous comedy duo, attempt to reignite their film careers as they embark on what becomes their swan song - a grueling theatre tour of post-war Britain.

The Mercy

Friday, May 25 at 7:30 pm

The incredible story of Donald Crowhurst, an amateur sailor who competed in the 1968 Sunday Times Golden Globe Race in the hope of becoming the first person in history to single-handedly circumnavigate the globe without stopping. With an unfinished boat and his business and house on the line, Donald leaves his wife, Clare, and their children behind, hesitantly embarking on an adventure on his boat the Teignmouth Electron. The story of Crowhurst's dangerous solo voyage and the struggles he confronted on the epic journey while his family awaited his return is one of the most enduring mysteries of recent times.

BINGO

Tuesday, May 21

Doors open at 6:30 pm and BINGO starts promptly at 7 pm and goes until about 9 pm. \$7 includes 3 chances for each of the 11 regular games plus 3 chances at the Mini Jackpot. BINGO cards for the BONANZA Jackpot are \$2 each...buy as many as you wish. If you would like to attend the BINGO games and don't want drive in the dark, please call Dianne Allison at 629-3372 and a ride can be arranged for you.

Friday Special Activities at the Community Gathering

The Community Gathering is a great way to spend the day: come for the café and a visit, stop by for some tech support help, bring a broken lamp to get repaired, and get a quick health checkup or advice each week. Special activities take place before lunch each week; this month it will be:

Makers Hub

May 3, 10:30 am - 12 pm

This monthly activity is a great way for crafters to get together, chat, and work on their projects.

First Aid Friday

May 10, 10 - 11 am

Community Paramedic Alyssa brings you a new first aid topic each month at this regular monthly activity. Come and learn what to do in an emergency!

Handy Skills Workshop

May 17, 10:45 am - 11:45 am

Become more comfortable and confident with repairs, tools, and appliances around the home. Each month we will discuss any topic and answer all questions from hanging pictures, fixing drawers, to selecting and installing generators. Bring your questions!

Talk Table

May 24, 10:45 am - 11:45 pm

It's time to bring yourself out of the moth balls, connect with others, and speak with others about our interesting world. Discuss gardening, current events, books, holidays, the environment, or anything else at these drop-in tables. Each table will have a different topic posted, so drop in to the table that interests you most.

Ping Pong Fun

May 31, 10 - 12 pm

Drop in, bring friends, play to win, or play to build your skills.

Volunteers Needed

The Community Hall is always looking for volunteer BINGO callers, film projectionists, intern mentors, maintenance and landscaping helpers, event

assistants, and activity leaders. If you are interested in volunteering with our dynamic community-building focused Hall, please call 629-3669 or email bookings@penderislands.org

Youth Volunteers

Do you have a child between 10 and 17 who is looking for a way to be involved in the community, learn work skills, or be a part of a team? The Community Hall Volunteer program may be for them. Youth Volunteers assist in the Café and with other simple hall tasks. They learn useful work and life skills and work with other youth in a fun supportive environment. To learn more, email, phone, or drop by the Community Hall for a conversation.

Andrea Mills and Dianne Allison

Pender Island Recycling Society



Do you have any tires lying about your property that you would like to recycle? You can bring tires on any day that we're open during the month of May for \$2/tire. Please call ahead if you plan to bring in more than four at a time. Tires should be off rim, although we will accept them on rim too.

The Pender Island Recycling Society invites you to the annual AGM at 4 pm on Wednesday, June 12 in the lounge at the Community Hall. We hope you can join us. Refreshments will be served.

With summer sunshine just around the corner, now is a great time to get your bike road-ready. Our bike shop is well

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|--------|----------|-------------|--|
| May 5 | 10:00 am | St. Peter's | Circle |
| May 12 | 10:00 am | St. Peter's | Morning Prayer |
| May 19 | 10:00 am | St. Peter's | Holy Eucharist, (Bishop Logan McMenamie), Potluck luncheon |
| May 26 | 10:00 am | St. Peter's | Holy Eucharist |

Ellen Willingham, 629-6700

Church Office: 629-3634 - Parish e-mail: stpeterschristopher@gmail.com**Bookings for the Parish Hall:**stpeterschristopher@gmail.com**Pender Island United Community Church (PIUCC) (www.picchurch.ca)****4405 Bedwell Harbour Road - We are an inter-denominational church, all are welcome!**

| | | | |
|--------|----------|----------------|-------------------|
| May 5 | 10:00 am | John Wilton | Communion Service |
| | 2:00 pm | Hymn Sing | Everyone welcome |
| May 12 | 10:00 am | George Hodgson | Worship Service |
| May 19 | 10:00 am | John Wilton | Worship Service |
| May 26 | 10:00 am | Barbara Young | Worship Service |

- Bible Study - Tuesdays in the church kitchen at 1:30 pm, Michael Plumb, 629-6806
- If you have any questions or requests, please contact Helen Allison, 629-3527

St. Teresa's Chapel - Roman Catholic Services**4705 Buccaneers Road**

| | | |
|--------|---------|---|
| May 5 | 9:00 am | Liturgy of the Word and Communion with a lay presider |
| May 12 | 4:00 pm | Mass with Father Scott |
| May 19 | 9:00 am | Liturgy of the Word and Communion with a lay presider |
| May 26 | 4:00 pm | Mass with Father Scott |

- For more information, contact Mary Adele Mulligan, 629-3141 or Michael Doyle, 629-3862 - email stteresachapel@gmail.com

The Bahá'í Community of Canada (<https://www.bahai.ca>)**The Bahá'í Group of Pender Island (<https://bahaisofpender.org>)**

| | | |
|--------|---------|-------------------|
| May 17 | 7:00 pm | Feast of Grandeur |
|--------|---------|-------------------|

- For the location of the feast on Pender Island, please contact Andrea Cribb (629-9945) or Bev Peden (250-412-2524). The Global Community speaker series will resume in the fall.

- From the writings of the Bahá'í Faith:

How wondrous is the unity of the Living, the Ever-Abiding God—a unity which is exalted above all limitations, that transcendeth the comprehension of all created things! ~ Bahá'u'lláh

The Church at Hope Bay**Meets at the Hope Bay Bible Camp, 4302 Bedwell Harbour Road (Entrance on Hooson Road)**

- Sundays at 10:30 am: Worship Service. Potluck Meal to follow on first and third Sundays.
- We are a diverse group of people who meet regularly to worship Christ and to encourage each other. Our family-friendly service includes contemporary music, sharing, teaching, and praying together. Our potlucks (twice monthly) bring us together for fellowship, food, and friendship. All are welcome!

Health Services

Medical Emergency 911
Medical Clinic 629-3233

Dr. Gerry Moore, Dr. Robyn Wiens, Dr. Bruce Rebner
 Nurse Practitioner - Tracey Adams

Monday to Friday, 9 am-12 pm and 2 pm-5 pm

Patients, please do not call clinic staff at home. If your circumstance is genuinely of an urgent nature that will not wait until the clinic reopens, call **1-800-866-5602** and ask for the “**Doctor on-call for Pender Island.**” Your call will be returned.

Alcohol and Drug Counsellor, John McNally, 250-538-4849

Audiologist, Donna Stewart 778-426-4876

Chiropractor, Mark Wensley 629-9918

Community Support, Andrea Mills 629-3346

Crisis and Mental Health Counsellors

Kim Brown 250-539-0024

Elizabeth Miles 250-539-0905

Ulla Rembe 250-539-0325

Family advancement Counsellor

Kirsty Chalmers 250-222-0025

Dentist, Dr. Gary Sacher 629-6815

Jin Shin Do Acupressure, Mike Kenyon 250-213-3649

Lab Services, Sonya Fulawka 629-3233

Optometrist, Dr. David Schaafsma 629-3233

Naturopath, Dr. Andrea Gansner 604-544-7656

Pender Island Community Nurses 629-3242

Carolyn Cartwright-Owers and Miranda Mawhinney.

Pharmacist, Christine Swan 629-6555

Public Health Nurse, Immunization Clinic, Prenatal Education, Lois Woolley .. 250-544-2400 or 539-3099

Reg. Massage Therapist, Karen Mani Lang.. 629-6639

Reg. Massage Therapist, Tru Hartwood ... 250-889-3923

Traditional Chinese Medicine, Dr. Trevor Erikson 778-886-1180

Home-based Licensed Health Professionals

Reg. Physiotherapist, Mieke Truijen 629-9910

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Island Women Against Violence (IWAVER)

Crisis support/transition..... 1-877-435-7544

Stopping the Violence Counselling 250-538-5568

Women's Outreach Counsellor..... 1-888-537-0717

Kids' Help Phone 1-800-668-6868

Mental Health Distress Line

Support/Information 310-6789

Suicide Prevention Helpline 1-800-784-2433

Vancouver Island Crisis Line..... 1-888-494-3888

Victim Link..... 1-800-563-0808

Community Support Numbers**Capital Regional District (CRD)**

Director SGI, David Howe 250-216-5618

Building Inspector 629-3424

SGI Harbours, Carl Bunnin cbunnin@gmail.com

Bylaw/Animal Control complaints .1-800-665-7899

Magic Lake Water & Sewer General . 1-800-663-4425

Magic Lake Water & Sewer Emergencies 1-855-822-4426

Emergency Hydro 1-888-769-3766**Fire Rescue (Emergencies)** 911

Duty Officer is available 24/7..... 1-250-478-7770

Non-Emergency Contact Information

Hall #1 and Administration 629-3321

Hall #2..... 629-3325

Hall #3..... 629-3400

Fax 629-6194

Fire Chief Cell 1-250-537-0166

Burning PermitsFire Hall #1

4423 Bedwell Harbour Road www.penderfire.ca

Hall/Venue Bookings

Anglican Parish Hall .. stpeterstchristopher@gmail.com

Community Room (School) 629-3711

Health Care Centre Meeting Room 629-3326

Legion Hall..... bookings239.rcl@gmail.com

Pender Island Community Hall..... 629-3669

Plum Tree Court Meeting Room.plumtreecourt@gmail.com

Home Support Services

Ask for the home support program.. 1-888-993-2299

Islands Trust: Victoria 1-800-663-7867

NP, Deb Morrison.... dmorrison@islandstrust.bc.ca

NP, Ben McConchie . bemccombie@islandstrust.bc.ca

SP, Steve Wright..... stwright@islandstrust.bc.ca

SP, Cameron Thorn cthorn@islandstrust.bc.ca

Member of Parliament

Saanich-Gulf Islands, Elizabeth May....1-800-667-9188

Ministry for Children and Families.... 250-952-6062

Toll free..... 1-866-823-5857

Help Line for Children anywhere in BC ...310-1234

Pender Islands Emergency Program

Emergency Coordinator - Pat Haugh 629-9991

ESS - Barbara Tarris 629-3052

Pender Island Public Cemetery
Pender Island Veterinary Clinic
Poison Control Centre..... 1-800-567-8911

RCMP, Outer Gulf Islands (non-emergency).. 629-6171

Crimestoppers 1-800-665-TIPS (8477)

Victim Services 629-6531

Rescue

Marine & Aircraft distress 1-800-567-5111

Joint Rescue Coordination Centre (JRCC)

Search and Rescue (Land) Emergency 911

Provincial Emergency Program 1-800-663-3456

School Trustee, Greg Lucas..... gucas@sd64.org

MAY

| | | | | |
|----|-----|----------|---|----------------|
| 1 | Wed | 9:00 am | HOP to 10:15, (also on May 8, 15, 22, 29), School gym | 22 |
| | | 9:00 am | Food Bank open Wednesdays to 11 am, upstairs at back of Anglican Parish Hall* | 26 |
| | | 10:00 am | Wednesday Walking Group to 12 pm, Community Hall* | |
| | | 12:00 pm | 55+ Luncheon Group, RSVP Nora 629-3845 Anglican Parish Hall* | 27 |
| | | 1:30 pm | Carpet Bowling to 3:30 pm every Wednesday, Community Hall* | |
| | | 2:00 pm | Socrates Cafe meets every Wednesday to 4 pm, Pender Island Public Library* | |
| | | 4:00 pm | <i>Ukulele Strum-A-Long</i> at Kraken Theatre to 5pm. \$5 drop in. All ages & abilities welcome | 14 |
| | | 5:00 pm | Registration deadline for <i>Guided Music & Imagery</i> with Mary Reher. www.ptarmiganarts.org | 13 |
| 2 | Thu | 9:45 am | MYI: Moderate Exercise – Mix it up! to 10:45 am, Community Hall* | 27 |
| | | 10:00 am | Recycling Depot, Winter Hours: Thursday, Saturday, and Tuesday, 10 am - 3 pm* | 33 |
| | | 11:15 am | MYI: Moving Easy Exercise (by donation) to 12 pm, Community Hall* | 27 |
| | | 5:00 pm | Registration deadline for <i>Dance Performance</i> with Lindsay Hoopster. www.ptarmiganarts.org | 14 |
| | | 5:30 pm | Legion Meat Draw, every Thursday and Euchre at 4 pm, Legion* | 68 |
| 3 | Fri | 10:00 am | Community Café to 1:30 pm, Community Hall..... | 27 |
| | | 10:00 am | Nu-To-Yu open on Friday and Saturday until 4 pm* | 23 |
| | | 10:30 am | Makers Hub, Free Drop In, first Friday of each month, Community Hall..... | 33, 39 |
| | | 11:00 am | Repair & Tech Cafe, every Friday, Community Hall..... | 27 |
| | | 12:00 pm | PIHCS Soup Luncheon with Live Music by the Youth Orchestra, Community Hall* | 14, 27 |
| | | 5:30 pm | PI Soccer Club meets every Friday, all welcome, 14 years plus, free, School Field or Gym* | |
| | | 6:00 pm | Legion Friday Night Dinner, <i>Pork Ribs</i> by Jane Baker, Legion Hall | 41, 68 |
| | | 7:00 pm | Community Choir presents <i>Fluid Harmony</i> , May 4 at 7 pm, May 5 at 2 pm, Community Hall* | 10, 39 |
| 4 | Sat | 10:00 am | Saturday Winter Market to 1 pm, Community Hall* | |
| | | 10:00 am | Recycling Depot, Winter Hours: Saturday, Tuesday, Thursday, 10 am - 3 pm* | 33 |
| | | 1:15 pm | Moving Around Pender meeting, Community Hall | 21 |
| | | 4:00 pm | Legion Meat Draw, every Saturday, Legion Hall* | 68 |
| | | 7:30 pm | Yvonne Hernandez, W. Oliver Swain, and Jeremy Walsh, doors open at 6 pm, Gather Teahouse | 3 |
| 5 | Sun | 8:30 am | Pender Pacers run every Sunday, call Herb for details, 629-3205* | |
| | | 10:00 am | Badminton meets every Sunday, 10 am - 12 pm, School* | |
| | | 2:00 pm | Community Choir presents <i>Fluid Harmony</i> , Community Hall* | 10, 39 |
| | | 2:00 pm | PIUCC Hymn Sing, all faiths welcome | 34 |
| | | 7:00 pm | Speakeasy, Legion | |
| 6 | Mon | 9:00 am | Parents and Babes to 11:30, (also on May 13 and 27), Dragonfly Centre | 22 |
| | | 9:25 am | Walking Group meets every Monday and Friday, St. Peter's, call Carol for details, 629-9959* | |
| | | 1:00 pm | Watercolour Galaxy with Brenda Sledzinski to 4 pm, Anglican Hall..... | 9 |
| 7 | Tue | 9:45 am | MYI: Moderate Yoga with Ella, Community Hall* | 27 |
| | | 10:00 am | Toddler time to 11 am, Epicentre | 15 |
| | | 10:00 am | Recycling Depot, Winter Hours: Tuesday, Thursday, and Saturday, 10 am - 3 pm* | 33 |
| | | 11:15 am | MYI: Gentle Chair Yoga with Ella, Community Hall* | 27 |
| | | 12:30 pm | MYI: Moderate Yoga for Men with Les, Community Hall* | 27 |
| | | 7:30 pm | <i>Guided Music & Imagery</i> with Mary Reher to 9 pm. \$100. Limited spots available | 13 |
| | | 7:30 pm | Badminton meets every Tuesday, 7:30 - 10 pm, School Gym, Peter Taylor, 629-3375* | |
| 8 | Wed | | School Planting Day, Pender Island School | 25 |
| | | | Garden Club Hypertufa Workshop and May 9, times and place TBA | 45 |
| | | 5:30pm | <i>Dance Performance Workshop</i> series begins with Lindsay Hoopster to 6:30pm. \$40. Ages 8+ | 14 |
| 9 | Thu | 12:00 pm | 55+ Take a Break, call Elise for details 250-858-2158 | 27 |
| | | 12:00 pm | 13 Moon Calendar Installation, Poets Cove Resort & Spa | 8, 44 |
| | | 2:00 pm | Stroke Support Group - monthly, every second Thursday to 3:30 pm, Clinic Meeting Room | 15 |
| | | 7:00 pm | Fall Fair Planning Meeting, Community Hall Lounge | 25 |
| 10 | Fri | 10:00 am | First Aid Fridays - monthly, every second Friday to 11 am, Community Hall* | 15, 28, 33, 39 |
| | | 12:00 pm | PIHCS Soup Luncheon, Live Music by Stephen & Diana Fairclough, Community Hall..... | 14, 47 |
| | | 6:00 pm | Legion Friday Night Dinner, <i>Beef and Cheese Lasagne</i> by Jane Baker, Legion Hall | 41, 68 |
| | | 7:00 pm | <i>Lauren Mann and Friends</i> tour kick-off show. Community Hall. \$15, kids 12 & under free | 4, 41 |

CALENDAR CONTINUED

| | | | | |
|----|-----|----------|---|------------|
| 11 | Sat | 9:00 am | Dad n' Me Pancake Breakfast to 11 am, Dragonfly Centre | 22 |
| | | 9:30 am | Pender Island Parks and Recreation Commission Open House, Community Hall..... | 31 |
| | | 11:00 am | Lego Club to 12 pm, Library..... | 31 |
| | | 7:30 pm | Film: <i>Stan and Ollie</i> , Community Hall..... | 33, 39 |
| 12 | Sun | 6:00 pm | Legion Mother's Day Dinner by Jane Baker, Legion Hall | 42, 68 |
| 13 | Mon | 7:00 pm | Pender Photo Club meets, School Community Room | 13 |
| | | 9:00 am | Quilters' Circle meet, Anglican Parish Hall..... | 12 |
| 15 | Wed | 9:30 am | Field Naturalists 3 rd Wednesday walk at Roe Lake, meet at the trailhead at Roe Lake | 45 |
| | | 4:00 pm | <i>Ukulele Strum-A-Long</i> at Kraken Theatre to 5pm. \$5 drop in. All ages & abilities welcome* | 45 |
| 16 | Thu | 12:00 pm | 55+ Take a Break, email andrea@penderislandhealth.ca for details | 27 |
| 17 | Fri | 9:00 am | Pender Island Parks and Recreation meeting to 12 pm, open to the public, Plum Tree Court | 31 |
| | | 10:00 am | The Pender Post Society directors meet, Community Hall | |
| | | 10:45 am | Handy Skills Workshop 11:45, Community Hall | 28, 33, 39 |
| | | 12:00 pm | PIHCS Soup Luncheon with Live Music by Cock on a Mountaintop, Community Hall..... | 14, 27 |
| | | 6:00 pm | Legion Friday Night Dinner, <i>Apricot Chicken</i> by Craig Goldsmith, Legion Hall..... | 41, 68 |
| | | 7:00 pm | Field Naturalists present Mike Yip on <i>Butterflies: Beauty on Wings</i> , Community Hall..... | 45 |
| 18 | Sat | 9:00 am | <i>A Brush with Spring Art Show & Sale</i> to 4 pm, Community Hall | 9, 39 |
| | | 9:30 am | First Farmers' Market to 1 pm, Community Hall | 25 |
| | | 9:30 am | Field Naturalists butterfly walk with Mike Yip, meet at the Community Hall parking lot..... | 45 |
| | | 1:00 pm | Museum now open weekends 1 - 4 pm including holiday Mondays..... | 30 |
| | | 7:00 pm | Youth Night, Epicentre..... | 15 |
| | | 7:30 pm | William Blizzard's new album release, doors open at 6 pm, Gather Teahouse | 3 |
| 19 | Sun | 10:00 am | <i>A Brush with Spring Art Show & Sale</i> to 4 pm, Community Hall | 9, 39 |
| | | 2:00 pm | <i>Farrside Concert</i> at Steph's Studio. \$15..... | 14 |
| 21 | Tue | 7:00 pm | BINGO sponsored by PIRAHAs, Community Hall | 33 |
| 23 | Thu | 2:00 pm | Caregivers Support Group, email pendercare@gmail.com for details | 27 |
| 24 | Fri | 10:45 am | Talk Table to 11:45 am, Community Hall..... | 33, 39 |
| | | 12:00 pm | PIHCS Soup Luncheon with Live Music by Enzo Marino, Community Hall..... | 14, 27 |
| | | 6:00 pm | Legion Friday Night Dinner, <i>Cowichan Curry Chicken</i> by Barbara Pender, Legion Hall | 41, 68 |
| 25 | Sat | 10:00 pm | Legion General Meeting, Legion Hall | 41, 68 |
| | | 12:00 pm | Scrapbooking to 8 pm, May 26, 9 am - 5 pm, \$20/day includes a meal, melodyre@shaw.ca | 68 |
| | | 7:00 pm | Teen Night, Epicentre..... | 15 |
| | | 7:30 pm | Film: <i>The Mercy</i> , Community Hall..... | 33, 39 |
| 26 | Sun | 1:00 pm | Pender Island Squadron presents <i>Enhancing Your Marine Environment</i> , to 4 pm, Community Hall | 69 |
| | | 3:00 pm | Child Care Society, AGM, Dragonfly Centre..... | 22 |
| 30 | Thu | 10:00 am | North Pender Local Trust Committee Regular Business Meeting, Community Hall | |
| 31 | Fri | 10:00 am | Ping Pong Fun to 12 pm, Community Hall..... | 33, 39 |
| | | 12:00 pm | PIHCS Soup Luncheon with Music by Bill Heintz, Community Hall..... | 14, 47 |
| | | 5:00 pm | Legion Burger Night \$10 (beef, chicken, veggie) and all the trimmings, Legion Hall | 41, 68 |

ADVANCE NOTICES FOR JUNE

| | | | | |
|----|-----|---------|--|----|
| 1 | Sat | 2:00 pm | <i>Youth Talent Show</i> to 4:00pm. Community Hall. \$15, kids 12 & under free | 14 |
| 4 | Tue | 4:00 pm | Pender Island Concert Society AGM, School Community Room | 10 |
| 5 | Wed | 7:00 pm | Pender Islands Conservancy AGM, Anglican Parish Hall Fireside Room | 24 |
| 9 | Sun | 2:00 pm | Dragonfly Annual Potluck Picnic, Thieves Bay..... | 22 |
| 12 | Wed | 4:00 pm | Pender Island Recycling Society AGM, Community Hall Lounge | 33 |
| 19 | Wed | 7:00 pm | PIRAHA AGM, Community Hall | 32 |
| 22 | Sat | 2:00 pm | <i>Whale Day Parade</i> to Hamilton Beach, meet at the Driftwood Centre..... | 40 |
| 23 | Sun | | PIJazz perform their annual summer <i>Hot Tunes</i> , Stoney Pocket | 17 |

COMMUNITY ACTIVITIES AND CONTACTS

| | |
|---|--|
| Al-Anon Family Group | Wednesday, United Community Church, 250-383-4020 |
| Alcoholics Anonymous | Monday 12 pm and Tuesday, Thursday, and Sunday, 7:30 pm, Plum Tree Court, 629-3205 |
| Art Society ... | Usually the first and third Monday of the month, Anglican Parish Hall, 1-4 pm, Brenda Sledzinski, 629-6766 |
| Badminton..... | Tuesday 8 - 10 pm, Sunday, 10 am - 12 pm, School gym, Peter Taylor, 629-3375 |
| Bridge | Contact Gail Jamieson, 629-6228 or May Ready, 629-3316 |
| Canadian Power & Sail, Pender Island Squadron..... | David Kirsop, 629 6846 |
| Chamber of Commerce..... | 250-999-6371 |
| Community Choir..... | Graham Garlick, 250-222-8733 |
| Community Support/Volunteer Program..... | Andrea Mills, 629-3346 |
| Conservancy Association..... | Eleanor Brownlee, 629-8330 |
| Epicentre..... | Daily for members, workshops and activities for members and non-members, Tina Christensen, 629-3045 |
| Farmers' Institute | Barbara Grimmer, 629-3819 |
| Farmland Acquisition Project | Matilda te Hennepe, 629-3829 |
| Field Naturalists..... | Bob Vergette, 629-3820 |
| Food Bank..... | Every Wednesday from 9 to 11 am, upstairs of the Anglican Parish Hall, Barb MacPherson, 629-6052 |
| Garden Club..... | Second Thursday of the month, 1 pm, Parish Hall, Leeanne Mueller, 778-977-6937 |
| Health Care Society..... | Third Monday of the month, 10 am Health Care Centre Meeting Room, Rob Dill, 629-6639 |
| Legion..... | Open Wednesday - Saturday, 4 pm - 8 pm, 629-3441 |
| Library | Open Tuesdays, Thursdays, Fridays and Saturdays 10 am - 4 pm, 629-3722 |
| Lions Club | First Wednesday of the month, 7 pm, Dave Dryer, 629-6012 |
| Lunch Bunch (Newcomers' Graduates) | Val Butcher, 629-6621 |
| Magic Lake Property Owners' Society | Second Monday of the month, 4 pm, School, Jeremy Harwood, 629-0019 |
| Motor Club..... | Last Wednesday of the month, Duncan Batty, <i>penderis.mc@gmail.com</i> |
| Moving Around Pender | First Saturday of the month, 1:15 pm, Community Hall, Niall Parker, 629-6936 |
| Museum Society..... | John MacKenzie, 629-9963 |
| Nu-To-Yu | Friday and Saturday 10 am - 4 pm |
| Otters Swim Club..... | President Helen Lemon-Moore, <i>penderottersswimclub@gmail.com</i> or 629-2020 |
| Parent Advisory Council | Monthly meetings 6:30 pm, School Library, dates TBA, Jenn Kaila, 250-885-1719 |
| Parks and Recreation Commission..... | Third Friday of the month, 9 am, Plum Tree Court, John Chapman, 629-6274 |
| Pender Highlanders Pipeband | Monday, 6:30 pm beginners, 7 pm band, Anglican Hall, Larry Dempster, 629-6218 |
| Pender Island Trust Protection Society | Peter Easthope, 360-639-0202 |
| Pender Pacers | Meets every Sunday, call for place and time, Herb Katz, 629-3205 |
| Pender Photo Club..... | Second Monday of the month, Hans Tammemagi, 629-2029 |
| Pender Solstice Theatre Society | Gregory Nicholls, <i>gregariousgarden@gmail.com</i> or 629-6223 |
| PIJazz - Community Jazz Band | rehearsals Tuesday, School, 6:30 pm, 629-2047 |
| Ptarmigan Arts | 1-866-859-0634 |
| Quilters' Circle..... | Second Monday of the month, 9:00 am, Anglican Parish Hall, Cindy Hultsch, 629-6091 |
| Recreation and Agricultural Hall Association (PIRAHA) | Board meets every second month, see calendar, 629-3669 |
| Recycling Depot..... | Summer Hours: Tue, Thu, Fri, and Sat 10-3 pm |
| Soccer Club..... | Fridays 5:30 pm, soccer at school field/gym. All welcome, 14 yrs+, free |
| Tai Chi | Tuesdays, Thursdays and Sundays: contact Ken, 629-8332 or Kali, 629-3848 |
| Royal Canadian Marine Search and Rescue - RCM-SAR Station 20..... | Elizabeth Wilkes, 250-538-8083 |
| Volleyball, Adult Recreational..... | 7:30 pm every Monday, School |
| Walking Group "Let's Go Walking" | Meets every Monday and Friday, 9:25 am, St. Peter's, Carol Davis, 629-9959 |
| Yacht Club | Every third Monday of the month, 7 pm, Bridgeman's Bistro, Bruce Waygood, 629-6836 |

Special Events & Activities at the Community Hall

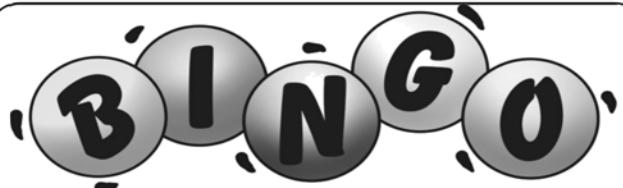
Spring Choir Concert



Friday, May 3, 7 pm

Saturday, May 4, 7 pm

Sunday, May 5, 2 pm



Tuesday, May 21, 7 pm

Pender Island Art Society

A Brush with Spring Art Show & Sale



Saturday, May 18
9 am - 4 pm

Sunday, May 19
10: am - 4 pm

Friday Activities at the COMMUNITY GATHERING

May 3 Makers Meet-up 10:30 - 12:00
- Monthly crafters group, drop in.

May 10 First Aid Friday 10:00 - 11:00
- Monthly First Aid Training, drop in.

May 17 Handy Skills Workshop 10:45 - 11:45
- Monthly class on home repair, drop in.

May 24 Talk Table 10:45 - 11:45
- Drop-in tables to talk about current events

May 31 Ping Pong Fun 10:00 - 12:00
Every Friday

10:00 - 1:30 Café

12:00 - 1:00 Lunch & Music



YOUNG VIOLINS

May 12
2:30 pm



LAUREN MANN TOUR

Kick-Off
Celebration



May 10, 7 pm

Films Now Showing

Saturday, May 11, 7:30 pm
Stan and Ollie

Saturday, May 25, 7:30 pm
The Mercy

An up to date calendar can be found at: www.penderislands.org

stocked with parts and our two fantastic mechanics - Ken and Matthew - are there every Saturday to tune up or repair your bike. We also have a variety of bikes for sale.

Have you tried our dish loan program? It's a great service for potlucks, birthdays, weddings, and family reunions. We have dinner and side plates, soup bowls, cutlery, wine and water glasses, coffee cups, and cloth napkins available. The collection is eclectic and can look really sweet with some fresh flowers on the table and your best friends by your side! Rental is by donation and we love to see this service used. To find out more, call us at 629-6962 or ask us about it the next time that you're at the depot.

Thank you for your donations to the FreeStore and ReShop; they are greatly appreciated. Your donations become someone else's fantastic find and the money that they donate pays for the upkeep and maintenance of the shop. Please check with our staff before dropping anything off.

This is a great time of year to find plastic plant pots outside the FreeStore for reuse. If you have plant pots to add, make



We accept
drop-off of clean,
non-invasive
brush/yard waste.

Such as

- grass clippings
- small branches

Please call for more info...

250-629-6690

sure the pots aren't cracked and stack them neatly. Broken plastic plant pots are recyclable as long as they are clean.

If you have some flexibility in your schedule, and you're finding Saturdays busy - try Thursdays, which are relatively quiet. For those of you that do not yet have one, we have magnets, stickers, or business cards with our contact information and hours on them. These are from Peter Hodgson of Island Graphics Ltd. - thank you so much, Peter, they are much appreciated. The stickers are ideal for sticking to a recycle bin so that it's easy to know just when and where to find us. With the coming growing season comes an increased opportunity to eat local. Check out the Saturday market and buy your seeds, seedlings, and produce from the market. Don't forget to bring your own shopping bags or basket.

T-shirt bags work great for carrying your produce and you can find out how to make them on YouTube. If you make these, use tied-off tassels for the bottom. Some videos will tell you to tie off the bottom of the bag with a single strip of fabric - but that does not support the weight of apples and potatoes very well! T-shirts can be bought inexpensively from baskets outside of the back of the Nu-To-Yu.

Please be aware that we share a driveway with two other properties. At fifteen minutes prior to opening, we place a stop sign half way up our driveway so that early bird recyclers can pull up to the sign and avoid blocking the other entrances. Be careful when pulling in to the depot's driveway during open hours. We have had several near misses as cars hastily enter our driveway, crossing the neighbours' driveways

while they try to exit.

Niki Roberts

Pender Ocean Defenders

Save our whales



Celebrate our Whales at "Whale Songs," an event to honour our resident orcas.

Mark your calendar

June 22 is "Whale Day." Meet at 2 pm at the Driftwood to parade to Hamilton Beach along the brand-new MAP trail.

We are gathering to celebrate, commemorate, and serenade our beautiful whales. They are in danger of extinction. Will they survive? What can we do to help them? Join the conversation.

The Raincoast Conservation Foundation recognizes the threat to our whales, and has presented some recommendations to the Canadian government:

- establish protected Southern Resident feeding refuges free from fishing and whale watching
- close marine commercial and recreational chinook fisheries
- end commercial and private whale watching on Southern Resident killer whales
- implement noise reduction targets from commercial vessels travelling in critical habitat

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AGILITY
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- address the cumulative impact of vessel traffic.

Pender Ocean Defenders and Save Our whaleS plan to set up a website very soon, where you can discuss suggestions such as those above and offer your own ideas to protect our whales and nurture the Salish Sea which is our home.

Julia and Greg Nicholls

Royal Canadian Legion

Branch 239

*Oh fragrant is the breath of May
In tranquil garden closes
And soft, yet regal is her sway
Among the springtime roses*

~ William Hamilton, 1856-1929 (poet)



And what
do we
think of
when we

hear springtime roses? Why, Mother's Day, of course. The first Mother's Day was celebrated in 1908 when Anna Jarvis wanted to honor her mother, Ann Jarvis, who started a committee in 1868 to establish "Mother's Friendship Day". The purpose was to reunite families after the Civil War. She died in 1905 before Mother's Day became a holiday. And when you're ordering that bouquet for Mom remember carnations (which legend says are made from Jesus' mother's tears as she wept at his crucifixion) are the most popular.

Thanks to our very popular meat draws held on Thursdays and Saturdays, we're able to continue handing out money hand-over-fist to the most deserving community organizations. Most recently, we were thrilled to donate \$500



Simone Marler from the Pender Island Museum Society accepts a donation from Legion President Bill Critchley

to PICA and the Pender Museum Society and \$1000 to our very own baseball team - the Pirates.

Renovations will soon be underway to make old branch 239 the hottest place in town. Suggestions to Name the Bar have been pouring in and there have been some pretty innovative ones. So, get your thinking caps on and send your ideas to contest239.rcl@gmail.com and possibly win a dinner for 2 at the newest in-spot on the island.

We welcome two new guest chefs for the month of May. Jane Baker will tempt us with her outstanding BBQ ribs on May 3 and her delicious 3 cheese and beef lasagna on May 10. Not a carnivore? Jane can take care of that by offering you a ricotta, mushroom, and spinach cannelloni option. Our second guest chef, Craig Goldsmith will present his sensational baked chicken with apricots May 17. And Barb Pender, who's been

a welcome guest chef more times than she can count, brings on her famous Cowichan Valley Curry Chicken with veggies and Lemon Mousse for dessert on May 24. All the above meals include coffee, tea and dessert for only \$18. We'll bring it on home May 31 with your choice of chicken, beef, salmon, or veggie burger with all the trimmings

Elizabeth May, OC, MP Saanich - Gulf Islands

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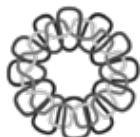
for only \$10. And we haven't forgotten Mom. Enter Jane Baker with a delicious ham dinner with all the trimmings May 12, and kids under 12 eat for only \$9. See the ad on **page 68**.

I'm sure you've all met our new hard working manager, Corinne McAuley. She's anxiously waiting to hear from all of you to book your next special event in our newly renovated venue. Simply contact Corinne at *bookings239.rcl@gmail.com*.

Have a safe month and if you're thinking of tying the knot, old legend tells us May used to be a bad luck month to say "I do." Although the birthstone, the emerald, is emblematic of love and success. Go figure.

Tania Schissler

SGI Community Resource Centre Volunteer Centre



April 7-13, 2019 was National Volunteer Week when we all take time to recognize volunteers and celebrate the power of volunteerism in our commu-

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I stock and install watch batteries

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SGI Community Economic Sustainability Commission

...economic prosperity,
social equity,
environmental quality

www.sustainableislands.ca

nity. To recognize local volunteers, the SGI Community Resource Centre was excited to host an all-day event at the Community Hall on Friday April 12. Volunteers from many of the Pender organizations and a few from Saturna and Mayne attended. In the morning we had about 20 people come for a workshop on volunteerism in the Southern Gulf Islands where we played some games and discussed the following issues:

- how to improve the volunteer experience
- places to volunteer
- what are the challenges of volunteering on the SGI
- what motivates people to volunteer.

The morning workshop was followed by a volunteer appreciation lunch for about 30 special guests from the volunteer organizations, that was held in combination with the Community Gathering. Delightful entertainment was provided by Adam Dobres and Taeven Lopatecki. Finally, in the afternoon we had our highlight: Lisa Mort-Putland, Executive Director of Volunteer Victoria, present-

ed a surprisingly entertaining workshop on Board Governance 101 to a group of about 35. The workshop was certainly an eye opener for new and experienced board members! If you would like to watch the presentation you can find it on the SGI CRC Facebook page. We'd like to thank the CRD and the Pender Island Legion for funding this event and the SGI Volunteer Program.

If you are interested in learning about future workshops, we encourage you to email us at: *sgivolunteercentre@gmail.com*.

WorkBC

Among the opportunities that the Community Resource Centre is able to provide through WorkBC is a wide range of services and supports to help adults of all ages improve employment readiness as well as find and keep employment. WorkBC is funded by the Government of Canada and the Province of British Columbia and supports may include financial help with the basic expenses related to participating in certain training programs or searching for/starting a job; short-term training such as FoodSafe,



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(Just remember 19)

WHMIS, First Aid, etc.; job start supports, self-employment training, wage subsidy, long-term training for high demand jobs, self-serve job boards, computers, printers, scanner, photocopier, and other resource materials. Come in any Monday or Wednesday between 10 am and 2 pm and ask one of the team, Tania Honan, Priscilla Maki, Patti Anne Berlinger, and Melody Pender how we can help. We offer help for employers as well so drop in for more information.

Computer Savvy Seniors in the Salish Sea: The Computer courses and workshops supported by a New Horizons grant from the Federal Government have started (See ad in this issue **page 69**)

The 6 week course in the Fundamentals in Computing for PCs (April 17-May 22) is in progress but you could still join for the last 3 or 4 sessions. It is held on Wednesdays 11 am - 1 pm at the CRC. A similar 6 week course in the Fundamentals of Computing for Macs will begin May 29-July 3) in the same time slot and place.

Our Computer Instructing Guru Shon Tam has also developed a series of weekly stand-alone workshops designed to cover a wide variety of tech related subjects. Each month will cover a specific topic or theme. Topics for the next five weeks are:

Friday, May 10. 1:30 - 3 pm

A workshop on computer security, virus protection, and password management.

Friday, May 17, 1:30 - 3 pm

This will be the first workshop in this month's theme which is Modern Computing:

Week 1 - Technology is progressing at an ever increasing rate. Just as we learn

how to use a technology or device, it seems like there's a new one to learn. New technologies in recent years have changed the way computers are being used. This workshop looks at how technology has changed the way we use computers and how these new technologies can make our lives easier, more productive, and even give us more free time.

Friday, May 24, 1:30 - 3 pm

Week 2 - The Cloud: The Cloud has become a real catch phrase in recent years, but does anyone know what it really means? In this workshop we will discuss what the cloud is and how your life can benefit from getting your head in the cloud.

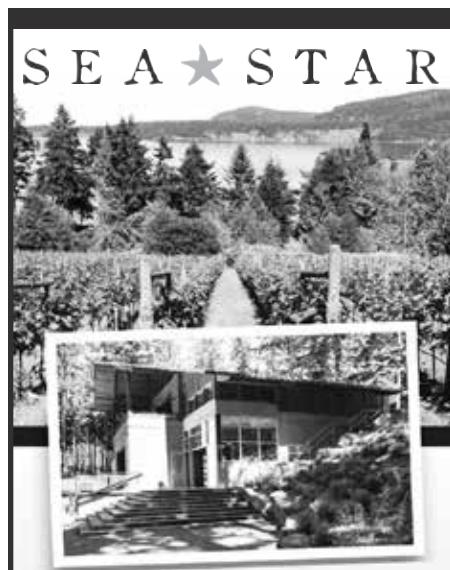
Friday, May 31, 1:30 - 3 pm

Week 3 - Office Productivity: Word processing, spreadsheets, and presentations are a part of life. For the last 30 years most of us have been using the same outdated expensive software to help us accomplish these tasks without knowing that there are amazing free options available that have features so beneficial you'll wonder why you weren't using them all along.

Friday, June 7, 1:30 - 3 pm

Week 4 - The digital life: In this 1-hour workshop we will take an overview of digital media and look at all the devices that can help enhance our lives digitally.

The sessions are subsidized by a Federal New Horizons grant and seniors (55 years and over) will be given priority but all are welcome if space permits. The cost for a 6 week course is \$30 and the workshops are \$5 per session... sign up for one or more. Bursaries are available for those



Thank You Pender!

All of us at **Sea Star Vineyards** would like to thank you for the terrific response to our new 2018 vintages!

The Tasting Room is now open on weekends in May and June from noon to 4pm, with **Island Time** joining us again this year!

Sea Star was chosen as one of the 3 wineries to visit in BC by wine writer Kurtis Kolt; "*The wines coming out of Sea Star perfectly echo the fresh, West Coast setting, filled with pristine, ripe fruit, lively character, and unforgettable natural surroundings*".



SEA ★ STAR

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www.seastarvineyards.ca

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PENDER ISLAND VETERINARY CLINIC

Dr. Gordon Oudman

Veterinary Care for Small Animals

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#9 – 4301 Bedwell Harbour Road
At the Hope Bay Store

250-629-9909

for whom these fees are a burden.

To sign up for courses and workshops please contact Melody or Tania at the CRC. Email: sgicrc@shaw.ca or phone 250-999-6363. You can also sign up for the sessions online by going to our website at <http://www.sgicomunityresources.ca/> or our FaceBook page at www.facebook.com/SGICommunityResourceCentre/.

Peter Paré

South Pender Historical Society



On Thursday, May 9, the Capital Regional District, in co-operation with Poets Cove Resort & Spa and the South Pender Historical Society, will unveil a new WSÁNEĆ 13 Moon Calendar installation at Poets Cove Resort. This installation incorporates Tsartlip artist MENETIYE's SKÁU ŁTE image that depicts the four seasons, the WSÁNEĆ 13 moons, and the culturally important plants, food, medicines, animals, and

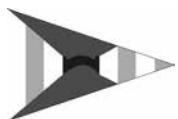
marine life that illustrate the flow of activities that occurred when WSÁNEĆ people lived a traditional life linked to nature. The installation includes a brief explanation of the WSÁNEĆ 5,000+ year history on S,DA'YES (Pender Island) around what is now called Bedwell Harbour. The installation will provide resort guests and the public with a greater appreciation of the importance of recognizing and respecting the culture, history, and wisdom of the WSÁNEĆ people. Please join us at noon on Thursday, May 9 at Poets Cove for this special unveiling ceremony with Chief Harvey Underwood of the Tsawout First Nations.

Paul Petrie

RECREATION AND LEISURE

Canadian Power and Sail

Pender Island Squadron



May is the month when boaters start to come alive and prepare to put their boats in the water. Lots of preparation occurs prior to the launch date:

- Life jackets - are they accessible; has the inflation system been checked; do you have enough?
- Battery - is it fully charged; have you checked it for corrosion and fluid levels?
- VHF radio - does it work; do you know how to use it?
- Flares - do you have the right ones; are they within their expiry date?

These are just a few of the things to think about. For 39 years the CPS Pender Island Squadron has offered training to persons seeking knowledge in order to be safe on the water. Now training is offered online, which allows us to offer a broad range of boating courses and seminars. If you want to become a knowledgeable boater, then consider joining our squadron and taking a course to enhance your skill levels.

May 20 to May 26 is Safe Boating week. Be sure to check out our display at the Driftwood Center and discover the courses and training Canadian Power and Sail Squadrons offer to keep people safe on the water.

Mark your calendars for May 26 when we will be presenting two knowledgeable speakers on environmental considerations when boating in the Salish Sea. Michelle Young and Paul Cottrell will be our guest speakers. See our ad on page 69 in this issue of *The Pender Post*. Some of the presentation items will touch upon the following topics:

- Underwater noise by inboards and outboards with demonstration of actual noise levels underwater vs on the surface
- How harassment of wildlife is measured
- How to interact with whales and other mammals without causing harm to these animals
- How underwater noise can affect finfish stocks or shellfish & other species, plus mammals
- Examples of toxic discharges and their impact on sea life
- The problem with oil-based products
- The problem with plastics - obvious

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Annual three day festival of special events, local music, natural beauty, art displays & the unique culture of the Southern Gulf Islands.

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and not-so-obvious sources

- Avoiding damage from lost or abandoned fishing gear (line, traps, nets, etc.)
- Private docks re polyurethane (Styrofoam) - the urgent need to use alternative construction material, and maintenance (including pilings) on a regular basis
- Anchoring and avoiding damage to the seabed.

This promises to be a very interesting and informative presentation. Thanks for reading and stay safe on the water.

David Kirsop, Commander

Pender Island Field Naturalists

PIFN



The 3rd Wednesday walk for May will take place on May 15 at Roe Lake, led by well-known Pender birder Gerry McKeating. We will meet at the parking area at the trailhead at 9:30 am. The hike is considered moderate in intensity.

On Friday, May 17 at 7 pm at the Community Hall, we are pleased to present Mike Yip with an illustrated talk entitled *Butterflies: Beauty on Wings*. Butterflies are beautiful, fascinating creatures and essential to biodiversity, and of 70 species on Vancouver Island and the Gulf Islands, 18 are in trouble. Mike Yip is a retired teacher, photographer, and author, and he will share his knowledge and gorgeous photos of butterflies with a focus on species to be found on Pender Island. A bird photographer since 2004, Mike got interested in butterflies in 2013 when he discovered there was hardly any local information about them. In 2014, he published *Vancouver Island Butterflies*. Admission \$5. Refreshments to follow.

On Saturday, May 18, Mike Yip will lead a walk to identify butterflies, explore their role in biodiversity, and deepen appreciation of these inspiring creatures. We'll meet at the Community Hall parking lot at 9:30 am. To sign up, please email pifn@shaw.ca. Limited to

15 participants with preference for PIFN members. Non-members will be wait-listed. No charge.

Bob Verrette

Pender Island Garden Club



Our April meeting was a great success. Jay Akerley was a great speaker and had a wonderfully colourful presentation. As we on Pender basically live on an old mountain top, our topography reflects this with steep rocky cliffs, gardens with little or no flat surface for gardening, and a lot of rock. Jay's presentation centered on small rocky spaces and taught us some options on how to create a garden to enjoy. His pictures showed colourful rocky slopes, pocket gardens in areas with more rock than soil, and he pretty much covered what every gardener, especially in Magic Lake, faces on Pender Island. Jay gave us some resources to go to for plants that will survive and thrive in rocky gardens, and where they can be bought. I asked him to forward them to me by email so I can pass them on to those that could not make the meeting or those who did not get the names.

In May we will not be having our regular meeting, but a 2-day workshop on making Hypertufa tubs and planters. The workshop is planned for May 8 and 9. As this is a messy process we are moving the workshop to a different site so we do not make a mess on the lawns of the Church. As space will be limited, this workshop will be open to members only and they will have to register in advance so we know what supplies we need. There will be no cost to members. As details are still being worked out, members will be notified by email when to register, and the time and place of the workshop.

June will see us visit some permaculture gardens on Pender, as the speaker we hoped to talk about permaculture proved to be too pricey for our budget. We have three gardens lined up, with refreshments afterwards. Check the June issue of *The Pender Post* for full details.

Val Butcher

Pender Island Golf and Country Club

PIG&CC



It was beautiful summer-like weather for the last two weeks in March and then just in time for the disc golf winter tournament (Duck Golf), the winter weather reappeared with a vengeance! While the rain held off for the most part, the wind was howling across the course on Saturday, giving everyone an added challenge. The tournament was a great success and everyone who played had a terrific time. Many thanks to John Bowers who organized the event, and his crew who helped set up all of the baskets on the course. Speaking of Disc Golf, the Pender Classic will be held at the golf club on Saturday, May 25. The course will be closed to regular golfers all day, but I highly recommend that people come out during the day to watch these extremely talented disc golf players. They can sure fling those flat round orbs around with precision! Mark the date down on your calendar to come out for a delicious lunch at El Faro and watch the fun.

I want to again thank everyone that came out to help move golf clubs, clean, and then paint the locker room at the end of April. It was a huge job and as I've said many times before, we have the most wonderful group of people who are always ready to pitch in when needed.

Last year was the first season that we started consistently booking tee times and it was a great success. We encourage people to book online using our website penderislandgolf.ca or by calling the pro shop at 629-6659. This will eliminate congestion at peak times of the day and improve wait times in general. It will also help with the flow of golfers who are teeing off the 10th hole and continuing on with the back nine.

It was with great sadness that we learned of the passing of past member, Bill Pettinger. He was a kind man and very supportive of the club, especially so for our Pro-Am fundraiser. He will genuinely be missed by all who knew him and our sincere condolences go out to Bill's wife Gail, and his large extended family. A

Celebration of Bill's Life will be shared at a later date.

The golf club is always ready to welcome new members. If you've just moved to the island or have been too busy building, renovating, or decorating your new home here, spring is a great time to join the club. It's a wonderful place to meet people and get some exercise! We have a variety of memberships to choose from, including regular, social, intermediate, and junior. Registration for our junior membership (17 years and under) is going on right now and at \$50 per year we think it must be the lowest in Canada! Junior memberships include unlimited golf for the year (restrictions may apply at peak times), Monday Golf Lessons (always a fun time), and golf equipment if needed. The first lesson will be on May 6 and will continue through the summer. If you are interested in enrolling your children or grandchildren please call Dana McConchie at 629-6515 or email her at nanadana@shaw.ca. Early registration is helpful so that Dana can design the program to fit all skill levels. If you have any other questions about becoming

a member please call Jim McKay at 629- 6994, the pro shop at 629-6659, or email us at pigolf@shaw.ca.

Tournaments and events for May

- 1 Men's Bambrick Cup (inter-island), Round 1 at Salt Spring
- 7 Ladies' Bertha Matthews - qualifying round 9 am
- 9 Men's Evans Grimmer Round 2, 9 am
- 13 Men's Bambrick Cup (Inter island) Round 2 at Ardmore
- 23 Men's Gray Richardson 60+, 9 am
- 24 Mini Pro Am & Registration, 9 holes and dinner, 4 pm
- 25 Pender Classic disc golf tournament, course closed to regular golf all day
- 27 Men's Bambrick Cup (Inter island) Round 3 at Pender, 9 am
- 29 "The Broom" (Ladies' Inter Island) Round 1 at Pender, 9 am
- 31 Don Cameron Wide-Wide Open - practice round

"*The only thing a golfer needs is more daylight.*" - Ben Hogan

Michelle Galauher, Pro Shop

Pender Island Junior Sailing Association

PIJSA



The article below contains information about the process of registering for summer sailing courses, and is essentially the same as appeared in April. However, PIJSA has completed a major revision of its *Safety Plan*, now called *Safety Procedures and Information*, which should be on the website penderislandjuniorsailing.com by May 1. PIJSA encourages all students and/or responsible adults to read at least Part 1 of this document.

Registration for Pender Island Junior Sailing Association (PIJSA) summer courses will start May 1 for *returning* students and other household members, and May 15 for new students. As in previous years, registration shall start at 8 am local BC time. While most of the students are children and youth, adults are welcome, but adults should recognize that sailing in small dinghies requires some agility. PIJSA shall offer CanSail Level 1 & 2 (beginners) and CanSail 3 & 4 (more advanced) as 5-day courses (Mon-Fri) for the following weeks: July 15-19, July 29-August 3, August 5-9, August 19-23. Children must be at least 9 years old for CanSail 1 & 2 and 12 years old for CanSail 3 & 4; all participants will be required to demonstrate swimming ability wearing a PFD, and participate in a capsizing exercise. Failure to do these two requirements will result in the student not being able to continue with the course. Both of these are necessary requirements for the safety of the individual student and other participants. The courses are given at Hamilton Beach, Port Browning. They start at 9 am and end by 3:30 pm each day.

Registration starts by notifying Allyson Coffey, PIJSA Secretary, preferably by email acoffey@telus.net or by telephone (604) 220-7259. Following notification by Allyson that you are in a course,

Pender Island Junior Sailing Association Sail Canada CANSail Courses 2019

www.penderislandjuniorsailing.com

July 15-19, July 29-August 2, August 5-9, and August 19-23
CanSail Levels 1 & 2 and Levels 3 & 4

At the clubhouse on Hamilton Beach: 9 am - 3 pm.

Participants must be at least 9 years old at the start of the course and 12 years old for Levels 3 & 4. Adults are welcomed.

The participant must be able to swim, and will be tested.

For more information see the article in this issue of *The Pender Post*.

Registration notification preferably by email to acoffey@telus.net, or 604-220-7259 after 8 am (PST) on May 1 for returning students and other household members, and May 15 for new students. Payment of the course fee (\$175) and completed registration forms must be received within 14 days of acceptance into a course.

The support of the following is gratefully acknowledged:

CRD, Nu-To-Yu, Tru Value, MLPOS, PIYC, Boating BC, Lou Henshaw, Port Browning Marina, and Ross Warneboldt

she will email the Registration forms to you for completion and return. Registration forms can be returned by email or by dropping off in the PIJSA folder at Dockside Realty at the Driftwood. If you are unable to return the form by either of those options, please contact Allyson for instruction. The cost of the courses is \$175, and payment must be received within 2 weeks of your registration confirmation. Without payment, the registration may not be secured. Payment can be sent via eTransfer to Rick Mudie, PIJSA, Treasurer, at leonamudie@telus.net or by cheque left at the PIJSA folder at the Driftwood or by mailing to 2727 Anchor Way, Pender Island, V0N 2M1. Our cancellation policy is that if PIJSA cancels a course, all fees will be refunded; if an individual cancels, fees will only be refunded if another student takes that individual's place.

Those taking CanSail Levels 1 & 2 will be using Pirate class boats and not the Flying Juniors, from which the Association's name is derived. These new-to-us boats will be named Eagle, Raven, Heron, Osprey, Cormorant, Kingfisher, and Gull. Now that PIJSA has new boats, for most weeks, 5 boats will be out on the water, thus allowing for 3 more students (15 in total) in those weeks. One boat will be kept in reserve to be used during the inevitable times that something has to be fixed.

The other change is that the Friday lunch BBQs will now be held at the Port Browning Marina barbecue area, which is covered. Prior to the barbecue, the boats will all race to Mortimer Spit and back. This was done in the final week last year, and worked very well.

The PIJSA Board for 2019 is: Bruce Waygood, Commodore; Bob Vergette, Vice-Commodore and Safety Officer; Rick Mudie, Treasurer; and Allison Coffey, Secretary; Other Directors: Don Williams, John Ackermans, Dave Reed, Margaret Alpen, Tim Underhill, Peter Hinton, Lawrence Haave, Brent Marsden and Wayne Edwards. The last three Directors are new to the Board. Tom Bon, Rob Gordon, Lani Harris, and Tom Rolfe have stepped down as Directors this year.

PIJSA wants to acknowledge the financial support from the CRD, which

is covering our large insurance bill again in 2019, CRD Parks and Recreation, Port Browning Marina and Pub for the proceeds from the 2nd Annual Hackers Golf Tournament, Nu-To-Yu, Tru Value Spirit Board, Pender Island Yacht Club, Boating BC Association, and Magic Lake Property Owners' Society. These contributions allow PIJSA fees to be affordable. PIJSA also acknowledges Port Browning Marina and Lou Henshaw for use of the PIJSA site off Hamilton Beach, and the use of some facilities. Ross Warneboldt is thanked for outboard engine maintenance.

For any other information, please contact Bruce Waygood, PIJSA Commodore, at kbwaygood@shaw.ca or 250-818-8555.

Bruce Waygood

Pender Island Otters Swim Club



As I write this report, the last few swim days of our spring session are coming up fast. But, we will start up

again for the new "swim year" on May 3. So don't fret if you still want to get in some laps and practice during the summer session. The start of the swim year, you ask? Yes, BC Summer Swim Association, of which we are a member club, actually counts the year's start as May 1 each year. Historically, when the association started, most swim clubs were only using outdoor pools, and so were not able to get much (if any) pool time until it was warm enough to open the outdoor pools for swim meets in most areas of B.C. But times have changed somewhat, and most clubs now have access to indoor pools for winter maintenance practices, but the start of the swim meet season is still counted as May 1. Our summer registration is now open to anyone who wants to swim over the summer with us. Practices will still be on Fridays from 11 am - 2 pm in May and June while school is still in, but switch over to Tuesdays and Thursdays from 10:30 am - 12 noon in July and August. And yes, we are still at Panorama Pool. Most folks who have been swimming over the winter with us will have got an email reminder to register if they wish for the summer, but if there are oth-



ers out there who would like to join us, please go to our webpage www.pender-islandotters.com where the registration information is given. All registration fees can be paid online through our ACTIVE program. For more information contact us at penderottersswimclub@gmail.com. And, as another reminder, we will have fall registration starting in mid-September for the winter season, for anyone taking a break over the summer. Hope to see a whole bunch of Otters still in the pool over the summer.

Helen Lemon-Moore, President

Pender Island Yacht Club



Since the April article, three races have been completed and two cancelled. One cancellation was because of the high winds on April 6, which was to be the John Quitzau Memorial Race, now rescheduled for May 4. The other was April 20; too many family commitments for Easter. The April 14 race, which involved going around Batt Rock and Horda Shoal buoys (both near Captains passage between Saltspring and Prevost Islands) had good winds, but was wet. The race was won by *Take Time*, skippered by Stephen Fairclough, in less than three hours. The previous two races were very slow, and only half the courses were completed by the five hours allowed for the races. However, excitement was provided by transient orcas. On March 23, as the boats started from Shingle Bay to go around Imrie Island (south of Moresby Island), four whales - a big male, a female and two juveniles - passed through the start line with the five boats. This race was eventually won by *Take Time*. On March 30, in a race involving going around the Channel Islands twice, but only once that day, some of the boats were becalmed between the Channel Islands and Prevost Island, and a school of dolphins started feeding quite nearby. Suddenly, four orcas were among the dolphins, who vanished, and the orcas passed very close to the boats heading towards Ganges. This race was won by *Toon Time* captained by Carl Bunnin, who was too far ahead to see the whales! The last race before the summer cruises

will be on May 11, which is the Round Pender Race. We welcome any "summer sailors" to join us for the last three races. If you intend to join us, please let the race captain know at kbwaygood@shaw.ca.

The Club is currently planning the summer cruising schedule. The cruise in June (11-13) will be to Victoria Harbour. The July 24-26 cruise is planned for Maple Bay, which could allow some to take in the Duncan Music Festival. The August 12-15 cruise will be to Ladysmith, and involves going to see *Mama Mia* at Chemainus. The destination for the September cruise is yet to be determined. In addition to these cruises, the club will have a Sail Past followed by a dinner on May 22 at Ainslie Point (Bedwell Harbour near the channel between North and South Pender), and in June the Club has a golf tournament on June 5. For any information about these cruises or any other PIYC activities, please contact Tom or Jill Caston at tcaston@outlook.com or psycqueen@telus.net.

Bruce Waygood, Race Captain

OF GENERAL INTEREST

Sailing on Sooner

My name is Spencer Gordon and I am 11 years old. I go to Pender Islands Elementary School. I want to share with you the sailing adventure on our family's sailboat named "Sooner." Our sailing adventure will take us from Pender Island to San Diego, then a winter will be spent in Mexico exploring the many anchorages and beaches that make Baja Mexico, the Sea of Cortez, and the West Coast of Mexico popular for sailors and tourists. We will then sail to Hawaii, returning to Pender Island in June 2019. I hope that you will be interested in reading about my sailing adventure.

Chapter 6

The days leading to March 20 were busy, as we prepared for our departure from Paradise Village where we kept Sooner while in Puerto Vallarta. The departure process takes a while to do with all the International departure paperwork that needs to be done. It takes 3 business days, to finish the paperwork, with my

dad having to go to the Port Captain, the government bank, and to make sure that we had all the important documents completed. Once the paperwork starts there is no changing the date of departure, rain, storm or shine you have to go on the date that was planned.

On the morning of March 20, Mexican customs came to the marina, and at our slip they looked at our passports and did more paperwork. My dad had to sign a lot of documents and said it was like an entourage of officials. After all documents signed and passports and paperwork stamped, they stand on the dock and watch you leave the marina, taking a picture of the boat as it leaves. Besides the Mexican and marina officials being there, we had a nice send off from our boating friends.

Paradise Village marina is only one of two marinas that are the official marinas that boats are allowed to check out of the country from in Puerto Vallarta. The marina was full of boats leaving to different places, and many going to the South Pacific. I had a good friend on a boat called Agatha that I spent a lot of time with. Their boat was named after Agatha Christie which was their favourite author. They left for the Marquesas in the South Pacific a few days after we left. We exchanged little gifts to open up along our passage and took lots of photos.

When we left the marina, we saw the officials take pictures, and as we motored out of the port, our friends were standing on the furthest point they could access, waving goodbye and saying "Bon Voyage." It was sad to say goodbye and see them go.

Life At Sea

Being out on the ocean, one day rolls into the next, and looking outside it is always blue with a blue sky and nothing but blue water as far as the eye can see. I like to watch the swells and waves as they are always changing. I learned that swells travel on average at 15 miles per hour. When at sea, my parents do a watch and someone is always up on deck and looking at the instruments. Sometimes I would be up with them when it was dark. I saw lots of sunsets and the coolest was to see the green flash as the sun finally sets at the end of the day. As the sun goes down on the horizon it

ends with a green flash and it looks like the sun falls into the sea. Watching the moon rise is cool. On a clear night when it is really late, sometimes midnight or later, out of the east, it looks like a large ball of red that rises from the sea, and then it quickly moves up the sky until it is the big white moon that we see at home. The stars are so bright on a clear night. We sailed between the latitudes of 18N-20N and low in the southern sky we could see the southern cross from where we were. It was cool. When at sea, there is always salt water everywhere, and when it dries it is like big sea salt in a jar.

We saw sea life on our crossing. When we were 700 miles off shore we had spinning dolphins that would jump out of the water, really high and spin in the air. They were also doing flips and belly flops as they played around the boat. I always like when the dolphins come, it is like a present. One of my favourite things was to see the boobie birds. They are like comic characters and have no fear of humans. I am not sure how they find us in the big ocean, but we had many that came to visit. We had a red footed boobie that stayed with us for 100 miles on the pulpit after we left Mexico, then a brown boobie joined us. I named this boobie bird, Winston, as he stayed with us for over 500 miles. He stayed on the side deck, preening himself and sleeping. Sometimes we would find Winston on the side deck by the cockpit, and one day Winston came close and peered into the cockpit where my mom and dad and I were sitting. It flapped its wings and hopped into the cockpit with us and hung out for hours. Winston waddled over to my dad and even sat on his lap for a bit! We were careful not to touch him. Winston would go out to fish and would always come back to sleep, but one day when he was gone, a blue footed boobie decided to pay a visit. I named him Kyle. When Winston came back he was not impressed but they managed to work it out.

There were other sea birds that we saw, and one was the Albatross. I learned that the Albatross have a wingspan of 6.5-11 feet. They barely flap their wings, and just soar over the waves and swell and they drink salt water. I was sad to learn that these birds are often killed by all the

plastics in the ocean that they end up accidentally eating.

There is lots of flying fish at sea, and they come in all sizes. In the mornings, we would often find flying fish on the deck, and it was neat to see them jump and sometimes skip across the surface. Some of them were really big. I read that flying fish gain the underwater speed of 37 miles an hour to jump out of the water up to 4 feet, and can fly a distance of 655 feet in one flight. Once they near the water again, they flap their tail to become airborne again and the longest distance they can travel is 1312 feet!

We had lots of different weather and sea conditions on our passage. We had some squalls that can bring lots of wind, rain, and sometimes lightning. We had some days with not a lot of wind and calm seas. We also had swells going one way and waves going the other, and it was very rolly. When we were 1700 miles away from Hawaii, we were caught in a Pacific high, which means there is no wind. We spent some time motoring (my dad calls it the iron sail) as there was no wind. When there is lightning around the boat, it is not good as there is a huge

mast that acts as a lightning rod, and if it hit us we could lose our electrical systems, so we would shut everything off until it passed.

During our passage, we only saw one freighter and two other sailboats in the distance that were traveling to Hawaii. One boat was called Ahklut and they are also from Canada. When they were 25 miles back from Hilo, their mast came down and they lost all their rigging and sails that were attached that went to the bottom of the ocean. It is a sailor's worst nightmare, and they are lucky that it happened so close to Hawaii.

We used for communication, a Ham radio and checked our position into the Pacific Seafarers Net and we also had an Inreach that we could text people from it.

When at sea, sometimes there are things in cupboards that find a way to become loose and they start to roll around, and it is like a game of hide and seek to try and find the noise that will not stop with every movement of the boat.

On April 12, after 25 days at sea, it was the day of our landfall; I was excited to see land. I knew we were getting close

Moving Around Pender Alternative Transportation Society Community Bus Coordinator

Short term contract June 1- September 3, 2019



Buss-a-Nova, the Pender Island Community Bus hopes to be back on the road this summer for the Tour des Iles (June 21-23) and a Friday-Saturday schedule starting in late June. We are seeking a Community Bus Coordinator to provide operational support to the Moving Around Pender Bus committee. The role of the coordinator is to organize the volunteer bus drivers to ensure that the bus schedule is covered, help develop and distribute schedules, advertise and promote the bus, ensure that the bus is in good working order, and maintain bus-related paper work among other tasks.

It is estimated that this will entail approximately 5 hours work per week. The stipend is \$500/month for each of the 3 months.

If you are interested, please contact Peter Paré by email at peter.pare@hli.ubc.ca or by phone 250-222-0358





because in the ocean I noticed seaweed and debris floating, and I could smell the land. It smells like earth and dirt. I looked over the horizon and when I finally saw trees and the sight of the island, I was so excited.

We stern tied in Radio Bay, and checked in with US Customs and the Port Captain. We went to have a hamburger and fries after the passage and wow did it taste good. One day when we were going to the shore with our dingy, we saw a sea turtle in the bay that seemed to be struggling. We went over and noticed that the turtle was tangled in fish netting and attached to the fish net was a full-size tire hanging by a line. It was pulling the turtle down and it used its strength to come up for air. My dad went back to get a knife to cut the lines, and he managed to untangle the turtle. I think the turtle was very happy to be freed from all that. When we were 1500 miles away from Hawaii, we sailed past a massive green ball that was a fishing net. I looked it up and I read that 640,000 tons of fishing gear is lost and pollutes the oceans every year. They become "ghost nets" and tangle fish, sea turtles, seals, sea birds, and whales that accidentally get caught in these nets and have no chance of escaping.

When we arrived into Hilo we only had 2 small bags of garbage. We were very careful of what we brought with us on the passage because we had to store it. We bought things that did not have a lot of packaging and we removed boxes beforehand and combined items to fit in small places.

We are exploring the Big Island; the volcano and lava flows, the tsunami and the aquatic museum, snorkeling, and I even went to Spencer beach! I like to play the ukulele and I am taking lessons from a Hawaiian teacher. I really like chocolate covered macadamia nuts. We will be leaving in a few days to sail to Maui and the other Hawaiian Islands. Sooner will depart from Honolulu in June to sail back to Pender Island.

Thank you for reading my article and hope you have enjoyed my adventures at sea. Thank you, Pender Post, for printing this for me and sharing the story. I would also like to thank Mr. K., my teacher at school who has been very supportive of me on this adventure.

Check out my YouTube channel "Sailing on Sooner" for videos. Like it; Like it a lot.

COVER STORY

The Foxglove, the Dragonfly, and the Ant

What a cover photo! Claudia Lorenz, Pender Island photographer, gardener, and nature observer has taken a beautiful photo of a foxglove. Or is it a spectacular photo of a dragonfly? Hold on a second. Maybe it is a photo of an ant trying desperately not to look delicious? Claudia's photo is all of the above.

Penderites are not all gardeners; in fact until this week I thought a foxglove was something foxes wore to avoid leaving incriminating fingerprints in the henhouse. Although not knowledgeable, I do love flowers and now that I know what a foxglove is, I can certainly attest to the fact that Claudia has grown and photographed a beauty.

I also know ants, and I admire their strength-to-size ratio and their industrious nature. However, if you see an ant in your house and it is wearing a little tiny tool-belt, it is a carpenter ant and you have a problem. Based on a rather intense meeting with the *Pender Post* Research Department, I can also confirm that dragonflies have voracious appetites and therefore our cover ant also has a problem. It could be worse, as fossils indicate that prehistoric dragonflies had wingspans up to two feet! That is five to twelve times larger than our current models. Dragonflies or their ancestors have been around for about 300 million years and a species cannot boast about that sort of staying power without knowing where its next meal is coming from.

For all the science and research involved in this cover comment, the really important thing is the foxglove. It is a beautiful flower and Claudia has done a fine job of capturing not only its beauty but also the drama that lives in our gardens if we take the time to be observant. Easy for me to say, but what about the photographic equipment, the lenses, lighting, and paraphernalia required for

the project? Ms Lorenz could not have been more succinct in her summary: "the photo was made with an iPhone, sans any special accessories...attention and patience is more important than gear."

Our thanks for the photo and the words of wisdom, and also a tip of our Research Department hat to www.learn-aboutnature.com for the dragonfly facts.

Mike Wiley

REMEMBERING CONTINUED

Kaethe Ilse Scharlock



It is with sadness that we announce the passing of Kaethe, who passed away peacefully on Sunday, April 7, 2019 at Huntsville District Memorial Hospital at the age of 87. Kaethe was just shy of her 88th birthday which was celebrated on April 11 at Rogers Cover Retirement Home in her memory. She leaves behind her beloved children, Peter (Jodi) Scharlock and Eva (Ron) Pellatt. Cherished grandmother of Michelle, Suzanne, Ryan and Brandon. Kaethe will be missed by her extended family in Germany and friends on Pender Island and around the world. Kaethe was a unique and spirited individual and it is that uniqueness that was appreciated and will be celebrated on Pender Island in June. Time and date to be determined.

Ron & Eva Pellatt

WEATHER OBSERVATIONS FOR MARCH

| | Average Temperatures | | | Extreme Temperatures | | Precipitation | | |
|-------------------|----------------------|-----|------|---|---|---------------|------|-------|
| | Max | Min | Mean | High | Low | Rain | Snow | Total |
| Magic Lake | 12.8 | 3.3 | 8.0 | 21 on 19 th & 20 th | -1.5 on 5 th & 8 th | 11.4 | 1.2 | 12.6 |
| Normal | 11.1 | 4.0 | 7.5 | 21.5 in 2016 | -4.5 in 2009 | 78.7 | 0.7 | 79.4 |

At the beginning of March there was still a lot of ice on the surface of Magic Lake and there were patches of snow on the ground all over the island. Winter returned on March 6 with more snow, but it was very light and did not accumulate. I was sure that all the ice and snow would have disappeared by the time we put our clocks forward on Sunday, March 10 but it was not so, and this was because our overnight temperatures had been at or below zero for the first nine days of the month.

We are on Daylight Savings Time now and it is May and almost summertime, when the livin' is easy. Some people complain about having to change the clocks twice a year, but I personally like the longer hours of daylight in the evenings and I find changing the clocks to be no inconvenience. When I was at sea we changed the clocks every day if we were travelling east or west, and this was so that the sun would be at its zenith as near as possible to 1200 hours. When I was a child, DST was called "Summer time" and for some years we had "double summer time" which meant changing the clocks two hours ahead of GMT. If you travel east or west in Canada, you have to adjust your clocks to the local zone time.

The sun was shining a lot in March and the grass was beginning to grow, although not as fast as usual at that time of year because it was so dry. About half way through the month the weather warmed up and was very pleasant. March 20 was the day of the Spring Equinox, also called the vernal equinox, and by some people it is called the first day of spring (which means that spring is supposed to last three months before summer starts), but as I look out of the window by my desk at blue sky and a beautiful lake, it looks more like summer already. May 1 was once celebrated as May Day to mark the beginning of summer. The water temperature in the lake was 13°C at the end of March and by the time you read this in May, the lake will be warm enough to swim

without a wetsuit. March 2019 was the driest March I have ever recorded, but the lakes were still full at the end of the month. No other March in 32 years has been even nearly as dry. It is usually only in the summer that we have such a drought. Shall we blame it on climate change? Every unusual event seems to be blamed on that. We tend to forget that weather (not climate) is very variable and unpredictable.

May is not usually a wet month. Maximum temperature could be in the high twenties, but gardeners must be prepared for cold nights, although a sub-zero temperature in May has only been recorded once by me: that was in 2002 when I recorded -2.0°C. I am writing this in April, which is a busy time of year if you are a gardener and May will be even busier. A few weeds have sprung up over the winter, and our irrigation systems need repair. I lost two timers, probably because of freezing, and I should have taken them in for the winter. There is not as much blossom as usual on the apricot tree, so it will not be a very productive crop this year and I'll blame that on the cold winter, but the other fruit trees are looking good and seem to have survived without any damage. Unfortunately, a lot of cedar trees have died and I have been told by an expert that it is because of the summer drought, so if you have one that you want to keep you must water it during the summer. Spring is a wonderful time of year with all the flowers and new foliage appearing, and birds returning from their winter holidays and nesting. Magic Lake has a very well-balanced ecosystem; the water lilies are beginning to show on the surface and soon we will see young ducks and geese if they are allowed to survive. All this is part of the pleasure of living on the lake. We could do with more fish in the lake, but Fisheries will not restock unless we buy enough fresh water fishing licences to pay for it.

Enjoy the merry month of May. There is still snow in Edmonton and Winnipeg, but here we can enjoy early summer

sunshine and warmth, I hope, and the beginning of the Art Show season. Don't forget to toast the memory of Queen Victoria on her long weekend in May.

Malcolm Armstrong

BC WHEELCHAIR BASKETBALL

BC Wheelchair Basketball Society announces athletes to represent British Columbia at 2019 Canadian Wheelchair Basketball League (CWBL) National Championship

April 22, 2019 (Vancouver B.C.) BC Wheelchair Basketball's top competitive athletes are in their final preparation for the 2019 CWBL National Championship. The 2019 CWBL Championship will be hosted by ParaSport & Recreation PEI in Charlottetown, PEI, April 26 to 28, 2019.

BC Royals finished off the podium in 4th, 5th and 3rd places in the years before the 2018 2nd place finish in Saskatchewan.

Victoria athlete Aidan Love, 2018-19 BCWBS Athlete of the Year, is back with this experienced team with a drive and passion to improve on past performances. "After two years of back to back National Silver medals, I am looking forward to seeing my hard work pay off this year in PEI."

Kady Dandeneau (Pender Island), Tara Llanes (North Vancouver) and Amanda Pinheiro (Burnaby) have recently returned from the 2019 CWBL Women's National Championship where they were key members of the Bronze medal BC Breakers team. Dandeneau was named tournament MVP and Llanes was named one of the tournament All Stars.

BC Royals will play against teams from Quebec and Saskatchewan in Pool A. Pool B includes teams from Alberta, Ontario and Quebec.

<http://www.bcwbs.ca/>

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Exceptional accomplishments... Wonderful memories... The 2019 Gulf Islands Fire/Rescue Cadet Camp



Cadets pose for a photo in front of the Pender Fire/Rescue Live Fire training facility.

The Gulf Islands Fire/Rescue Cadet Camp was a smashing success.

During "Spring Break" while most kids were enjoying time off from school, 25 courageous teens were immersed in more than 100 hours of rigorous training at a Fire/Rescue Cadet Camp right here on Pender Island. This year's cadets included 11 young women and 14 young men from Salt Spring, Pender, and Galiano Island, as well as Saanich, Sidney and Victoria.

The training was delivered by Pender Island Fire/Rescue in association with Salt Spring Island Fire/Rescue through an intense boot Camp from March 18 to 23, 2019. The Camp creates amazing opportunities to challenge teens both mentally and physically. Our Gulf Islands Fire/Rescue Cadet Camp is unique as it immerses these youths with community mentors 24 hours a day for six consecutive days. This is only possible thanks to the commitment of more than 60 emergency responders and community volunteers who give freely their time to develop, train, and provide oversight, food, lodging, and other support for the program.

The cadets gained new levels of confidence, self-esteem, and courage, through hands-on instruction in structure fires, auto extrication, high angle rope rescue, search and rescue, and medical first response, while learning

that teamwork and cooperation are critical to achieve successful outcomes.

This year the cadets experienced rescue demonstrations by a Royal Canadian Air Force Cormorant helicopter visiting from 442 Squadron. They also received firsthand training in marine search and rescue operations from RCMP, the Canadian Coast Guard (CCG) hovercraft from Vancouver and CCG Cutter from Salt Spring. As well, the cadets received training from our BC Ambulance Service paramedics and were the first of their peers to utilize Pender Fire Rescue's new Live Fire training facility which was completed last year.

Launched in 2005, the Cadet Camp runs alternating years during spring break. A number of its graduates have gone on to become fully accredited firefighters and first responders in our communities and also to serve in public health and safety disciplines across the province and beyond. Many Camp alumni and fire department instructors return every Camp to share their expertise and mentor these youth through their worst fears and challenges just as they were mentored through their own.

The Gulf Islands Fire/Rescue Cadet Camp is endorsed by the Canadian Association of Fire Chiefs and has grown into one of the most respected Camps of its kind in Canada.



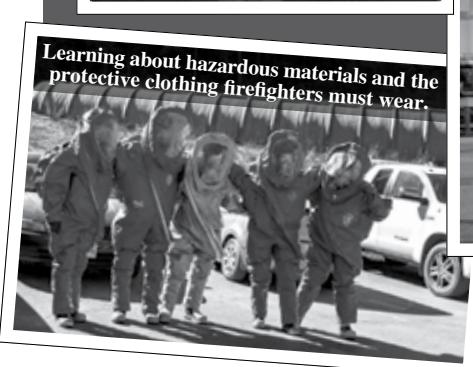
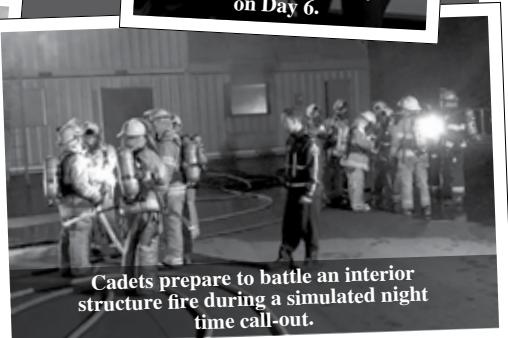
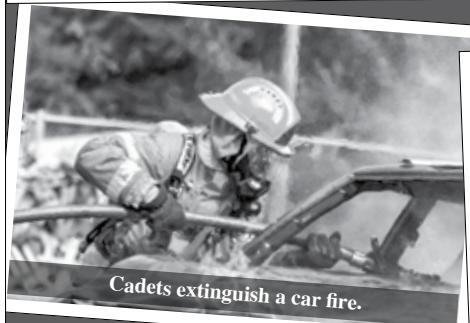
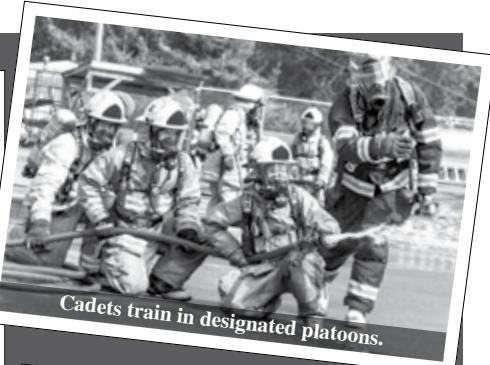
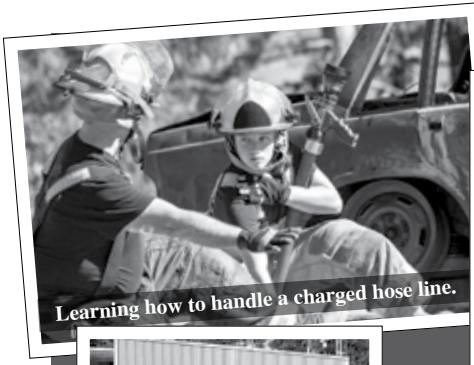
Every Cadet Camp brings a new appreciation for the commitment, determination and passion of our communities' youths. It is truly exceptional to see how the mentorship of caring community firefighters and volunteers, with many decades of service, can impact the lives of our youth and vice versa.

I have the great privilege of witnessing the positive impacts this Camp has on the cadets, our firefighters and our community volunteers. Each Camp, I see an amazing transformation in our cadets as they learn how to care for themselves, each other and our communities. I see how the cadets instill a renewed vigor in our community firefighters and volunteers through their contagious excitement, energy and care. Each Camp highlights the commitment, concern, care and compassion that bond our emergency responders together and nurtures their passion to serve and protect our communities.

The Camp has been coined as "forging future heroes." Certainly these youths showed the hometown heroes who serve our communities every day in our fire and rescue services that they have what it takes. The commitment and courage these youths demonstrate over the week of the Camp gives me a renewed confidence in the sustainability of our emergency services and I trust you will feel the same way.

Please visit www.facebook.com/FIRE-CADETS to view the pictures and videos to experience the feel of the Camp for yourself. You will not be disappointed.

by Chief Charlie Boyte



Photos by Greg Hankins

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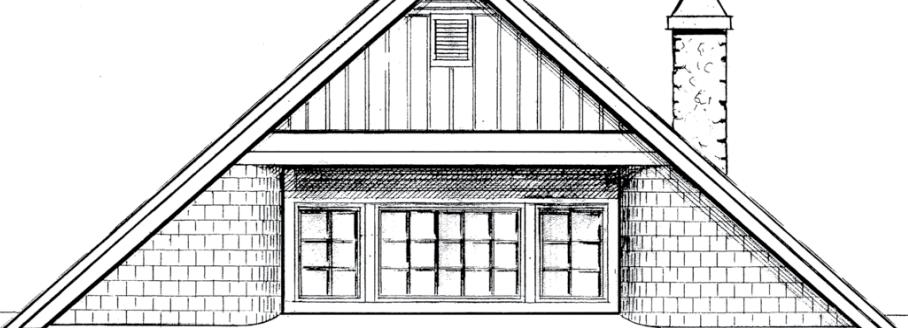
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MLS# 407045 *\$139,000 - **SOLD** - 0.35 acres - SOUTHWEST EXPOSURE
MLS# 388839 - \$389,000 - **NEW PRICE** - 5.28 acres - SOUTHWEST OCEAN VIEW

*Indicates the last MLS list price

HOPE BAY
250-629-3166

DRIFTWOOD
250-629-3383

SIDNEY
250-656-5062

SATURNA
250-539-2121

Campbell River
250-203-3919

www.DocksideRealty.ca

MAY 2019 WORD SEARCH PUZZLE BY CORINNE MCAULEY - SOLUTION TO APRIL ON PAGE ??

Find all the words listed below within the puzzle. Circle each letter, not the entire word. Words will appear horizontally, diagonally, vertically or backwards. Leftover letters spell out the mystery word(s).

Number of letters in solution: 17

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| D | C | D | E | R | U | T | N | E | V | D | A | M |
| O | H | A | W | L | Y | S | A | T | N | A | F | O |
| E | E | M | R | E | T | T | A | H | N | T | T | O |
| W | S | C | A | T | E | R | P | I | L | L | A | R |
| O | H | U | H | R | T | A | U | A | H | A | C | H |
| N | I | E | O | S | C | E | L | T | R | E | K | S |
| D | R | E | O | M | A | H | A | L | K | T | E | U |
| E | E | G | K | N | R | F | H | L | A | C | Y | M |
| R | L | R | A | O | R | O | A | A | I | M | O | R |
| L | U | A | H | V | O | G | D | N | R | C | S | M |
| A | R | L | A | E | L | N | B | Q | U | E | E | N |
| N | B | I | L | L | I | Z | A | R | D | B | I | |
| D | T | H | O | E | M | K | N | I | R | D | L | E |

Word List

| | | |
|-------------|----------------|------------|
| Adventure | Hookah | Tarts |
| Alice | King of Hearts | Tea |
| Bill Lizard | Key | Queen |
| Carroll | Large | Wonderland |
| Cat | Mad | |
| Caterpillar | March Hare | |
| Cheshire | Mock Turtle | |
| Dormouse | Mushroom | |
| Drink Me | Novel | |
| Fan | Party | |
| Fantasy | Rule | |
| Hatter | Small | |

Pender Island Chiropractic Clinic

Dr. G. Mark Wensley BSc DC Active Release Certified (ART)

Serving the Pender Islands for 19 years.

250.629.9918

Pender Islands Health Centre
5715 Canal Road

Wednesday 10am–6pm
Saturday 10am–2pm



5th Annual Pender Islands Elementary School Silent Auction

Pender Islands School PAC would like to extend a huge THANK YOU to all the businesses and individuals from both on-island and off-island, who kindly donated to this year's Silent Auction!

This year we raised over \$13,000!

A portion of this year's proceed will be used towards the purchase of a guided reading program for the primary grades. A guided reading program will put books into the hands of our early readers, and can be used and enjoyed for many years to come!





The Royal Canadian Legion

Branch 239 - 1344 MacKinnon Road - 250-629-3441

Friday Night Dinners and Activities for May

- 3 Pork Ribs by Jane Baker
- 10 Beef and Cheese Lasagne by Jane Baker
- 11 Jim Dunlop Memorial - 1 pm
- 12 Mother's Day Dinner by Jane Baker, doors open at 5 pm with dinner at 6 pm
- 17 Apricot Chicken by Craig Goldsmith
- 19 Sara Steil Memorial - 1 pm
- 24 Cowichan Curry Chicken by Barbara Pender
- 25 General Meeting, 10 am
- 25 Scrapbooking 12 - 8 pm and May 26, 9 am - 5 pm, \$20/day includes a meal; register melodyre@shaw.ca
- 31 Burger Night - \$10 for burgers (beef, chicken, salmon, veggie) with all the trimmings, potato salad or chips - Drop in 5 - 7 pm.

Regular dinner price is \$18 includes GST. Doors open at 5 pm with dinner at 6 pm. Tickets available online through the website or at the Legion Lounge and Talisman Books & Gallery. Children 12 years and under are half price (50%) at all Friday Night Dinners.

Meat Draws - every Thursday at 5:30 pm and every Saturday at 4 pm.

Bookings - The Legion is a great place to hold your next meeting, party or event of any kind.
For more information, email bookings239.rcl@gmail.com or leave a phone message at 629-3441.

The Earth Day Beach Clean-Up 2019 was another Pender Island success!



**Thanks to all the people, organizations, and businesses who supported
this important environmental stewardship event!**

Sponsors: Capital Regional District, the Green Angels, the Pender Islands Conservancy.

Supported by: Medicine Beach Centre, Slow Coast Coffee, Pender Island Waste Management, Jo's Place, Pender Island Kayak Adventures, Dog Mermaid Eco Excursions, Penderosa Pizza, Talisman Books & Gallery, Pender Island Pharmacy, Pender Island Home Building Centre, Pender Island Parks & Recreation Commission, Pender Island Field Naturalists, Royal Canadian Marine Search And Rescue, Canadian Power and Sail - Pender Island Squadron, Pender Island Yacht Club, Pender Island Walking Group, Lily Miles, Nancy Silo.

Behind the scenes: Trinette, Bob, Neil, Margaret, Davy, Rhondda, Bruce, Ben, Catherine, Clayton, James, Nancy, Darrel, Elizabeth, and many other friends of the Earth.

Music Provided by: Enzo and Friends.





Computer Savvy Seniors in the Salish Sea

The CRC is offering computer skills courses and workshops for seniors on Pender Island. Basic Computer Skills courses:

- 6 week course in the Fundamentals in Computing for PCs (April 17-May 22) is already in progress but you could still join for the last 3 or 4 sessions. Wednesdays 11 am - 1 pm at the CRC.
- 6 week course in the Fundamentals of Computing for Macs (May 29 - July 3). Wednesdays 11 am - 1 pm at the CRC.

Weekly stand-alone workshops - designed to cover a variety of tech related subjects. Each month will cover a specific topic or theme.

- **Friday, May 10**, 1:30 - 3 pm - A workshop on computer security, virus protection, and password management.
- **Friday, May 17**, 1:30 - 3 pm - This Month's theme will be Modern Computing: Week 1 - Technology is progressing at an ever increasing rate. Just as we learn how to use a technology or device, it seems like there's a new one to learn. New technologies in recent years have changed the way computers are being used. This workshop looks at how technology has changed the way we use computers and how these new technologies can make our lives easier, more productive, and even give us more free time.
- **Friday, May 24**, 1:30 - 3 pm - Week 2, The Cloud: The Cloud has become a real catch phrase in recent years, but does anyone know what it really means? In this workshop we will discuss the cloud and how your life can benefit from getting your head in the cloud.
- **Friday, May 31**, 1:30 - 3 pm - Week 3, Office Productivity: Word processing, spreadsheets, and presentations are a part of life. For the last 30 years most of us have been using the same outdated expensive software to help us accomplish these tasks without knowing that there are amazing free options available that have features so beneficial you'll wonder why you weren't using them all along.
- **Friday, June 7**, 1:30 - 3 pm - Week 4, The digital life: In this workshop we will take an overview of digital media and look at all the devices that can help enhance our lives digitally.

The sessions are subsidized by a Federal New Horizons grant and seniors (55 years and over) will be given priority but all are welcome if space permits. The cost for the 6 week course is \$30 and the workshops are \$5 per session... sign up for one or more. Bursaries are available for those for whom these fees are a burden. You can book a place for a course or workshop by emailing Melody or Tania at SGICRC@shaw.ca, by phoning Melody at 250-999-6363, or going online to the CRC website <http://www.sgicomunityresources.ca/> or the CRC Facebook page: www.facebook.com/SGICommunityResourceCentre/

Boaters of the Salish Sea Enhancing Your Marine Environment

May 26th, 2019

Pender Islands Community Hall

1:00–4:00pm

Sponsors



Driftwood
Auto & Marine



Guest Speakers



Michelle Young
Clean Marine BC Coordinator
Georgia Strait Alliance



Paul Cottrell
Marine Mammals Coordinator
Department of
Fisheries & Oceans

\$10 adult admission
Children and students free
Light refreshments served

Pender Island Squadron
Canadian Power & Sail Squadrons
Escadrilles canadiennes de plaisance





CALLING ALL VISUAL ARTISTS!

ART IN THE ORCHARD

If you would like to display your art at this year's Art in the Orchard happening July 27 from 10-4 at Corbett House, reserve your table/tent by registering at www.ptarmiganarts.org/register. Early bird fee is \$25 until June 1.

For more information, contact Margaret Alpen:
mjalpenart@shaw.ca



Southern Gulf Islands Electoral Area PUBLIC ALERT NOTIFICATION SYSTEM



Are you registered to receive public safety alerts for Pender Island?

If not, take a few minutes to sign up online today at

www.crd.bc.ca/pans

In the case of a public safety incident, this system will be used to deliver critical and potentially life-saving alerts to residents and stakeholders who have registered. These alerts can be received by

- home phone
- cell phone
- work phone
- email
- SMS text message

For more information or assistance registering for this free service, contact:
The Southern Gulf Islands Emergency Program sgiepc@crd.bc.ca or 250-629-6982



CRD
making a difference...together



Mother's Day Brunch

05.12.19

Reserve now

250 629 2100

Poet's Cove

RESORT & SPA

Pender Island Art Society Presents

A Brush with Spring !

Art Show & Sale

Saturday, May 18
9:00 am - 4:00 pm

Sunday, May 19
10:00 am - 4:00 pm



The Pender Island
Community Hall

PIAS thanks the Pender Island Parks &
Recreation Commission for funding assistance



Printing provided by

